

August 2025 LMS Summer Practice Schedule

Mon	Tues	Wed	Thur	Fri
				1.
4.	5.	6.	7.	8.
11.	12. Fall Sports Information Night 6:00 (LMS Cafe)	13.	14.	15.
18. FB- 3:30-5:30 FH clinics-3:30-5:30	19. FB-3:30-5:30 FH clinics-3:30-5:30 BS Clinics 3:30-5 GS Clinics 5-6:30	20. FB-3:30-5:30 FH clinics-3:30-5:30 BS Clinics 3:30-5 GS Clinics 5-6:30	21. FB-3:30-5:30 FH clinics-3:30-5:30 BS Clinics 3:30-5 GS Clinics 5-6:30	22. FB- 3:30-5:30 FH clinics-3:30-5:30
25. FB- 3:30-5:30 FH clinics-3:30-5:30	26. FB-3:30-5:30 FH clinics-3:30-5:30 GS Clinics 3:30-5	27. FB @ Ridgeview 3:30 FH clinics-3:30-5:30 GS Clinics 3:30-5	28. FB-3:30-5:30 FH clinics-3:30-5:30 GS Clinics 3:30-5	30. FB- 3:30-5:30 FH clinics-3:30-5:30

FB= Football FH= Field Hockey BS= Boys Soccer GS= Girls Soccer XC= Cross Country

September 2025 LMS Practice Schedule

Mon	Tues	Wed	Thur	Fri
1. Labor Day No School	2. FB 3:30-5 GS & BS 3:30-5 tryouts FH 3:30-5 tryouts XC- 3:30-4:45	3. FB vs. Houlton 4:00 GS & BS 3:30-5 tryouts FH 3:30-5 tryouts XC- 3:30-4:45	4. FB 3:30-5 GS & BS 3:30-5 FH 3:30-5 XC- 3:30-4:45	5. FB 3:30-5 GS & BS 3:30-5 FH 3:30-5 XC- 3:30-4:45
8. FB 3:30-5 GS & BS 3:30-5 FH 3:30-5 XC- 3:30-4:45	9. FB @ Athens CANCELLED GS & BS @ Orono 3:30 FH 3:30-5 XC- 3:30-4:45	10. FH vs Reeds Brook 3:30 FB 3:30-5 GS & BS 3:30-5 FH 3:30-5 XC- 3:30-4:45	11. XC Home Meet 4:15 FB 3:30-5 GS & BS 3:30-5 FH 3:30-5	12. GS & BS @ Cohen 3:30 FB 3:30-5 FH 3:30-5 XC- 3:30-4:45
15. FH vs. Brewer 3:30 GS & BS @ Doughty 3:30 FB 3:30-5 XC- 3:30-4:45	16. FB @ Ellsworth 5:30 FH 3:30-5 GS & BS 3:30-5 XC- 3:30-4:45	17. FB 3:30-5 FH 3:30-5 GS & BS 3:30-5 XC- 3:30-4:45	18. GS & BS @ Reeds Brook 3:30 XC @ Indian Island 4:15 FH @ Hermon 3:30 FB 3:30-5	19. FB 3:30-5 GS & BS 3:30-5 FH 3:30-5 XC- 3:30-4:45
22. GS & BS vs. Nokomis 3:30 FB 3:30-5 FH 3:30-5 XC- 3:30-4:45	23. FB vs. Warsaw(Pittsfield) 4:00 GS & BS 3:30-5 FH 3:30-5 XC- 3:30-4:45	24. GS & BS vs. Troy Howard 3:30 FH @ Troy Howard 3:30 FB 3:30-5 XC- 3:30-4:45	25. XC @ Medway 4:15 FB 3:30-5 GS & BS 3:30-5	26. FB 3:30-5 GS & BS 3:30-5 FH 3:30-5 XC- 3:30-4:45
29. BS & GS @ Ellsworth 3:30 FB 3:30-5 FH 3:30-5 XC- 3:30-4:45	30. FH vs. Nokomis 3:30 FB @ Orono 4:00 GS & BS 3:30-5 XC- 3:30-4:45			

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October 2025 LMS Practice Schedule

Mon	Tues	Wed	Thur	Fri
		1. BS & GS @ Hermon 6:00 FH @ Reeds Brook 3:30 XC-3:30-4:45	2. Fall Sports Picture Day XC @ Cohen 4:15 FB 3:30-5 GS & BS 3:30-5 FH 3:30-5	3. FH vs. Bangor 3:30 FB 3:30-5 GS & BS 3:30-5 XC- 3:30-4:45
6. FH @ Brewer 3:30 FB vs. Ridgeview 4:00 GS & BS 3:30-5 XC- 3:30-4:45	7. FB 3:30-5 GS & BS 3:30-5 FH 3:30-5 XC- 3:30-4:45	8. BS & GS vs. Brewer 3:00 XC @ Central-4:15 FB 3:30-5 FH 3:30-5	9. FH vs. Hermon 3:30 FB 3:30-5 GS & BS 3:30-5 XC- 3:30-4:45	10. No School
13. No School	14. BS & GS vs. Cohen 3:00 FB @ Camden 4:00 FH 3:30-5 XC- 3:30-4:45	15. XC @ Mattanawcook-Inland Championships 4:15 FB 3:30-5 GS & BS 3:30-5 FH 3:30-5	16. FH vs. Troy Howard 3:30 FB 3:30-5 GS & BS 3:30-5 XC- Team Celebration-3:30-4:30	17. FB 3:30-5 GS & BS 3:30-5 FH 3:30-5
20. FB 3:30-5 GS & BS 3:30-5 FH-3:30-5	21. BS & GS vs. Doughty 3:00 FB 3:30-5 FH 3:30-5	22. FH @ Bangor 3:30 FB 3:30-5 GS & BS- Team Celebration 3:30-4:30	23. FB vs. MDI 4:00 FH @ Nokomis 3:00	24.
27. FH- Team Celebration- 3:30-4:30	28. FB- Team celebration-3:30-4:30	29.	30.	31.

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