



## Coach Tyler Roche (Emphasis: Shot Put and Discus)

- **Triad Athletic Experience:**
  - 2-Time IHSA State Qualifier (Shot Put); IHSA State Runner-up (Shot Put - 2012); Triad Indoor and Outdoor Record Holder (Shot Put)
- **Triad Assistant Track & Field Coach (6 Years)**
  - 7 IHSA State Qualifiers
  - 6 IHSA State Medals
  - 3 IHSA Sectional Champions
    - 1 School Record