



OCD Connecticut  
PO Box 104  
Old Saybrook, CT 06475

**ANNUAL REPORT**  
**September – December 2013**

Dear Friends,

OCD Connecticut was established in September of 2013 and in just a few months we have established a mission statement, affiliate by-laws, appointed both Board and Scientific and Advisory Board members and have begun to carry out the mission of the IOCDF within the state of Connecticut. We have established an informative website [www.ocdct.org](http://www.ocdct.org) which is consistently updated to include current research in the state, listings of local providers and support groups within our catchman area. We have established an email and phone number to begin communication with members. Information about the establishment of our Affiliate was given to foundation members through both an introductory letter mailing and email, which informed members of the mission and plans for the future. In October, we participated in the media campaign during OCD Awareness week via our facebook page with informative postings and links.

Communication and engagement of members have been our primary focus in these few short months. We attended existing support groups and assisted with beginning a new support group in an under-served area. A highlight during this time was our participation in the program planning of an event called “An Honest Look at Mental Illness” held by The CT Forum at the Bushnell Theater in Hartford. This experience allowed us to outreach and spread the word about our new affiliate.

Our plans for the future year include participation in the Million Steps 4 OCD walk in Boston, sponsorship of a therapist at the BTTI training in Boston and continued outreach in our community. We are planning a ½ day family centered conference in New Haven during the week of OCD Awareness week and look forward to presenting additional educational programs throughout the state. We are in the process of gathering volunteers for fund-raising and education committees.

OCD CT is excited for the upcoming year and look forward to growing membership and becoming a resource for people in the State of Connecticut.

Sincerely,

Susan Schuster, President OCD CT

