

## OMS After School Activities & Programs

If you have any questions about clubs or activities, please contact the club/activity supervisor.

	Monday	Tuesday	Wednesday	Thursday	Friday
Weekly Clubs & Activities	<p><b>Student Council</b> *elections Mrs. Valair &amp; Mrs. Fleming Learning Commons 2:15-3:30PM</p> <p><b>Honors Chorus/SHS a cappella</b> Mrs. Bauman-Field OMS and SHS chorus rooms</p> <p><b>Anime Club</b> Mr. Davis Room 118 Starts 10/21/24 (twice a month)</p> <p><b>OMS Field Hockey</b> See September Schedule here <a href="#">OMS FH September 2024</a></p> <p><b>OMS Basketball Boys &amp; Girls</b> <i>Starts After Thanksgiving</i> OMS Gym</p>	<p><b>Drama Club -Alice in Wonderland, Jr. (audition required)</b> Mrs. Bauman-Field, Mrs. Crowley (science), and Ms. Sulecki OMS chorus room and SHS auditorium</p> <p><b>OMS Field Hockey</b> See September Schedule here <a href="#">OMS FH September 2024</a></p> <p><b>OMS Basketball Boys &amp; Girls</b> <i>Starts After Thanksgiving</i> OMS Gym</p> <p><b>OMS Honors Wind Band (audition required)</b> (Available to students currently in band class only) Ms. Fiske OMS Band Room 2:30-4:00</p> <p><b>Science of Hair Club</b> Mrs. Griffith Room 120</p>	<p><b>Drama Club - Alice in Wonderland, Jr. (audition required)</b> Mrs. Bauman-Field, Mrs. Crowley (science), and Ms. Sulecki OMS chorus room and SHS auditorium</p> <p><b>Yearbook Club-Gr. 8</b> Mrs. Valair Room 222 2:15-3:00PM</p> <p><b>OMS Drum Club</b> (Available to students currently in band class only) TBD</p> <p><b>The Spectrum Club (LBGTQIA+)</b> Ms. Bailey Room 220 2:15-3:15 PM</p> <p><b>OMS Field Hockey</b> See September Schedule here <a href="#">OMS FH September 2024</a></p> <p><b>OMS Wrestling Clinics</b> <i>10/30, 11/6, 11/13</i> OMS Gym (Registration info below)</p>	<p><b>Drama Club - Alice in Wonderland, Jr. (audition required)</b> Mrs. Bauman-Field, Mrs. Crowley (science), and Ms. Sulecki OMS chorus room and SHS auditorium</p> <p><b>Science Club</b> Mrs. Lee Room 131 2:20-3:20 PM</p> <p><b>OMS 7/8th Grade Jazz Ensemble (audition required)</b> (Available to students currently in band class only) Ms. Davenport OMS Band Room</p> <p><b>Peer Leadership Club (Gr. 6-8)</b> Starting November 7, 2024, PL Club will be every other Thursday in Room 117</p> <p><b>Intramural Sports</b> Ms. Crimmins &amp; Ms. Caufield OMS Gym 2:15-3:15 PM</p> <p><b>OMS Wrestling</b> <i>Starts After Thanksgiving</i> Location TBD</p>	<p><b>No Programming on Friday</b></p> <p><b>No Late Bus</b></p>

**National Junior Honor Society** (Grades 7 & 8 by application only) meets monthly in the Learning Commons. Students should listen to the morning announcements for updates.

**Yearbook** (Grade 8) meets monthly on Wednesday's with Mrs. Valair in Rm 222. Students should listen to the morning announcements for updates.

**OMS Fall Athletics:** Boys Soccer, Girls Soccer, Cross Country, Field Hockey      **OMS Winter Athletics:** Boys & Girls Basketball, Co-Ed Wrestling

## How to Sign-Up for Activities and Clubs

OMS Activities & Clubs		
Program Name	Program Description	How to Sign-Up
Anime Club	Students will explore the ever-expanding world of anime and the culture(s) that they stem from. They will socialize with fellow students and collaborate on activities and discussions. The club starts October 21, 2024.	Students can fill out the google form on this link <a href="#">Anime Club Sign Up</a>
Drama Production/Musical	This year's OMS drama club will be presenting Alice in Wonderland, Jr. Any student in grades 6, 7, or 8 is welcome to audition. Students who participate in drama club must commit to rehearsals on Tuesdays, Wednesdays, and Thursdays from November 19 until the performances on March 20, 21, and 22. Auditions will take place on October 31 and November 1..	Please see the <a href="#">drama club website</a> to access audition materials. A pre-audition workshop will take place on Tuesday, October 22 from 2:30-3:30. Auditions will take place on Thursday, October 31 and Friday, November 1 from 2:30-4:00 (students will choose one of those two dates to attend). A full calendar is available <a href="#">here</a> .
Drum Club	This club is designed for students in band class at OMS to explore percussion instruments. We will work on different styles of music with various percussion instruments along with listening to examples and holding workshops for specific instruments.	TBD
Intramural Sports	The Intramural Sports program is designed to have students develop their athletic skills by participating in their favorite sport activities, while having fun. Students must be in good academic and behavior standing in order to participate. Students are required to wear sneakers during the program. The program does not meet on Early Thursdays! (Due to the number of student sign-ups, there will be a new group each trimester.)	Registration closed
Honors Chorus	Honors Chorus is open to any student in 7th or 8th grade chorus who is looking to do some extra singing. The group will be combined with the SHS a cappella group in the spring so that students can learn a new style of music and make new friends in the SHS music department. Students will meet in the OMS chorus room before walking to SHS together with Mrs. Bauman-Field.	More information, including the start date, will be provided when available.
Honors Wind Band	Students in grades 7, 8 and 9 are eligible to join the OMS Honors Wind Band with Ms. Fiske. This ensemble meets Tuesdays from 2:30-4:00pm in the OMS band room and rehearses advanced-level repertoire for performance in concerts. Students who need to take the late bus can be dismissed from rehearsal early.	Audition information will be provided to band students in October. We begin rehearsals in November.  If you have any questions, please email

		<a href="mailto:a_fiske@stoughtonschools.org">a_fiske@stoughtonschools.org</a> for more information.
OMS 7th & 8th Grade Jazz Ensemble	This ensemble explores and performs American Improvisational music, aka Jazz. Join this ensemble if you want to play music that is more challenging than your average in-school band music and if you want to jam out! We are also open to students who play the bass guitar, piano and drum set! We aim to play on the 8th grade OMS concerts as well as attend a competition during the spring.	Audition material will be posted in late September and auditions will take place in October. More information, including the start date will be provided when available.  If you have questions you can email <a href="mailto:u_davenport@stoughtonschools.org">u_davenport@stoughtonschools.org</a> for more information
6th Grade Jazz Band	This ensemble is open to any instrumentalist in 6th grade. This ensemble discusses what jazz is and provides the foundation of playing jazz music. Instruments such as guitar, bass guitar, piano, and drum set are open for students to play. Experience on these instruments is preferred, but not required. This ensemble aims to perform in the OMS winter and spring concerts. No audition is required.	More information, including the start date, will be provided when available.
National Junior Honors Society	Email Ms. Whittaker and Mrs. Walsh (Starring) for more information. <a href="mailto:l_whittaker@stoughtonschools.org">l_whittaker@stoughtonschools.org</a> <a href="mailto:a_starring@stoughtonschools.org">a_starring@stoughtonschools.org</a>	
Peer Leadership	This club is a group of responsible and dedicated students who choose to lead by example. In this role, students serve as role models and mentors to peers, volunteer with younger students, and assist with conferences and various open house/showcase nights throughout the year. The Peer Leaders also facilitate many school and community programs.	Starting <b>November 7, 2024</b> , PL Club will be every other Thursday in Room 117 Sign up by filling out the following google form. <a href="#">Peer Leadership Sign-up: 2024-2025</a>
Science Club	OMS Science Club allows students to explore and investigate science outside of their regular classrooms. Students enjoy exploring different aspects of sciences like real-life scientists. They also practice lab skills to investigate fun science topics or build models to solve problems.	See Mrs. Lee in Room 131 for Club Registration form & Science Lab Safety Contract <b>**A separate "Lab Safety Contract" needs to be signed</b> in order to participate in science lab experiments.
Science of Hair	Come learn about hair braiding, blow drying, and styling different types of hair on our hair mannequins. Students will also learn about the structure of hair, diseases specific to hair, and why hair types are different.	<b>Click here: paper forms coming soon!</b>
The Spectrum Club (LGBTQIA+)	Are you a friend, ally or member of the Queer community? Are you just looking for a safe space to come hang out after school? Spectrum is for you!	All students are welcome  Or Email <a href="mailto:m_bailey@stoughtonschools.org">m_bailey@stoughtonschools.org</a>
Student Council	Student Council gives students an opportunity to develop leadership by organizing	Students must show up to the first meeting

	and carrying out school activities and service projects, such as Food Drives, Thanksgiving School-wide Spirit Day, Holiday Help, Dodge for a Cause and Spirit Weeks .	on <b>9/23</b> to receive directions on how to "run" for Student Council. We will have a max of 32 students.
Yearbook	Yearbook club members help with the design and construction of the OMS yearbook. Yearbook club is offered to eighth graders only.	Gr. 8 students only. Can sign up on form to be posted on <b>OMS Google Classroom 9/24</b>

### OMS Athletics Continued on the next page

Middle School Athletics	
<b>How to Register:</b>	<p>Register at <a href="https://hello.familyid.com">https://hello.familyid.com</a>  This year, there are no fees to register or play.  Go to: <a href="http://www.arbiterlive.com">www.arbiterlive.com</a> for all contest schedules.  Robin Ireland, Athletic Director, <a href="mailto:r_ireland@stoughtonschools.org">r_ireland@stoughtonschools.org</a></p>
<b>Eligibility Requirements:</b>	<ul style="list-style-type: none"> <li>• Registration through Family ID.</li> <li>• IMPACT testing</li> <li>• Up to date physical on file.</li> <li>• Grade 7 or 8 student (Registration will open to Grade 6 if there are not enough students to make a team)</li> <li>• <b>Attendance:</b> No more than 6 unexcused absences in the prior trimester.</li> <li>• <b>Academics:</b> Students that have two failing grades from the previous trimester cannot try-out or participate. During the season, if a student's progress report has two failing grades, they can remain on the team, but cannot participate in games until at least one of the failing grades becomes passing.</li> <li>• <b>Behavior/Conduct:</b> Student behavior during school or while on school grounds can affect a student's eligibility to participate. Any behavior that occurs during practice, games, or on the bus can result in school consequences as outlined in the OMS Student &amp; Parent Handbook.</li> </ul>
<b>Sports Offerings:</b>	<p>Email the coach for practice and game schedules.  Go to: <a href="http://www.arbiterlive.com">www.arbiterlive.com</a> for all contest schedules.</p> <p style="text-align: center;"><b><u>Fall Sports</u></b></p> <p style="text-align: center;"><b>Boys Soccer</b> (Mr. Mason, <a href="mailto:s_mason@stoughtonschools.org">s_mason@stoughtonschools.org</a>)  <b>Girls Soccer</b> (Ms. Crimmins, <a href="mailto:m_crimmins@stoughtonschools.org">m_crimmins@stoughtonschools.org</a>)  <b>Cross Country</b> (Ms. J.Crowley, <a href="mailto:j_crowley@stoughtonschools.org">j_crowley@stoughtonschools.org</a>)  <b>Field Hockey</b> (Ms. Depoutot, <a href="mailto:h_depoutot@stoughtonschools.org">h_depoutot@stoughtonschools.org</a>)</p> <div style="display: flex; justify-content: space-around;"> <div style="text-align: center;"> <p><b><u>Winter Sports</u></b></p> <p><b>Boys Basketball</b>  <b>Girls Basketball</b>  <b>Co-ed Wrestling</b></p> </div> <div style="text-align: center;"> <p><b><u>Spring Sports</u></b></p> <p><b>Outdoor Track &amp; Field</b>  <b>Volleyball</b></p> </div> </div>

<b>Sports Clinics</b>	<p><b><u>OMS WRESTLING CLINICS</u> (NEW!)</b></p> <p>These clinics will be facilitated by our OMS wrestling Coach, Mr. Conrad, and will include an introduction to wrestling including basic skills and rules. This is a great way to get a taste for the fantastic sport of wrestling. It will be offered to O'Donnell Middle School students girls and boys grades 6-8. If you are interested in participating, register at the link below.</p> <p>Here are the details below:</p> <ul style="list-style-type: none"> <li>• Dates: Oct 30th, Nov 6th and Nov 13th 2024 (Wednesdays)</li> <li>• Times: 2:30pm - 3:30pm</li> <li>• Location: OMS Gymnasium</li> <li>• Equipment: Shorts, t-shirt and water.</li> </ul> <p>Registration: <a href="https://students.arbitersports.com/stoughton-high-school/oms-wrestling-clinics">https://students.arbitersports.com/stoughton-high-school/oms-wrestling-clinics</a></p>
-----------------------	---

**Late Buses are available until 3:30PM starting on September 16, 2024 for students who are participating in afterschool programs or staying after school with a teacher. Students must have a late bus pass in order to take the bus. Late bus times and stops are available to review in the OMS Google Classroom and OMS Main Office.**