

## **February Menu**

Edgewater Satellite Senior Center (312) 742-5323

Monday-Friday 11:30am – 12:30 pm \$2 suggested donation \*Coffee & milk are included in each meal.

Monday	Tuesday	Wednesday	Thursday Passport Meal 1 -Orange Chicken -Vegetable Fried Rice -Szechuan Green Beans -Fresh Pineapple -Sesame Bar, Fortune Cookie	Friday 2 BBQ Chicken Sandwich -WG Bun -Potato Salad -Corn -Banana
Chicken Pot Pie -with Peas & Carrots -WG Roll -Sweet Potatoes -Mandarin Oranges	Cheeseburger -WG Bun -Lemon Chickpea Salad -Spinach -Diced Peaches	Bone-In Teriyaki Ginger Chicken -WG Bread -Broccoli -Cauliflower -Tropical Fruit	Swedish Meatballs -WG Bread -Mashed Potatoes -Cucumber Slices -Apple Slices	Arroz Con Pollo -Black Beans -Corn -Pineapple Tidbits
Lincoln's Birthday!!!!! We are closed.	Teriyaki Meatballs -WG Bread -Edamame -Diced Carrots -Mandarin Oranges	Valentine's 14 Meat & Cheese Lasagna -Bread Stick -Garlic Green Beans -Grapes -Red Velvet Cupcake -Fruit Punch	Beef Chili -with Tomatoes, Onions, Peppers -Cornbread Muffin -Shredded Cheddar Cheese -Sweet Potatoes -Apple Slices	Head of the control o
President's Day Holiday We are Closed	Cajun Beans & Rice -WG Brown Rice -Cauliflower -Collards -Apple Slices	Bone-In Thai Chili Chicken -WG Bread -Green Beans -Diced Carrots -Tropical Fruit	Passport Meal 22 Sausage & Vegetable Gumbo -Cornbread -Herb Roasted Chicken Leg -Blueberries, Grapes & Pound Cake	Hearty Chicken Stew -with Potatoes & Carrots -WG Bread -Peas -Diced Peaches
Mushroom Chicken -WG Bread -Peas -Diced Carrots -Applesauce	Picadillo -with Diced Potatoes, Green Peppers & Onions -WG Brown Rice -Corn -Tropical Fruit	28 Chicken Stir Fry -with Peppers & Broccoli -WG Bread -3 Bean Salad -Pineapple Tidbits	Cheese Tortellini -Shredded Mozzarella Cheese -WG Bread -Spinach -Cauliflower -Diced Pears	