September 2026

NHS Fall Sports Schedule

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2 **Staff Meetings** SC - 3:00 to 4:00 VB Tryouts - 4:00 to 5:00	3 SC - 3:00 to 4:00 VB Tryouts - 3:00 to 4:00 XC - 3:00 to 4:00	4	5
6	7 **No School - Labor Day**	8 **No School - Voting Day**	9 SC - 3:00 to 4:00 VB - 3:00 to 4:00 XC - 3:00 to 4:00	10 SC - 3:00 to 4:00 VB - 3:00 to 4:00 XC - 3:00 to 4:00	11	12
13	**14** **VB -** Fremont @ NHS *@ 4:30* SC - 3:00 to 4:00 XC - 3:00 to 4:00	**15** SC - 3:00 to 4:00 VB - 3:00 to 4:00 XC - 3:00 to 4:00	**16** **Staff Meetings** **SC -** NHS @ CMS *@ 4:00* **XC Meet** @ Applecrest *@ 4:15* VB - 4:00 to 5:00	17 **SC -** Portsmouth @ NHS *@ 4:15* **VB -** Epping @ NHS - B then A Team @ *4:00* XC - 3:00 to 4:00	18	19
20	21 **XC Meet** @ North Hampton *@ 4:15* SC - 3:00 to 4:00 VB - 3:00 to 4:00	22 **SC -** NHS @ Sacred Heart *@ 4:00* **VB -** NHS @ Epping B then A Team @ 4:00 XC - 3:00 to 4:00	**23** **SC-** Sacred Heart @ NHS @ *4:00* VB - 3:00 to 4:00 XC - 3:00 to 4:00	**24** **VB -** St. Pats @ NHS - A Team then B Team @ *4:00* SC - 3:00 to 4:00 ~~XC - 3:00 to 4:00~~	**25**	26
27	28 SC - 3:00 to 4:00 VB - 3:00 to 4:00 XC - 3:00 to 4:00	29 ~~**VB -** Seabrook @ NHS - B then A Team *@ 4:00*~~ **XC Meet** @ Winnacunnet HS *@ 4:30* SC - 3:00 to 4:00	30 SC - 3:00 to 4:00 ~~VB - 3:00 to 4:00~~ XC - 3:00 to 4:00			

October 2026

NHS Fall Sports Schedule

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 **VB -** Epping @ NHS - B then A Team @ *4:00* **SC -** Heronfield (Boys) @ NHS @ *4:00* XC - 3:00 to 4:00	2	3
4	5 SC - 3:00 to 4:00 VB - 3:00 to 4:00 XC - 3:00 to 4:00	6 **SC -** Hampton Falls @ NHS **@** *4:00* **VB -** NHS @ CMS B then A Team @ *4:00* XC - 3:00 to 4:00	7 **Staff Meetings** **GSC -** Heronfield (Co-ed) @ NHS **XC Meet** @ Portsmouth *@ 4:30* VB - 4:00 to 5:00	8 **SC -** NHS @ Greenland (Co-ed) @ *4:00* VB - 3:00 to 4:00 XC - 3:00 to 4:00	9 **Early Release Day**	10
11	12 **No School - Columbus Day/Indigenous People Day**	13 **VB -** NHS @ Seabrook B then A Team @ *4:00* ~~**SC -** NHS @ Seabrook @ *4:00*~~ ~~XC - 3:00 to 4:00~~	14 **XC Meet** @ Vernon Family Farm *@ 4:15 (Boys First)* SC - 3:00 to 4:00 VB - 3:00 to 4:00	15 **VB-** NHS @ St. Pats **B Team Only (Single Match)** *4:00* SC - Ellis (Boys) @ NHS @ 4:30 XC - 3:00 to 4:00	16	17
18	19 VB - 3:00 to 4:00 XC - 3:00 to 4:00	20 XC - 3:00 to 4:00	21 **Staff Meetings**	22 XC - 3:00 to 4:00	23	24 **XC State Meet @ Hopkinton Fairgrounds**
25	26	27	28	29	30	31