



NORTHERN FELLS GROUP

ACTION THROUGH COMMUNITY

NOVEMBER - DECEMBER 2025 DIARY OF EVENTS

ONLINE UPDATED REGULARLY

NFG covers Boltons, Caldbeck, Castle Sowerby, Ireby with Uldale, Mungrisdale, Sebergham and Westward parishes.

Look out for new events and activities on parish and local shop notice boards or in the local parish magazines or newspapers - **PLEASE note dates and times of events published in parish magazines may change** - for updates check our regularly updated website diary at: www.northernfellsgroup.org.uk or call the event organisers.

**If you are not already a Northern Fells Group supporter,
please show your support and join now.**

It's only £5 a year for a single person, £10 joint or £15 for the whole family
All of your money goes towards our continued work in the community
Contact Ilona on 07376 211995 or email office@northernfellsgroup.org.uk

OR

Simply sign up on our new membership portal on our website:
www.northernfellsgroup.org.uk/memberships

This saves us a great deal of admin time and will send automatic reminders.

NFG AGM

Wednesday 12th November 6pm Caldbeck Parish Hall

If possible please email office@northernfellsgroup.org.uk to let us know you are coming.

HEARING AID CLINIC

Friday 28th November

Our next clinic will be at Millhouse Village Hall 9.30 - 12.30pm **BOOKING IS ESSENTIAL**
Contact **Chloe Duerdin** 07495 132416 to book a time slot.

MUNGRISDALE ARTS & CRAFTS FAIR

Saturday 29th November

10am - 5pm (doors close 4.30pm)

We will have some of the area's best crafters exhibiting with a selection of amazing and unique, beautifully hand crafted gifts on sale to tempt (don't forget to treat yourself too!!). The craft fair at Mungrisdale Parish Hall, will be accompanied by our friendly **Tea Room**, serving lovely cakes, rolls and soups, all run by our totally wonderful volunteers!

We will also have a raffle of items donated by all the crafters

All in all it makes for a lovely day out so put it in your diary now and we look forward to seeing you there!

Transport Service Days Out

We are piloting a new initiative of a monthly Day Out for NFG residents. Why not get together with some friends and go out for lunch, coffee, shopping or explore somewhere new?

Fixed fare of £5 per person – timings to be agreed once we know who has booked on.

To book your place please contact **Kitty on 07984 940127** or email

kitty.booth@northernfellsgroup.org.uk

Friday 21st November – visit **Rheged** - Sorry Fully Booked

Thursday 11th December – Visit **Keswick** – Sorry Fully Booked

Keep an eye on the Diary for more trips in the New Year!

VOLUNTEER DRIVERS NEEDED

The **NFG Transport Service** is looking for new volunteer drivers to help support our community. Several of our long-term drivers have/are retiring and we need new drivers who are friendly, confident and caring.

Our drivers often say **how rewarding this role can be**; helping local residents maintain their independence; getting them to appointments and social activities.

The **amount of time you give can be flexible** to fit in with your lifestyle but ideally you would do at least two half day shifts per month driving. A DBS check (done by NFG) and full clean driver's licence will be required. Full training and support will be given for the Volunteer Driver role, so if you would like to find out more, please email **Kitty Booth** at kitty.booth@northernfellsgroup.org.uk or call 07984 940127 for an informal chat.



UPCOMING EVENTS

PLEASE also check with session organisers that groups are going ahead, we do try to keep this online diary up to date with changes but invariably there may be short notice cancellations. Thank You.

November 10 Monday

FRIENDLY WALKERS - Short Walks - meet at 10am **location to be decided nearer the time**

Contact **Barbara Stoddart** 07881725515

C.R.A.F.T group, Millhouse village hall, 2 - 4pm. **Please book your place by Friday 7th** with **Philippa Groves** on 07557 913183

November 11 Tuesday

MEN in SHEDS at the workshop on the Green in Caldbeck 10 – 2pm Contact **Andrew** 07984 940128

ART at IREBY in the WI Hall, 10 - 12 noon Contact **Gill Skillicorn** **07376258564**

POP-IN and more at Bolton Low Houses Parish Hall 1.30 - 3pm. Contact **Judy Naylor** on 07879 613838

November 12 Wednesday

TAI-CHI Caldbeck Parish Hall 10.30–11.30am - **Doreen Gleed** 016973 71264

WOODLANDS WEDNESDAY LUNCH CLUB - Woodlands Country House 12 - 2pm. 2 courses **£14.95**. Contact **Gill Skillicorn** **07376 258564**

MILLHOUSE MAKERS Millhouse VH. ALL crafters welcome 1 - 4pm Carol Hine 016974 76308

NFG AGM - Caldbeck Parish Hall, Oak Room - 6.00pm Everyone Welcome!

November 13 Thursday

MEN in SHEDS at the workshop on the Green in Caldbeck 10 – 2pm Contact **Andrew** 07984 940128

WOODLANDS THURSDAY LUNCH CLUB - Woodlands Country House 12 - 2pm. 2 courses **£14.95**. Contact **Gill Skillicorn 07376 258564**

CRAFTY THURSDAY at Hesket The Old Crown Hesket Newmarket 1.30 - 3.30pm Contact **Jackie Clayton** on 07376 225134

LINE DANCING Bolton Low Houses Parish Hall. 2 - 3pm, cost **£3**. **Ness** 07718 264700

November 14 Friday

NFG DROP IN Coffee Morning at Millhouse 10 - 11.30am contact **Antoinette Ward** 016974 78220

November 17 Monday - No sessions

November 18 Tuesday

MEN in SHEDS at the workshop on the Green in Caldbeck 10 – 2pm Contact **Andrew** 07984 940128

FRIENDLY WALKERS - Approx 3 mile/1.5 hr Walks - meet at Caldbeck Parish Hall at **1.30pm** - **Helen Sturges** 07552 417458

November 19 Wednesday

TAI-CHI Caldbeck Parish Hall 10.30–11.30am - **Doreen Gleed** 016973 71264

ROSLEY LUNCH CLUB - Village Hall - 12 noon - **Ann Parry** 016974 78417

SEW & SEW - Millhouse Village Hall **2 - 4pm** - Contact **Jackie** 07376 225134 for more information

SINGING FOR FUN Millhouse Village Hall 7pm **Alison Scott** 016974 78674

November 20 Thursday

MEN in SHEDS at the workshop on the Green in Caldbeck 10 – 2pm Contact **Andrew** 07984 940128

LINE DANCING Bolton Low Houses Parish Hall. 2 - 3pm, cost **£3**. **Ness** 07718 264700

November 21 Friday

NFG DROP IN Coffee Morning at Millhouse 10 - 11.30am contact **Antoinette Ward** 016974 78220

MONTHLY WALKING GROUP – Rose Bridge river Caldew circular- Contact **Peter Burgess** to book 07885 276496 or email p.burgess@gmail.com

November 24 Monday

FRIENDLY WALKERS - Short Walks - meet at 10am **location to be decided nearer the time** Contact **Barbara Stoddart** 07881725515

November 25 Tuesday

MEN in SHEDS at the workshop on the Green in Caldbeck 10 – 2pm Contact **Andrew** 07984 940128

ART at IREBY in the WI Hall, 10 - 12 noon Contact **Gill Skillicorn 07376258564**

MOVE IT AND GROOVE IT Bolton Low Houses Village Hall **1.30 - 3.30pm** Gentle activities, exercise and a singalong for people living with Dementia. Transport can be provided. If you would like to attend please contact **Jackie Clayton** 07376 225134

November 26 Wednesday

TAI-CHI Caldbeck Parish Hall 10.30–11.30am - **Doreen Gleed** 016973 71264

COOKING FOR MEN Caldbeck Parish Hall 10.30am **BOOKING ESSENTIAL** - Contact **Chloe Duerdin** 07495 132416

NEW - BASECAMP LUNCH CLUB Basecamp North Lakes CA11 OSG off of the A66. 12- 2pm **£14.95** for 2 courses. **Booking essential** - contact **Jackie Clayton** 07376 225134

MILLHOUSE MAKERS Millhouse VH. ALL crafters welcome 1 - 4pm **Carol Hine** 016974 76308

November 27 Thursday MEN in SHEDS at the workshop on the Green in Caldbeck 10 – 2pm Contact Andrew 07984 940128 CALDBECK LUNCH CLUB at the Oddfellows Arms, Caldbeck 12 noon - Antoinette Ward 016974 78220 CRAFTY THURSDAYS The Bell Institute Boltongate, 1.30 - 3.30 contact Jackie 07376 225134 LINE DANCING Bolton Low Houses Parish Hall. 2 - 3pm, cost £3. Ness 07718 264700
November 28 Friday NFG DROP IN Coffee Morning at Millhouse 10 - 11.30am contact Antoinette Ward 016974 78220 HEARING AID CLINIC Millhouse Village Hall 9.30 - 12.30am BOOKING ESSENTIAL Contact Chloe Duerdin 07495 132416 to book a time slot
November 29 Saturday MUNGRISDALE ARTS & CRAFTS FAIR and TEA ROOM Mungrisdale PH 10am - 5pm Local crafters will be selling a selection of pottery, leather work, metal crafts, felt & wool crafts, woodwork, cakes, fused glass, scented candles & sprays, enamel & pewter crafts and hand-bound notebooks, plus gin & ales from our amazing local brewery! Definitely something for everyone.
December 1 Monday BEREAVEMENT CAFE - Rosley Village Hall, Millennium room 11 - 1pm - Jackie Clayton on 07376 225134
December 2 Tuesday MEN in SHEDS at the workshop on the Green in Caldbeck 10 – 2pm - Andrew 07984 940128 FRIENDLY WALKERS approx 3 mile/1.5 hr Walks - meet at Caldbeck Parish Hall at 1.30pm - Helen Sturges 07552 417458 DANCE and SING! Sebergham Village Hall 2 - 3.30pm - For more information and to book Jackie 07376 225134
December 3 Wednesday TAI-CHI Caldbeck Parish Hall 10.30–11.30am - Doreen Gleed 016973 71264 ROSLEY HUB - Rosley Village Hall 12-2pm - Gather to make friends, chat and share a bowl of soup - Jackie 07376 225134 for more information LUNCH & NATTER - Denton House, Hesket Newmarket 12noon - Susan & Alan Armstrong 016974 78415 SEW & SEW - Millhouse Village Hall 2 - 4pm - Last session of the series 'learning to use your sewing machines' - Jackie 07376 225134 for more information. SINGING FOR FUN Millhouse Village Hall 7pm - Alison Scott 016974 78674
December 4 Thursday MEN in SHEDS at the workshop on the Green in Caldbeck 10 – 2pm - Andrew 07984 940128 LINE DANCING Bolton Low Houses Parish Hall. 2 - 3pm, cost £3. Ness 07718 264700
December 5 Friday NFG DROP IN Coffee Morning at Millhouse 10 - 11.30am - Antoinette Ward 016974 78220
December 8 Monday FRIENDLY WALKERS - Short Walks - meet at 10am location to be decided nearer the time - Barbara Stoddart 07881725515 C.R.A.F.T group, Millhouse village hall, 2 - 4pm. Please book your place by Friday 5th with Philippa Groves 07557 913183

December 9 Tuesday

MEN in SHEDS at the workshop on the Green in Caldbeck 10 – 2pm - **Andrew** 07984 940128
ART at IREBY in the WI Hall, 10 - 12 noon - **Gill 07376258564**
POP-IN and more at Bolton Low Houses Parish Hall 1.30 - 3pm - **Judy Naylor** on 07879 613838

December 10 Wednesday

TAI-CHI Caldbeck Parish Hall 10.30–11.30am - **Doreen Gleed** 016973 71264
WOODLANDS WEDNESDAY LUNCH CLUB - Woodlands Country House 12 - 2pm. 2 courses £14.95 - **Gill 07376 258564**
ROSLEY LUNCH CLUB - Village Hall - 12 noon - **Ann Parry** 016974 78417
MILLHOUSE MAKERS Millhouse VH. ALL crafters welcome 1 - 4pm **Carol Hine** 016974 76308
SINGING FOR FUN Millhouse Village Hall 7pm **Alison Scott** 016974 78674

December 11 Thursday

MEN in SHEDS at the workshop on the Green in Caldbeck 10 – 2pm - **Andrew** 07984 940128
WOODLANDS THURSDAY LUNCH CLUB - Woodlands Country House 12 - 2pm. 2 courses £14.95 - **Gill 07376 258564**
CRAFTY THURSDAY at Hesket The Old Crown Hesket Newmarket 1.30 - 3.30pm - **Jackie** 07376 225134
LINE DANCING Bolton Low Houses Parish Hall. 2 - 3pm, cost **£3. Ness** 07718 264700

December 12 Friday

NFG DROP IN Coffee Morning at Millhouse 10 - 11.30am - **Antoinette Ward** 016974 78220
MONTHLY WALKING GROUP – **Castlerigg stone circle and Christmas lunch** - **Peter Burgess** to book 07885 276496 or email p.burgess@gmail.com

If you can't find what you are looking for OR If you can think of a group activity we don't cover and you think we might be able to help set up a trial session, then please contact one of the Village Agents



GROUPS & CLASSES

Events and activities are ongoing, but we all still need to proceed with caution. If you feel unwell at all or have been in contact with anyone with, or showing symptoms of flu or Covid 19, please do not attend and seek medical advice.

BEREAVEMENT CAFE

A safe space to share time and talk, or not, but just be with others who have suffered loss, be that a life changing event, the loss of a loved one or the anticipation of loss. This is part of a National campaign to help people's mental health and allow them to talk openly about their grief in a caring and non-judgemental environment.

Sessions are at Rosley Village Hall, Millennium room 11 - 1pm on the **first Monday of the month** Contact **Jackie Clayton** on 07376 225134 for more information.

DANCE AND SING!

This is a group for those living with dementia and their loved ones or carers, and anyone else feeling a bit lonely who would like a bit of fun singing and dancing the afternoon away. If you fancy a quick turn around the dancefloor, come and join us. Even if you don't fancy a dance you can sing along to some tunes, chat and enjoy!

Sebergham Village Hall, first Tuesday of the month 2- 3.30pm. Contact **Jackie** for more information and to book a place **07376 225134**

C.R.A.F.T CLUB (Can't Remember A Flippin' Thing club)

A light-hearted and fun look at memories and hints and tips on how to keep your brain active. A chance to chat with friends and family about old memories and ways to create new ones and enjoy a delicious afternoon tea.

Monthly meetings on the **second Monday of the month** Millhouse village hall from 2pm - 4pm
Please contact **Philippa Groves** on 07557 913183 or a village agent.

Email philippamrgroves@gmail.com

Booking essential £5 per session includes afternoon tea

COMMUNITY GARDENING

From April 2025 - 1st & 3rd Thursday of the month - Hesket Newmarket Allotment

The joy of planting a seed and watching it grow and flourish is such a simple pleasure. Our new Community Gardening Project with Gill, is offering the opportunity to work with others and share tips, tools and camaraderie to hopefully produce a plethora of wholesome vegetables and flowers to share and enjoy. Great for the environment, the mind and the pocket! If you would like to know more please contact our Green Fingert Village Agent:

Gill Skillicorn on gillian.skillicorn@northernfellsgroup.org.uk or **07376 258564**

MEN IN SHEDS Community Workshop

All sorts of projects or repairs can be undertaken by our lovely shedmen, call Andrew about joining in, or about the items you want to drop off to be fixed, or just pop in for a chat and a cuppa; It's not about work, it's about enjoying time tinkering and making new friends in an all male group.

This scheme follows the National Scheme which was initiated to "*Improve wellbeing, reduce loneliness and combat social isolation*" among men in their communities; giving a safe space for men to chat and share experiences as well as skills.

Open **Tuesdays and Thursdays, 10am - 2pm** at The Old Joiners Shop, on the Green, Caldbeck. A well-equipped workshop where our Shed-men welcome everyone for a chat and a cuppa.

PLEASE NOTE - We are sorry, but currently we are over subscribed for this group - For safety reasons we need to limit numbers attending so new names will be added to a waiting list and contacted as and when space becomes available. Thank you.

Contact **Andrew Swainson** 07984 940128 andrew.swainson@northernfellsgroup.org.uk

COOKING FOR MEN

At Caldbeck Parish Hall every **last Wednesday of the month from 10.30am**. Learn a new dish or two, have a chat and a laugh over lunch - and take tea home with you! Some places are available, please contact **Chloe Duerdin** - 07495 132416. Spaces are limited to maintain safety.

MILLHOUSE MAKERS

Millhouse Village Hall **every other Wednesday** from 1 - 4pm. Cost is £2 including tea and biscuits. Contact **Carol Hine** on 016974 76308 for more information.

SEW & SEW - 6 session Sewing Machine Course for Beginners

Starting September 10th and running **every other Wednesday at Millhouse Village Hall 2 - 4pm**, cost per session £3

First session - get to know your machine (sewing machines are available to borrow if you don't have one). Following sessions every other week to build on skills and confidence with a view to making an item of your own choice. All materials for the first session provided.

Further sessions for intermediate users may be run from January.

Places are limited, contact **Jackie Clayton** for more details and to book a place.
Tel: 07376225134 email: jackie.clayton@northernfellsgroup.org.uk

SINGING FOR FUN

Everybody Welcome, **7pm fortnightly on a Wednesday, during term time** at Millhouse village hall. Good for the lungs and the soul! Contact **Alison Scott** 016974 78674

MOVE IT AND GROOVE IT

From February 2025 Move it & Groove it at Bolton Low Houses will be moving to the new date of the **4th Tuesday of the month**. Same time of **1.30pm to 3.30pm**.

For those living with dementia and their loved ones. Come along and enjoy a fun afternoon of activities and singing!!

If you would like more information or would like to attend, please call **Jackie Clayton**.
Transport can be arranged if needed.

LINE DANCING

Burn off some energy whilst having fun with Line Dancing classes - Anyone welcome! £2 per class so pay as you go. **Thursdays at Bolton Low Houses Parish Hall. 2pm - 3pm** - Call **Ness** for more information 07718 264700

LUNCH CLUBS & DROP IN

LUNCH & NATTER GROUP - Everyone welcome - Denton House, Heskett Newmarket - **1st Wednesday** of the month Contact **Susan and Alan Armstrong**: 016974 78415

Rosley Village Hall - **3rd Wednesday** of the month, 12 noon Contact **Ann Parry**: 016974 78417

Wednesday & Thursday Woodlands Lunch Clubs, Woodlands Country House - **2nd Wednesday and Thursday** of the month 12 - 2pm. £12.95 per person for 2 courses. Contact **Gill Skillicorn** 07376 258564

Oddfellows Arms, Caldbeck - **4th Thursday** of the month 12 noon Contact **Antoinette Ward** 016974 78220

Drop-in at Millhouse - **Every Friday except Bank Holidays** - 10 - 11.30am Contact **Antoinette Ward** 016974 78220



HAVE A CUPPA AND SOME CRAFTY FUN WITH FRIENDS

POP-IN AND MORE! Bolton Low Houses Parish Hall 1.30 - 3pm **2nd Tuesday of the month**. Bring something crafty to do whilst you have a natter! Or share a craft with the group. Contact **Judy Naylor** on 07879 613838

ART AT IREBY, 10 -12noon. Now on the **2nd and 4th Tuesday of the month** at Ireby WI Hall. All things Arty and fun - bring your own or join in with others. Contact **Gill Skillicorn** on 07376 258564 **NOW TWICE MONTHLY!**

CRAFTY THURSDAYS at HESKET in the Old Crown, Heskett Newmarket 1.30pm - 3.30pm Gather for some craft & coffee; every **2nd Thursday of the month**. Bring your own things to make or join in with others. Contact **Jackie Clayton** 07376 225134

CRAFTY THURSDAYS at Boltongate Bell Institute 1.30 - 3.30pm. The **4th Thursday of the month**. Craft with a cuppa! Bring anything crafty you want to do whilst enjoying a catch-up with friends or making new ones! Contact **Jackie Clayton** on 07376 225134

ROSLEY HUB - September to March

ROSLEY Village hall 12 - 2pm on the **first Wednesday of the month** contact **Jackie Clayton** 07376 225134 - A friendly group gathering once a month, to chat and share stories over a bowl of soup. **NO GROUP IN APRIL to AUGUST**

TAI-CHI

Everyone Welcome! Something to suit all levels and abilities; Gentle exercise for mind and body. A great help with balance and core strength. **Caldbeck Parish Hall** - **every Wednesday 10.30 – 11.30am**, contact **Doreen Gleed** 016973 71264



FRIENDLY WALKERS

Everyone Welcome! Something to suit all levels and abilities:

Shorter, gentle Walks usually only 2 to 2.5 miles on level ground. **Heading out from various venues** with easy access - locations dependent on weather and confirmed nearer to the date. Meet at **10am on alternate Mondays** contact **Barbara Stoddart** on 078817 25515 or barbarasunnybank@gmail.com

Longer Walks heading out from **Caldbeck Parish Hall**, then back for a nice warming cuppa! These walks are for folk who would like a bit more of a challenge and are happy with more hilly ground. Meet at **Caldbeck Parish Hall** on **alternate Tuesdays at 1.30pm** winter **2pm** summer Contact **Helen Sturges** on 07552 417458 or hv.sturges@btinternet.com

Even longer Walks! Averaging 7 miles and offering a slightly more challenging route within the beautiful Lakes and Eden Valley scenery. These walks take place **once a month, usually on a Friday**. For further details please contact **Peter Burgess** on 078852 76496 or p.burgess@gmail.com



SERVICES



HEARING AID CHECKS

Held every other month at **Millhouse Village Hall** on the last Friday of the month from 9.30am - Contact **Chloe Duerdin** **07495 132416** to book a time slot

NORTHERN FELS GROUP - TRANSPORT SERVICE

Call Kitty on 07984 940127

For people without their own transport or who can't drive temporarily for whatever reason. If you get the answerphone, please leave your name and telephone number, we will ring you back to discuss your journey, availability of the minibus or alternatives and the estimated fare. The Minibus may be able to help anyone of any age who lives in the NFG area: Who does not have their own transport... Who has limited access to shared transport... Who cannot drive their own car temporarily... Who needs disabled access. Call **07984 940127** or email kitty.booth@northernfellsgroup.org.uk

LEND A HAND

Do you need a hand with a small job around the house? We can offer practical support to anyone of any age who is in need due to ill health or disability, and to carers; Handyman tasks, Domestic & Personal including 'Home from Hospital' support, Carer relief, Help with community projects, etc.

To find out more, please contact **Chloe Duerdin** on **07940 237745**

MEDICAL EQUIPMENT LOAN

For loan of medical equipment such as shower stools, walking sticks, wheelchairs, commodes, etc. Please contact **Chloe Duerdin** **07940 237745**

DEMENTIA AWARENESS ADVICE

Offering advice and support to families affected by Dementia. Also see the various groups Jackie runs for families affected by dementia. Contact **Jackie Clayton 07376 225134cuppa**

COME AND GIVE IT A GROW

The Northern Fells Group is running a **community gardening project** on one of the allotment plots at Hesket Newmarket. If you would like more information and are keen to take part, please contact: **Gill Skillicorn - 07376 258564**

YOUTH ACTIVITIES

Holiday Activities in the Easter, Summer and Half-Term breaks. Including Arts & Craft and Sports - suitable for all ages. For further information please contact **Chloe Duerdin on 07495 132416** youth@northernfellsgroup.org.uk

SMOKE ALARMS

Test them now and monthly!

A working smoke alarm can buy you valuable time to get out safely - Stay out and call 999! - Not got one, then speak to Cumbria Fire & Rescue to request one. Make sure everyone in your home knows what to do in a fire – practise your escape route.

Book a FREE 'Safe and Well' advisory visit from Cumbria Fire and Rescue Service. Call 0800 358 4777 for an appointment.

VOLUNTEERING for the NORTHERN FELLS GROUP

Would you like to help in your community? Do you have a few hours to spare? Could you share your gardening skills? Change a light bulb? Help someone out over a difficult time? Take someone shopping? Help with dog walking? Or just sit and chat over a cuppa? You select which jobs you prefer and only help when you can.

If you would like to volunteer to help in our fantastic community, please call **Chloe Duerdin** on **07940 237745** for more details.

Alternatively, if you would like to help by volunteering to drive our Community Minibus, we are always looking for more drivers. Full training is given and you choose when you can help. Please contact our Transport Coordinator **Kitty Booth** on **07984 940127** for more information.



CONTACT INFORMATION

James Baggley - 07539 495245

NFG Chief Executive Officer

Millhouse Village Hall

Millhouse, Hesket Newmarket, Wigton CA7 8HR

james.baggley@northernfellsgroup.org.uk

Ilona Furrokh - 07376 211995 NFG Admin & Finance officer - General Enquiries, Invoices, Memberships & Donations office@northernfellsgroup.org.uk
Kitty Booth - 07984 940127 NFG Minibus Service kitty.booth@northernfellsgroup.org.uk
Jackie Clayton - 07376 225134 NFG Benefits Worker. For help with benefits and form filling benefits@northernfellsgroup.org.uk
Jackie Clayton - 07376 225134 NFG Dementia Awareness Advisor. Support for those diagnosed with dementia and their families jackie.clayton@northernfellsgroup.org.uk
Jackie Clayton - 07376 225134 Village Agent; Rosley & Westward, Mungrisdale and Castle Sowerby jackie.clayton@northernfellsgroup.org.uk
Gillian Skillicorn - 07376 258564 Village Agent; Ireby, Uldale & Boltons gillian.skillicorn@northernfellsgroup.org.uk
Chloe Duerdin - 07495 132416 Village Agent; Caldbeck & Hesket Newmarket, Sebergham & Welton chloe.duerdin@northernfellsgroup.org.uk
Chloe Duerdin - 07940 237745 NFG Lend a Hand Coordinator, Meals on Wheels Coordinator, chloe.duerdin@northernfellsgroup.org.uk
Chloe Duerdin - 07940 237745 NFG Medical Equipment Loan chloe.duerdin@northernfellsgroup.org.uk
Andrew Swainson - 07984 940128 NFG Shed Master - Men in Sheds andrew.swainson@northernfellsgroup.org.uk

NFG Oil Syndicates

Caldbeck: **Anne Cartmell - 016974 78484**

Orders on 1st February, April, July, October & December

Hesket Newmarket, Sebergham & Welton: **Chloe Duerdin – 07495 132416**

Orders on 1st February May, August & November

Mungrisdale: **Jackie Clayton - 07376 225134**

Orders 1st February, April, July, October & December

Rosley & Westward and Castle Sowerby: **Jackie Clayton - 07376 225134**

Orders February, May, August & November

Boltons Oil Syndicate: **Gillian Skillicorn - 07376 258564**

Orders February, May, September & November

NFG Septic Tank Syndicates

Contact your respective Village Agent for more details

Castle Sowerby Parish: Jackie Clayton - 07376 225134

Order dates March & November

Rosley & Westward Parish: Jackie Clayton - 07376 225134

Order dates May & December

Sebergham & Welton: Chloe Duerdin – 07495 132416

Order dates March & November

Ireby Uldale & Boltons Parish: Gillian Skillicorn - 07376 258564

Order dates March & November

Mungrisdale Parish: Bevan Thomson - bevan@bevanthomson.net

Contact in March for April order

Registered in England and Wales as a Company Limited by Guarantee No. 4504085

Registered as a Charity No. 1093814

Registered Office & Correspondence address for all general and membership enquiries:

Millhouse Village Hall, Millhouse, Hesket Newmarket, Wigton, Cumbria CA7 8HR

Tel: 07376 211995 Email: office@northernfellsgroup.org.uk

With thanks for your support from our Trustees and the C.E.O. James Baggley

james.baggley@northernfellsgroup.org.uk