

BRIDGE IT

THE ULTIMATE TEAM BUILDING ACTIVITY!

BENEFITS & RESULTS

- Builds Camaraderie
- Energizes Teams and Builds Morale
- Promotes Communication
- Strengthens Teamwork

1. Each team is arranged into two sub-teams...e.g. 1A & 1B; 2A & 2B). One ½ of the team (team A) works on half of their bridge at their designated construction location (specific table or room). The other ½ of the team (team B) works on the other half of the bridge at their designated construction location (specific table not close to other ½ of team if in the same ballroom).

2. Each team is provided with an identical set of materials with which to build their half of the bridge.

3. Each team must use at least 50% of the Lego® materials in building the bridge and may only use the materials provided to construct the bridge.

4. Teams may not show their constructed bridge to the other half of their team until the end of the exercise, nor may they visit the construction site of the other half of their team.

5. Each team is allowed to use one cell phone with which to communicate with the other team at set times, however, sharing or sending photos of any kind are prohibited.

6. There will be several specific meeting times, and they will be announced. At those times, representatives from both halves of the team can meet at specified locations. The first mandatory meeting is 5 minutes after the start of the building period.

PROGRAM LENGTH:

1 ½ - 2 hours

GROUP SIZE:

16-200

PHYSICAL:

Low

TEAM SIZE:

5 - 10 people per team

SPACE REQUIREMENTS:

A large, unobstructed space is needed on the ground floor to drive a golf cart. Indoors, a room should be free of low hanging lighting fixtures – high ceilings are preferred. Outdoors, consider the role wind and weather will play in this activity.

