

Watersports

Watersports in kink and fetish circles have very little to do with actual water and there's not a boat or canoe in sight! Watersports or piss play involves urination in various forms. Some people like to use piss play in a D/s dynamic, where one person pees on the other. Some kinksters are more into it as voyeurs, watching someone going to the toilet or wetting their clothes - and of course, some love to be watched too.

Kink For The Sensation

It may simply be a love of the sensations involved which brings the watersports fan back to pee-based activities time and again.

Enjoying the urge to urinate, the feeling of being urinated on, or wetting oneself in clothes/diapers/bondage, or freely, without any covering at all. After all, emptying one's bladder is a relief of that pressure inside, while the liquid leaving the body is warm and can make a wet mess. There's lots of sensory enjoyment potential here.

The Taboo Element

Watersports is viewed as a more extreme sexual practice, and enjoyment of piss play can incorporate arousal from knowing how it's viewed by society in general –and doing it anyway. Rebellion can be such a rush!

Humiliation

Peeing *for* or *on* someone else, or being urinated on, may seem like a humiliating proposition. From childhood, our toileting is taught to be a very private affair; only done behind closed and locked doors, with no one else present. Humiliation, as an intense mental, emotional and physical rush, is closely linked to almost overwhelming arousal in some people.

Dominance & Submission

Perhaps golden showers and watersports is more than a taboo enjoyment or sensory fulfillment -it could be a fully fledged fetish. As part of a BDSM relationship, watersports may well be discussed as a potential activity to be incorporated into future play sessions.

Consensual watersports as part of D/s power exchange can be an extremely thrilling journey. The sensation, taboo, humiliation plus power play components layer and combine, to create a truly unforgettable kinky play session.

Is Watersports Safe?

Urine itself is sterile as long as the person you're playing with is in good health. If a person isn't, then it's possible to transmit diseases such as viral, bacterial and fungal infections - this happens most frequently if someone has an open wound or someone pees directly into your mouth.

To indulge in safe golden showers, you need to know the health status of your partner. If you're not sure, ask them to aim away from your mouth and also be sure you have no cuts, scratches or other wounds on your body that the urine can get into.

If enjoying watersports where urine will be imbibed, hydration levels of both the 'urinator' and the 'drinker' should be considered. Being well hydrated will not only mean you can provide a good amount of urine for your piss play, but that the urine will be as diluted as possible. Imbibing from mid-stream will help the 'drinker' maintain good health, as any urethral bacteria is flushed out at the start of the flow. The 'drinker' should also make sure *they* are well-hydrated; drinking urine is a dehydrating activity so keep an eye on your own water levels.

Avoid "human decanter" play - using a catheter to replace the bladder's liquid with another, i.e. wine or other alcohol. Introducing non-steril liquid is a recipe for bladder infections or worse.

Other than the physical health factors, make sure you keep **mentally** healthy and happy too. Go at your own pace; don't feel pressured into doing anything you might not want to do, simply because you feel it's 'expected', 'planned' or 'demanded' of you. Of course that advice goes for *any* intimate/sexual activity.

In situations where the word 'no' might be part of 'faux reluctance' roleplay, make sure you've set a different safeword that means stop, or else have traffic lights in play ("red" = stop, "amber" = stop a moment while we discuss how to proceed, "green" = I'm all good, thanks!).

Of course, you need to get consent for any kind of urine play before you go ahead. Make sure everyone is happy with what's going to happen and have a safe word in place. It might also be useful to have a safe action too, in case the person's mouth is full. A tap of hand or foot, a shake of the head or something similar could be used.

You can enjoy piss play whichever way you like, but here are a few suggestions for you:

Deciding to explore piss play can feel less of an enormous step into the kinky unknown if you start off small. For example, you could practice peeing in front of your partner (some people experience bladder shyness), then step it up to peeing *on* them. And/or vice versa, however it works best for you.

- Golden shower - The top is over the bottom, who could be lying down or on their knees, and pisses over them. The golden shower could involve both face and mouth, or it could miss certain areas and focus on other parts of the body. This is not restricted to penis owners. There are many stand-to-pee options for vulva owners.
- Consensual piss play peeping - The voyeur hides and watches the exhibitionist piss, either indoors or outdoors, and maybe they wet themselves, which then could lead to a D/s scene involving humiliation - but that's up to you. Perhaps you don't want to hide away, and you want to watch in plain view. Maybe you could command your sub to wet themselves for your pleasure.
- Drink it all down - This part of piss play involves drinking urine either straight from the source (before or after sex or as part of oral sex) or through a funnel gag.

How To Avoid Making A Mess

...Unless you want to, obviously! Most of us *don't* want to end up with a puddle of pee on the mattress, or to trudge through urine-sodden carpet, no matter *how*

sexy the watersports session was. Our main 'mess avoidance' technique in this regard is to restrict watersports to the shower (we find it easier to maneuver in there rather than in the bath), so you can get filthy, get clean, get out and dry -and have all the memories without any of the mess.

Fluid-proof sheets are brilliant for protecting your mattress, but be aware that they're 100% fluid-proof so any urine or other liquids will simply sit atop the material. Having a bunch of towels handy to mop up can help in that regard.

There are other options such as using paddling pools and specially made watersports/sploshing pool/mat kits, but these all require space to set up.

Shy Bladder

Do you experience a shy bladder? If you, really, really want to piss all over someone but it just won't come, don't panic. The more pressure you put on yourself, the less likely it is that you'll be able to manage it. Accept that this is a natural thing. Peeing on someone or for someone is very different to just going to the toilet like you usually do.

Take the pressure off yourself by doing something else. If it doesn't quite work out, have a plan-B ready to go so you can enjoy your scene still, even if the piss play doesn't happen. Drink some more water. Maybe you just aren't feeling the urge to empty your golden showers if your bladder isn't full enough.