

FWCD Boys Volleyball Summer Info

All communication sent out by coaches for fall boys volleyball will be posted on the [info doc](#) that is linked on the jh and v team pages on the portal.

7.28.25

Good afternoon. I hope that you're all enjoying the last little bit of July!

Please note a few things for the start of our season, which will officially begin on Monday, August 4:

1. There are quite a few folks who are not cleared to begin participation on the 4th. **Please log in to Final Forms and check that you have everything squared away:** forms filled out by both athlete and parents, physical, ImPact test. If you have any questions about Final Forms, please contact Trainer Stacy Bourne (stacy.bourne@fwcd.com). You will also receive an individual email today if you are missing anything.
2. Just a reminder that all of the schedules are on the respective pages on the FWCD page. All students are currently listed on the Varsity roster until try-outs conclude.
3. Monday, August 11 at 7 p.m. in the Scott Theater there will be a parents meeting for all fall sports. The meeting will have a lot of great information, and we should have a volleyball-specific breakout meeting after.

Schedule for the next few weeks:

Monday, August 4: Weight room with Coach Segura (10:30 a.m. - 11:15 a.m.) then Try-out/Practice (5 p.m. - 7 p.m.)

Tuesday, August 5: Try-out/Practice (5 p.m. - 7 p.m.)

Wednesday, August 6: Weight room with Coach Segura (10:30 a.m. - 11:15 a.m.) then Try-out/Practice (5 p.m. - 7 p.m.)

Thursday, August 7: Try-out/Practice (5 p.m. - 7 p.m.)

Friday, August 8: Try-out/Practice (5 p.m. - 7 p.m.)

*** We will likely have weight room the same days/times this week as the week of Aug 4 ***

Monday, August 11: Practice (4 p.m. - 6 p.m.) / Fall Sport Parent Meeting (7 p.m.)

Tuesday, August 12: Practice (4 p.m. - 6 p.m.)

FWCD Boys Volleyball Summer Info

Wednesday, August 13: Practice (4 p.m. - 6 p.m.)

Thursday, August 14: Practice (4 p.m. - 6 p.m.)

Friday, August 15: Practice (4 p.m. - 6 p.m.)

I appreciate everyone checking Final Forms and getting that information handled before the 4th so we don't have any delays in getting you started!

7.23.25

BVB Players and Families,

A quick note about this Saturday and a reminder about next week's times with Coach Segura:

1. The coaches have canceled the open gym that was scheduled this Saturday, July 26. Tonight's open gym is the final session for this summer.

2. Please remember that Coach Segura has requested all fall athletes come in next week for pre-season testing:

Monday, July 28 -- 10:15 - 11:15 a.m.

Wednesday, July 30 -- 10:15 - 11:15 a.m.

***Please reach out to Coach Segura (matt.segura@fwcd.com) directly if you have any questions about these dates.

Please let me know if you have any questions or need any additional information.

7.14.25

Falcon BVB Players and Families,

Good afternoon. The start of the season is quickly approaching! Here are some important pieces of information as we close in.

SCHEDULE INFORMATION:

- Coach Segura is asking that all fall athletes come from 10:15 - 11:15 a.m. on Monday, July 28 and Wednesday, July 30 to complete your pre-season testing in the weight room. Please reach out to Coach Segura (matt.segura@fwcd.com) if you have any questions about these dates.
- Monday, August 4 - Friday, August 8: Tryouts/practice from 5 - 7 p.m. each day. There will be 2 weight room sessions during the week of August 4, but we don't have those times just yet.
- Monday, August 11 will start our practices at regular school-year times of 4 - 6 p.m.
- Monday, August 11 at 7 p.m. in the Scott Theater there will be a parents meeting for all fall sports. The meeting will have a lot of great information, and we should have a volleyball-specific breakout meeting after.
- Team schedules are 99% finalized and now listed on the website. All players are listed on the varsity page for the time being. Please go ahead and take a look at the schedule for the season!

NUTS & BOLTS:

- Please log in to [Final Forms](#) and check that you have everything squared away: forms filled out/signed by both athlete and parents, physical, ImPact test. Just a reminder that you will be unable to participate if everything isn't completed. If you have any questions about Final Forms, please contact Trainer Stacy Bourne (stacy.bourne@fwcd.com).
- [TEAM STORE](#) - The team store is now open until July 21. This year there are 2 items that are required for this season.
 1. The white Nike Men's Team Legend Tee. You can choose to purchase either the Short Sleeve or the Long Sleeve, whichever you prefer.

FWCD Boys Volleyball Summer Info



Nike Men's Team Legend Short Sleeve Tee

1 color

\$29.99



Nike Men's Team Legend Long Sleeve Tee

1 color

\$32.99

2. The navy Nike Men's Team Full Zip Hooded Relentless Jacket.



Nike Men's Team Full Zip Hooded Relentless Jacket

1 color

\$57.99

3. All other items are not required, but could be great extra practice gear or fan gear.

** We have a few more open gym opportunities this summer:

Wednesdays (7-9): July 16 and July 23

Saturdays (9-11): July 19 and July 26

** Both gyms will be closed July 28 - August 3.

FWCD Boys Volleyball Summer Info

Please let me know if you have any questions or need any additional information. I am really looking forward to getting the season started!

Thank you,

Coach Jenkins

7.1.25

BVB Players and Families,

Happy 4th of July week!

Given the number of players who have reported that they will be unavailable this Wednesday, July 2, we are canceling the open gym for that day. We already didn't have an open gym scheduled for Saturday, July 5.

We'll have our next open gym on Wednesday, July 9. I hope that everyone has a safe and fun 4th!

Please let me know if you have any questions or need any additional information.

Thank you,

Coach Jenkins

6.10.25

Falcon BVB Players and Families,

I hope everyone is having a great summer so far. We had a really nice turnout at last Wednesday's open gym, and we'd love to see more folks whenever you're available.

Please note that the Wednesday open gym times have changed to 7 p.m. - 9 p.m. each of the Wednesdays listed on our schedule. Saturday morning times will remain the same.

Hope to see you when you can be here!

Thank you,

Coach Jenkins

5.22.25

Falcon BVB Players and Families,

Congratulations to everyone on another school year coming to a close! I hope that finals went well for everyone.

We have a great summer of volleyball opportunities for you all. The Athletic Department has a [FWCD Summer Athletics 2025](#) page that has summer weight room hours, registration forms, Final Forms links, etc. We have a document at the bottom of that page that will be updated throughout the summer. You can look back at any information you receive [HERE](#)!

- All open gym dates are listed on this page. Open gyms are not mandatory, but are highly encouraged! We have the opportunity to play against college-age players, and every rep puts us in a better position as we start a competitive season that will see us play every SPC team for seeding purposes for the tournament!
- There is a camp being offered for grades 4 - 8 during the week of June 16 that will allow for younger players to work with the varsity head coaches, and get a great start on the school year.
- We are still working on the BVB schedules for the fall. The only schedule listed on the page right now is the varsity schedule as it currently sits. There could be changes to this schedule as well, but this allows varsity players and families to get an idea of the fall.

We are looking forward to a great summer followed by a great season!

Please reach out with any questions.

Go Falcons!

Coach Jenkins

Summer Camp Information

[Falcon Sports Camps Link](#)



FALCON VOLLEYBALL CAMP

JUNE 16 - 20 (4 DAYS)

no camp June 19

12:30 - 3:30 p.m.

BOYS AND GIRLS

ENTERING GRADES: 4 - 8

Summer Open Gym Dates (as of 5/22) –

Any changes will be communicated by coaches.

US OPEN GYM (9th - 12th)					
Wednesday, June 4, 2025	Volleyball, boys open gym	FWCD	Round Gym	5:00 PM	7:00 PM
Saturday, June 7, 2025	Volleyball, boys open gym	FWCD	Round Gym	9:00 AM	11:00 AM
Wednesday, June 11, 2025	Volleyball, boys open gym	FWCD	Round Gym	7:00 PM	9:00 PM
Saturday, June 14, 2025	Volleyball, boys open gym	FWCD	Round Gym	9:00 AM	11:00 AM
Wednesday, June 18, 2025	Volleyball, boys open gym	FWCD	Round Gym	7:00 PM	9:00 PM
Saturday, June 21, 2025	Volleyball, boys open gym	FWCD	Round Gym	9:00 AM	11:00 AM

FWCD Boys Volleyball Summer Info

Wednesday, June 25, 2025	Volleyball, boys open gym	FWCD	Round Gym	7:00 PM	9:00 PM
Saturday, June 28, 2025	Volleyball, boys open gym	FWCD	Round Gym	9:00 AM	11:00 AM
Wednesday, July 2, 2025	Volleyball, boys open gym	FWCD	Round Gym	7:00 PM	9:00 PM
Wednesday, July 9, 2025	Volleyball, boys open gym	FWCD	Round Gym	7:00 PM	9:00 PM
Saturday, July 12, 2025	Volleyball, boys open gym	FWCD	Round Gym	9:00 AM	11:00 AM
Wednesday, July 16, 2025	Volleyball, boys open gym	FWCD	Round Gym	7:00 PM	9:00 PM
Saturday, July 19, 2025	Volleyball, boys open gym	FWCD	Round Gym	9:00 AM	11:00 AM
Wednesday, July 23, 2025	Volleyball, boys open gym	FWCD	Round Gym	7:00 PM	9:00 PM
Saturday, July 26, 2025	Volleyball, boys open gym	FWCD	Round Gym	9:00 AM	11:00 AM
MS OPEN GYM (7th - 9th)					
Thursday, June 12, 2025	Volleyball, boys open gym (7th-9th)	FWCD	Round Gym	5:00 PM	7:00 PM
Thursday, June 26, 2025	Volleyball, boys open gym (7th-9th)	FWCD	Round Gym	5:00 PM	7:00 PM
Thursday, July 10, 2025	Volleyball, boys open gym (7th-9th)	FWCD	Round Gym	5:00 PM	7:00 PM

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Varsity schedule (as of 5/21) –

This year we are playing each conference team at least once during the season....

8/26/2025	T	5:00 PM	Volleyball, boys	Varsity	Dasche	H (Square)
9/12/2025	F	TBD	Volleyball, boys	Varsity	Episcopal High School	A
9/13/2025	S	TBD	Volleyball, boys	Varsity	St John's	A
9/16/2025	T	6:00 PM	Volleyball, boys	Varsity	St Mark's	H
9/18/2025	th	TBD	Volleyball, boys	Varsity	TVS	H
9/20/2025	S	12:15 PM	Volleyball, boys	Varsity	Red River Rattlers	H (Round)
9/26/2025	F	TBD	Volleyball, boys	Varsity	St Andrew's	H

FWCD Boys Volleyball Summer Info

9/27/2025	S	TBD	Volleyball, boys	Varsity	St Stephen's	H
9/30/2025	T	6:00 PM	Volleyball, boys	Varsity	St Mark's	A
10/3/2025	F	TBD	Volleyball, boys	Varsity	Red River Rattlers Tournament	A
10/4/2025	S	TBD	Volleyball, boys	Varsity	Red River Rattlers Tournament	A
10/7/2025	T	TBD	Volleyball, boys	Varsity	Greenhill	A
10/18/2025	S	TBD	Volleyball, boys	Varsity	Casady	H
10/24/2025	F	TBD	Volleyball, boys	Varsity	Awty	H
10/25/2025	S	11:15 AM	Volleyball, boys	Varsity	Kinkaid	H
10/30/2025	Th	6:30 PM	Volleyball, boys	Varsity	TVS	A
11/6/2025	Th	TBD	Volleyball, boys	Varsity	SPC Tournament	A (Houston)
11/7/2025	F	TBD	Volleyball, boys	Varsity	SPC Tournament	A (Houston)
11/8/2025	S	TBD	Volleyball, boys	Varsity	SPC Tournament	A (Houston)