

Train Info for Spring Sessions 2023

Metro-North Trains Between NYC and Poughkeepsie

The following trains work well with the Spring Sessions schedule. This information was accurate as of press time. You can look up train schedules on this page: <https://new.mta.info/schedules>.

The timetables for Metro-North train service on the Hudson Line between NYC and Poughkeepsie are online here: <https://new.mta.info/document/97596>. You may want to check the Metro North schedule and website for schedule and service changes before you travel: new.mta.info/agency/metro-north-railroad

Friday:

Leaving Grand Central, NYC	Arriving Poughkeepsie
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Train #847	4:47 p.m.	6:37 p.m.
Train #849	5:08 p.m.	6:45 p.m.
Train #853	5:29 p.m.	7:05 p.m.

Saturday:

Leaving Grand Central, NYC	Arriving Poughkeepsie
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Train #8805	6:44 a.m.	8:43 a.m.
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(this is the earliest train and will arrive after the start of meeting for worship and before the start of meeting for business)

Sunday:

Leaving Poughkeepsie	Arriving Grand Central, NYC
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Train #8840	1:48 p.m.	3:47 p.m.
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