

Dear Lakes Area Alpine Ski Team Families,

We're excited to get ready for another great ski season! Please join us for our Preseason Kickoff Meeting on Monday, November 10, 2025, at 5:30 PM at Kensington Elementary School.

This meeting will include important updates, team photos, and the start of dryland training — so bring your red team coats!

Meeting Agenda and Updates

Team Fees & Registration

- Team registration fee: \$300
- Fees are due by the first race on January 3, 2026
- D-Team registration is due by November 2, 2025 for a reduced fee

Fall Kickoff & Team Updates

- We'll collect contact information and email addresses from all families.
- Team and individual pictures will be taken at the meeting.
- Dryland session will follow immediately after the meeting.
- All race schedules are available on TeamReach (TeamReach code: LakesAreaTR).
- The Kickoff Meeting has been added to TeamReach as well.

Dryland Training

- Tuesdays and Thursdays in Kensington with Trevor.
- Optional weight training sessions at Alexandria High School on Mon/Wed/Fri with Casey (no extra charge; part of district fees).

Coaching Plan & Training Goals

- The coaching plan will be shared at the kickoff meeting, so everyone understands the expectations.
- Coaches: Matt, Casey, Michael, Trevor, Natalie, and Carol (practice support).

Team Clothing Order

- We are working on team apparel orders—more info will be available by the kickoff meeting.

Race Schedule & Events

- The full race schedule is finalized and posted on TeamReach.
- Brainerd will join our home race this year and has proposed starting a conference series using team and point totals for final tabulation.

Transportation & Logistics

- We will check with the Alexandria Athletic Director about van or bus availability for racer transport.
- In the past, we've used a van at no charge — we're checking into requirements such as driver approval, certification, and background checks.
- We will send out two Google polls:
 - One to see if families would use bus transportation
 - One to gauge interest in Giants Ridge travel

Fundraising & Ideas

- New idea: “Racers Teach You How to Ski” Day – pending Tom’s approval.
- Taco-in-a-Bag fundraiser proposed for D-Team Christmas Camp, with supplies funded through a Thrivent Grant and small food charge.
- Kids are always welcome to try out skiing before signing up – please spread the word!

We're looking forward to seeing everyone on November 10 as we kick off another fantastic season on the slopes!

If you have any questions, reach out to Matt or me or message us on TeamReach.

Nick Young, LAAST Board President
Lakes Area Ski Team Board
🏔️ Lakes Area Alpine Ski Team
TeamReach Code: LakesAreaTR

