

Episode 44:

## The Medieval Pilgrimage Summer Road Trip Adventure



Chaucer's Canterbury Pilgrims by William Blake. Public domain.



Canterbury pilgrim badge ca. 1200s-1300s. Taken by Mares at the Museum of London.



*Gentle herdsman, tell to me / Of courtesy I thee pray,  
 Unto the town of Walsingham / Which is the right and ready way?*  
 Map courtesy of St. Mary's Church at Saffron Walden

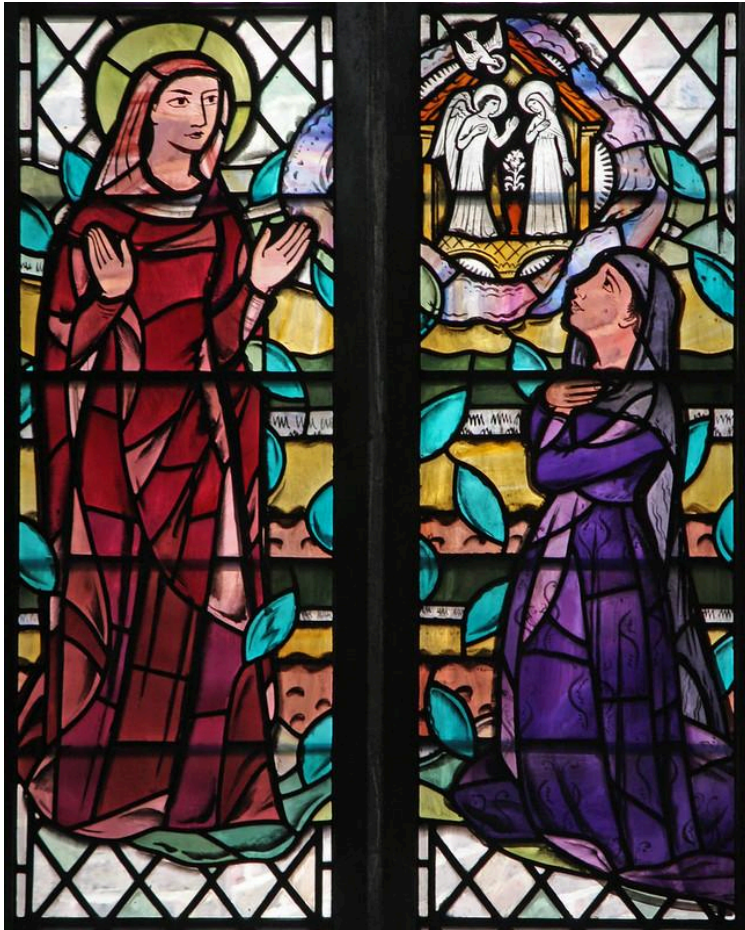


Pilgrim badge of the annunciation, from the Shrine at Walsingham. From the British Museum.



A 15th century Walsingham ampulla, used to hold holy water. Photo from Hanson auctioneers.





Our Lady appears to Lady Richeldis de Faverches. From Laurence OP Flickr.



Good Saint Guinefort, faithful greyhound. [Here's his story.](#) Image: Flickr Commons.





Here is Joseph Jacobs' brief version of [The Pedlar of Swaffham](#) from Project Gutenberg. Image by David Dixon via Wikimedia Commons.



Contemporary Our Lady of Walsingham shrine garden. Photo by Colin Smith via Wikimedia Commons.



Walsingham priory ruins. Creative Commons photo.

### This episode's cocktail: The Field and Fen

I suppose we could've gone straight up ale for a medieval episode, but Mares was inspired by the landscape of pilgrimage. This drink is her own concoction, which she calls the Field and Fen.

2 parts gin. A botanical gin brings in the fen flavour. We used Cardinal Spirits Terra botanical gin

1 part elderflower cordial - we used Belvoir Farm

3 parts Fever-Tree Elderflower tonic water

Mix it up and put it on ice. A wedge of lemon is a nice addition.







## Resources:

*Walsingham: The History of a Divine Shrine* by H.M. Gillett. 1946.

*Landscapes of Pilgrimage in Medieval Britain* by Martin Locker. 2015.

*Pilgrim Life in the Middle Ages* by Sidney Heath. 1872,

*The Time Traveller's Guide to Medieval England* by Ian Mortimer. 2011.

Steven Payne's personal blog of his initial pilgrimage from Southampton to Canterbury and follow-up sojourns via his [14th Century Pilgrims Progress Facebook page](#).

[English Medieval Pilgrimage](#) from the Intriguing History site.

[Medieval Pilgrimage](#) from The Becket Story site.

## And...

Our music is from the album Astral Gate, with permission of the artists, Lucas Perny and Miroslav Kollar.

Audio mixing by DJ Kensington.

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