

# Shining Pearl notes

- IV calculators for Chimchar and Palkia available here (not needed):  
<https://wartab.best/iv-calculator/>
- Set your console to 9 June 18:30 (works for roughly 20 minutes of resets).
- Pick the female character.
- Nickname 1
- Select Clint as name for Rival.

## Set Options:

- Text Speed: Fast
- vv Battle Effects: Off
- v Battle Style: Set
- vv Give Nicknames: Don't give
- vv Autosave: Off
- vv Background Music: 0
- Go to Barry's house.
- Pick Chimchar (>)

## Starly: Scratch

### Check Stats:

- Attack: 11+ (must be neutral or positive)
- Sp. Atk: 10+ (must be neutral or positive)
- Get 10 free Potions from the Clerk in the big patch of grass on Route 201.
- Do not nickname Chimchar.

### Quick Attack:

7(9) at 8 0 - 11 / x / x  
 6(7) at 9 / 10 12+ / 0+ / 0 - 11  
 4(6) at 11 x / x / 12+

### Youngster Tristan:

#### Starly:

If 13 Attack (x / x / 24+): Scratch spam

If 11 or 12 Attack (x / 4+ / 0 - 23): Leer + Scratch spam

Otherwise:

| HP | Def    | Spd |                         | HP | Def    | Spd |                         |
|----|--------|-----|-------------------------|----|--------|-----|-------------------------|
| 19 | 8      | 11- | Scratch + Leer if Growl | 20 | 8      | 11- | Scratch + Leer if Growl |
| 19 | 8      | 12  | Scratch spam            | 20 | 8      | 12  | Scratch + Leer if Growl |
| 19 | 8      | 13+ | Scratch + Leer if Growl | 20 | 8      | 13+ | Scratch + Leer if Growl |
| 19 | 9 / 10 | 11- | Scratch + Leer if Growl | 20 | 9 / 10 | 11- | Scratch + Leer if Growl |
| 19 | 9 / 10 | 12  | Scratch + Leer if Growl | 20 | 9 / 10 | 12  | Scratch + Leer if Growl |
| 19 | 9 / 10 | 13+ | Scratch spam            | 20 | 9 / 10 | 13+ | Scratch + Leer if Growl |
| 19 | 11     | 11- | Scratch spam            | 20 | 11     | 11- | Scratch spam            |
| 19 | 11     | 12  | Scratch spam            | 20 | 11     | 12  | Scratch spam            |
| 19 | 11     | 13+ | Scratch spam            | 20 | 11     | 13+ | Scratch + Leer if Growl |

**Lass Natalie:** Tackle: 3(4)

**Bidoof:** Ember x2

**Bidoof:** Ember x2

Tackle:

4(5) at 9 - 11 0+ / 0 - 11 / x

3(4) at 12+ x / 12+ / 0+

Thunder Shock:

4(6) at 9 - 12 0+ / 0 - 26 / 0 - 11

3(4) at 13+ x / 27+ / 12+

**Youngster Logan:**

**Shinx:** Ember x2 / x3

- Heal to full (heal at the Pokémon Centre if paralysed).
- Talk to Barry in the trainer school.
- Heal to full.

Piplup's Pound:

(5)6(7) at 10 0 - 11 / x / x

5(6) at 11 - 13 12+ / 0 - 24 / 0 - 11

4(5) at 14+ x / 25+ / 12+

**Barry:**

**Starly:** Ember x3 / x4

**Piplup:** Ember x8 - x11

- Catch Machop (weaken with Scratch, unless low HP) north of Oreburgh.
- *Optional: Get the Super Potion from the NPC to the right of the mine.*
- Pickup the X-Defense at the entrance of Oreburgh Mine.
- Pickup the Escape Rope.
- Talk to Roark.
- Lead and heal Machop.
- Escape Rope.
- Head to the gym.
- Fight the second trainer.

**Youngster Darius:**

**Geodude:** Focus Energy + Low Kick spam

**Onix:** Low Kick spam

Heal to full.

**Roark:**

**Geodude:** Revenge spam

→ Focus Energy if Geodude used Defense Curl too much.

**Onix:** X-Defense + Low Kick x2 / x3

**Cranidos:** Revenge (x2)

**Shopping:**

R 3 Super Potions

vv 3 Paralyze Heals

R 14 Repels

^ 2 Escape Ropes

- Trade Machop for Abra.
- **Under no circumstances get more Experience on Abra than needed!**
- Repel in Oreburgh Gate.
- Swap Abra and Chimchar.
- Reapply

#### Galactic Double:

Ember (x2) **Wurmple**

→ Teach Power-Up Punch over Scratch (Slot 1) if not done so yet.

Ember x2 **Zubat**

#### Aroma Lady Teighler:

**Budew:** Ember (x2)

**Cherubi:** Ember

- Pickup the **Antidote** before smashing the rocks.
- Heal at the Pokémon Centre if concerned about PP or health.
- Pickup **2 Pecha Berries**.
- Pickup **2 Cheri Berries**.

#### Galactic Grunt:

**Wurmple:** Ember

**Silcoon:** Ember

#### Galactic Grunt:

**Zubat:** (Taunt +) Ember x2

Go to Valley Windworks.

#### Fake Out / Scratch does:

|          |    |         |                    |
|----------|----|---------|--------------------|
| (7)9(10) | at | 14 - 16 | 0 - 18 / 0 - 3 / x |
| 7(9)     | at | 17 - 21 | 19+ / 4+ / 0 - 26  |
| 6(7)     | at | 22+     | x / x / 27+        |

#### Galactic Grunt:

**Glameow:** Power-Up Punch x2

#### Galactic Grunt (the dog shit spinner):

**Cascoon:** Ember

→ Teach Mach Punch over Leer (Slot 2).

Heal to full.

#### Fake Out / Scratch does:

|           |    |         |                      |
|-----------|----|---------|----------------------|
| 16-18(19) | at | 17 / 18 | 0 - 16 / x / x       |
| 15-16(18) | at | 19      | 17 - 23 / 0 - 2 / x  |
| 13-15(16) | at | 20 - 22 | 24+ / 3 - 23 / 0 - 9 |
| 12-13(15) | at | 23 / 24 | x / 24+ / 10 - 23    |
| 10-12(13) | at | 25+     | x / x / 24+          |

#### Commander Mars:

**Zubat:** Taunt + Ember spam

**Purugly:** Power-Up Punch x2 + Mach Punch (x2)

- Repel.
- Heal to full unless in Blaze.
- Repel
- Equip Cheri Berry.
- Fight the left trainer first if in Blaze, right trainer otherwise.

#### Bug Catcher Jack:

**Wurmple:** Ember

**Beautifly:** Ember (x2)

**Ranges:**

1 / 16 at 31 - 33 x / 5 - 23 / 0 - 4

8 / 16 at 34 - 36 x / 24+ / 5 - 23

14 / 16 at 37+ x / x / 24+

**Silcoon:** Ember

Spark does:

12-13(15) at 18 / 19

10-12(13) at 20 - 22

9-10(12) at 23 - 25

(7)9(10) at 26+

L15

0 - 14 / x / x

15+ / 0 - 14 / 0 - 1

x / 15+ / 2 - 21

x / x / 22+

L16

0 - 6 / x / x

7 - 25 / 0 - 6 / x

26+ / 7 - 25 / 0 - 12

x / 26+ / 13+

**Lass Briana:**

**Pachirisu:**

Mach Punch x3 / x4

Ember once your attack got dropped

#### Psychic Lindsey & Psychic Elijah:

Power-Up Punch **RIGHT Abra**

Power-Up Punch **RIGHT Abra**

Mach Punch (x2) **LEFT Abra**

Go to the gym immediately.

**Lass Caroline:**

**Cherubi:** Ember (x2)

**Roselia:** Ember (x2)

If paralysed:

- Heal paralysis.
- Equip Pecha Berry

**Aroma Lady Jenna:**

**Budew:** Ember (x2)

**Budew:** Ember (x2)

**Budew:** Ember (x2)

**Aroma Lady Angela:**

**Turtwig:** Ember x2

→ Teach Flame Wheel over Ember (Slot 3).

**Beauty Lindsay:**

**Roselia:** Flame Wheel

- Heal Poison.
- Heal to full-ish.
- Equip Cheri Berry.

Roserade's Grass Knot does: (you level up before Roserade and gain 2 or 3 HP)

|           |    |         |                       |
|-----------|----|---------|-----------------------|
| 23-27     | at | 22      | 0 / x / x             |
| 21-25(26) | at | 23      | 1 - 5 / x / x         |
| 21-24(25) | at | 24      | 6 - 10 / x / x        |
| 21-24     | at | 25      | 11 - 15 / 0 / x       |
| 20-24     | at | 26      | 16 - 20 / 1 - 5 / x   |
| 18-21(22) | at | 27      | 21 - 30 / 6 - 10 / 0  |
| 18-21     | at | 28      | 31 / 11 - 15 / 1 - 5  |
| 17-20(21) | at | 29 / 30 | x / 16 - 25 / 6 - 15  |
| 16-19(20) | at | 31      | x / 26 - 30 / 16 - 20 |
| 16-18(19) | at | 32      | x / 31 / x            |
| 15-18     | at | 33      | x / x / 21 - 25       |
| 15-17(18) | at | 34+     | x / x / 26+           |

**Leader Gardenia:**

**Cherubi:**

If 37 - 40 Attack (x / 0 - 22 / 0 - 7):

Power-Up Punch x2

If cannot live Grass Knot: Heal to full

Flame Wheel

**2HKO ranges:**

|        |    |         |                     |
|--------|----|---------|---------------------|
| 0.39%  | at | 34      | x / 0 / x           |
| 5.08%  | at | 35 / 36 | x / 1 - 11 / x      |
| 53.13% | at | 37 - 39 | x / 12 - 22 / 0 - 7 |

Otherwise:

Power-Up Punch + Flame Wheel

**Turtwig:** Flame Wheel

**Roserade:** Flame Wheel

**Herb Shop:**

**Buy:**

|    |                 |
|----|-----------------|
| vv | 15 Energy Roots |
| R  | 1 Revival Herb  |
| v  | 7 Heal Powders  |

Cure any status.

**Galactic Grunt Double:**

Flame Wheel **Wurmple** | Confusion **Wurmple**

Flame Wheel **Cascoon** | Confusion **Cascoon**

Flame Wheel **Glameow** | Heal **Monferno**

- Equip Pecha Berry.
- Heal Monferno to full.
- Teach Grass Knot to Kadabra.

**Galactic Grunt:**

**Wurmple:** Flame Wheel

**Silcoon:** Flame Wheel

**Zubat:** Flame Wheel

**Scientist Traven:**

**Kadabra:** Flame Wheel

## Commander Jupiter:

### Zubat:

If 44 or less Attack (# / 0 - 24 / 0 - 11):

Power-Up Punch x2

Otherwise:

Power-Up Punch

Flame Wheel

### Skuntank:

At +1:

Power-Up Punch + Flame Wheel x2

Otherwise:

Flame Wheel x3



- Get the **Explorer Kit**.
- Leave (press Y for menu).
- Get the **bike**.
- Enter the cutscene from the middle.
- Pickup the **hidden Revive**.
- Enter Mt. Coronet.
- **Lead Kadabra.**
- Repel.
- Heal Monferno and Kadabra to full.
- Equip a Cheri Berry on Monferno if you have one left.
- Register the bike.
- Pickup the **hidden Ether**.
- Drop the Repels in Hearthome.
- Head to the Contest Hall.
- *Optionally: Save for the next battle.*



## Barry: (Starly has a Quick Claw)

**Starly:** Confusion

**\*Bubble Beam:** 31-36(37)

**Prinplup:** **speed tie after speed drop!**

(safety fight: Grass Knot + heal until Stealth Rock + Grass Knot x2)

Grass Knot

If Grass Knot crit: Grass Knot again

94.9% range

If Stealth Rock: Grass Knot x2

Otherwise: Psycho Cut + Grass Knot

94.5% range

**Roselia:** **Magical Leaf:** 21-24(25)

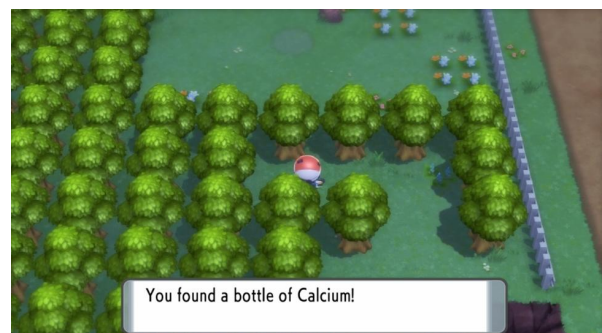
Teleport / Switch to Monferno (if can die to Magical Leaf)

If holding Cheri Berry: Power-Up Punch + Flame Wheel

Otherwise: (heal paralysis +) Flame Wheel

**Ponyta:** Power-Up Punch x2 / x3 + Mach Punch

- **Deposit Kadabra.**
- Repel at the grass.
- Pickup the **Calcium**.
- Get **Strength**.
- Heal Kadabra to full.
- Heal Monferno to full.
- **Withdraw Kadabra to slot 2.**
- Escape Rope.



Bronzor's Confusion does:

|            |    |         |                    |
|------------|----|---------|--------------------|
| 18-20(24)  | at | 25      | 0 / x / x          |
| (14)18(20) | at | 26 - 30 | 1 - 26 / 0 - 9 / 0 |
| 14(18)     | at | 31 - 37 | 27+ / 10+ / 1 - 26 |
| 12(14)     | at | 38+     | x / x / 27+        |

Sheldon's Take Down does:

|               |    |         |                          |
|---------------|----|---------|--------------------------|
| 17-19(20)     | at | 26      | 0 - 1 / x / x            |
| 16-18(19)     | at | 27      | 2 - 10 / x / x           |
| 15-17(18)     | at | 28 / 29 | 11 - 19 / 0 - 1 / x      |
| 14-16(17)     | at | 30 / 31 | 20 - 27 / 2 - 10 / 0 - 1 |
| 13-15(16)     | at | 32 / 33 | 28+ / 11 - 19 / 2 - 6    |
| 12-14(15)     | at | 34 - 36 | x / 20+ / 7 - 19         |
| (11)12-13(14) | at | 37+     | x / x / 20+              |

**Ruin Maniac Calvin:**

**Bronzor:** Taunt + Power-Up Punch + Flame Wheel + Mach Punch

**Sheldon:** Mach Punch + Flame Wheel

- Pickup the Ether.
- Pickup Shock Wave.
- Switch Kadabra to the front.
- Teach Shock Wave to Kadabra over Psycho Cut (Slot 3).

**Ace Trainer Maya:**

**Glameow:** Confusion (x2) 1 / 16 range

**Kadabra:** Grass Knot + Shock Wave

**Ace Trainer Dennis:**

**Monferno:** Confusion

→ Do not teach Recover.

**Gyarados:** Shock Wave[19]

**Shopping**

**3F Bottom:**

**Sell:**

3x TM98

5x TM76

4x TM86

3x TM93

3x TM96

- R^ TM35 Flamethrower
- vvvv TM29 Psychic
- v TM21 Dazzling Gleam

**2F Top:**

- 11 X-Speeds
- vv 7 X-Defenses
- vvv 2 X-Accuracies
- R 4 X-Sp. Defs
- ^ 31 X-Sp. Atks

**1F Left:**

- ^^ 4 Super Repels

- Pickup **Metronome**.
- Teach Psychic over Teleport (Slot 1) to Kadabra.
- Teach Flamethrower over Power-Up Punch (Slot 1) to Monferno.
- Equip Metronome on Kadabra.
- Use the Calcium on Kadabra.
- Heal Kadabra to full.

### Black Belt Rafael:

**Meditite:** Psychic[9]

### Maylene:

**Meditite:** X-Defense + X-Sp. Atk x2 + X-Speed + Confusion

→ X-Accuracy to compensate for Flashes

→ Can X-Defense a second time if needed

→ Can skip X-Speed if 39+ HP.

**Machoke:** Psychic[8]

**Lucario:** Psychic[7]

- Heal Kadabra to full.
- Swap Metronome to Monferno.
- Heal Monferno to about half HP.
- **Remove Kadabra.**

### Galactic Double:

Flamethrower **Beautifly**

If 49+ Sp. Atk (x / 13+ / 0+):

Flamethrower **Stunky**

Flamethrower **Dustox**

Flamethrower **Croagunk**

Otherwise:

Flamethrower **Dustox**

Flamethrower **Stunky**

Flamethrower **Croagunk**

You need at most the following HP on Monferno at level 28 at given Sp. Def:

| Sp. Def | 0-5/x/x | 6-9/x/x | 10-16/0-2/x | 17+/3-16/0-5 | x/17-23/6-12 | x/24-30/13-19 | x/31/20-27 | x/x/28+ |
|---------|---------|---------|-------------|--------------|--------------|---------------|------------|---------|
| HP      | 60      | 56      | 54          | 50           | 48           | 44            | 42         | 38      |

You will gain health after levelling from 26 to 28 with the following IVs:

| HP gained | HP IVs                                        |
|-----------|-----------------------------------------------|
| +4        | 1 / 10 / 11                                   |
| +5        | 0 / 2 - 9 / 13 - 15 / 17 - 18 / 20 - 22 / 24+ |
| +6        | 12 / 16 / 19 / 23                             |

- Get **TM94 Fly**.
- Do not heal Monferno!
- **Move Kadabra back to the party in slot 1.**
- Swap Metronome to Kadabra.
- Lead Kadabra.
- Super Repel x2

### Psychic Abigail:

**Gastly:** Psychic[6]

**Misdreavus:** Psychic[5]

**Kadabra:** Psychic[4] (+ Grass Knot / Shock Wave)

4 / 16 range

- **DO NOT get the free heal.**
- Pickup the hidden Calcium.
- Pickup 2 Rawst Berries.
- Head to the gym.

Puzzle: YELLOW and GREEN.

### Sailor Damian:

**Wingull:** Confusion

**Wingull:** Confusion

Puzzle: BLUE



### Tuber Jacky:

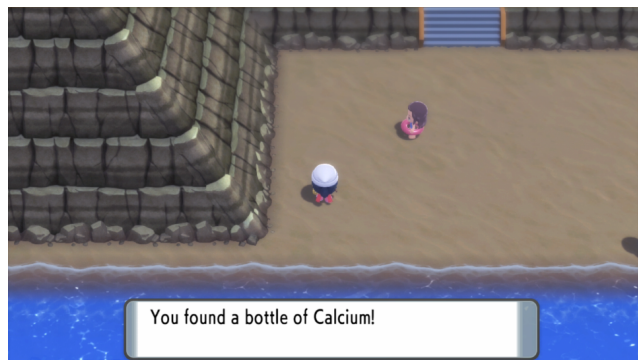
**Buizel:** Confusion

### Tuber Caitlyn:

**Azurill:** Confusion

**Marill:** Psychic[3]

Puzzle: GREEN and YELLOW.



### Sailor Samson:

**Shellos:** Shock Wave[17]

**Wingull:** Confusion

**Shellos:** Shock Wave[16]

→ Teach Psyshock over Confusion (Slot 2).

- Heal Kadabra to full.
- Use the Calcium.
- Set battle style to Switch.
- Save.

### Leader Wake:

**Gyarados:** Shock Wave[15]

15 / 16 range

→ Switch to Monferno

**Quagsire:** Taunt (die +) X-Speed (+ Heal if Scald) + Grass Knot

**Floatzel:** ^Grass Knot

- Get Defog if you can't see shit in Fog Route.
- Talk to the grunt.
- Head to Pastoria gate.
- Heal Kadabra to full.
- Super Repel x2.
- Equip Rawst Berry on Kadabra.

### Rival:

**Starly:** X-Sp. Atk + Shock Wave[14]

**Prinplup:** Psyshock[9]

**Roselia:** Psyshock[8]

**Ponyta:** Psyshock[7]

- Backtrack following the grunt.
- **DO NOT get the free heal.**

### Team Galactic Grunt:

**Glameow:** Psyshock[6]

- Talk to Cynthia.
- Fly to Solaceon Town (blue spot to the left).
- Say yes to Cynthia

### Ace Trainer Alyssa:

**Ponyta:** Psychic[2]

**Grotle:** Psychic[1]

Get **TM30 Shadow Ball**.

(Watch out for the ninja!)

### Black Belt Adam:

**Machoke:** Psyshock[5]

### Bird Keeper Brianna:

**Hoothoot:** Psyshock[4]

**Noctowl:** Psyshock[3]



### Galactic Grunt:

**Beautifly:** Shock Wave[12]

**Croagunk:** Shock Wave[11]

Sucker Punch: 38-44(46)

- Go inside the cave.
- Get **Wise Glasses**.
- Leave the house.
- Set your console clock to 4:xx am.
- Get **Choice Specs**.

### Shopping:

^ 21 Super Repels  
L^^ 3 Revives  
^ Max Super Potions

- Heal to full if got damaged.
- Fly to Hearthome City (red below you).

### Gym Puzzle:

RIGHT  
MIDDLE  
LEFT  
RIGHT.

**Leader Fantina:**

**Drifblim:** X-Sp. Def + X-Speed + X-Sp. Atk + Psyshock[2]

→ If Fly, heal to full.

→ Heal burn from Will-O-Wisp immediately.

**Gengar:** Psychic[0]

**Mismagius:** Psyshock[1]

- Heal to full.
- Ether Psychic.
- Super Repel.
- Equip Metronome on Kadabra.
- Teach TM30 Shadow Ball over Shock Wave (Slot 3).
- Fly to Jubilife (big red, left of the map).
- Avoid the spinning sailor by surfing on the left side instead of top.

**Barry:**

**Staravia:** Psychic[9]

**Heracross:** Psychic[8]

**Roselia:** Psychic[7]

**Ponyta:** Psychic[6]

**Prinplup:** ^^^^Psychic[5]

If you took damage from Staravia (otherwise delay this menu to after Ricky):

- Move Metronome to Monferno.
- Heal Kadabra to full if applicable.
- Equip Choice Specs.

**Black Belt Ricky:**

**Steelix:** Shadow Ball x2[13]

4 / 16 to die if it hits Iron Tail (random AI)

- Heal to 80+ HP.
- Do the menu above if you have not done it yet.
- Take the third elevator up to dodge the spinning worker.

**Ace Trainer Cesar:**

**Skorupi:** Shadow Ball[12]

**Steelix:** Shadow Ball (x2)[10]

14 / 16 range

**Worker Gerardo:**

**Onix:** Shadow Ball[9]

**Onix:** Shadow Ball[8]

**Black Belt David:**

**Onix:** Shadow Ball[7]

**Steelix:** Shadow Ball[6]

**Ace Trainer Breanna:**

**Azumarill:** Grass Knot

- Revive Monferno.
- Heal Kadabra to full.
- *Super Repel already for optimal Candice steps? To be tested.*
- *Optionally: save.*

### Leader Byron:

**Bronzor:** Shadow Ball[5]

→ Switch to Monferno

**Steelix:** Mach Punch (die) + Grass Knot

→ Do not teach Role Play.

**Bastiodon:** [Stone Edge: 30-34\(36\)](#)

X-Defense + Grass Knot + X-Sp. Atk + Grass Knot

→ skip X-Sp. Atk if crit first Grass Knot

→ X-Sp. Def if Sp. Def got dropped by Flash Cannon.

- Go to the library.
- Teach TM21 Dazzling Gleam over Grass Knot (Slot 4).
- Change Battle Style to Set.
- Fly to Celestic Town (small blue, top) already now.
- Pickup the [hidden Rare Candy\[1\]](#).
- Heal to 16+ HP.

### Ace Trainer Dalton:

**Raichu:** Psychic[4]

**Hippopotas:** Psychic[3]

**Pelipper:** Psychic[2]

Pickup [TM100 Rock Climb](#).



### Ace Trainer Olivia:

**Roselia:** Psychic[1]

**Seaking:** Psychic[0]

- As soon as you enter Snowpoint:
  - Heal Kadabra to full.
  - Equip Wise Glasses on Kadabra.
  - Fly to Veilstone City (big red, top right).
  - Head to Lake Valor.

### Commander Saturn:

**Kadabra:** Shadow Ball[4]

**Toxicroak:** Psyshock[0]

**Bronzor:** Shadow Ball (x2)[2]

13 / 16 range

- Equip Choice Specs on Kadabra.
- Fly to Twinleaf Town (far left blue).
- Heal at mum.
- Head to Lake Verity.

### Team Galactic Double:

Dazzling Gleam[9] | X-Sp. Atk **Kadabra**

Dazzling Gleam[8] | X-Sp. Atk **Kadabra**

Dazzling Gleam[7] | Heal

- **Swap Metronome to Kadabra.**
- **Give 1 Rare Candy to Kadabra to level 44.**
- (Heal Kadabra to full)
- Deposit Monferno.
- Surf behind the Grunts.

### Commander Mars:

**Golbat:** Psychic

**Purugly:** ^Psychic[8](x2)

**Bronzor:** Shadow Ball x2

13 / 16 range

Payback: 34-38(40)

- Heal Kadabra to full.
- Equip Wise Glasses on Kadabra.
- Fly to Snowpoint (far north).
- **Check Pokétech step counter to know when the Repel will expire.**

Get to Candice this way:

- <https://www.twitch.tv/wartab/clip/KawaiiArtsySpiderPanicBasket-U2cvog5Jk4rfAuBa>
- The Super Repel is effective for 200 steps.

### Leader Candice:

**Snoover:** X-Sp. Atk + Dazzling Gleam[6]

**Sneasel:** Dazzling Gleam[5]

→ If Dig, heal to full?

**Medicham:** Dazzling Gleam[4]

**Abomasnow:** Psychic[7]

- Exit the gym by going one tile to the left on Candice.
- Head to Lake Acuity.
- Fly to Veilstone City (big red, top right).
- Drop Repel in Veilstone.
- Talk to the Grunt to get the **Storage Key**.

### Team Galactic Grunt:

**Dustox:** Psychic[6]

**Bronzor:** Shadow Ball

### Scientist Frederik:

**Kadabra:** Shadow Ball

**Kadabra:** Shadow Ball

- Pickup the **Galactic Key**.
- Head to Galactic HQ (middle door).
- Dodge the spinner and fight the Grunt on the right side

### Team Galactic Grunt (right):

**Golbat:** Psychic[5]

**Silcoon:** Psychic[4]

- Heal at the bed.
- Pickup the **hidden Full Restore**.
- Withdraw Monferno.

### Galactic Double:

Dazzling Gleam[9] | Anything

Dazzling Gleam[8] | Heal

Dazzling Gleam[7] | Heal



- Take the middle warp.
- Pickup the Elixir.
- Pickup the hidden Rare Candy[2] left at the boxes.
- Take the middle warp.

### Galactic Boss Cyrus:

**Murkrow:** Dazzling Gleam[6]

**Golbat:** Psychic[9]

**Sneasel:** Dazzling Gleam (x2)[4]

10 / 16 range

### Commander Saturn:

**Kadabra:** Shadow Ball[14]

**Toxicroak:** Psyshock[7]

**Bronzor:** Shadow Ball[13]

- Press the button.
- Exit the building.
- Fly to Oreburgh City and head to Mt. Coronet.
- Super Repel.
- Heal to full.
- Pickup the Max Revive before the spinners if you had to use Revival Herb.
- Pickup the hidden Ether.
- Get the hidden Rare Candy[3].



### Galactic Grunt:

**Bronzor:** Shadow Ball[12]

**Glameow:** Psyshock[6]

### Galactic Grunt:

**Bronzor:** Shadow Ball[11]

**Golbat:** Psyshock[5]

### Galactic Grunt:

**Golbat:** Psychic[8]

**Glameow:** Psyshock[4]

**Bronzor:** Shadow Ball[10]



### Galactic Double:

Dazzling Gleam[3] | Flamethrower Dustox

Dazzling Gleam[2] | Heal Kadabra

- Heal Kadabra to full.
- Give 2 Rare Candies to Kadabra to level 51.

### Mars & Jupiter Double:

X-Defense + X-Sp. Atk x2 (don't technically need 2 without Light Screen)

Full Restore if needed

Heal to full before attacking!

Shadow Ball[9] **RIGHT BRONZOR**

Psychic[7] **RIGHT Purugly + RIGHT Golbat**

Shadow Ball[8] **LEFT BRONZOR**

Psychic[6] **LEFT GOLBAT**

[Snarl does ~54-62\(66\)](#)

Dazzling Gleam (x2 in Light Screen) **LEFT Skuntank**

**Cyrus:** (you are slower than Crobat and Weavile, heal as needed)

**Honchkrow:** Dazzling Gleam[9]

**Gyarados:** Psyshock[9] + Revival Herb Kadabra + Psyshock[8]

**Crobat:** X-Defense (+ X-Sp. Atk (+ Dazzling Gleam)) [U-turn: \(46\)48-54\(56\)](#)

→ Should U-turn at some point...

**Weavile:** (X-Sp. Atk if not done so yet) Dazzling Gleam[8] [Dig: 38-44\(45\)](#)

**Crobat:** Psychic[9]

- Catch Palkia with the Masterball.
- Go inside the cave.
- Equip Choice Specs on Kadabra.
- Deposit Monferno.
- Teach TM95 Surf over Ancient Power (Slot 1) to Palkia.
- Equip Metronome on Palkia.
- Escape Rope.
- Fly to Pastoria.
- Get the free heal from the hotel.

**Sailor Luther:**

**Feebas:** Psyshock[9]

**Machoke:** Psyshock[8]

**Gastrodon:** Psyshock[7]

Gym Puzzle: Right, Left

**School Kid Tiera:**

**Pachirisu:** Psychic[9]

Gym Puzzle: [Left Blue x3](#)

**School Kid Forrest:**

**Mr. Mime:** Shadow Ball[14]

Gym Puzzle: [Blue](#) + [Green](#)

**Guitarist Jerry:**

**Luxio:** Shadow Ball[13]

Gym Puzzle:

- [Red](#)
- [Red](#)

**Ace Trainer Destiny:**

**Kadabra:** Shadow Ball[12]

**Raichu:** Shadow Ball (x2)[10]

[14 / 16 range](#)

**Guitarist Preston:**

**Luxio:** Psyshock[6]

**Bibarel:** Psyshock[5]

Gym Puzzle:

- [Green x2](#)
- [Blue](#)

**Ace Trainer Zachery:**

**Steelix:** Shadow Ball x2[8]

**Medicham:** Shadow Ball[7]

- Swap Choice Specs to Palkia.
- Swap Palkia to the front of the party.

**Leader Volkner:**

**Raichu:** X-Speed

→ Should Volt Switch

**Ambipom:** X-Sp. Atk + Surf[14]

**Raichu:** Surf[13]

→ Do not teach Dragon Claw.

**Octillery:** Surf[12]

**Luxray:** Surf[11]

- Repel
- Heal Kadabra to full.
- Heal Palkia to full.
- Swap Kadabra to the front.
- Swap Choice Specs from Palkia to Kadabra.

**Swimmer Oscar:**

**Mantyke:** Psyshock[4]

**Remoraid:** Psyshock[3]

**Mantine:** Psyshock[2]

**Ace Trainer Mariah:**

**Golduck:** Psyshock[1]

**Blissey:** Psyshock[0]

Pickup the **Max Elixir** (shouldn't need it, please let me know if this worked fine without it).

**Ace Trainer Omar:**

**Rapidash:** Psychic[8]

**Carnivine:** Psychic[7]

**Rampardos:** Psychic[6]

**Ace Trainer Sydney:**

**Clefable:** Psychic[5]

**Torterra:** Psychic[4]

**Veteran Clayton:**

**Staraptor:** Psychic[3]

**Hippowdon:** Psychic[2]

**Black Belt Miles:**

**Machop:** Psychic[1]

Elixir Kadabra.

**Psychic Valencia:**

**Chingling:** Shadow Ball[14]

**Chimecho:** Shadow Ball[13]

Pickup **Dragon Pulse**.

**Dragon Tamer Andre:**

**Gabite:** Psychic[9]

**Veteran Edgar:** (heal as needed)

**Tentacruel:** Psychic[8]

**Golem:** Psychic x2[6]

**Empoleon:** Psychic x2[4]

→ Switch to Palkia if 92 HP or lower on Kadabra and Spacial Rend x2 / x3

**Dragon Tamer Clinton:**

**Gible:** Psyshock[9]

**Gyarados:** Psyshock[8]

**Gible:** Psyshock[7]

- Remove Choice Specs from Kadabra.
- Equip Metronome on Palkia.
- Deposit Kadabra.
- Buy MAX Full Restores (RR^).

**Empoleon's Grass Knot does:**

|                  |           |            | L50              | L51               |
|------------------|-----------|------------|------------------|-------------------|
| 61-71(72)        | at        | 126        | # / 0 - 1 / #    | # / x / #         |
| 60-70(71)        | at        | 127 / 128  | # / 2 - 5 / #    | # / 0 - 1 / #     |
| 59-69(70)        | at        | 129 / 130  | # / 6 - 9 / #    | # / 2 - 5 / #     |
| 58-68(69)        | at        | 131 / 132  | # / 10 - 13 / #  | # / 6 - 8 / #     |
| 57-67(68)        | at        | 133 / 134  | # / 14 - 17 / #  | # / 9 - 12 / #    |
| 56-66(67)        | at        | 135 / 136  | # / 18 - 21 / #  | # / 13 - 16 / #   |
| 56-65(66)        | at        | 137 / 138  | # / 22 - 25 / #  | # / 17 - 20 / #   |
| 55-64(65)        | at        | 139 / 140  | # / 26 - 29 / #  | # / 21 - 24 / #   |
| 54-63(64)        | at        | 141 - 143  | # / 30+ / #      | # / 25 - 30 / #   |
| <b>53-62(63)</b> | <b>at</b> | <b>144</b> | <b># / x / #</b> | <b># / 31 / #</b> |

**Rival:** (heal as needed)

**Staraptor:** X-Speed + X-Sp. Atk + Surf x2[9]

→ Rival can decide to switch out after the first Surf. If he does,  
Surf again (heal if worried about Quick Claw Grass Knot).  
You can then also skip the second X-Sp. Atk.

**Rapidash:** X-Sp. Atk + Surf[8]

**Megahorn:** ~43-58

**Snorlax:** Surf[7]

100% at +2 with ^^^Surf at 181+ Sp. Atk (##/11+)

**Roserade:** Surf[6]

**Heracross:** Surf[5]

**Empoleon:** (heal +) Surf[3 SIC]

has Quick Claw

- Heal to full.
- Ether Surf[13].
- Equip Specs

**Elite Four Aaron:**

**Dustox:** X-Speed + X-Sp. Atk x2 + Surf[12]

→ If no Light Screen after two turns, attack immediately.

**Heracross:** Surf[11]

**Beautifly:** Surf[10]

**Vespiquen:** (heal if still Light Screened +) Surf[9]

**Drapion:** Surf[8]

- Heal Palkia to full.
- Teach Dragon Pulse over Spacial Rend (Slot 4).
- Equip Metronome (or anything else than Choice Specs with 191+ Sp. Atk (x/x/14+))

#### Elite Four Bertha:

**Quagsire:** X-Defense (+ X-Speed) + X-Sp. Atk + Full Restore + Dragon Pulse[9]

→ **X-Speed if 111 or less Speed on Golem (0 - 20 / x / x)**

**Sudowoodo:** Dragon Pulse[8]

**Whiscash:** Dragon Pulse[7]

**Golem:** Slash + Surf[7]

**Hippowdon:** Surf[6]

- Equip Choice Specs.
- Heal to full.

#### Infernape's Close Combat:

|                  |           |            |                    |
|------------------|-----------|------------|--------------------|
| 57-66(67)        | at        | 115        | # / 0 - 1 / #      |
| 55-64(66)        | at        | 116 - 118  | # / 2 - 7 / #      |
| 54-63(64)        | at        | 119 / 120  | # / 8 - 10 / #     |
| (52)54-61(63)    | at        | 121 - 124  | # / 11 - 18 / #    |
| (51)52-60(61)    | at        | 125 - 127  | # / 19 - 23 / #    |
| 51-58(60)        | at        | 128 - 130  | # / 24 - 29 / #    |
| <b>49-57(58)</b> | <b>at</b> | <b>131</b> | <b># / 30+ / #</b> |

#### Infernape's Mach Punch:

|                      |           |             |                    |
|----------------------|-----------|-------------|--------------------|
| 19-22(24)            | at        | 115 - 118   | # / 0 - 7 / #      |
| 18-21(22)            | at        | 119 - 127   | # / 8 - 23 / #     |
| <b>(16)18-19(21)</b> | <b>at</b> | <b>128+</b> | <b># / 24+ / #</b> |

#### Elite Four Flint:

##### Rapidash:

X-Speed

If poisoned:

X-Defense + X-Sp. Atk

If put to sleep:

X-Defense + X-Sp. Atk + Surf[5] until woken up

Surf[5]

##### Lopunny:

If poisoned or got put to sleep earlier:

Full Restore + Surf[4]

Otherwise:

X-Defense + X-Sp. Atk + Full Restore + Surf[4]

**Steelix:** Surf[3]

**Drifblim:** Surf[2]

**Infernape:** Surf x2[0] **has Focus Sash & Mach Punch**

- Heal to full.
- Ether Surf[10].

Mr. Mime's Dazzling Gleam:

|                  |           |             |                    |
|------------------|-----------|-------------|--------------------|
| 62-72(74)        | at        | 124         | # / 0 / #          |
| 60-68(72)        | at        | 125 - 130   | # / 1 - 13 / #     |
| 56-66(68)        | at        | 131 - 136   | # / 14 - 26 / #    |
| <b>54-42(66)</b> | <b>at</b> | <b>137+</b> | <b># / 27+ / #</b> |

**Elite Four Lucian:** (heal as needed)

**Mr. Mime:** X-Sp. Def + X-Speed (x2) + X-Sp. Atk x3 + Surf[9]

→ **Use 2 X-Speeds with 112 Speed or less (0 - 14 / x / x)**

**Medicham:** Surf[8]

**Girafarig:** Surf[7]

**Alakazam:** Surf[6]

**Bronzong:** Surf[5]

Heal to full-ish.

**Champion Cynthia:** (heal as needed, but after X-Sp. Def she will spam Sucker Punch)

**Spiritomb:** X-Sp. Def + X-Speed + X-Sp. Atk x2 + Dragon Pulse[5]

**Lucario:** Dragon Pulse[4]

**Roserade:** Dragon Pulse[3]

**Gastrodon:** Dragon Pulse[2]

**Milotic:** Dragon Pulse[1]

**Garchomp:** Dragon Pulse[0]