# - "28 Days To A Client" -

## The Real War Mode Day Plan + Report.

	Priority Level	Task List For The Day (Set Tasks That Make Progress Towards MY Goals)
1. 🗸	1	Have breakfast and then take the dog for a walk
2. 🗸	1	Find 10 prospects
3. 🗸	1	Outreach to pending prospects
4. 🗸	1	Make some FV
5. 🔽	1	Start developing a killer outreach
6. 🔽	1	Watch power-up call
7. 🗸	1	Do prospect research to find what they really NEED
8. <u>//</u>	1	Exercise
9. 🔽	2	Take my dog for a walk every 2 hours to clear my mind
10. 🔽	2	Have lunch
11. 🗸	2	Have dinner
12. 🗸	2	Read some pages of a copywriting book
13. 🔽	2	Start drinking lots of water/ 1litrs - 3 ltrs per day
<b>14.</b>	3 -	
<b>15.</b>	3 -	
<b>16.</b>	3 -	
<b>17.</b> 🔽/🗙	3 -	
18. <mark>V/X</mark>	3 -	
<b>19.</b>	3 ·	
20. <mark>V</mark> /X	3 -	

#### <u>Day Number: 1</u>

<u> Date: March 13th 2023</u>

Start Of The Day - Time: 6:00 am

	🙏 3 Things That I Am Excited To Have In The Future? 🙏
1.	Lots of high-paying clients
2.	A strong body and a strong mind
3.	Financial freedom = Individual freedom



### [Track+Measure=Improve]

\$ Task:	\$ Task = Set The Task That I Intend To Complete This Hour?
🔔 Intention:	Intention = What Is My Plan Of Action To Complete This Task For This Hour?
/ Reflection:	/ Reflection = Did I Complete This Task For This Hour? If Not, Then Why?

#### **My War Mode Words:**

- 1. I Am Acting With No Limits To My Abilities!
- 2. I Am Being All That I Can Be, Every Hour And Every Day!
- 3. Every Word I Am Saying And Thought I Am Thinking Is Positive!
  - 4. I Am Being Enthusiastic About Completing Each Task!

### 5. I Am The Best Copywriter In The World!

\$ 6 am: Task \$	Wake up and walk the dog
🔔 Intention 🔔	Set up an alarm and as soon as it goes off get out of bed
/ Reflection /	
\$ 7 am: Task \$	Have breakfast and start working on pendant FV
🔔 Intention 🔔	Be effective, don't waste time and do the best I can
/ Reflection /	
\$ 8 am: Task \$	Walk the dog, and keep working on FV
A Intention	
/ Reflection /	
	T
\$ 9 am: Task \$	Finish the FV and send the outreach email
🔔 Intention 🔔	To be effective and send it as soon as possible so I can continue with my other tasks
/ Reflection /	Wasn't so effective as I would've liked, It took me a lot of time to finish the FV

\$ 10 am: Task \$	Pick another prospect and start doing research on what they need.
🔔 Intention 🔔	To find out what their current objective is and use that to create an opportunity
/ Reflection /	It is still difficult for me to find what my prospects really need.
\$ 11 am: Task \$	Start prospecting. Gather at least 10 new prospects.
🔔 Intention 🔔	Be fast and efficient. Don't waste time and choose wisely
/ Reflection /	Wasn'y as efficient as I should've
\$ 12 am: Task \$	Prospecting
<u>-</u>	
🔔 Intention 🔔	Be fast and efficient. Don't waste time and choose wisely
△ Intention △  / Reflection /	Be fast and efficient. Don't waste time and choose wisely  Wasn't as efficient as I should've
/ Reflection /	Wasn't as efficient as I should've
/ Reflection / \$ 1 pm: Task \$	Wasn't as efficient as I should've  Eat
Reflection / \$ 1 pm: Task \$  A Intention A	Wasn't as efficient as I should've  Eat  Recharge energy and clear my mind

\$ 2 pm: Task \$	Prospect
🔔 Intention 🔔	Be fast and efficient. Don't waste time and choose wisely
/ Reflection /	Wasn't as efficient as I should've
\$ 3 pm: Task \$	Prospect
🔔 Intention 🔔	Be fast and efficient. Don't waste time and choose wisely
/ Reflection /	Wasn't as efficient as I should've
\$ 4 pm: Task \$	Start Developing a killer outreach
🔔 Intention 🔔	Think about how to stand out from the crowd. And find a way to secure a response or a sales call
/ Reflection /	Didn't get too far. All that though about is things that I already kow
\$ 5 pm: Task \$	Prospect research to find out what is they really need
🔔 Intention 🔔	Find what is their current objective so I can use that to create an opportunity
/ Reflection /	I still struggle A LOT to find what my prospects need
\$ 6 pm: Task \$	Write task list for tomorrow

🔔 Intention 🔔	Write more specific tasks
/ Reflection /	This challenge is great
\$ 7 pm: Task \$	Read a copywriting book to become better
🔔 Intention 🔔	Learn I think, how I can implement this in my daily life
/ Reflection /	I learned some valuable things that I will try to apply tomorrow before doing my outreach
\$ 8 pm: Task \$	Shower/something to eat
🔔 Intention 🔔	Clear my mind and disconnect from work
/ Reflection /	
\$ 9 pm: Task \$	Respond some text messages and prepare to sleep
🔔 Intention 🔔	
/ Reflection /	
\$ 10 pm: Task \$	Go to sleep
🔔 Intention 🔔	
	<u>1</u>

Reflection	
-	
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	End-Of-The-Day Report:
	₩What Did I Learn Today?
I learned tha	nt I need a lot of improvement in my efficiency. It takes a lot of time to do everything
_	
	What Do I Plan To Do Differently Tomorrow?
I'll try to be	more effitient with my time and really focus on my problems
_	
	₩ What Do I Plan To Do The Same Tomorrow? ₩
Keep the san	ne mindset. Winning mindset
<b>W</b>	/ho Do I Need To Update, Contact, Ask A Question To, And Share Feedback With?📧
Ask somethi	ng to proff Andrew
_	
	<b>⋰What Tasks Were Left Undone?</b>
Nothing BAB	YYY
E	3rain Dump: