



1. **GENES** - There is compelling evidence that a person's genes play a role in ADHD. In twin and family investigations, researchers discovered that ADHD runs in families. Close relatives of patients with ADHD have been proven to be affected. If your mother or father has ADHD, you and your siblings are more likely to have it as well.

Nobody has yet figured out which genes play a role in ADHD. Several research have looked into whether there is a link between ADHD and the DRD4 gene. According to preliminary study, this gene influences dopamine receptors in the brain. A variant of this gene is seen in some people with ADHD. Many specialists feel it may play a part in the progression of the disease as a result of this.

2. **Smoking and alcohol use during pregnancy** - The strongest link between ADHD and the environment occurs before a child is born. According to the CDC Trusted Source, prenatal exposure to smoking is linked to the behaviors of children with ADHD. According to a 2012 study, children who were exposed to alcohol and drugs while in the womb are more likely to develop ADHD.



3. **Exposure to environmental toxins** - Many scientists believe that there is a link between ADHD and some neurotoxic substances, such as lead and pesticides. Lead poisoning in youngsters may have an impact on their educational attainment Trusted Source. It has also been linked to impulsivity, hyperactivity, and inattention. Organophosphate pesticide exposure has also been linked to ADHD. Pesticides are chemicals that are applied to lawns and agricultural products. According to a 2016 study, organophosphates may have negative effects on children's neurodevelopment. Source you can trust.
4. **Brain injuries** - Children who have had a serious head injury are more likely to develop attention deficit hyperactivity disorder (ADHD) — but new research suggests that symptoms may not develop for up to a decade later. Traumatic brain injury (TBI) is a frequent cause for hospitalization in young children and teenagers. It's associated with developing mental conditions, including secondary ADHD, a form of ADHD that develops following an injury.

**5. Low birth weight** - Poor executive function (EF) has been linked to attention-deficit/hyperactivity disorder (ADHD). Children born at extremely low birth weight (ELBW; <1000 g) have been found to show both poor EF, as well as elevated levels of symptoms of ADHD.

## **COMMON MYTHS ABOUT ADHD !**

There are many myths about what causes ADHD. Research has found no evidence that ADHD is caused by:

- consuming excessive amounts of sugar
- watching TV
- playing video game
- poverty
- poor parenting

These factors can potentially worsen ADHD symptoms. None of these factors have been proven to directly cause ADHD.

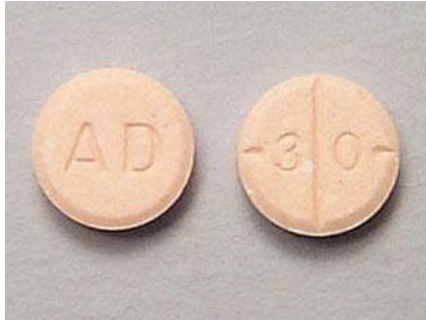
### **Warning Signs**

People with ADHD show an ongoing pattern of three different types of symptoms:

- Difficulty paying attention (inattention)
- Being overactive (hyperactivity)
- Acting without thinking (impulsivity)

These indications and symptoms do not always indicate that a person has ADHD. Anxiety, depression, and certain types of learning difficulties can all have symptoms that are similar. If you're concerned that you or your child may have ADHD, the first step is to consult with a medical practitioner to see if your symptoms match the diagnosis. A mental health professional, such as a psychiatrist or clinical psychologist, a primary care physician, or a pediatrician, can make the diagnosis.

## **BEST MEDICATION TO FIX ADHD IN USA – ADDERALL**



## LETS SEE ABOUT DIFFERENT TYPES OF MEDICATIONS

- **Stimulants:** While it may seem weird to treat ADHD with a stimulant, it is beneficial. Stimulants, according to several studies, are beneficial because they enhance the brain chemical dopamine, which is important for thinking and concentration.
- **Non-stimulants:** These drugs take longer to function than stimulants, but they can help a person with ADHD improve focus, attention, and impulsivity. If a stimulant had irritating side effects, if a stimulant proved ineffective, or in combination with a stimulant to boost effectiveness, doctors may prescribe a non-stimulant. Atropine and atomox are two examples of non-stimulant drugs.
- **Anti depressants:** Antidepressants are sometimes used to treat adults with ADHD, despite the fact that antidepressants have not been approved by the US Food and Drug Administration (FDA) specifically for the treatment of ADHD. Older antidepressants known as tricyclics are occasionally utilized because they influence the brain neurotransmitters norepinephrine and dopamine in the same way that stimulants do.

### TOP 5 MEDICATION LINKS

### TOP RECOMMENDED ONLINE MEDICINE WEBSITES !

1. [Realpharmaneeds.com](http://Realpharmaneeds.com)
2. [Painonlinepharma.com](http://Painonlinepharma.com)
3. [Searchonlinemed.com](http://Searchonlinemed.com)
4. Walgreens

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