

# AGOGE NEW IDENTITY

Ideal Version of Yourself 3-6 Months From Now

# Power Phrases (2-3)

- I'm the best of the best.
- Nothing can beat me, nothing can destroy me.
- As long I have God in my life, in my world there's no way I lose.
- I have the will and the will is me, I am willing and able.

# Core Values (2-3)

- Courage
- Independence
- Leadership
- Loyalty
- Respect

## Daily Non-Negotiables (2-3)

- Daily checklist no exceptions, is a must.
- Waking up early and on time every day.
- All the assignments and work must be done end of the day.
- NO complaining NO whining
- Feeling amazing and energized.

#### Goals Achieved

- In the experienced group of copywriters.
- 1k weekly
- Making family members proud
- Paying everything for my mother.

### Rewards Earned

- Moving to a new quality gym
- Buying new clothes that gives confidence
- Eating healthy, high in meals
- New quality barber shop

### Appearance And How Others Perceive Him

- The man is SHARP and fearless and has that hunter look to him.
- A man of importance, the way he walks is with power but also with grace.
- Looks and talks like he knows a thing or two, and people see him as a potential leader in the future, a guy who has it all together, People both respect and envy him,
- He gives out an ora that people can't look away from, like a gravity pull that people can't pull away from, like a light that people can't seem to get away from.
- He's the GUY.



# Day In The Life

Make it as vivid as possible. What does he FEEL like as he goes through each part of his day? Add images vision board style. Use the first person and present tense, i.e. "I walk through the streets..."

At 4:00 AM, I awaken to the gentle embrace of dawn, ready to do my morning prayer, I seek energy, wisdom, and guidance to conquer the day ahead. With renewed spirit, I straighten up my room, an organized room is an organized mind.

As I review today's plans, I envision my ideal self, embodying the hero I aspire to become. With each breath, I draw closer to that vision, knowing that clarity of purpose guides my steps. Armed with faith and determination, I step into the day, ready to embrace challenges and opportunities, destined to rise and conquer. Life is a game if you don't play it, it plays you. So I must be the hero that plays the game of life. In my journey, I've come to realize that life operates like a game. If I don't actively participate and make intentional choices, I become a mere pawn, subject to the whims of fate. Embracing this mindset empowers me to seize control, play strategically, and navigate life's challenges with purpose and determination.





As I step into the gym, the atmosphere hums with energy, vibrant determination, and dedication. Each step I take echoes my unwavering commitment to never skip a day, With each rep and each mile conquered, I not only strengthen my body but also nourish my soul, igniting a fire within that burns with the promise of growth and transformation.

Throughout the day, I meet every challenge with a gaze as steady as granite, every interaction infused with confidence that comes from hours spent pushing past limits and embracing discomfort. It's a confidence that radiates from deep within, born of the relentless pursuit of progress and the unwavering dedication to self-improvement.

But beyond the physical gains lies a deeper, more profound transformation. With each workout, I sculpt not just muscles but resilience, fortifying my mind against the trials and tribulations of everyday life. It's a resilience that infuses every aspect of my life, shaping not just my physique but also my character, infusing every interaction, and every endeavor, with purpose and determination.

And as I press forward on this journey of self-discovery, I realize that it's about more than just personal growth. It's about becoming a beacon of inspiration for others, a guiding light that illuminates the path to greatness. It's about showing others that greatness isn't reserved for the elite few but is within reach of anyone willing to put in the work and embrace the journey.

In the end, it's not about the destination but the journey itself – the relentless pursuit of excellence, the unwavering commitment to becoming the best version of ourselves. As I continue to push forward, I know that my journey isn't just about me, it's about inspiring others to join me on the path to greatness, one workout at a time.







With my blood flowing with energy and my mind sharp as a blade, I immerse myself in adding great value to my clients' businesses while refining my craft as a copywriter.

Each stroke of the keyboard is a brushstroke of innovation, painting a picture of success for those I serve. The rewards of earning through copywriting surge through me, igniting a profound sense of fulfillment and purpose that pulses with every word crafted.

As I navigate the path ahead, it teems with opportunities for growth and innovation, beckoning me with promises of uncharted territories and untapped potential. The anticipation of what lies beyond the horizon electrifies me, fueling my determination to push boundaries and break new ground. In this journey, the possibilities are endless, and I am excited by the boundless prospects that await, eager to seize each opportunity and sculpt a future brimming with success, can't wait what the future holds.





