Dear Parent/Guardian:

A cross country “Fun Run” is an opportunity for kids to begin building their stamina and overall fitness, these are optional activities. To participate in the “Fun Runs”, the parent/guardian (or the student if 18 years old or older) (the “Parent”) understands and agrees that the Parent is responsible for assessing the risks associated with the “Fun Runs”, and the Parent and the student will be responsible for liability arising from their own conduct.

RELEASE AND ASSUMPTION OF THE RISK

I grant permission to my son/daughter to participate in the “Fun Runs”. In exchange for the agreement of the District to permit me/my son/daughter (the “Student’) to participate in the Camp/Activity as described above, I hereby:

1. Release and agree to hold harmless and indemnify the Board, its employees, and agents from any and all liability, arising from negligence or otherwise, and any damages related to or arising from the Student’s participation in the “Fun Runs”, including but not limited to property damage and any mental or physical bodily injury, including death;

1. Acknowledge it is the sole responsibility of the undersigned to evaluate carefully all risks inherent in allowing the Student to participate in the “Fun Runs”, and voluntarily assume full responsibility for, and full risk of any property damage and any mental or physical bodily injury, including death.

I, the undersigned, have read the above carefully, understand its significance, and voluntarily agree to all of its terms.

Student Name:_____

Activity: “Fun Run”

Dates of Activities: 6/15/26-8/19/26

Parent/Guardian Signature: _____

Date_____