

**Compliment
people.**

**Magnify their
strengths,**

**not their
weaknesses.**

REED Challenge

Compliment Day- March

“Be somebody who makes everybody feel like a somebody”

After many successful editions of “National Compliment Day” in the Netherlands it was decided to make it into a ‘World Compliment Day’ and in this way, create ‘The Most Positive Day in the World’!

A compliment is an expression of praise, congratulation or encouragement. It has a powerful effect. It can build confidence in a child, or show someone that you appreciate their hard work. A compliment not only improves the receiver’s mood, but it also says something about the giver. It tells them you noticed.

The idea of Compliment Day is to see how many sincere(true and honest) compliments you can throughout the day. Compliments are kind of like smiles- when you give one you are almost sure to receive one in return. It’s different from birthdays or Mother’s Day because you do not buy anything - the gifts are in words only. It addresses the basic human need for recognition and appreciation. Because words MATTER!

Your Challenge!!!

Celebrate Compliment Day.

Complete section 1, and then section 2 to complete by Sunday when we will celebrate our own Compliment Day!

PART 1:

Learn more about Compliment Day: Use the information you find to write "How To" tips about giving compliments, and explain why it is important.

Guiding questions:

- A. How do you give a sincere compliment?
- B. Why is it good to compliment people?
- C. Why is it so hard to ACCEPT a compliment?

PART 2: Get Creative:Choose 2

- A.) Make 6 signs of how to give great compliments(by hand
- B. Make an "Infographic" by computer or by hand
(learn online about what an infographic is)
[What is an Infographic? Examples, Templates, Design Tips](#)
- C. Make a powerpoint presentation with your 5 best tips for giving compliments. Add pictures!
- D. Make a comic strip showing the effects of complimenting.

Your infographic should answer: "Why compliments are important" or "How to give a sincere compliment" or "How to accept a compliment gracefully" either by using one of these apps or by hand.

LADIES!!!On Thursday-Friday,let's do our best to make a "Compliments Day"
Campaign in English on our group. Send each other meaningful compliments on Post-em notes, send whatsapp messages,SMS text messages for different people - students or teachers! Share the love! Make everyone smile!

Resources: מקורות מידע

[https://](https://nationaldaycalendar.com/national-compliment-day-january-24/)

<https://nationaldaycalendar.com/national-compliment-day-january-24/>

<http://www.worldcomplimentday.info/>

<http://www.worldcomplimentday.info/press-information.html>

<https://www.daysoftheyear.com/days/world-compliment-day/>

<https://www.psychologytoday.com/blog/fulfillment-any-age/201305/9-types-compliments-and-why-they-work-or-not>

<http://www.wikihow.com/Take-Compliments>

JÜTTU

PLEASE take a compliment



I LIKE YOUR HAIR

YOUR SMILE IS NICE

YOUR SHOES ARE GREAT

I LOVE YOUR EYES

YOU HAVE A GREAT BUM

YOU ARE WONDERFUL

HAVE YOU BEEN WORKING OUT?

I LIKE YOUR SHOES

YOU SHOULD BE A MODEL

YOU ARE GORGEOUS