



*This list was created in response to a wave of support to the Black Lives Matters movement following the murder of George Floyd. To avoid perpetuating “performative activism”, we hope to offer a tool for those who wish to take action in one way or another. Systemic racism does exist in Montreal and in Quebec, therefore this list is an attempt at sharing Montreal and Quebec centric resources.

*Cette liste a été créée en réponse à une vague de soutien au mouvement Black Lives Matters suite au meurtre de George Floyd. Pour éviter de perpétuer «l'activisme performatif», nous espérons offrir un outil à ceux qui souhaitent agir d'une manière ou d'une autre. Le racisme systémique existe à Montréal et au Québec, donc cette liste est une tentative de partager des ressources propres à Montréal et au Québec.

TAKE ACTIONS / PASSER À L'ACTION

→ Defund Montreal Police Service:

- ◆ contact your local reps to DEFUND THE SPVM. This is a great document that I encourage you to check out and send out emails to your boroughs https://docs.google.com/.../1k2vusPXGiutTtdHXEQBCCJ_9pGP.../edit

→ Petition to PM Trudeau:

- ◆ Implement body cameras & ban the use of rubber bullets and tear gas by law enforcement in Canada chnq.it/DSxY2Jdfgs

Donate/ Faire un don

(based on: @deadcelery, @danii_jo, @asasyssas)

- [Shanice Nicole Speaks](#)

- A page run by Shanice Nicole, local MTL activist, educator, and writer. She shares an array of resources and donation links to people who want to help. From her page : If you can give, please do. If you can share, please do. As usual all money goes to local Black and/or Indigenous community members.
e-Transfer: shanicenicoleyarde@gmail.com
PayPal: paypal.me/shanicenicoleyarde

- [Montréal en Action:](#)

- Montréal en Action an organization that mobilizes citizens around positive change. The organization collected over 22, 000 signatures to require the City of Montreal to act on inclusion, diversity and equality across municipal sectors. The funds raised will be used to set up courses on systemic racism and discrimination, with community leaders and anti-discrimination experts and activists, to educate individuals and businesses on the subject, amongst other projects.



- [Les Ballons Intensifs](#)
 - Contribuer au développement des jeunes issus de milieux défavorisés afin qu'ils deviennent des citoyens engagés et porteurs de changement dans leur communauté.
- [Afrique au Féminin \(Helping residents of Parc-Extension\)](#)
 - Afrique au Féminin est un organisme sans but lucratif (OSBL), fondé par un groupe de femmes professionnelles d'origine africaine préoccupées par les difficultés d'intégration sociale et économique des femmes de leurs communautés dans la société d'accueil. Ainsi, bien que son intervention soit spécifiquement orientée vers les femmes immigrantes, le centre est ouvert à toutes les femmes, sans distinction d'âge, de langue, de couleur et de religion.
- [HELEM \(protection for LGBTQ Arabic speakers\)](#)
- [Project 10 \(youth services\):](#)
 - Project 10 works to promote the personal, social, sexual and mental well being of lesbian, gay, bisexual, transgender, transsexual, two-spirit, intersexed and questioning youth and adults 14-25.
- [À Deux Mains / Head & Hands \(Youth healthcare services\):](#)
 - Mission is to provide youth with the tools they need to make informed decisions about their physical and mental well-being.
- [Resilience Montreal \(Native Women's Shelter\):](#)
 - Is to provide a safe environment where women can begin to rebuild their lives. We offer support and frontline services to First Nations, Inuit and Métis (Aboriginal) women and children to promote their empowerment and independence.
- [Maison d'Haiti:](#)
- [Centre Lasallien Saint-Michel:](#)
 - Le Centre lasallien Saint-Michel est un organisme communautaire à but non lucratif, dédié à l'éducation et au développement des jeunes et des adultes. Son souci est de pouvoir offrir quotidiennement un espace de vie accueillant et stimulant aux citoyens de l'arrondissement (Saint-Michel, Villeray et Parc d'Extension) prioritairement aux plus défavorisés et aux plus vulnérables.
- [Hoodstock:](#)
 - Générer des espaces de dialogues et des initiatives mobilisatrices pour éliminer les inégalités systémiques et développer des communautés solidaires, inclusives, sécuritaires et dynamiques
- [Clinique Juridique de Saint-Michel:](#)
 - Des services légaux tout à fait gratuitement
- [Librairie Racines:](#)
 - Lieu de rencontres et d'apprentissage, la librairie Racines est située dans Montréal-Nord. Gabriella Kinté y offre depuis 2017 des livres de tout horizon, mais aussi une juste place aux autrices et auteurs racisés.e.s. Loin de ne s'adresser qu'à une clientèle ethnoculturelle, Racines se veut une vitrine représentative de la société, et souhaite promouvoir la diversité dans le paysage



littéraire, et dans nos bibliothèques. Au-delà du commerce, Gabriella rêve de bâtir une communauté autour de la lecture, des échanges et des découvertes, car elle est convaincue que les histoires ne se transmettent pas uniquement par le papier.

- **Paroles d'Exclues:**

- *Parole d'excluEs* soutient la mobilisation citoyenne dans l'optique de parvenir à une société qui ne produit plus de pauvreté et d'exclusion sociale. Nous encourageons la prise de parole citoyenne et rassemblons des personnes issues de différents milieux dans des projets collectifs, afin qu'elles améliorent leurs conditions de vie et aient la possibilité de faire des choix et d'exercer les droits qui leur sont garantis.

- **Institute for Research and Education on Race Relations:**

- IRERR is a non-profit organization with the mandate to promote scientific research and education on racism in Canadian institutional contexts.

- **DESTA:**

- Based in Little Burgundy and serving participants across Greater Montreal, DESTA supports Black youth aged 18 to 35 in reaching their educational, employability, and entrepreneurial goals through a holistic and individualized approach.

- **SunYouth Organization:**

- Provides to individuals and families in need a range of emergency services that ensure their basic needs and maintain their integrity. We also contribute actively to crime prevention and we promote physical, social and intellectual development of the youth through education, sports and recreation.

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- **Black Indigenous Harm Reduction Alliance**

- The Black Indigenous Harm Reduction Alliance is a group of community workers of diverse experience who wish to draw attention to the need for access to self-determined and holistic health services within our communities. Our work seeks to develop harm reduction approaches that meet our communities where they are at, and to expand understandings of harm reduction to include environmental violence, and the criminalization of youth, sex workers, street-involved peoples, and LGBTQ2S people.

- **Migrant Rights Network:**

- The Migrant Rights Network is a cross-Canada alliance to combat racism and fight for migrant justice. We are a network of self-organized groups of refugees and migrants and allies.

OUTSIDE OF MONTREAL

- **GoFundMe for family for Regis Korchinski Paquet:**

- ca.gofundme.com/f/cggys2-justice-for-regis

- **Sistering (multi-service agency for marginalized women and diverse trans people):**

- sistering.org/financial-donations/



- **Lesbian Gay Bi Trans Youth Line:** canadahelps.org/en/dn/45072
 - **SOY (service delivery for 2LGBTQ+ spectrum youth):** soytoronto.com/donate/
 - **2 Spirits (education and support for Two Spirited people and Aboriginal people living with HIV/AIDS):**
canadahelps.org/en/charities/2-spirited-people-of-the-1st-nations/#donate-now-pane
 - **Canadian Centre for Gender & Sexual Diversity:** ccgsd-ccdgs.org/donate/
 - Directory of *many* local orgs across the country: ccgsd-ccdgs.org/directory-3/
 - **Black Legal Action Fund:** blacklegalactioncentre.ca/
 - **Women's Legal Education and Action Fund:** leaf.ca/donate/
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 - **Unist'ot'en Legal Fund:** actionnetwork.org/fundraising/unistoten2020legalfund/
 - **Unist'ot'en Camp:**
paypal.com/donate/?token=mvuy8PEa9HolO7dgg8i77FDszNZDP8sww5kVoPq_klUnvajFj-10dOmsAhDAMN_dgMhs8m&country.x=CA&locale.x=CA
 - Animikii.com put out a list of 7 Indigenous-centered non-profits:
animikii.com/news/7-indigenous-non-profits-to-check-out-this-givingtuesday
 - **Kids Help Phone:** kidshelpphone.ca/get-involved/give/ways-to-give
 - **Helping LGBTQ+ Refugees Resettle in Canada:** www.rainbowrefugee.com/donate
 - **Resource movement (CAN):** resourcemovement.org/
- Search for a Canadian charity by topic: <https://www.canadahelps.org/en/explore/charities/>

TO READ / À LIRE

(credit: @aaanasofiaaa)

**** reminder to buy at a local bookstore if possible / rappel d'acheter dans une librairie locale si possible.**

Canada and Québec perspectives/ Perspectives Canadienne et Québécoises:

- Emilie Nicolas's [coverage](#) in Le Devoir / @Emilie_Ni
 - ◆ Nicolas writes about the lack of coverage of systemic racism in Canada and Québec, the implications of inequity in the health system during the pandemic, the treatment of racialized front line workers, and other topics. See: [Ils sont fous, ces Américains](#)
- [11 brefs essais contre le racisme](#) - Somme toute - éditions
 - ◆ Essays exploring systemic racism from a Québec perspective
- [Indigenous, black people more likely to be stopped by Montreal police](#): October 2019 in Global News
 - ◆ Full Armony-Hassaoui-Mulone [report](#) to the SPVM (August 2019)
- [It's long-past time to talk about policing of Black women in Canada](#), May 29th 2020
Robyn Maynard for The Star
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- [Racism In Canada Is Ever-Present, But We Have A Long History Of Denial](#) - May 29th 2020 Maija Kappler in HuffPost
- [Remembering Black, Indigenous, and Other People of Colour killed by Canadian police](#) - May 29th 2020 - Desmond Cole for Pyrisence
- [Calling The Police Doesn't Solve Hate Crimes](#) - It Puts Us In More Danger - May 29, 2020 - Melayna Williams
- [The Pandemic Of Black Trauma Will Never End](#) - May 29, 2020 - Kathleen Newman-Bremang
- [Quebec has a systemic racism problem, obviously](#) - June 2, 2020 - Toula Drimonis
- [Une place au soleil. Haïti, les haïtiens et le Québec](#)- Sean Mills
- [Le racisme des autres ne saurait masquer le nôtre](#) - June 2, 2020
- [As premier denies systemic racism, Black Quebecers point to their lives experiences](#) - June 2, 2020

Race and COVID-19 Response/ Race & Conséquences de la COVID-19

- [COVID-19 - Racial Equity & Social Justice Resources](#)
 - ◆ Extensive compilation of tools, essays, analysis of the intersection of COVID-19, racial equity and social justice. Mostly US-centric
- [An Invitation to Center Race in Government Responses to COVID-19](#) - Nadia Owusu and Alyssa Smaldino (May 18 2020 blog - Living Cities)
- [Data linking race and health predicts new COVID-19 hotspots](#) (The Conversation)
- Fabrice Vil (Founder, Pour 3 Points) interview on ['Tout le monde en parle'](#)
 - ◆ *How are immigration, race, and poverty are playing out in the COVID-19 crisis in Quebec.*
- [After slashing immigration, Quebec turns to immigrants to fill shortage in long-term care homes](#) (May 28 - CBC)
- [Coronavirus discriminates against Black lives through surveillance, policing and the absence of health data](#) (April 20 - The Conversation)

Philanthropy and Race/ Race & Philantropie

- [Philanthropy with a Racial Equity Lens](#) (June 20, 2019 - Centre for Effective Philanthropy)
- [Funding in the Time of COVID-19: Questions to Deepen Racial Equity](#) (April 2, 2020 - Candid)
- [Equitable Evaluation Journey](#)
 - ◆ *Framework for foundations and nonprofits looking to align their assets and efforts with an equity perspective.*
- [Philanthropy, Privilege, and Racial Justice](#) (May 28, 2020 - MacArthur Foundation)
 - ◆ *Reflections from MacArthur Foundation staff on current events and systemic racism*
- [Overcoming the Racial Bias in Philanthropic Funding](#) (May 4, 2020 - SSIR)



- [Philanthropic Initiative for Racial Equity](#)
 - ◆ *Increasing the amount and effectiveness of resources aimed at combating institutional and structural racism in communities through capacity building, education, and convening of grantmakers and grantseekers.*
- Keep an eye on: [Racial Equity and Justice in Philanthropy Funders' Summit \(June 23-24 2020\)](#)

Further learning / Apprentissage ultérieur

- Resources for non-Black folks to support Black communities in Canada
 - ◆ Note that this doc was taken down due to lack of credit - [read the statement](#)
- [75 Things White People can do for Racial Justice](#) (Corinne Shutack - Medium) -
- French version: [75 choses que les blancs peuvent faire pour la justice raciale](#)
 - ◆ *Continuously updated article*
- [10 Steps to non-optical allyship](#)
 - ◆ 10 steps for non-black people to support. / **10 étapes pour personnes non-noires qui cherche à supporter**
- [Anti-racism resources](#)
 - ◆ *A resource for white people and parents to deepen anti-racism work* (Document compiled by Sarah Sophie Flicker, Alyssa Klein in May 2020)

Deeper dives into Anti-Black Racism in Canada/ Racisme anti-noir au Canada:

- [The Skin We're In](#) - Desmond Cole
- [Policing Black Lives](#) - Robyn Maynard
- Black Life - Post-BLM and the Struggle for Freedom - Rinaldo Walcott and Idil Abdillahi
- Until We Are Free: Reflections on Black Lives Matter in Canada - Edited by Rodney Diverlus, Sandy Hudson, Syrus Marcus Ware
- In the Black: My Life - B. Denham Jolly
- Queer Returns: Essays on Multiculturalism, Diaspora and Black Studies - Rinaldo Walcott
- Blank: Essays and Interviews by M. NourbeSe Philip
- The Hanging of Angelique - Afua Cooper
- North of the Color Line - Sarah-Jane Mathieu

TO LISTEN / À ÉCOUTER

- [Where we at?](#)
- [Woke or whateva](#)
 - ◆ Two Black women reading, analyzing, deconstructing the concepts of race.
- [Code Switch : NPR](#)
 - ◆ Code Switch explores how race impacts every part of society.



- [Still Processing](#) by The New York Times
 - ◆ Still Processing blends commentary on pop culture and current issues
- [Yo, Is This Racist?](#)
 - ◆ Creator and host Andrew Ti, co host Tawny Newsome and guests answer questions on whether or not something is racist
- [The Read](#)
 - ◆ A weekly podcast where Kid Fury and Crissle West discuss and analyze pop culture and current events.
- [1619](#)
 - ◆ New York Times audio series on how slavery has transformed America, connecting past and present through the oldest form of storytelling.
- [Intersectionality Matters ! With Kimberlé Crenshaw :](#)
 - ◆ Intersectionality Matters! Hosted by Kimberlé Crenshaw, an American Civil Rights advocate and a leading scholar of critical race theory.
- [Pod Save The People](#)
 - ◆ Hosted by Deray Mckesson, the podcast “offers a unique take on the news, with a special focus on overlooked stories and topics that often impact people of color”.

TO WATCH / À REGARDER

- [Briser le code](#)
 - ◆ « Briser le code » est un documentaire qui vise à faire prendre conscience à la majorité québécoise qu'il existe encore en 2019, pour les personnes racisées et autochtones, un code à suivre. Un code pour éviter le plus possible d'être discriminées, un code pour ne pas déranger...
- “The Ballot or the bullet” speech by Malcom X :
<https://www.youtube.com/watch?v=8zLQLUpNGsc>
- The urgency of intersectionality-Kimberlé Crenshaw:
<https://www.youtube.com/watch?v=akOe5-UsQ2o>
- Dear White People (Netflix)
- Paris is Burning (Netflix)
- 13th (Netflix)
- American Son (Netflix)
- When they see us (Netflix)
- The Death and Life of Marsha P. Johnson (Netflix)
- NFB | ONF - Collection of films made by, for, and about Black communities in Canada
https://www.nfb.ca/channels/black-communities-canada/?utm_campaign=programmin&utm_source=facebook&utm_medium=social-media&utm_content=film&fbclid=IwAR19WI5ELQXft0cg_TRWGVzk5uU2Q4LX6rwoPQi1vOYGXWoX9_sV21-mtll
- The Hate U Give