

## Show Notes

In this episode, we revisit a 2010 FDA letter by Linda Andre, and emails from ECT survivors who reached out to government funded researcher, Harold Sackeim, for help.

Sackeim had publicly invited people experiencing memory problems after ECT to contact him—but according to Linda Andre, he later testified that he discarded messages from 175 patients who wrote to him asking for help. *All materials discussed are drawn from publicly available records.*

Correction: at 3:07 I misread 175 as 195.

### Support Linda Andre's Legacy

- <https://www.gofundme.com/f/linda-andre>

### FDA Letter

- [NIMH-Funded ECT Researcher Deletes Patient Emails After Publicly Offering Cognitive Evaluations](#)

### Participate in an ECT evaluation

- <https://web.archive.org/web/20070406220819/http://www.ect.org/effects/eval.html>

### Recent Research on Patient ECT Experiences

- [ECT Survey Results Raise Questions About Safety, Efficacy, and Consent](#)
- [Long-Term Effects After Electroconvulsive Therapy \(ECT\): A Narrative Analysis Exploring People's Experiences, Meaning-Making, and Coping](#)

### Recommended Reading

- [Doctors of Deception: What They Don't Want You to Know About Electroconvulsive Therapy](#)
- [New York State Assembly Report on Electroshock](#) (2002)

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**Life After ECT Inc.** is a 501(c)(3) charitable organization dedicated to improving the lives of those harmed by ECT through advocacy, education, and research.

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🎵 Music Credits:

Intro/Outro: "Naya Instrumental" by Tomh

Artist: @tomh\_music

Track: [https://soundcloud.com/tomh\\_music/naya-instrumental](https://soundcloud.com/tomh_music/naya-instrumental)

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