



Presenter: Nicole Maria

Session & Time: Poster_II / 1:00 to 1:50pm

Room: Guzman Lecture Hall

Discipline: Nursing

Faculty Mentor: Deborah Meshel

Digital Portfolio URL:

Title: Caregiver Burden on Hospice Immigrant Families

Abstract:

Abstract

Purpose

The purpose of this research proposal is to explore the impact of early mental health screenings, comprehensive education, and support in alleviating caregiver burden among hospice immigrant family caregivers.

Methods

This research proposal will evaluate the effectiveness of caregiver education and mental health screenings. Baseline data will be collected using the Zarit Burden Scale, and the State-Trait Anxiety Inventory (STAI). After interventions are implemented, a post survey will be conducted to evaluate the effectiveness.

Results

If the findings are statistically significant, they will support the hypothesis that caregiver education can reduce burden, and improve caregivers' mental well-being, and enhance the overall quality of care provided to patients.

Conclusion

This proposal is expected to demonstrate the crucial role of comprehensive caregiver education plays in reducing anxiety. The results from this research are expected to demonstrate that comprehensive education will help hospice caregivers feel more confident in their ability to provide end-of life care, while effectively managing responsibilities, reducing anxiety, and prioritizing self-care.