

**Danielson Middle School
Lady Bearkats Athletic Contract
2025-2026**

The following information is in addition to the athletic guidelines in the LISD Athletic Handbook and is designed to answer questions that parents or athletes may have concerning expectations of the Lady Bearkats Athletic Program.

Games

1. For home games, athletes will be expected to sit with their teammates in a designated area of the gym/field to watch their teammates play until it is time for their own match/game. Athletes who have finished playing in B Team games are expected to help and watch the next match/game for the time period specified by their coach. As a team, athletes will be required to stay and help with post-game duties right after the 'A' team game is finished. There will be NO sign-out at home games.
2. For away games, athletes are required to ride the bus with their team to each game. As stated above with the home games, all athletes will be required to stay until they have fulfilled the time/duties specified by their coach. Athletes can be signed out by their parents/guardians anytime before, during or after their game. Because there are many variables which coaches are unable to control (length of games, officials, traffic etc.), it is difficult to give an exact time for pick up after an away game. Coaches will remind athletes to call/text home, and if necessary, send a message in Team App when we are close to the school.

Practices

1. For AM practices: Doors will open 15 minutes before and will close 5 minutes after the scheduled practice time. Please message your coach in TeamApp if you arrive after that time.
2. We ask that parents and athletes be respectful of coaches by making sure that rides are prompt before and after all athletic practices and events.
3. Please pick your child up no later than 15 minutes after evening practice ends. .

Drop off/Pick up is in the West parking lot by the outside basketball courts.

When A Problem Arises

1. Please remember that coaches must consider the needs of the team as well as the individual. When there is a problem, please try the following steps toward a resolution:
 - a. Have the **athlete** talk to the coach first. Quite often this can resolve the problem and the athlete learns responsibility and communication skills as well.
 - b. Schedule a meeting with the coach if the problem needs to be addressed further.
 - c. Contact the DMS Lady Bearkats Athletic Coordinator, Coach Chism, via email if meeting with a coach was not resolved.
2. Please do not approach a coach to discuss differences during or just after a game. Please wait until the next day to schedule a meeting.
3. Finally, the coaches at DMS are dedicated to working with athletes and helping them grow. If there are any questions concerning athletics or any of the policies, feel free to contact your daughter's coach or Coach Chism. All emails will be responded to within 24 hours.

Eligibility Requirements

1. All required paperwork must be on file.
2. Athletes must be passing all classes with a 70 or above at the end of the 1st six weeks of school. This is our 1st grade checking period. Any athlete with a grade below 70 becomes ineligible for all athletic matches for a period of 3 weeks. If she brings up all failing grades at the 3-week checkpoint, and is passing all other classes as well, she will be eligible to play again. Athletes may only lose their eligibility after EACH SIX WEEKS, but it is the coaches' discretion if a student should practice/play, should grades be a concern any time during the season. Grades are checked weekly.
3. If a student officially loses eligibility, they are still allowed to practice but are not allowed to be at any of the athletic contests as a member of the team.

Do's and Don'ts While Watching Your Daughter Play Her Sport

- Please do not expect the attention of your daughter once she gets on the floor to warm-up for her game. She is trying to prepare mentally and physically.
- During her game, encourage your daughter and her teammates.
- Don't try to coach your daughter or her teammates from the side. This is the coaches' job.
- Immediately after the game, please remember that your daughter's coach needs an opportunity to talk to the team. Also remember that she will have post game duties, which as a team, will not take long at all.

Lady Bearkats Athletic Disciplinary Guidelines

Detention

Athletes who are placed in detention will receive a conditioning consequence as well. If an athlete continues to receive detentions during the school year, the head coach and athletic coordinator will sit down with her to discuss further actions. Parents will be notified.

In School Suspension (ISS)

1. If the athlete is in ISS on the day of a game, match, meet or tournament, she will not be allowed to participate in the game, match, meet or tournament.
2. The athlete will have limited playing time in the following match/game.
3. While in ISS, the student may not participate in the athletic period or morning/afternoon practices.
4. The athlete will fulfill all requirements of ISS.
5. The coach will also give the athlete a conditioning consequence to complete.

LEO (Leander ISD Alternative Campus)

1. If the athlete is involved in a sport, she will be released from the team for the duration of their placement at LEO.
2. The athlete will fulfill all the requirements of LEO.
3. Once LEO requirements are fulfilled, the athlete and parents will then meet with the Athletic Director, Campus Coordinator, and Head Coach to determine a reinstatement plan for each individual athlete. Reinstatement is NOT guaranteed.

Theft (on campus)

Taking things from other players, students, school, etc. will not be tolerated. Punishment will be handled individually by the head coach and campus coordinator and may result in expulsion from all athletic activities for up to one calendar year from the date of the incident. At the end of one calendar year from the date of the incident all parties concerned may review the case, and his/her conduct during the previous year will determine reinstatement into the athletic program.

In addition to this, all athletes are given lockers w/combination locks. Please encourage your athletes to lock their belongings at all times.

Social Media

Student-athletes are high-profile representatives of the Leander Independent School District, and their behavior is subject to scrutiny by their peers, the campus, community, and the media. The actions of a single student-athlete can reflect positively or negatively not only on the individual student-athlete, but also on his or her team and coaches, the Athletics Department and the entire school campus. Therefore, student-athletes are expected to represent themselves and LISD with honor, dignity and integrity at all times – including when interacting on social networking websites and in other online environments. The Student-Athlete Social Networking Guidelines were developed by the Athletics Department, and can be found on the LISD Athletic Website. Please make sure you have read and are following all of the guidelines. Failure to do so will result in disciplinary actions, which are stated under the guidelines.

Lost Equipment

Each athlete is responsible for the exact number of athletic equipment that is issued to her, for example, knee pads, tights, game uniforms, etc. The athlete will be required to purchase the equipment that is lost or damaged. Student athletes will be required to purchase their own practice clothes, and it is the responsibility of the athlete to make sure their clothes are kept neat and clean. One of the important things we are stressing to our athletes is RESPONSIBILITY. The team coach will inform parents and athletes of any equipment that may need to be purchased separately.

Tardiness

1. Unexcused tardiness will not be tolerated because it takes time away from the team to complete the workout. Please try to instill punctuality values by having your daughter to morning practice on time. An unexcused tardy will result in extra conditioning after practice.
2. For the morning practices, the weight room door (West parking lot) will open 15 minutes before a scheduled practice, and will be locked 5 minutes after practice starts.
3. Student athletes will have a specified encouragement if they are tardy to practice.
4. For afternoon practices, if student athletes are not in the assigned area at the time required by the coach, they must have a teacher or office note explaining why they are late. If they do not have a note explaining their tardiness, extra conditioning will be assigned.

Missed Practices

1. It is important that all athletes be present at every practice. Please try not to schedule doctor or dentist appointments during practice times. If it is unavoidable, please have the athlete discuss with the coach when they will miss and why.
2. The athlete will be required to make up the practice (excused or not) by completing the required “touches” before or after the next possible practice (check with the coach).
3. Extra-curricular activities for the school are excused absences as long as the coach has been informed ahead of time about the absence.
4. Not making up your practice immediately will result in less playing time.
5. You must make up your missed practices before you can participate in the next game. (there are some extenuating circumstances that will be handled case by case).

Missed Games/Matches

1. It is important that all athletes be present at all games/matches/tournaments. If the athlete chooses to miss for any reason besides illness or death in the family, they will have to complete the required “touches” before they can play in the next game.
- 2.

Procedures for Athletic Injuries

1. Athletes are encouraged to see the trainer at the high school if they have injuries. Make sure to tell one of your coaches so that they are aware of the injury, and that you plan to see the trainer.
2. Parents, you will need to then call the trainer at (512) 570-1480 to see when you can take your daughter to GHS to have an evaluation. The Athletic Training Facility is located on the south side of the Glenn HS Athletic Building.
3. The trainer will send the coach a report to let them know the status of the injury, what treatment will be, how long your daughter will be out, and if your daughter needs to seek further medical attention.
4. Your daughter is still required to be at all practices and games/matches/tournaments dressed out in her work-out clothes or game gear and doing whatever rehab the trainer or doctor gave her.
5. If your daughter is still not healed by the time the note says she should be, she needs to be evaluated again by the trainer or doctor.

Behavior and Poor Conduct

It is our philosophy that all athletes represent the athletic program well at all times. We expect athletes to remain on their best behavior throughout the day at school. Misbehavior or poor conduct at school will not be tolerated and will result in a conditioning consequence. (This will include anything negative on a report card/progress report or negative reports from any faculty member and/or administrator.)

Athletics Update for 8th Grade (2025-2026 School Year)

Due to staffing changes, 8th grade athletes who did not participate in volleyball or basketball in 7th grade will not be able to remain in the athletics period. All students with completed DMS and LISD paperwork/forms are encouraged to try out for either sport and will be placed in the athletics period if selected. Athletes selected for other sports, such as track and field, soccer, or cross country, will practice before or after school.

Rules and Procedures – (not following these rules and procedures will result in Conditioning Consequences and ultimately the athlete being put on a behavior contract)

1. Follow all LISD and DMS Athletic Policies, Disciplinary Policies, and Rules and Procedures.
2. When responding to your coaches and teachers, use “yes coach”, “yes ma’am”, “yes sir”, “no sir”, etc.
3. Show respect to all others. Have good manners and be polite.
4. Hustle everywhere you go!
5. Be coachable.
6. Be positive and enthusiastic.
7. Knock on the coaches’ door before entering the office. Make sure a coach has invited you in.
8. No phones in the locker rooms or gyms. All phones will be taken up and turned into the front office.
9. Limit your use of the coach’s phone.... be prepared...plan ahead.
10. No glass containers or aerosol sprays of any kind in the locker room or the bus.
11. Trash in the dressing room/restroom areas, and gyms will not be tolerated. Keep our ‘home away from home’ looking nice.
12. Conditioning consequences will be given for each article/trash that is left on the floor.
13. Make sure the bus is clean before we get off.
14. Everything must fit in an athlete's locker. Items not in the locker are NOT secure.
15. We will not be responsible for misplaced, lost, stolen or damaged personal property or textbooks.
16. No food or drink in the locker room except water.
17. No gum chewing during practice or games. (Or anywhere on campus!)
18. Wear the proper uniform daily.
19. No jewelry and hair must be pulled back.
20. Set high behavior standards for yourself. This includes in the hallways, classrooms, cafeteria and at all school sponsored events.
21. Be on time to practice, games, your classes, etc.
22. You will not miss practices to go to another class or activity without the coach’s approval.

23. Set high academic standards. We expect athletes to maintain at least a 'B' average in all classes, although you must pass all classes with 70 or above.

I have read and agree to adhere to the specific policies set forth in the DMS Lady Bearkats Athletic Policies, Disciplinary Policies, Rules and Procedures.

Student-Athlete First & Last Name

Student Signature:_____

Parent Signature: _____

Date Signed: _____

Contact the Lady Bearkats Athletic Coordinator, Coach Chism, if you have any questions or concerns about this contract.

After you have read and agree to adhere to the specific policies set forth in the DMS Lady Bearkats Athletic Policies, Disciplinary Policies, Rules and Procedures, please go to the link to sign this contract online.

Contact the Lady Bearkats Athletic Coordinator, Coach Chism, if you have any questions or concerns about this contract.

