

## Lent

- What is it? (purpose)
  - To prepare us for Easter, Jesus' resurrection
  - To repent and try to be better Catholics
- Liturgical color - What does this color mean?
  - Purple - penance and preparation
- How long is it?
  - When does it begin? Ash Wednesday
  - When does it end? At the beginning of the Triduum (Holy Thursday night) but Holy Thursday, Good Friday, and Holy Saturday are included the count of 40 days because they are still days of penance.
  - Explain the number of days:
    - 46 days if you include Sundays.
    - 40 days doesn't include Sundays because Sunday is always a day of celebration when we remember the Lord's resurrection, even during a penitential season.
- What is different in Mass during Lent?
  - No Gloria
  - No Alleluias! We sing different Gospel Acclamations before the Gospel is read during Lent, such as "Praise to you Lord, Jesus Christ, King of Endless Glory."
  - Very simple/minimal altar decorations, purple

- If you finish: Move on to telling more about **Ash Wednesday!**  
(What happens on that day? Why? What else do you remember?)
  - \*Everyone should have an Ash Wednesday worksheet in their notebook!