

SECOND TERM SCHEME OF LEARNING, 2023

SUBJECT: PHYSICAL HEALTH EDUCATION -BASIC 7

WEEK	WEEK ENDING	STRAND	SUB STRAND	CONTENT STANDARD	INDICATORS	RESOURCES
1	07-04-2023	DISCUSSION OF LAST TERM EXAMINATION QUESTIONS (REVISION)				
2	14-04-2023	Health Education	First aid, injury prevention and management	B7.1.3.1	B7.1.3.1.1	Pictures, Video, Posters, First Aid box.
3	21-04-2023	Health Education	First aid, injury prevention and management	B7.1.3.1	B7.1.3.1.2	Pictures, Video, Posters, First Aid box.
4	28-04-2023	Physical Activity Education	Traditional/global rhythmic gymnastics, games and dance	B7.2.1.1	B7.2.1.1.1	Poster, Pictures, Video
5	05-05-2023	Physical Activity Education	Traditional/global rhythmic gymnastics, games and dance	B7.2.1.2	B7.2.1.2.1	Poster, Pictures, Video
6	12-05-2023	Physical Activity Education	Traditional/global rhythmic gymnastics, games and dance	B7.2.1.3	B7.2.1.3.1	Poster, Pictures, Video
7	19-05-2023	Physical Activity Education	Physical Fitness	B7.2.2.1	B7.2.2.1.1	Poster, Pictures, Video
8	26-05-2023	Physical Activity Education	Physical Fitness	B7.2.2.2	B7.2.2.2.1	Poster, Pictures, Video
9	02-06-2023	Physical Activity Education	Physical Fitness	B7.2.2.3	B7.2.2.3.1	Poster, Pictures, Video
10	09-06-2023	REVISION				
11	16-06-2023	EXAMINATION				