

Conference Notes

Strengths
Election project because she enjoys writing and typing IXL because she enjoys continuing her homework at school Math because she has been enjoying the measurement unit Read alouds because she enjoys Roald Dahl's stories Trevor dances because she enjoys having fun and it helps her remember things Working independently and cooperatively during math because she takes her work seriously and likes to help others
Areas for Growth
Math because some of the vocabulary and strategies are new and she wants to share ideas she has learned at home Working with a group because she sometimes has disagreements and feels she does most of the work Writing because she sometimes has trouble thinking of ideas
Goal
To manage frustration
Next Steps
I. will spend at least 30 minutes a week writing about her frustrations and choices I. will share her writing with Trevor, C., and C. C. and C. will spend at least 10 minutes a week reading I.' writing and discussing it with her. Everyone will discuss I.' progress in January

6/2/15

- When friends accidentally hurt my feelings, I try to ignore it and move on. (C.)
- I try to control my feelings by walking away until I am ready to give them an "I message." (E.)
- I pretend it did not hurt my feelings. I calm down by drinking some warm tea with honey. (M.)
- I might ask them to say the same thing again in a nicer way. (A.)
- Whenever one of my friends hurts my feelings on accident, I let them know so they have a chance to apologize. Like E., I need to calm down. Usually, I am ready to move on by the next day. (J.)

5/22/15

- I get out my stress by playing with my brother. If I am not with my family, I go to friends or push it to the back of my brain. (E.)
- Usually what I do is grab a book or play with friends. (D.)
- When I get frustrated I either exercise or go to the movies. (Trevor)

5/1/15

- Something I do when I need to talk things out is ask them when would be a good time. If they say "never," then I go to an adult for help. (O.)
- Sometimes I wait a whole day. (C.)
- When that happens to me, I do the same thing as O.. They will usually listen to my parents. (A.)
- Like C., I will wait -- even a couple of days if I need to. Another thing I do is write a note to give them. Maybe they don't want to talk in person, but they are comfortable passing notes about the conflict. (S.)
- Sometimes, when I get angry or frustrated with someone is I walk away from the situation. I wait a while before trying to talk to them. Maybe they needed some time to feel comfortable talking. I always try to go back to being friends. (J.)
- With my brother, I walk away from him during a conflict or go to a space away from him. This is harder when you share a bedroom. (S.)

4/17/15

- In the past, when I was in Kindergarten, people used to make fun of my last name. They called me a gambler. I ignored them. My parents let me bring a stuffed Snoopy from home. (C.)
- When I was younger, whenever I got angry with my family, they would always emphasize the "mad" in M.. It really annoyed me. I like to draw, punch pillows, and scream into pillows. (M.)
- I get frustrated when my baby brother bugs me. He sits on my back. I go into my room and rest or read until I calm. (A.)