DR. ASHWANI MEHTA

Senior Consultant Cardiologist & Director – Heart Failure Program & Research

Sir Ganga Ram Hospital, New Delhi | Awards, Research & Professional Biography

1. Executive Profile

Dr. Ashwani Mehta is a distinguished Senior Consultant Cardiologist and the Director of the Heart Failure Program & Research at Sir Ganga Ram Hospital, New Delhi. With more than 25 years of clinical excellence across invasive, non-invasive, and preventive cardiology, his career is defined by state-level medical honors, principal leadership in landmark international clinical trials, postgraduate medical mentorship, and healthcare technology innovation.

Primary Clinical Role	Senior Consultant Cardiologist & Director, Heart Failure Program & Research
Primary Institution	Sir Ganga Ram Hospital, Rajinder Nagar, New Delhi
Clinical Experience	25+ Years in Interventional, Preventive & Heart Failure Cardiology
Core Sub-Specialties	Complex Coronary Angioplasty (PTCA), Pacemaker & ICD Implantation, Heart Failure & Transplant Support

2. Major Honors & Awards

- **Vishisht Chikitsa Ratna Award:** Conferred by the Hon'ble Chief Minister of Delhi in recognition of outstanding medical service, clinical leadership, and contributions to advanced cardiac care in the National Capital Region.
- **Gold Medal – TMC CAN CHAMPION Study (2016):** Awarded for research excellence, clinical protocol rigor, and leadership in cardiovascular clinical study execution.
- **Recognition for Distinguished Clinical Service:** Commended for serving as an attending cardiologist at Sir Ganga Ram Hospital during high-profile clinical assignments, including care for the Hon'ble President of India (2001) and Ms. Sonia Gandhi (2008).

3. Clinical Research & Academic Leadership

- **Principal Investigator in Landmark Global Trials:** Served as Principal Investigator and Co-Investigator across 35+ Phase II, III, and IV national and international multicenter clinical trials. Contributed to pivotal studies—including PARADIGM-HF, PARAGON, EMPEROR, PARADISE, and RE-LY—that established modern global treatment guidelines for heart failure and anticoagulation.
- **Extensive Peer-Reviewed Publications:** Authored and presented over 150 scientific research papers, abstracts, and case reports at premier international forums such as the American Heart Association (AHA) and the European Society of Cardiology (ESC).

- **High-Impact Medical Journals & Textbooks:** Published extensively in leading cardiology journals, including the Journal of the American College of Cardiology (JACC) and the Indian Heart Journal, alongside authoring specialized chapters in clinical cardiology textbooks.
- **Postgraduate Mentorship & Editorial Roles:** Serves as a recognized DNB Cardiology postgraduate teacher and thesis guide at Sir Ganga Ram Hospital, while holding editorial board and peer-review positions for international cardiovascular journals.

4. Clinical Practice, Innovation & Community Outreach

- **Heart Failure & Interventional Program Leadership:** Directs the dedicated Heart Failure Program & Research at Sir Ganga Ram Hospital, specializing in complex percutaneous transluminal coronary angioplasty (PTCA), cardiac resynchronization therapy (CRT), implantable cardioverter-defibrillators (ICD), regenerative stem cell applications, and heart transplant evaluation.
- **HealthTech & Digital Healthcare Entrepreneurship:** Co-founded Four Pixels Healthcare Private Limited (Four Pixels Group) in New Delhi to bridge clinical medicine with digital innovation. Spearheaded cloud Electronic Medical Record (EMR) adoption (ConCliq) and expanded access to ambulatory diagnostics through Delhi Cardio and Sleep Study At Home.
- **Charitable Cardiac Care & Public Health Education:** Conducts weekly charitable cardiac outpatient clinics for economically underserved patients at Sir Ganga Ram Hospital and leads regular public health awareness initiatives focused on preventive cardiology.

5. Academic Credentials & Professional Memberships

- **Medical & Executive Education:** MBBS and MD (Internal Medicine) from Maulana Azad Medical College (MAMC), New Delhi; DM (Cardiology) from L.P.S. Institute of Cardiology, Kanpur; Executive Program in Transformational Leadership for Healthcare Management from the Indian School of Business (ISB), Hyderabad.
- **Professional Society Memberships:** Life Member and active contributor to the Cardiological Society of India (CSI), Association of Physicians of India (API), Delhi Medical Association (DMA), and Delhi Cardiological Society.