POLICY AND PROCEDURE

REACH for Tomorrow

POLICY: RC-901

TITLE: Screening and Access to Services

EFFECTIVE DATE: 2/16/21 **AUTHORIZED BY: Board of Trustees**

The mission of R.E.A.C.H. for Tomorrow is to help individuals, families, churches, coalitions, and communities realize their goals for health, healing and wholeness using the tools of Restoration, Education, Advocacy, Collaboration, and Hope.

In response to our faith in almighty God, the vision of R.E.A.C.H. for Tomorrow is to heal and to prevent brokenness in the world caused by trauma, abuse, and mental illness;

and in its place bring edification and empowerment--either by working alone in the gaps or bonded with other like-minded persons.

Screening and access to services is based upon client medical necessity and LOC at admission of services.

Community Psychiatric Supportive Treatment Services (CPST)

Eligibility for mental health/SUD CPST services is based upon meeting the criteria established by ODMHAS. When youth/adults are placed in treatment , the assigned clinician will complete a Mental Health/SUD Services Eligibility form. If mental health or SUD treatment is indicated, a Mental Health/SUD Assessment will be completed to determine the presenting problem and the immediate and urgent needs. Should the youth / adult meet medical necessity criteria, i.e. diagnosed with a moderate to severe mental health/SUD disorder; the client will then be provided with CPST services as indicated through the Mental Health/SUD Assessment and treatment planning process. Review of youth's / adult's eligibility will be screened by the Clinical Director.

Presently access to service should be immediate; therefore, youth / adults will not be placed on a waiting list to obtain services . Services will, however, be provided in increased frequency as warranted by the severity of the presenting problem(s) and urgency of mental health/SUD need. Exclusionary criteria will be based on the capacity of the agency to meet the needs of the adult/youth.

Should it be determined that the agency is unable to meet the intensity or specific needs of the youth / adult, REACH will inform the client (parent/legal guardian) and/or referral source to facilitate a referral to locally available mental health/SUD services as indicated. The agency will maintain documentation of any recommendations for alternative services and facilitate referral and linkage as permitted by the client and or parent/legal guardian.

When making treatment recommendations for substance abuse services REACH for Tomorrow INC. will use the American Society of Addiction Medicines (ASAM) Placement Criteria. REACH for Tomorrow INC. will take into consideration each clients' individual needs based on the following 6 LOC placement criteria to gain a sense of where and what is needed for the client. We will determine if our facility is right for the client needed LOC or refer to another agency for a higher LOC.

- **Acute intoxication and withdrawal**

A person needing medical management of withdrawal or intoxication requires more intensive substance abuse treatment, a client who wishes to join REACH for Tomorrow INC. services that need medical management withdrawal will be referred to a detox center in the local area and then return to our facility for substance abuse rehabilitation. ***Clients that require such services will be referred to Southern Ohio Medical Centers' "Breakthrough" program.***

- **Biomedical conditions and complications**

REACH for Tomorrow INC. will accept clients who may require more intensive treatment because they suffer with acute or chronic physical health conditions that may complicate participation on their own. Our clients will receive physicals, case management, transportation, SUD and MH counseling (within our scope of practice) and assistance with self-administration of medication at a 24-hour supportive housing.

- **Emotional, behavioral, or cognitive complications**

We understand the clients with co-occurring mental health disorders or people with diminished cognitive capacities may require more intensive treatment. REACH for Tomorrow INC. will provide MH services within our scope of practice and refer clients' out to local agencies for anything beyond our scope. Qualified agencies may visit our facility to provide clients mental health counseling outside our scope of practice or we will help clients arrange transportation. ***Clients will be referred to Local agencies such as Scioto Paint Valley Mental Health Services, Woodhaven, Sun Behavioral or PCRC for anything requiring a higher level of care or if it is determined that the help they need is outside of our current scope of practice.***

Readiness to change

Our facility will work with clients who may have greater ambivalence about change. These clients will require greater structure and intensity to achieve a successful recovery outcome but, clients must actively participate in the program. We will give each client grace but if a client is not participating and causing disruptiveness within the facility, we will refer to another facility or transfer back to the court system (if applicable).

- **Relapse or Continued Use**

REACH for Tomorrow INC. will work with clients who are unable to maintain even short periods of abstinence and whose acute intoxication interferes with their ability to participate in higher levels of care due to continued relapse.

- **Recovery Environment**

REACH for Tomorrow INC. will provide a safe environment for clients lacking a safe and sober living environment through supportive housing. Typically, these clients require more intensive treatment than people without supportive environments. We will work with our clients to ensure that they have a safe recovery residence after completion of treatment.

Clients' will attend group services daily based on their individual level of care as determined by the American Society of Addiction Medicines (ASAM) Placement Criteria and medical necessity to educate them about the disease of addiction, recovery, basic coping skills for triggers and cravings, as well as teach clients' life skills that will help reintegrate them back into society as a working, productive, whole life individual living out their recovery daily .

BH/SUD Counseling/Therapy Services

1. Referrals for BH Counseling/Therapy Services will be based upon consumer meeting Mental Health/SUD Services Eligibility. This will be determined based upon the completion of a Mental Health/SUD Assessment identifying the presenting problem and the immediate and urgent needs of youth and if there is an existing mental health condition.
2. Review of consumer eligibility will be screened by the Director of Restoration or designee.
3. Admission into services will be based upon appropriateness to be served via BH/SUD Counseling/Therapy and the assessed severity of the presenting problem and urgent need.
4. Reasons that BH Counseling/Therapy services may not be provided by REACH may include:
    a. Need for a higher substance abuse treatment level of care;
    b. Need for med-somatic services requiring alternate service linkage;
    c. Active homicide or suicidal intent;
    d. Need of counseling services in excess of what is offered through REACH general services ;
    e. Recent/current evidence of abuse or neglect within the present home;
    f. Client in need of a specialty treatment not currently available within REACH's Program.

5. BH/SUD Counseling/Therapy services will be made available based upon the geographical proximity and staffing capacity to provide counseling services. If the consumer cannot be served by REACH within a 30 day period, REACH will inform the consumer (parent/legal guardian) and/or referral source to facilitate a referral to locally available mental health services as indicated.
6. SUD or MH Case management services include activities provided to assist and support individuals in gaining access to needed medical, social, educational, legal, vocational, family, financial, spiritual, and other services/resources essential to meeting basic human needs. Case management is usually a face-to-face/telehealth service between clinical staff and a person served. However, case management may also occur over the phone with individuals/entities in efforts to assist persons served in the areas mentioned above. Case management is provided after an assessment or Case Management Needs Assessment is performed that identifies which individual needs a client may have. Additionally, case management will be discussed, explored, planned, and documented in ITPs/ISPs (treatment plans). Case management may include, but not be limited to referral, monitoring symptoms, following up on key areas of needs, linkage to community resources, educating on life skills, sober living activities, and other key needs that a client may identify.

Re-Admission

1. The screening process for re-admission to services will identify and document the immediate and urgent needs of the consumer.
2. Re-admission will be based on the criteria for services as defined above, i.e. is based on the individual's presenting problem(s), need for services, legal eligibility, and meeting medical necessity criteria. This determination will be based upon an interview with the client.
3. Criteria for re-admission to services will assess for the appropriateness of available services, the availability of funding sources, and identify whether REACH can provide the needed services.
4. If a client is not eligible or appropriate, he/she is referred to a suitable setting.
5. When a person is found ineligible for services, the person is informed as to the reasons for their ineligibility, the referral source, with the consent of the client, is informed as to the reasons, recommendations are made for alternative services or disposition, and REACH maintains documentation of these actions.