

NEW SOUTH BROWS

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Before your procedure:

- Avoid caffeine prior to your appointment
- No alcohol 48 hours before your appointment
- No Retin-A or Retinol 2 weeks prior
- No blood thinners (aspirin, niacin, vit e, advil, etc.) 48-72 hours before appointment
- No Accutane within 1 year of procedure
- No chemical peels, lasers, retinols, vit e, or fish oil 4 weeks prior to procedure

Lip Blushing**

- For lip blushing, clients must wait 4 weeks before and after any lip filler
- Before lip blushing, please exfoliate and hydrate the lips for the week prior to the procedure
- Please notify us if you have a history of cold sores. You will need to take valtrex 5 days prior to the procedure, day of, and five days post procedure. This is very important and must be adhered to. Any history of cold sores, even if minimal, will need to medicate with valtrex.

NSB Client Requirements:

- A \$75 deposit is required to reserve your appointment- deposit amount will go towards overall service total.
- All cancellations and/or reschedules must be made prior to 48 hours before appointment time. Cancellations made after 48 hours will be charged 50% of the scheduled service amount. No shows will be charged 100% of service fee.
- Operators shall refuse services to any person, who in the opinion of the operator, is under the influence of alcohol or drugs.
- No animals, except for guide dogs accompanying disabled persons, shall be allowed in the tattoo/body-piercing studio.

Aftercare Brow Procedures:

- Do not let any lotion, soap, or makeup touch your eyebrow area during the first 7 days after your procedure. (Except provided supplies described below)
 - Please wash your face carefully around the eyebrow without getting water on the treated area. During the shower, keep your face away from the shower head or take a bath.
 - For the first three days after your procedure, gently use a cotton round with provided cleanser to clean brow area

- Do not submerge eyebrows
- Itching and flaking may appear during the first seven days post-procedure.
 - Avoid picking or scratching as it can pull off scabs prematurely and cause patchy results or scarring. However, experience has shown that by following these after-care instructions, these symptoms may quickly disappear.
- After 3 days, make sure your hands are completely clean and gently apply a small amount of Aquaphor with a cotton swab and clean hands. This can be done twice a day, at night time and morning time, but be sure to use the ointment sparingly as your skin needs to heal itself. Please continue to apply the ointment for 7 days.

The following must be avoided during all 14 days post procedure:

- Increased sweating
- Practicing sports
- Swimming
- Hot sauna, hot bath, or Jacuzzi
- Sun tanning or salon tanning
- Exposure to UV/UVA Rays or chemicals as they have been known to cause a shift in color and premature fading
- Any laser or chemical treatments or peelings, and/or any creams containing Retin-A or Glycolic acid on the treatment area
- Picking, peeling, or scratching of the micro pigmented area in order to avoid scarring of the area or removal of the pigment
- Performing tasks related to heavy household cleaning such as garage or basement cleaning where there is a lot of airborne debris
- Drinking alcohol in excess, as it may lead to slow healing of wound
- Touching of the eyebrow area except for when rinsing and applying the post-care cream with a cotton swab

Aftercare Lip Blushing Procedure:

Immediately after your procedure you may experience soreness, swelling, and minor bruising. This is expected and will last 1-2 days. The color of the tattoo may appear intense, this is normal and color will darken for the first 1-2 days. The healed pigment will be 40-50% lighter than your immediate color after the procedure. You may also experience scabbing, this should resolve within a few days. Avoid picking at the lips or scabs.

Day 1-

- Fluid called lymph may drain slightly from your tattoo, gently pat the lip with a cotton round and water every hour to remove this fluid, then dry lips. You may follow up drying with a small amount of provided moisturizer.
- You may use an ice pack wrapped with a napkin to comfort the lips or decrease swelling.

Day 2-10-

- Do not touch your tattoo with dirty fingers, remember it is an open and healing wound. An infection could ruin the tattoo.
- Avoid excess sweating and do not submerge tattoo in water, these may result in pigment loss.

- Moisturize only with the provided ointment. Apply a light amount to keep the lips comfortable and hydrated during the healing process.
- Drink through a straw for the first 5 days
- Avoid spicy foods
- Keep makeup away from the lips for 5 days
- Avoid sleeping on your face if possible
- Use a gentle cleanser without harsh chemicals or fragrance until fully healed
- Do not pick, bite, or scratch off scabs. Let them fall off naturally to avoid loss of pigment and infection.
- Avoid UV rays and tanning beds for 4 weeks, these may drastically alter pigment appearance.
- Do not get any facials, Botox, filler, or microdermabrasion for 4 weeks following the procedure.

After the Scabbing Process:

- After all scabs are gone, you may return back to your normal routine. Note that the complete healing time is 6 weeks, pigments may not yet be fully healed or showing their healed color until this time. The tattoo will go through periods where the pigment may look darker and lighter until 6 weeks. The true color of the tattoo is shown at 6 weeks post procedure.
- Your tattoo will appear softer and less crisp when healed.
- Results vary with each individual and are extremely dependent upon your skin and how you care for it during the healing process. It may take more than one session to achieve your desired result.

Once Fully Healed:

- It is recommended that you wear sunscreen and avoid skincare that fades or lightens your tattoo over time: Benzoyl Peroxide, Hydrogen peroxide, glycolic acid, apple cider vinegar, vit e and c, and retinol.
- Notify your esthetician of your permanent makeup
- A Touch Up appointment to fine tune the shape and pigment is recommended 6-12 weeks after the initial procedure.
- Color Boost appointments are necessary to maintain the longevity and overall beauty of your tattoo. This type of tattoo does fade after 1-3 years depending on your skin and lifestyle.

If you have any unexpected problems with the healing of the skin, please contact Brows by Brooke to discuss further instructions.

Contact a physician if any signs or symptoms develop such as the following: fever, redness at the site, excessive swelling, excessive tenderness of the procedure site, elevated body temperature, red streaks going from the procedure site towards the heart, and/or any green/yellow discharge that is foul in odor.