

Jon Montgomery Biography

Early Life

Jonathan Riley "Jon" Montgomery (born May 6, 1979 in Russell, Manitoba) and is 39 years old. He is a Canadian **skeleton racer** who has competed since 2006. He won the Gold Medal in the men's skeleton event at the 2010



Winter Olympics in Vancouver. Jon Montgomery started skeleton racing when he lived in Calgary where he worked as an auctioneer not far from Canada

Olympic Park in Calgary. Sometime in 2002 Montgomery visited the track with his parents where a skeleton race was being held. Montgomery was immediately hooked with the sport and started racing competitively not long after watching it in Calgary. Initially Jon Montgomery did not do well in his first two seasons competing on the World Cup tour. However, Montgomery won his first World Cup race in Cesana, Italy in 2008. He won two silver medals at the 2008 FIBT World Championships in Altenberg, Germany, earning them in the men's skeleton and **mixed**

bobsleigh-skeleton team event. Montgomery's highest World Cup overall placing came when he finished second overall in the 2007–08 Skeleton World Cup.

The 2010 Winter Olympics

Montgomery qualified for the 2010 Winter Olympics in Vancouver based on his results in the 2009-10 Skeleton World Cup. In the Olympic event Montgomery had trailed Martins Dukurs after the first run but established the fastest times the following two runs, including a track record 52.20 on his third run. In the fourth and final run on February 19, 2010, Montgomery still trailed Martins Dukurs by 0.18 seconds but Dukurs' was 0.25 seconds slower on his final run. Thus, Montgomery won the gold medal by 0.07 seconds.



Olympic Gold

Montgomery celebrated exuberantly at first and quickly apologised to Dukurs for his celebration.

Montgomery was quoted after the race, "I had said at the

beginning of the race that if I was in that position and I did

get gold coming from behind that I was going to remain stoic and respectful because you never want to cheer when somebody else loses. But I have to apologize to Martins. That didn't happen. I lost my mind when I saw the .07 come up. It was like I had stuck my finger in a light socket." He accepted his gold medal at the medal ceremony in Whistler on February 20, 2010. Montgomery became the second Canadian in a row to win gold in the men's event, after Duff Gibson in 2006.

Celebration

Following his win, Montgomery marched through a crowd of Canadian fans singing the national anthem and chugging a pitcher of beer. In an interview with CTV, he stated that he has a tattoo of a maple leaf over his heart with the word Canada above it which he got with his mother after he graduated from high school in grade 12.



Life after the Olympics

Montgomery stated that he hopes his gold medal performance inspires more people to enter amateur sports, and went on to reassure mothers that skeleton is a safe sport for children to enter.

Jon Montgomery also said that he hopes his gold medal victory will help to establish an all-amateur sports channel for Canadian athletes.

On June 5, 2013, it was announced that Montgomery will be the host of CTV's The Amazing Race Canada.



Personal Life

- Montgomery is married to Darla Montgomery, who is also a skeleton athlete.
- When not skeleton racing, Montgomery works as a sales consultant and automobile auctioneer in Calgary.
- Montgomery looks up to fellow Russell native, retired, hockey player Theoren Fleury.
- Montgomery is also an alumnus of the Canadian Automotive Institute, now the Automotive Business School of Canada, Georgian College.