

Low Stress Holiday Planning - with The Secret Slob

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WEEK 1

HOME - Choose 3 from Morning Routine List

Get dressed

Make bed

Start laundry

Empty dishwasher

Swish & swipe

HOLIDAYS - Create Lists

Gift List and budget

Christmas card list and find addresses

Check your calendar for all parties and events

SELF CARE - Relax

Have a bubble bath

Go to the spa/salon

Spa day at home

WEEK 2

HOME - Choose 3 from Evening Routine List

Shine your sink

2 minute hotspot

Start dishwasher

Set out clothes for tomorrow

Check calendar and set out items for tomorrow

Fold and put away laundry

HOLIDAYS - Shopping

Shop for holiday clothing for yourself or kids

Shop for presents

Stock up on xmas supplies (gift wrap, tape etc)

SELF CARE - Cozy up

Drink hot chocolate

Find a holiday book

Light a candle

WEEK 3

HOME - Weekly Home Blessing

Change sheets

Empty all garbages

Clean mirrors & doors

Dust

Vacuum

Mop

Purge magazines and newspapers

HOLIDAYS - Spirit

Baking

Decorate the house

Set up the tree

SELF CARE - Enjoy the season

Go for a walk outside

Make house smell like christmas

WEEK 4

HOME - Declutter for 15 minutes a day or tackle one big project

Front closet

Kids toys

Guest room

Craft room

HOLIDAYS - Nitty Gritty

Mail cards

Plan holiday menu

Stock up on toiletries

Last minute shopping

SELF CARE - Rest up

Have a nap!

Screen-free day

Drive around and see the lights

WEEK 5

HOME - Final clean

Clean fridge and freezer

Prep guest rooms and clean bedding

One nagging task (shower, mudroom, cupboards)

HOLIDAYS - Final touches

Wrap gifts

Shop for holiday food

SELF-CARE - Take a break

Order your favorite take-out

Watch a christmas movie

Sit by the fire (or fireplace channel)

WEEK 6

ENJOY THE HOLIDAY <3