

February Menu

Edgewater Satellite Senior Center (312) 742-5323

Monday-Friday 11:30am – 12:30 pm

\$2 suggested donation

*Coffee & milk are included in each meal.

Monday	Tuesday	Wednesday	Thursday	Friday
			Passport Meal 1 -Orange Chicken -Vegetable Fried Rice -Szechuan Green Beans -Fresh Pineapple -Sesame Bar, Fortune Cookie	2 BBQ Chicken Sandwich -WG Bun -Potato Salad -Corn -Banana
5 Chicken Pot Pie -with Peas & Carrots -WG Roll -Sweet Potatoes -Mandarin Oranges	6 Cheeseburger -WG Bun -Lemon Chickpea Salad -Spinach -Diced Peaches	7 Bone-In Teriyaki Ginger Chicken -WG Bread -Broccoli -Cauliflower -Tropical Fruit	8 Swedish Meatballs -WG Bread -Mashed Potatoes -Cucumber Slices -Apple Slices	9 Arroz Con Pollo -Black Beans -Corn -Pineapple Tidbits
12 Lincoln's Birthday!!!! We are closed.	13 Teriyaki Meatballs -WG Bread -Edamame -Diced Carrots -Mandarin Oranges	14 Valentine's Meat & Cheese Lasagna -Bread Stick -Garlic Green Beans -Grapes -Red Velvet Cupcake -Fruit Punch	15 Beef Chili -with Tomatoes, Onions, Peppers -Cornbread Muffin -Shredded Cheddar Cheese -Sweet Potatoes -Apple Slices	16 Chicken Chop Suey -with Mushrooms & Peppers -WG Brown Rice -Cauliflower -Diced Peaches
19 President's Day Holiday We are Closed	20 Cajun Beans & Rice -WG Brown Rice -Cauliflower -Collards -Apple Slices	21 Bone-In Thai Chili Chicken -WG Bread -Green Beans -Diced Carrots -Tropical Fruit	22 Passport Meal Sausage & Vegetable Gumbo -Cornbread -Herb Roasted Chicken Leg -Blueberries, Grapes & Pound Cake	23 Hearty Chicken Stew -with Potatoes & Carrots -WG Bread -Peas -Diced Peaches
26 Mushroom Chicken -WG Bread -Peas -Diced Carrots -Applesauce	27 Picadillo -with Diced Potatoes, Green Peppers & Onions -WG Brown Rice -Corn -Tropical Fruit	28 Chicken Stir Fry -with Peppers & Broccoli -WG Bread -3 Bean Salad -Pineapple Tidbits	29 Cheese Tortellini -Shredded Mozzarella Cheese -WG Bread -Spinach -Cauliflower -Diced Pears	