

Note To Meeting Chair

Welcome and thank you for your service to us compulsive debtors.

This attached note to the meeting format is for your information only and should not be read aloud. Please familiarize yourself with the following, which has been voted on by the Friday night Business Meeting (Group Conscience in other 12-step groups).

**NOTE: Tech is not required but is encouraged*

- The **CHAIR** **does not lead the meeting**. The **CHAIR** follows the meeting format, reading the highlighted dialogue and ensuring the meeting stays on schedule. We practice shared leadership, making the **CHAIR's** role primarily symbolic. All members take turns guiding meetings, reflecting our group's adherence to the 9th Tradition.
 - The **CHAIR** has a solvency requirement of 30 days to chair this meeting (person cannot have incurred unsecured debt for 30 days)
 - The **CHAIR** takes the responsibility of locating a **LEADER** for each meeting and telling them whether it is a specific topic or an open topic meeting. There is a solvency requirement of 30 days to chair or lead this meeting (person cannot have incurred unsecured debt for 30 days).
 - **When a meeting leader is unavailable:** This instance only requires a **CHAIR** to start the meeting by reading D.A. Conference-approved literature that aligns with the meeting's scheduled topic for up to 5 minutes (with no personal reflection)
- The **LEADER** will share for 8 - 10 minutes on the week's topic
 - The **LEADER** has a solvency requirement of 30 days to lead this meeting
- The **TECH** host follows along with the meeting format, providing links in the chat.
 - The **TECH** host must meet the following requirements
 1. DA Requirements: A minimum of 4 meetings attended, and a sponsor,
 2. Group Requirements: Strong understanding of the group's dynamics
 3. Technology Requirements: Zoom proficiency, PC/MAC proficiency

BEFORE THE MEETING: The **CHAIR** is asked to look at and review the meeting format.

The total number of meeting attendees present at the meeting will be requested.

PLEASE count how many and what kind of virtual chips are given (never names) This number should be recorded on the [Group 32218: CHAIR - Meeting Close Out Form](#) (Select Link) after the meeting has ended; you can also send the information in an email to houstonda32218@gmail.com.

TIP: Avoid awkward silences and delays by asking people as they enter the Zoom room if they are interested in reading the Steps, Tool Names, Promises, or Tradition of the month.

Monthly Meeting Format for is as follows:

Our group (D.A. Friday Recovery Group #32218) follows a monthly format. Each month, we focus on a specific step, tool, and each other starting with the 1st Step, Open Topic/Check-In, 1st Tool, Open Topic/Check-In, and if we are lucky to have a 5th friday it is another Open Topic/Check-In in January. This pattern continues sequentially through the year, with February focusing on the 2nd Step, 2nd Tool, and so on.

- ❖ 1st Meeting of the month is A Step Meeting
- ❖ 2nd Meeting of the month is Open Topic/Check-In
- ❖ 3rd Meeting of the month is A Tools
- ❖ 4th Meeting of the month is Open Topic/Check-In
- ❖ 5th Meeting of the month is Open Topic/Check-In

Opening:

- **TECH:** Post links at 6:00 PM: [D.A. Friday Recovery Meeting Materials & DA Friday Recovery 6PM CST - Meeting Format](#) are available for you to follow along with meeting

Hello, my name is _____ and I am a compulsive debtor. Welcome to the Friday Night Debtors Anonymous Recovery Group. For your reference, there are links in the chat to our Friday Recovery Meeting Materials and our group meeting format. The Meeting Materials document includes the Serenity Prayer, 12 Steps, 12 Traditions, 12 Tools, information exchange guidelines, our group's Seventh Tradition details, and the 12 Promises.

At this time please take a moment to silence your electronic devices. Thank you.

Serenity Prayer: ➤ Tech Post Link to: [Serenity Prayer](#)

May we please have a moment of silence and reflection, followed by the Serenity Prayer?
God, grant me the serenity to accept the things I cannot change, Courage to change the things I can, And the wisdom to know the difference.

Our Group's Preamble:

Debtors Anonymous offers hope for people whose use of unsecured debt causes problems and suffering. We come to learn that compulsive debting is a spiritual problem with a spiritual solution, and we find relief by working the D.A. recovery program based on the Twelve-Step principles.

The only requirement for membership is a desire to stop incurring unsecured debt. Even if members are not in debt, they are welcome in D.A. Our Fellowship is supported solely through contributions made by members; there are no dues or fees.

Debtors Anonymous is not affiliated with any financial, legal, political, or religious entities, and we avoid controversy by not discussing outside issues. By sharing our experience, strength, and hope, and by carrying the message to those who still suffer, we find joy, clarity, and serenity as we recover together.

Weekly D.A Friday Recovery Readings	D.A. Friday Recovery Meeting Materials
❖ Would someone please read the Twelve Steps?	➤ Tech post link: Twelve Steps
❖ Would someone please read Tradition and ____ (corresponding to the number of this month)	➤ Tech post link to: Twelve Traditions
❖ Would someone please read the names of the 12 Tools of Debtors Anonymous? (No Descriptions)	➤ Tech post link to: The Twelve Tools

Newcomers:

Is there anyone here for his or her very first D.A. meeting, who would like to be recognized? Could you please give us your first name so we can welcome you? Is there anyone visiting our group who would like to be recognized?

Newcomers Statement: ➤ *Skip if there are none*

If you are having problems with money and debt and think you may be a compulsive debtor, you have come to the right place. Debtors Anonymous can help you. We offer face-to-face, telephone, and internet meetings, and we suggest attending at least six meetings to have an opportunity to identify with the speakers and become familiar with D.A. before deciding whether or not this program is for you. If you identify with some or all aspects of compulsive debting, we hope you will join us on the path of recovery and find the peace, joy, and love that we have found in Debtors Anonymous.

Exchanging Contact Information:

Tech post [Exchanging Information](#)

➤ **Tech:** Post links to the chat:

- [HOU-DA: 32218 - Friday Recovery 32218 Mailing List](#)
- <https://houda32218.blogspot.com/>
- [Join the Friday DA Contact List](#) & [View Contact List](#)

Group members are encouraged to use the chat to connect with other members and build your support network. Share at your own pace and comfort level. You can request others' text before calling or specify a preference for WhatsApp. Please do not share another person's contact information. For additional support, consider joining our NEW, voluntary "Friday Recovery Contact List" (link in chat), which is exclusive to our group. After Sharing has ended the links to our group phone list will be reposted. Members adding their name to the list are available to be called between meetings.

7th Tradition

TECH Post link to [7th Tradition](#)

Tech: Post links to the chat:

★ [VENMO](#), [PAYPAL](#) & [CASH APP](#). ★
[HOU-DA:32218 DA Friday Recovery Blog](#)
[Join our email list](#)
houstonda32218@gmail.com

We'll now observe the 7th Tradition by passing the basket for voluntary contributions. These contributions are essential for covering our meeting expenses and supporting the broader D.A. community. You can find contribution details in the Chat. Every contribution, regardless of size, is appreciated. Please know that your presence is valued above all else, and remember, **you are more important than your money**, regardless of your ability to contribute. If this is your first meeting, please refrain from contributing; consider it our welcome gift. Remember, your well-being is our priority. We'll now take a moment of silence to complete contributions.

Crosstalk Statement & Timekeeper Request

For the benefit of all members, we do not engage in "crosstalk". That means we do not interrupt anyone's sharing or directly address another individual's share.. Shares are limited to 3 minutes. A timer will go off at 2 minutes to help you wrap up. Sharing will end at 6:55, so that we will have time for announcements and to give solvency chips to members celebrating milestones of solvency. If called upon to share and you prefer not to, you may simply say "I pass." You can always indicate you're simply listening by adding "Just Listening" to your name.

Would someone like to volunteer to be our timekeeper? (*Dramatic Pause*) Thank You!

I will now turn the meeting over to our Leader, who will share for 8 - 10 minutes and then open then meeting for sharing.

LEAD: Shares on today's topic for 8 - 10 minutes. D.A Literature Readings are up to 5 min

Solvency Chips:

Please Count Chips **NEVER Names**

We use virtual chips to mark solvency, which is back-to-back abstinence from incurring unsecured debt. Does anyone wish to pick up a Desire chip, symbolizing a commitment to 24 hours of debt-free living?

Let's celebrate those who've achieved solvency milestones! Please share if you've reached 30 days, 60 days, 90 days, 6 months, 9 months, 1 year, 18 months, or multiple years.?

Announcements

→ **TECH** Post meeting announcement links

- [DA Friday Recovery \(DA #32218\)](#)
- <https://dahouston.org/meetings/>.
- <https://debtorsanonymous.org/>
- [Next Meeting](#)
- [Immune At Noon Meeting #7783](#)
- [D.A. Amazon Book Store](#).
- [FREE Newcomer Literature](#)
- [Join the Friday DA Contact List & View Contact List](#)
- SHARE Houston Intergroup Flyer after announcement (Zoom Docs)

Are there any D.A.-related announcements? Please keep in mind D.A . conference approved literature is available at www.debtorsanonymous.org and also at [D.A. Amazon Book Store](#). There is also some [FREE D.A. Newcomer Books and Conference Approved Literature here](#) and [D.A. Houston Newcomer Resources](#).

Open Group Service Positions are available

Want to get involved? We're looking for volunteers. Please consider the following opportunities

- ❖ GSR
- ❖ Online Coordinator
- ❖ Meeting Service Opportunities:
 - **Greeters:** Welcome new members and answer general questions
 - **Tech:** Provides links in the chat as prompted, may complete close out form
 - **Leader:** Shares for 8 - 10 minutes on the week's topic
 - **Chair:** Follows meeting format and ensures meeting begins & ends on time, and locates group leaders for the month

For more information PLEASE ask or email houstonda32218@gmail.com

Meeting Reminders:

- Group Business Meetings are Monthly for the 4th Friday of the month at 7:00 PM **3/27**
- **Intergroup Meetings are on the First Sundays of the Month: 4:00 PM CST (3/02)**
All Houston DA members are welcome to attend this meeting, which offers valuable insights into how intergroup supports our area meetings. We encourage you to join us, ask questions, share your thoughts, connect with other groups, and exchange information.
- ★ Information on meetings based in the Houston Area, including Intergroup, Visions, B.D.A and D.A meetings online and our in-person meeting can be found at www.dahouston.org

Promises

➤ Tech post link to: [The 12 Promises](#)

Would someone please read The Promises of Debtors Anonymous?

Thank You

We extend our sincere gratitude to our meeting volunteers for their service tonight. Thank you all for joining us this evening; It's a privilege to share this journey with such a supportive and inspiring group of individuals. We encourage everyone to keep coming back and reaching out to one another between meetings. We look forward to seeing you all next week.

In Closing

In closing, we would like to remind you that in Debtors Anonymous we practice Tradition Twelve, which is the principle of anonymity. This assures us the freedom to express ourselves at meetings and in private conversations without fear that our comments will be repeated. We keep what is shared at meetings confidential. As we work the Steps and practice D.A. Traditions and Concepts, we are reminded that recovery is possible and that we are all here for a common purpose-to recover from compulsive debting one day at a time.

Closing Prayer

May we please have a moment of silence and reflection, followed by the Serenity Prayer?

God, grant me the serenity to accept the things I cannot change, Courage to change the things I can, And the wisdom to know the difference.

Record Meeting Stats

PLEASE When the meeting has ended the CHAIR completes the [Meeting CHAIR Close Out Form](#)