

2025 RCS Spring Sports First Practice & Coach Information

Sports Team	Coach & Email	First Practice Date & Time	First Practice Location
Girls Varsity Softball	Bob Dorrance bdorrance@rcscsd.org	Monday, March 17, 2025 Time: 3:00 - 5:00 PM	HS Aux Gym
Girls JV Softball	Anna Davies adavies@rcscsd.org	Monday, March 17, 2025 Time: 3:00 - 5:00 PM	HS Aux Gym
Girls Modified Softball	Kayla Boomhower kboomhower@rcscsd.org	Wednesday, March 26, 2025 Time: 3:00 - 5:00 PM	Middle School Gym
Boys Varsity Baseball	Justin Bullis jbullis@rcscsd.org	Monday, March 17, 2025 Time: 5:00 - 7:00 PM	HS Aux Gym
Boys JV Baseball	Jeff Sorensen jsorensen@rcscsd.org	Monday, March 17, 2025 Time: 5:00 - 7:00 PM	HS Aux Gym
Boys Modified Baseball	CJ Haslam chaslam@rcscsd.org	Monday, March 24, 2025 Time: 5:00 - 7:00 PM	HS Aux Gym
Girls Varsity Outdoor Track & Field	Rick Messier rmessier@rcscsd.org	Monday, March 17, 2025 Time: 3:00 - 5:00 PM	HS Track
Boys Varsity Outdoor Track & Field	Rick Messier rmessier@rcscsd.org	Monday, March 17, 2025 Time: 3:00 - 5:00 PM	HS Track
Girls Modified Outdoor Track & Field	Karen Waddingham - Head Coach kwaddingham@rcscsd.org Amanda Eissing - Ast. Coach aeissing@rcscsd.org	Wednesday, March 26, 2025 Time: 3:00 - 5:00 PM	HS Track
Boys Modified Outdoor Track & Field	Karen Waddingham - Head Coach kwaddingham@rcscsd.org Amanda Eissing - Ast. Coach aeissing@rcscsd.org	Wednesday, March 26, 2025 Time: 3:00 - 5:00 PM	HS Track
Boys Varsity Tennis	Bob Schuman nochargecards@gmail.com	Monday, March 17, 2025 Time: 3:00 - 5:00 PM	Tennis Courts