

- “28 Days To A Client” -




The Real War Mode Day Plan + Report.

| | Priority Level | Task List For The Day (Set Tasks That Make Progress Towards MY Goals) |
|---------|----------------|---|
| 1. ✓ | 1 ▾ | Have breakfast and then take the dog for a walk |
| 2. ✓ | 1 ▾ | Find 10 prospects |
| 3. ✓ | 1 ▾ | Outreach to pending prospects |
| 4. ✓ | 1 ▾ | Make some FV |
| 5. ✓ | 1 ▾ | Start developing a killer outreach |
| 6. ✓ | 1 ▾ | Watch power-up call |
| 7. ✓ | 1 ▾ | Do prospect research to find what they really NEED |
| 8. ✓ | 1 ▾ | Exercise |
| 9. ✓ | 2 ▾ | Take my dog for a walk every 2 hours to clear my mind |
| 10. ✓ | 2 ▾ | Have lunch |
| 11. ✓ | 2 ▾ | Have dinner |
| 12. ✓ | 2 ▾ | Read some pages of a copywriting book |
| 13. ✓ | 2 ▾ | Start drinking lots of water/ 1litrs - 3 ltrs per day |
| 14. ✓/✗ | 3 ▾ | |
| 15. ✓/✗ | 3 ▾ | |
| 16. ✓/✗ | 3 ▾ | |
| 17. ✓/✗ | 3 ▾ | |
| 18. ✓/✗ | 3 ▾ | |
| 19. ✓/✗ | 3 ▾ | |
| 20. ✓/✗ | 3 ▾ | |

Day Number: 1







Date: March 13th 2023

Start Of The Day - Time: 6:00 am

| | |
|---|--|
|  |  3 Things That I Am Excited To Have In The Future?  |
| 1. | Lots of high-paying clients |
| 2. | A strong body and a strong mind |
| 3. | Financial freedom = Individual freedom |

Hour-By-Hour **Tracking:**

[Track+Measure=Improve]

| | |
|--|---|
|  Task: |  Task = Set The Task That I Intend To Complete This Hour? |
|  Intention: |  Intention = What Is My Plan Of Action To Complete This Task For This Hour? |
|  Reflection: |  Reflection = Did I Complete This Task For This Hour? If Not, Then Why? |

My War Mode Words:

1. I Am Acting With No Limits To My Abilities!

2. I Am Being All That I Can Be, Every Hour And Every Day!

3. Every Word I Am Saying And Thought I Am Thinking Is Positive!

4. I Am Being Enthusiastic About Completing Each Task!







5. I Am The Best Copywriter In The World!







| | |
|-------------------------|--|
| \$ 6 am: Task \$ | Wake up and walk the dog |
| 🔔 Intention 🔔 | Set up an alarm and as soon as it goes off get out of bed |
| ✍️ Reflection ✍️ | |







| | |
|-------------------------|---|
| \$ 7 am: Task \$ | Have breakfast and start working on pendant FV |
| 🔔 Intention 🔔 | Be effective, don't waste time and do the best I can |
| ✍️ Reflection ✍️ | |







| | |
|-------------------------|---|
| \$ 8 am: Task \$ | Walk the dog, and keep working on FV |
| 🔔 Intention 🔔 | |
| ✍️ Reflection ✍️ | |

| | |
|-------------------------|--|
| \$ 9 am: Task \$ | Finish the FV and send the outreach email |
| 🔔 Intention 🔔 | To be effective and send it as soon as possible so I can continue with my other tasks |
| ✍️ Reflection ✍️ | Wasn't so effective as I would've liked, It took me a lot of time to finish the FV |

| | |
|---|--|
|  10 am: Task  | Pick another prospect and start doing research on what they need. |
|  Intention  | To find out what their current objective is and use that to create an opportunity |
|  Reflection  | It is still difficult for me to find what my prospects really need. |

| | |
|---|--|
|  11 am: Task  | Start prospecting. Gather at least 10 new prospects. |
|  Intention  | Be fast and efficient. Don't waste time and choose wisely |
|  Reflection  | Wasn't as efficient as I should've |

| | |
|---|--|
|  12 am: Task  | Prospecting |
|  Intention  | Be fast and efficient. Don't waste time and choose wisely |
|  Reflection  | Wasn't as efficient as I should've |

| | |
|---|---|
|  1 pm: Task  | Eat |
|  Intention  | Recharge energy and clear my mind |
|  Reflection  | I cleared my mind and thought about some solutions for some problems |





| | |
|-------------------------|--|
| \$ 2 pm: Task \$ | Prospect |
| 🔔 Intention 🔔 | Be fast and efficient. Don't waste time and choose wisely |
| ✍️ Reflection ✍️ | Wasn't as efficient as I should've |





| | |
|-------------------------|--|
| \$ 3 pm: Task \$ | Prospect |
| 🔔 Intention 🔔 | Be fast and efficient. Don't waste time and choose wisely |
| ✍️ Reflection ✍️ | Wasn't as efficient as I should've |





| | |
|-------------------------|---|
| \$ 4 pm: Task \$ | Start Developing a killer outreach |
| 🔔 Intention 🔔 | Think about how to stand out from the crowd. And find a way to secure a response or a sales call |
| ✍️ Reflection ✍️ | Didn't get too far. All that though about is things that I already kow |





| | |
|-------------------------|--|
| \$ 5 pm: Task \$ | Prospect research to find out what is they really need |
| 🔔 Intention 🔔 | Find what is their current objective so I can use that to create an opportunity |
| ✍️ Reflection ✍️ | I still struggle A LOT to find what my prospects need |



| | |
|-------------------------|-------------------------------------|
| \$ 6 pm: Task \$ | Write task list for tomorrow |
|-------------------------|-------------------------------------|



| | |
|---|----------------------------------|
|  Intention  | Write more specific tasks |
|  Reflection  | This challenge is great |

| | |
|---|--|
| \$ 7 pm: Task \$ | Read a copywriting book to become better |
|  Intention  | Learn I think, how I can implement this in my daily life |
|  Reflection  | I learned some valuable things that I will try to apply tomorrow before doing my outreach |

| | |
|---|---|
| \$ 8 pm: Task \$ | Shower/something to eat |
|  Intention  | Clear my mind and disconnect from work |
|  Reflection  | |

| | |
|---|--|
| \$ 9 pm: Task \$ | Respond some text messages and prepare to sleep |
|  Intention  | |
|  Reflection  | |



| | |
|--|--------------------|
| \$ 10 pm: Task \$ | Go to sleep |
|  Intention  | |



| | |
|---|--|
|  Reflection  | |
|---|--|






End-Of-The-Day Report:



| |
|--|
|  What Did I Learn Today?  |
| I learned that I need a lot of improvement in my efficiency. It takes a lot of time to do everything |

| |
|---|
|  What Do I Plan To Do Differently Tomorrow?  |
| I'll try to be more efficient with my time and really focus on my problems |

| |
|--|
|  What Do I Plan To Do The Same Tomorrow?  |
| Keep the same mindset. Winning mindset |

| |
|--|
|  Who Do I Need To Update, Contact, Ask A Question To, And Share Feedback With?  |
| Ask something to proff Andrew |

| |
|---|
|  What Tasks Were Left Undone?  |
| Nothing BABYYY |

Brain Dump: