

Mount Washington Valley Community Resource Guide

Last Updated 8/13/24

Community Agencies & Local Hospitals

Organization	Location	Phone Number	Contact/Email Address
Carroll County Coalition for Public Health	Conway	(603) 301-1252	info@c3ph.org
Child Advocacy Center of Carroll County	Conway	(603) 569-9840	
Children Unlimited	Conway	(603) 447-6356	children@childrenunlimitedinc.org
Conway Peer Support	Conway	(603) 447-1765	conwayalcenter@gmail.com
Cranmore Health Partners	North Conway	(603) 730-5356	info@chpnh.com
Dept. of Health & Human Services (DHHS)	Conway	(603) 447-3841	publicinformationoffice@dhhs.nh.gov
Division of Children, Youth & Families (DCYF)	Statewide	(603) 271-6562	fosternh@dhhs.nh.gov
Granite United Way	Statewide	(603) 930-9443	info@graniteuw.org
MaineHealth Memorial Hospital	North Conway	(603) 356-5461	
Mount Washington Valley Adult Day Center	Conway	(603) 356-4980	Lynn Coyle, Director
New Hampshire Family Voices	Statewide	(603) 271-4525	nhfamilyvoices@nhfv.org
NH Works - Employment Services	Conway	(603) 447-5924	Scott Koblich, Office Manager
North Country Health Consortium	Statewide	(603) 259-3700	info@nchcnh.org
Saco River Medical Group	Conway	(603) 447-3500	info@sacodocs.com
Tri-County Community Action Program	Statewide	(603) 323-7400	carrollcc@tccap.org
Vaughn Community Services	North Conway	(603) 356-2324	Jennifer Perkins, Administrator
Visiting Nurse, Home Care & Hospice	North Conway	(603) 356-7006	

White Mountain Community Health Center	Conway	(603) 447-8900	info@whitemountainhealth.org
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Public Schools

Organization	Location	Phone Number	Contact/Email Address
SAU #9 District Office	Conway	(603) 447-8368	Aimee Frechette, Superintendent
Kennett High School	North Conway	(603) 356-4343	Kevin Carpenter, Principal
MWV Careers & Technical Center	North Conway	(603) 356-4370	Joe Riddensdale, Director
Kennett Middle School	Conway	(603) 447-6364	Katy Bedley, Principal
Mountainside Intermediate School	Conway	(603) 447-3369	Danielle Nutting, Principal
Lakeside Primary School	Center Conway	(603) 447-2882	Sara Lewis, Principal
Josiah Bartlett Elementary School	Bartlett	(603) 374-2331	Phyllis Bellemare, Principal
Jackson Grammar School	Jackson	(603) 383-6861	Erin Messer, Principal
SAU #13 District Office	Tamworth	(603) 323-5088	Dr. Michael Whaland, Superintendent
Kenneth A. Brett School	Tamworth	(603) 323-7271	Melanie McBrian, Principal
Freedom Elementary School	Freedom	(603) 539-2077	Elaine Sherry, Principal
Madison Elementary School	Madison	(603) 367-4642	Heather Woodward, Principal

Charter & Speciality Schools

Organization	Location	Phone Number	Contact/Email Address
The Lilliputian Montessori School	North Conway	(603) 356-4464	Melissa Jermone, Executive Director
Mountain Top Music Center	Conway	(603) 447-4737	office@mountaintopmusic.org
Northeast Woodland Chartered Public School	Conway	(603) 374-7896	hello@northeastwoodland.org

Robert Frost Charter School	Conway	(603) 356-6332	Janine McLauchlan, Head of School
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Recreation & Early Learning

Organization	Location	Phone Number	Contact/Email Address
Believe in Books Literacy Foundation	Intervale	(603) 356-9980	info@believeinbooks.org
Children Unlimited	Conway	(603) 447-6356	children@childrenunlimited.org
Conway Parks & Recreation	Conway	(603) 901-1139	Michael Lane, Director
Head Start	Conway	(603) 447-5161	
North Conway Community Center	North Conway	(603) 356-2096	Philip Ouellette, Executive Director
Project Succeed	Conway	(603) 901-2029	Tim Neugebauer, Program Director
Vaughan Learning Center	North Conway	(603) 356-5213	Heather Ouellette, Executive Director

Educational & Career Enhancement Opportunities

Organization	Location	Phone Number	Contact/Email Address
Carroll County Adult Education	Tamworth	(603) 323-5100	Crystal Sawyer, Director and Coordinator
Granite State College	Conway	(603) 447-3970	
Leadership MWV	North Conway	(603) 356-5701	
MWV Academy	North Conway	(603) 356-4309	
Mt Washington Valley Toastmasters	Conway	(603) 986-6234	
Next Steps New Hampshire	Statewide		
NH Works - Employment Services	Conway	(603) 447-5924	Scott Koblich, Office Manager
Solo	Conway	(603) 447-6711	info@soloschools.com

Stay MWV	North Conway	(603) 356-5701	staymwv@gmail.com
Tin Mountain Conservation Center	Conway	(603) 447-6991	Lori Jean Kinsey, Executive Director
Trust Program - Re-Entry Program	Carroll County	(603) 539-2282	James Stoddard, Program Director
White Mountains Community College	North Conway	(603) 356-7926	wmcc@ccsnh.edu

Fuel & Housing

Organization	Location	Phone Number	Contact/Email Address
Carroll County Homeless Outreach	Carroll County	(603) 323-8928	
Emergency Assistance for Rent	Statewide	(603) 310-9221	Lynn Lippitt, Director
Energy Assistance Services	Carroll County	(603) 323-7400	carrollcc@tccap.org
Homeless Crisis Hotline	Nationwide	(800) 438-3890	
Low Income Home Energy Assistance Program	Statewide	(866) 674-6327	energyassistance@ncat.org
Mount Washington Valley Habitat for Humanity	North Conway	(603) 356-3832	office@mwv-habitat.org
Mount Washington Valley Housing Coalition	Conway	(603) 452-7414	Jen Stilwell, Executive Director
New Hampshire Housing	Statewide	(603) 472-8623	info@nhhfa.org
Transitional Living Program	Statewide	(800) 452-4668	
Way Station	North Conway	(603) 452-7113	waystationnh@gmail.com
Weatherization Assistance Program	Carroll County	(603) 326-6626	

Financial Assistance & Legal Advocacy

Organization	Location	Phone Number	Contact/Email Address
Town of Conway - General Assistance	Conway	(603) 447-8311, ext. 6	BJ Parker, General Assistance Officer

603 Legal Aid	Statewide	(800) 639-5290	603mail@603legalaid.org
County Attorney - Carroll County	Carroll County	(603) 539-7769	Michaela Andruzzi
The Disability Rights Center - NH	Statewide	(603) 228-0432	mail@drcnh.org
Financial Assistance for Needy Families	Statewide	(800) 852-3345	
Legal Eagles	Conway	(603) 452-5644	
Neighbor Helping Neighbor	Statewide		
NH Legal Assistance	Statewide	(800) 639-5290	

Food Pantries & Food Assistance

Organization	Location	Phone Number	Contact/Email Address
Bartlett/Jackson Food Pantry	Glen Baptist Church	(603) 383-9246	bartlettjacksonfoodpantry@gmail.com
Breadbasket Food Pantry	Center Conway	(603) 447-6633	
The Brown Church Food Pantry	Conway	(603) 447-3851	info@thebrownchurch.org
End 68 Hours of Hunger	Conway	(603) 662-6486	Amanda McDonald, Program Coordinator
Food SNAP Program	Statewide	(800) 852-3345	
Freedom Food Pantry	Freedom	(603) 539-6484	fccf1858@gmail.com
Madison Church Food Pantry	Madison	(603) 733-6323	themadisonchurch@gmail.com
Tamworth Community Food Center	Tamworth	(603) 960-4067	tamworthcfc@gmail.com
Vaughan Food Pantry	North Conway	(603) 356-2324	Jennifer Perkins, Administrator
WIC	Statewide	(800) 942-4321	
Youth & Family - Nutrition Connections	Statewide	(603) 447-3834	

Clothing & Material Assistance

Organization	Location	Phone Number	Contact/Email Address
Angels & Elves	North Conway	(603) 356-5512	angelsandelves2022@gmail.com
Gibson Center Thrift Shop	North Conway	(603) 356-3231	info@gibsoncenter.org
North Country Cares	North Conway	(603) 662-3443	Emily Smith-Mossman
The Pass Along Project	Statewide	(603) 817-9011	info@thepassalongproject.com
The Revolving Closet	North Conway	(603) 662-3443	Emily Smith-Mossman
The Thrift Shop - Christ Episcopal Church	North Conway	(603) 356-2632	christepiscopal@gmail.com
Vaughan Clothing Depot	North Conway	(603) 356-2324	Jennifer Perkins, Administrator

Transportation Assistance

Organization	Service Area	Phone Number	Contact/Email Address
Carroll County RSVP	Carroll County	(603) 356-9331	info.ccrsvp@gmail.com
Fast Taxi	Location Specific	(603) 356-0000	fasttaxinh@gmail.com
Neighbors Helping Neighbors	Madison	(603) 986-2130	
Tamworth Caregivers	Tamworth	(603) 323-7697	
Tri-County Transit	Carroll County	(603) 752-1741	
A. White Security Service	Carroll County	(603) 651-8479	info@whitesecurityservice.com

Medical, Dental & Vision

Organization	Location	Phone Number	Contact/Email Address
Donated Dental Services	Statewide	(603) 826-6408	Kathleen Donovan, DDS Coordinator
New Hampshire Healthy Families	Statewide	(866) 769-3085	

New Hampshire Medicaid	Statewide	(800) 852-3345	
Tamworth Dental Center	Tamworth	(603) 323-7645	dental@tccap.org
White Mountain Community Health Center	Conway	(603) 447-8900	info@whitemountainhealth.org

Medical Disabilities or Special Needs Services

Organization	Location	Phone Number	Contact/Email Address
The Disability Rights Center - NH	Statewide	(603) 228-0432	mail@drcnh.org
The Laura Foundation	Madison	(603) 367-1166	
Northern Human Services	Conway	(603) 447-4356	
North Country Independent Living	North Conway	(603) 356-0282	fgale@ncilnh.com
Partners in Health	Conway	(603) 860-4499	

Mental Health Services & Substance Abuse

Organization	Location	Phone Number	Contact/Email Address
Children Unlimited	Conway	(603) 447-6356	children@childrenunlimitedinc.org
Crossings (Bereavement Support Group)	North Conway	(603) 356-7006, ext. 43	Pastor Sue Davidson
The Doorway	Statewide	211	https://www.211nh.org/contact/
LGBT National Help Center	Nationwide	(888) 843-4564	help@lgbthotline.org
Mount Washington Valley Psychological Services (Multiple Therapists)	Conway	(603) 447-2453	
Mount Washington Valley Supports Recovery	Conway	(603) 662-0668	mwvaddictionresource@gmail.com
National Mental Health Help Line	Nationwide	(800) 662-4357	

National Suicide Prevention Help Line	Nationwide	(800) 273-8255	
Northern Human Services	Conway	(603) 447-4356	
The Trevor Project	Nationwide	(866) 488-7386	info@thetrevorproject.org
White Horse Recovery	Center Ossipee	(603) 651-1441	
Youth & Child Center for Wellness	North Conway	(603) 356-4114	

Individual Mental Health Therapists

Organization/Individual	Focus/Speciality	Location	Phone Number	Contact/Email Address
Ascent Counseling	Eating Disorders	North Conway	(603) 319-4512	Nick Hudson-Swogger
Blue Heron Neurofeedback and Counseling	EMDR/MAT, Counseling	North Conway	(603) 356-6400	
Cheryl Bildner	Adults	North Conway	(603) 447-2453	
Diane Johnson	Mindfulness	Conway	(603) 447-2239	devough@gmail.com
Discover Heath Trish Murray	Biofeedback	Conway	(603) 447-3112	info@discoverhealthfmc.com
Donna Torney, MA, LCMHC	Mindfulness & Stress	North Conway	(617) 712-2584	
Granite State ABA	Autism, ADD, ADHD	Carroll County	(603) 387-3092	Rochelle Hickmott-Mulkern, BCBA
Gretchen Davidson, LCSW	EMDR, Hypnotherapy, Intuitive/Tarot, Mind, Body	Center Conway	(603) 730-2134	
Jed Wilson, LCSW	Psychotherapy	Conway	(603) 730-9154	jedwilson.licsw@gmail.com
Jen Bella	Adolescents/Adults	North Conway	(207) 203-9213	
Memorial Hospital Melissa Kanter, APRN-PMHNP	Must be patient of Primary Care	North Conway	(603) 356-5461	
Nancy Sheridan, LCSW	EMDR	Wolfeboro	(603) 731-3904	nhs Sheridan@gmail.com

Norcross Circle Associates		North Conway	(603) 662-2196	Cathy Brings
Nourishing NH	Eating Disorders & Disordered Eating	North Conway	(718) 254-4230	Hope Hayes
Resilience Counseling & Training Center		North Conway	(603) 460-5774	resiliencectc@gmail.com
Robin Winter-Weber	Art Therapist	North Conway	(877) 838-8217	
William Nagahiro, PhD	Adolescents/Adults	Conway	(603) 447-5066	wtnagahiro@gmail.com

Child Abuse, Domestic Violence & Sexual Assault Resources

Organization	Location	Phone Number	Contact/Email Address
Caring Unlimited - Domestic Violence Hotline	Nationwide	(800) 239-7298	mail@caring-unlimited.org
CASA NH	Statewide	(800) 626-0622	speakup@casanh.org
The Child Advocacy Center of Carroll County	Wolfeboro	(603) 569-9840	
Child Help USA	Nationwide	(800) 422-4453	
Division of Children, Youth & Families (DCYF)	Statewide	(603) 271-6562	fosternh@dhhs.nh.gov
National Center for Missing or Exploited Children	Nationwide	(800) 843-5678	
National Domestic Violence/Abuse Hotline	Nationwide	(800) 799-7233	
Starting Point	Conway	(800) 336-3795	
Victim Witness Advocate - Conway PD	Conway	(603) 356-5785	Melissa Smith
To Report Child Abuse or Neglect	Nationwide	(800) 452-1999	

Local Libraries

Organization	Location	Phone Number	Contact/Email Address
Bartlett Public Library	Bartlett	(603) 374-2755	Kathy Van Deursen, Director

Chocorua Public Library	Chocorua	(603) 323-8610	Shauna Peterson, Director
Conway Public Library	Conway	(603) 447-5552	David Smolen, Director
Cook Memorial Library	Tamworth	(603) 323-8510	cooklib@tamworthlibrary.org
Effingham Public Library	Effingham	(603) 539-1537	effinghamlibrary@gmail.com
Freedom Public Library	Freedom	(603) 539-5176	ask@freedompubliclibrary.org
Jackson Public Library	Jackson	(603) 383-9731	Meg Murphy, Director
Madison Library	Madison	(603) 367-8545	librarian@madison.lib.nh.us
North Conway Public Library	North Conway	(603) 356-2961	staff@popelibrarynh.org

Volunteer Opportunities

Organization	Location	Phone Number	Contact/Email Address
Believe in Books Literacy Foundation	Intervale	(603) 356-9980	info@believeinbooks.org
Carroll County RSVP	Carroll County	(603) 356-9331	info.ccrsvp@gmail.com
Conway Area Humane Society	Conway	(603) 447-5955	volunteer@conwayshelter.org
The Gibson Center	North Conway	(603) 356-3231	info@gibsoncenter.org
Jen's Friends Cancer Foundation	North Conway	(603) 356-5083	friend@jensfriends.org
Mount Washington Valley Rec Path	North Conway		mwvrp@mtwashingtonvalley.org
Tin Mountain Conservation Center	Conway	(603) 447-6991	info@tinmountain.org

Other Resources

Organization	Location	Phone Number	Contact/Email Address
Child Care Aware - NH Connections	Statewide	(603) 578-1386	