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AGOGE NEW IDENTITY TEMPLATE

Ideal Version of Yourself 3-6 Months From Now

Power Phrases (2-3)

- I am Stefan Pörnbacher and I will master my mind
- I am Stefan Pörnbacher and I will be successful and achieve my goals
- I am Stefan Pörnbacher and I will show everyone not to underestimate me

Core Values (2-3)

- Bravery
- Adventure

Goals Achieved

- Is in amazing physical health
- Understands people's desires on an extremely high level
- Doesn't have to work a 9-5 he hates
- Earns enough to provide for his family
- Is surrounded by a group of amazing people
- Regularly closes new high-quality clients
- Is a high-value man

Rewards Earned

- All of the goals achieved and leveled up as a man because of it
- Has his dream Family, House, Car, etc.

Appearance And How Others Perceive Him

- As a high-value man, they can look up to and ask for advice when they need help
- A man they all can rely on
- A man who inspires courage
- A man people want to follow
- A man who takes care of everyone around him

Day In The Life

Make it as vivid as possible. What does he FEEL like as he goes through each part of his day? Add images vision board style. Use the first person and present tense, i.e. "I walk through the streets..."

- I wake up in the morning and immediately go to do something challenging to start the day with a win so that I get into the positive upward spiral. I then start the day full of energy and a strong feeling of wanting to conquer the world. I then eat breakfast and start my work.

I then work with laser focus and crush all my daily goals. As I later walk through the streets to get some fresh air on my way to the gym I feel great and proud of the man I have become, and feel the eyes of all the people around me glaring at me. They glare because they perceive my amazing aura which inspires hope and courage.

After I complete my workout I go back home and have dinner with my beautiful family and we all have a great time together.