



Lambert Weekly Bulletin

August 17th - 20th, 2026



Frid. 14th

*E/O 2:19

Breakfast: Ham & Cheese Omelette, Fruit, Milk

Lunch: Spaghetti, Corn, Garlic Bread, Fruit, Milk

FIRST DAY OF PRACTICE FOR HS FALL SPORTS!

**Lambert has school today w/ E/O at 2:19. HS VB and FB @ Lambert @ 2:45.

**HS XC @ Richey @ 8:00

**HS Fall Cheer-TBA

Sat. 15th

**HS VB and FB practices @ Lambert in the morning—time TBA

**HS XC practice @ Richey in the morning—time TBA

**HS Fall Cheer-TBA

Mon. 17th - Happy Birthday to Paitton Carter (Yesterday)

Breakfast: Muffins, Parfaits, Cheese Sticks, Fruit, Milk

Lunch: Chicken Patty, Mashed Potatoes, Gravy, Green Beans, Fruit, Milk

**1st day of PreK @ Lambert

****RESCHEDULED TO SEPT 15TH: Lambert's 6-12th grade Terrance Talley (teen motivational speaker) Assembly**

**1st day of 5th-8th grade Fall Sports! Athletes need to bring work-out clothes, as well as the following paperwork if you have not already turned it in to Deb in Richey: 1) A physical or an interim medical form 2) A concussion/sudden cardiac arrest statement you and your parents have gone through 3) A medication form (if you will need to take medication at practice and/or at game time) 4) The Athlete Handbook signoff sheet and inherent risk sheet. Here's a link to the Athlete's Handbook. All signoff sheets are located at the back:

 updated ATHLETE'S HANDBOOK - July 2026

**5-8/HS FB, VB, and Cheer practice after school @ Lambert

**5-12th XC practice after school @ Richey

Tues. 18th

Breakfast: Ham, Scrambled Eggs, Toast, Fruit, Milk

Lunch: Chicken Alfredo, Broccoli, Bread Stick, Fruit, Milk

**5-8/HS FB, VB, and Cheer practice after school @ Lambert

**5-12th XC practice after school @ Richey

Wed. 19th -

Breakfast: Sausage & Egg Biscuits, Fruit, Milk

Lunch: Enchiladas, Fresh Veggies, Fruit, Milk

**HS FB, VB, and Cheer practice after school @ Lambert

**HS XC practice after school @ Richey

Thurs. 20th - Happy Birthday to Ryder Prevost

Breakfast: Maple Bars, Parfaits, Fruit, Milk

Lunch: Hamburgers, Fresh Veggies, Tots, Fruit, Milk

**5-8/HS FB, VB, and Cheer practice after school @ Lambert

**5-12th XC practice after school @ Richey

**Lambert's Special (Budget) and Regular School Board Meeting @ 5:30 in the Lambert School Library

Frid. 21st - Happy Birthday to Rebecca Miller

No School

**5-8/HS FB, VB, and Cheer practice @ 9:00 am @ Lambert.

**5-12th XC practice @ 9:00 am @ Richey

Sat. 22nd - Happy Birthday to Roan Smith

**HS FB and Cheer practice @ 9:00 @ Lambert.

**No HS VB practice today

**HS XC practice @ 9:00 am @ Richey