

## **Sun Protection Policy**

During the summer and early autumn terms it is essential to safeguard children from the dangers of overexposure to ultraviolet (UV) radiation from the sun during the school day. We strongly encourage pupils to be responsible for their own sun protection, to wear hats and to play in shaded areas.

We also aim to increase awareness throughout the school community of the dangers of UV rays, sunburn and how to avoid it, using opportunities in science or PSHCE lessons, for instance.

## **Parents**

Parents are asked to apply sunscreen to children before they come to school during the summer term and early part of the autumn term as noted below:

- EYFS & Pre-Prep: Please choose, as a minimum, an 8 hour sunscreen that will last the full school day (including after school clubs etc.) that has some water resistance. (e.g. Soltan Once Kids 8 hour play hypoallergenic suncare lotion or Riemann P20). Apply liberally to children before they come to school ensuring all exposed skin is covered. Due to the consideration of children with skin allergies and their young age, we cannot have sunscreen in school for them to apply.
- For Year 3 and upwards: A named bottle of sunscreen should be sent in with the child for reapplication as necessary during the school day.
  - o NB: Single application type products cannot necessarily be relied upon to persist after a swimming lesson.
  - o It has been brought to our attention that some sunscreen products (e.g. Nivea) now contain highly refined almond oil. The company states that allergens are removed, but we wish to make parents of children with tree-nut allergies aware.

**Hats:** We encourage all children to wear a hat for sun protection. This is a requirement for Pre-Prep. Hats are available from our school uniform outfitter.

- a) For Pre-Prep legionnaire style hats;
- b) For Years 3, 4 and 5 floppy hats in navy or white;
- c) For Years 6, 7 and 8 wide brimmed cricket hats.
- d) Cricket, Years 3-8 a wide brimmed cricket hat or APS cap should be worn in the sun.

**Sunglasses - Y3-8 only:** Pupils may bring in their own named sunglasses with good UV protection. Look for: 'CE Mark' and British Standard (BS EN 1836:1997); UV 400 label; 100% UV protection written on the label or sticker. Sunglasses are not appropriate for Pre-Prep; the brim of their sun hat provides adequate shade.

## Topping-up of sunscreen

Before going out to lunch break, or before an extended games period:

- a) **EYFS & Pre-Prep** *No topping-up will be carried out*. Staff will not be able to apply sunscreen, nor should this age of children be relied upon to adequately cover their own skin by self-application.
- b) Years 3, 4 and 5 Form teachers shall supervise children applying their own sunscreen.

c) Years 6, 7 and 8 – Pupils are asked to apply their own sunscreen.

Additionally:

- d) **Sports teachers** will take supplies of sunscreen, especially for extended cricket matches, for top-up application as above.
- e) **School trips involving outdoor activities -** Teachers will take supplies of sunscreen for top-up application as above. (Please note: Pre-Prep do not top up sunscreen).

Any parent wishing to opt out of these procedures should notify the school in writing, and notify the school of any allergy to these products.

## Health and Safety Officer, APS.

Last internal review: April 2025 Last governor review: May 2025 Next governor review: May 2026