



Dec 1, 2025

Good morning, Cabin John Cougars! This is Mrs. Hershkowitz with your morning announcements. The Cabin John community was high on my gratitude list this Thanksgiving break and I am happy to be back this morning to start a new month with you all! Today is Monday, December 1st which marks the official start of meteorological winter in the Northern Hemisphere which is just a fancy way of saying winter has arrived...whether we're ready or not!

From now until the solstice, our daylight hours shrink pretty fast, so enjoy the sunshine when you can. These next few weeks bring some of the shortest days of the entire year which are perfect for cozy sweaters, hot chocolate, and pretending it's bedtime at 6:00 PM.

### **On this Date December 1**

1955 - On this day in 1955, Rosa Parks made a courageous choice when she refused to give up her seat on a bus in Montgomery, Alabama. Her action sparked the Montgomery Bus Boycott and became a powerful moment in the Civil Rights Movement.

Rosa Parks showed the world that one brave person can inspire big change. Let's honor her legacy today by standing up for kindness, justice, and respect for everyone.

### **Cabin John Announcements**

**Expectations Reminders:** As we jump into a new set of CJMS announcements, here's a quick reminder about our positive community expectations. In classrooms, be focused, prepared, and ready to learn. In the hallways, keep moving safely, use quiet voices, and show respect for the space and for others.

And in the cafeteria, remember to clean up after yourself, include others, and keep the vibe positive. Let's make today a great one by showing our best selves everywhere we go.

**National PTSA Reflections Art Program:** The Cabin John Middle School PTSA is proud to participate in the 2025-2026 National PTA Reflections Arts Program. We are now accepting submissions for this year's theme: "I Belong!" Display your creativity via Dance Choreography, Film Production, Literature, Music Composition, Photography, or Visual Arts. For details, submission forms, contest rules, and questions, please visit: <https://cabinjohnptsa.org/reflections-arts-program/>. Submission Deadline: Friday, December 5, 2025.

**Debate Club:** Debate club meets after-school in room 1110 this Wednesday, December 3rd.

**SGA:** SGA is hosting its first afterschool SSL opportunity at CJMS! Help SGA spread kindness this season by making cards for seniors and patients impacted by cancer. Complete the google form posted on your grade level canvas page if you are interested. Only students who have received a confirmation email by Ms. Pun may attend. There's only 50 spots available for 12/3 and 12/10.

**Book Wars:** Attention Book Wars! We will be meeting this week on FRIDAY during lunch and wellness instead of Tuesday.

### **Pledge of Allegiance**

At this time, please stand for the pledge of allegiance:

I pledge allegiance to the flag of the United States of America  
and to the Republic for which it stands, one Nation  
under God, indivisible, with liberty and justice for all.

### **Joke of the Day:**

In honor of the chilly morning today...

When does winter actually begin?  
When Fall leaves of course!