

Hello! This is a compilation of resources gathered to inform, inspire, and empower us all to work towards creating lasting change in our immediate communities and nationally. As a community, we need to use our economic and social privilege that comes with living in the accepting, affluent Bay Area to help and fight for change in places less fortunate. Be the change you want to see and advocate for what's right. It starts with us.

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EDUCATION/BECOMING INFORMED: The first step towards becoming a valuable ally and creating lasting change socially and politically is understanding the struggle of African Americans in this country and the history behind this generational oppression. It is perfectly normal to feel uncomfortable, confused, etc. in reading or watching any of these resources. Do not feel ashamed for educating yourself. Instead, take pride and relief in the fact that you are pushing yourself to recognize and form empathy for the people affected by the truths reflected in these works. Continue to work past these initial feelings in the pursuit of your education and remember, African Americans do not have the obligation to educate you - it's time to educate ourselves!



IMPORTANT TERMS: Understanding racism is also understanding the structures in which racism exists. As author Scott Woods exclaims, "racism is a complex system of social and political levers... Yes, racism looks like hate, but hate is just one manifestation. Privilege is another. Access is another. Ignorance is another. Apathy is another. And so on.. It remains a powerful system that we're immediately born into." So, to understand it better, take some time to learn important terms!

https://www.racialequitytools.org/glossary

BOOKS: We believe one of the best ways to learn about the struggles of African Americans both today and in the past is to read. We encourage you to read the news, but we have also listed books that have been recommended by other activists. Take some time to read and learn over the summer!

- Books on Sora (for Harker students): https://soraapp.com/library/harkerca/curated-1086735/seed-1825730056/page-1
- Anti-racism book lists:
 - https://www.elle.com/culture/books/g32687973/black-history-books-reading-list
 - https://www.instagram.com/p/CAdw65UHtwJ/?hl=en
- Why I'm No Longer Talking to White People About Race by Reni Eddo-Lodge
- The New Jim Crow by Michelle Alexander
- How to be an Antiracist by Ibram X. Kendi
- Just Mercy by Bryan Stevenson
 - (movie adaptation of this as well, stars Michael B. Jordan)
- Mindful of Race by Ruth King
- I'm Still Here: Black Dignity in a World Made for Whiteness by Austin Channing Brown
- White Fragility by Robin DiAngelo
- So you want to talk about race by Ijeoma Oluo
- African American authors
 - Toni Morrison -- The Bluest Eye, Beloved, etc.
 - Colson Whitehead -- The Underground Railroad, etc.

MOVIES/DOCUMENTARIES: You can learn through visuals too! Even if some of these may be fiction, they root themselves in the REALITY of injustice. Again, it's okay to feel uncomfortable. That is part of the process. **Do not shy away from the discomfort.**

Note: You can find where to stream/buy/rent these films here: https://www.justwatch.com/

- http://www.pbs.org/black-culture/explore/10-black-history-documentaries-to-watch/
 - A listing of informative Black history documentaries
- 13th



- Netflix documentary on the criminalization of African Americans in America
- Related -> 13th: A Conversation with Oprah Winfrey and Ava DuVernay

- When They See Us

- Based on the true story of 5 teens falsely accused of a brutal attack in NYC

- The Hate U Give

- The story of a young African American girl who fights against police brutality after her lifelong friend was fatally shot by a policeman.

- Time: The Kalief Browder Story

- Traces the tragic case of Kalief Browder, a Bronx teen who spent three years in jail despite never being convicted of a crime

- Becoming

- Memoir of First Lady Michelle Obama.

- Selma

- The fight for suffrage and equality in Alabama in 1965. This is a historical fiction piece.

Patriot Act

- Political comedy series on Netflix-- not directly affiliated with BLM, but still important in terms of global news, politics, and culture

- Hello, Privilege. It's me, Chelsea.

- Netflix documentary on the effects of white privilege on American culture.

· Hidden Figures

- The story of the three African American women at NASA who lead the execution of a launch part of the Space Race in 1962.

- Dear White People

- This Netflix series follows a group of students of color at a predominantly white university along with their experiences with cultural bias, social injustice, misguided activism, and politics.

- Black Power Mixtape

- A documentary that examines the evolution of the Black Power movement in American society from 1967 to 1975.

PODCASTS: Want to just listen? Amazing option, too! Take some time to tune into these powerful voices and perspectives.

- 1619

Podcast by the NY Times: https://www.nytimes.com/column/1619-project

- About Race

https://www.aboutracepodcast.com/

BLACK LIVES MATTER

- Seeing White
 - https://www.sceneonradio.org/seeing-white/
- Momentum: A Race Forward Podcast
 - https://www.raceforward.org/media/podcast/momentum-race-forward-podcast #:~:text=Momentum%3A%20A%20Race%20Forward%20Podcast%20features %20movement%20voices%2C%20stories%2C,and%20strategies%20for%20r acial%20justice.
- Code Switch
 - https://www.npr.org/podcasts/510312/codeswitch
- The Diversity Gap
 - https://www.thediversitygap.com/podcast-1
- Intersectionality Matters!
 - https://aapf.org/podcast
- Pod for the Cause
 - https://civilrights.org/podforthecause/
- Pod Save the People
 - https://crooked.com/podcast-series/pod-save-the-people/

INFO ON THE ORGANIZATIONS AT THE ROOT OF THE MOVEMENT:

- https://blacklivesmatter.com/
 - BLM website-- amazing perspectives, voices, causes, resources, etc.
- https://www.naacpldf.org/naacp-mission/
 - Read about the NAACP Legal Defense Fund
- https://www.history.com/topics/black-history/civil-rights-movement
 - Read about the Civil Rights Movement
- https://www.blackpast.org/african-american-history/black-panther-party/
 - Read about the Black Panther Party
- https://combaheerivercollective.weebly.com/
 - Read about the Combahee River Collective

IMPORTANT PERSPECTIVES AND RESOURCES:

- Another anti-racism resources list (podcasts, articles, organizations, etc): bit.ly/ANTIRACISMRESOURCES
- Anti-Racism resources for Pediatricians:
 https://docs.google.com/document/d/1RWUZqibkMNBooNfVSTKQK55OIBja33HAKv6k
 https://example.com/document/d/1RWUZqibkMNBooNfVSTKQK55OIBja33HAKv6k
 https://example.com/document/d/1RWUZqibkMNBooNfVSTKQK55OIBja33HAKv6k
- https://www.instagram.com/p/CA5X31igzCL/



- 44th President of the United States
- https://www.instagram.com/tv/CAyfFnaJbyL/?hl=en
 - Trevor Noah
- https://www.instagram.com/p/CAx67xJHNqT/
 - Chris Cuomo
- https://www.instagram.com/tv/CA38SAzhLhF/
 - Christian A. Pierce on relating outward activism to indulging in black culture.
- https://www.theatlantic.com/culture/archive/2020/06/riots-are-american-way-george-fl oyd-protests/612466/
 - A take on our country's history in relation to the nature and results of protests
- https://www.instagram.com/p/CA3WYS2IN4B/
 - Some FAQs on the BLM movement-- encircling "All Lives Matter", "ACAB", "Blue Lives Matter", etc.
- https://www.blackpast.org/
 - An amazing resource to navigate at your own will, explores the many facets of African history in America and globally. Fosters the understanding of not only the Black experience in the United States through history, but movements, journals, speeches, people, places, etc.
 - https://www.blackpast.org/special-features/racial-violence-united-states-1660/
 - Racial violence in the United States
- https://www.youtube.com/watch?v=agNhEAVWtHY
 - Perspective on police brutality in our communities.

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MAKING A DIFFERENCE: It starts with you! Raising awareness and expressing support is amazing and meaningful, now turn that passion towards making meaningful change in your communities and beyond. Just because you might not be old enough to vote does not mean you lack a voice. Every voice matters.

SPREAD AWARENESS: We all have the luxury of being at one of the top schools in the country, and we also have free access to so many online resources and social media. Use your platforms and your privilege to spread awareness! And although it helps to post on social media, please make sure that your posts aren't just performative – It's time to put action behind



words too. Remember: Retweeting and posting on Instagram stories is a good start, but we need both awareness + action!

Action > Posting > Silence

DONATION LINKS: If you are fiscally able, donations can go a long way in supporting the larger Black Lives Matter movement!

- Even if you aren't able to donate, you can watch this video on Youtube, which contains speeches, music, and artwork from black creators: https://youtu.be/bCgLa25fDHM
 - 100% of proceeds from AdSense will go to one of the organizations listed in the video's description
- Bay Area Community Fundraiser for the African American Community Service Agency: tiny.cc/donateAACSA
 - AACSA is a northern-California based organization dedicated to supporting the Bay Area African American community through education, wellness, and culture programs
- Black Lives Matter: https://secure.actblue.com/donate/ms_blm_homepage_2019
 - The official #BlackLivesMatter Global Network builds power to bring justice, healing, and freedom to Black people across the globe.
 - https://blacklivesmatters.carrd.co/
 - Compilation of resources affiliated with the movement.
- George Floyd's Memorial Fund: https://www.gofundme.com/f/georgefloyd
 - To the family of George Floyd
- Black Visions Collective: https://secure.everyaction.com/4omQDAR0oUiUagTu0EG-lg2
 - Black Visions Collective (BLVC) "believes in a future where all Black people have autonomy, safety is community-led, and we are in right relationship within our ecosystems"
- Reclaim the Block: https://secure.everyaction.com/zae4prEeKESHBy0MKXTIcQ2
 - Works with communities and city council members in Minneapolis to redistribute money from the police department to other parts of the city's budget that "truly promote community health and safety."
- Bay Area Black Business Fund:
 - https://www.gofundme.com/f/bay-area-black-owned-business-relief-fund
 - Fundraiser for Bay Area Owned Black Business Owners affected by the protests, riot, and looting.
- NAACP Legal Defense Fund:
 - https://org2.salsalabs.com/o/6857/p/salsa/donation/common/public/?donate_page_KE Y=15780&_ga=2.188564843.2126654292.1590958699-699057164.1590958699

BLACK LIVES MATTER

- Working to protect voting rights, reform our criminal justice system, achieve education equity, and ensure economic justice for all.
- Campaign

Zero:https://www.paypal.com/donate/?token=xiKaoD2g08hMucwSbRKMWkqekPGPbYQz9qYD37Qaric76XQHGxBK2rYYr2q5vy4HoLgG6G&country.x=US&locale.x=US

- <u>Campaign Zero</u> aims to end police brutality by providing the public and government officials with urgent, research-based policy solutions.
- ACLU: https://action.aclu.org/give/aclu-response-covid-19
 - protect voting rights, demand that vulnerable people in prisons, jails and immigration detention centers be released, and fight to ensure reproductive health care remains open and accessible to all who need it. Now more than ever, we the people means all of us.
- Bay Area Anti-Repression Committee Bail Fund: https://rally.org/ARCbailfund
 - the Bay Area Anti-Repression Committee (ARC) stands against political repression and is in solidarity with all those who challenge the state, capitalism and other forms of systemic oppression and domination.
- Donate to Ahmaud Abery's family: https://www.gofundme.com/f/i-run-with-maud
- Bail funds: https://secure.actblue.com/donate/bail_funds_george_floyd
 - "Bail funds are independent charitable organizations that collect money to release those who have been jailed before trials. People who are arrested and charged are often assessed a fee that they have to pay in order to await trial freely... Bail disproportionately affects poor people who are effectively jailed because they do not have enough money to pay for their freedom."

ORGANIZATIONS TO BECOME INVOLVED WITH: There are companies and organizations closer to you than you think that you can join and help in their fight to create change!

- https://communityx.tech/
 - CommunityX's creation was inspired by an instance of extreme police brutality and abuse of power in the founder's own family. It now serves as a platform and movement dedicated to inspiring and fostering community impact and activism on all fronts. Send an email expressing interest in helping to get involved!

REGISTER TO VOTE: Voting is a concrete way to bring on change. Your local government and elected officials influence your whole community, so educate yourself on your votes because they matter!

- Voter registration/pre-registration:https://registertovote.ca.gov/?ref=voteusa
- Educate yourself on your ballot: https://votersedge.org/ca
 - Research on your own too!



SIGN PETITIONS: If you think you don't have an impact, think again. When individuals take action together, true change can be achieved!

- Compiled doc:
 - https://docs.google.com/document/d/1-0KC83vYfVQ-2freQveH43PWxuab2uWDEGolzr Nolks/preview?pru=AAABcpX6W9k*rQxvvEeTpChESanZiFhK w
 - Includes long list of donation links, petitions, and more
- Color of Change → demands that officers involved with George Floyd are charged with murder
- Justice for George:
 - https://www.change.org/p/mayor-jacob-frey-justice-for-george-floyd
 - We are trying to reach the attention of Mayor Jacob Frey and DA Mike Freeman to beg to have the officers involved in this disgusting situation fired and for charges to be filed immediately.
- Justice for Breonna Taylor:
 - https://www.change.org/p/andy-beshear-justice-for-breonna-taylor?utm_content=cl_sharecopy_22077589_en-US%3Av3&recruiter=367523516&recruited_by_id=f20db120-4b_3d-11e5-8536-676e99fe8c5a&utm_source=share_petition&utm_medium=copylink&utm_campaign=psf_combo_sha_

CALL/WRITE LEGISLATORS: It's incredibly important to engage in politics to create lasting change. Your legislators are supposed to represent *the community's* wishes, so demand change from them.

- How to find your California representative
- How to find your US representative
- Demand that California legislators redirect police funds, abolish legislative police protections, and demilitarize the police: http://www.tinvurl.com/ca-for-blm/
- Write a letter demanding justice to Minneapolis Mayor Jacob Frey
- Send an email demanding accountability for the officers involved in the murder of George Floyd (template already created)
 - tinyurl.com/emailforfloyd/

MENTAL HEALTH & HEALING:

- Free group healing & grieving sessions via Ethel's Club
- Resources for Restoration by Lauren Davis
- Meditation: Liberate x Ruth King Space for the loss of George Floyd & Breonna Taylor (BIPOC-only)
- HealHaus



- Justice Beats Virtual festival and fundraiser 5/30

OTHER WAYS TO BE AN ALLY:

 Another compiled doc with info about supporting black creators and black-owned businesses:

https://docs.google.com/document/d/1zh6reFJWkZRGBL5ilezTfA2tkKBB3X9JcMh2QY T8tWk/preview?fbclid=lwAR0bYuUz8_UqZhQbV4so9CodVbsrCWaAxPC5OsV6JvbGjxja Fm-I5txQOrk&pru=AAABcppaVl4*Fb_SMLGbrgBES8kZHR8B2A