

Tab 1

2025-26
WEEKLY WORD • SEMANAL DE PALABRA



CARBONDALE MIDDLE SCHOOL



Palabra Semanal Abierta En Español



6th grade teachers are excited about the Highline lake trip coming up- September 17-19!





Photos from 7th grade field trip to Toklat.

Bell Schedule	Blue/Gold Calendar	Bus Routes	CMS Website
Food Menu	Athletics	District Calendar	School Fees
Infinite Campus	Remind	Habits of a Scholar	Schoology

Monday 9/15	<input type="checkbox"/> CMS Football HOME vs. Glenwood 4:30 <input type="checkbox"/> School Accountability Committee (SAC) Meeting 6- 7:00pm Everyone is welcome! Form Beverages & Burritos will be served
Tuesday 9/16	<input type="checkbox"/> Volleyball vs. Riverview (7th Home/8th Away) 4:30



Wednesday 9/17	<input type="checkbox"/> 6th Grade to Highline Lake
Thursday 9/18	<input type="checkbox"/> 6th Grade at Highline Lake <input type="checkbox"/> Volleyball, Football, XC Team Photos 📷 See Schedule Order Form <input type="checkbox"/> 🏐 Volleyball vs Aspen (8th Home/7th Away) 4:30 <input type="checkbox"/> Homework Help 3:15-4:00, FREE Register Here
Friday 9/19	<input type="checkbox"/> 6th Grade returns from Highline Lake <input type="checkbox"/> 8th Grade Rafting
Coming up...	<input type="checkbox"/> 9/22 Colorado Rocky Mountain School will be at CMS to meet with interested 8th graders More Info Here <input type="checkbox"/> 10/6-10/17 Smiles for Students @ CMS <input type="checkbox"/> 11/10-11/14 Aspen Words Poetry Week

From Principal, Mr. Logan...



Dear CMS families,

This message is redundant with last week's message because our first **School Accountability Committee (SAC) Meeting** is right around the corner on **Monday, September 15th from 6:00 pm to 7:00 pm**, and we only have two parents signed up. We need you! SAC is a state mandated committee that allows community members to be involved in educational improvement at a school. It is through the cooperative efforts of teachers, parents, staff, administrators, students, and community members that foundations for school improvement are built. The agenda for our first SAC meeting includes:

1. 2025/2026 Strategic Plan
2. Planning for the upcoming 'Anxious Generation' book club discussion
3. Apples and Onions: feedback about what's working at CMS and what needs improvement

Burritos and Beverages will be served, and Spanish Language interpretation is available. Please consider joining us for this important school function. If you'd like to join this team please complete this short [form](#).

We value your involvement in our school!

Michael Logan

CMS Principal

(970) 384-5701 • mlogan@rfschools.com • <http://cms.rfsd.k12.co.us/>



From Ms. Porter, Dean of Culture...

Thank you to all who attended our back to school night! It was great to see so many families there.

Something I want to introduce is CMS Color Games! Color Games is a school-wide teamwork challenge that we do throughout the year. Each crew class is assigned a color and each color has various grade levels. For example, on the "Blue" team, we have a 5th grade crew, 6th grade crew, 7th grade crew, and 8th grade crew. Those crew classes work on various challenges throughout the year to try to earn the most points. Students can earn points for their color team in a ton of different ways- things like completing the weekly CMS puzzler, doing service learning projects, competing in games/field day, and participating in spirit days. Keep an eye out for various challenges throughout the year!

Color Teams

Red	Orange	Yellow	Green	Blue
McMichael Lasko Kreiling Edlind	Walker Hentschel Forbes (points adjusted due to only 3 crews)	Stainton Land Berry Dameron	Rose Campbell Meisner Hahn	Busch Steiger De La Sala Vandervoort

Thanks, Sara Porter

Sara H. Porter

CMS Dean of Culture

sporter@rfschools.com

pronouns: she/her/ella

Counseling Corner

Building Positive Relationships at School

Strong relationships help kids feel connected and safe at school. Encourage your student to show kindness, listen actively, and look for peers with similar interests. Building positive friendships doesn't happen overnight, but small actions like offering a smile, including others, or joining a club can create lasting connections. Healthy relationships also give students a



stronger sense of belonging, which is essential for both academic success and emotional well-being.

Lindsay Selig

School Counselor, MA, LPCC

(970)384-5713 • lselig@rfschools.com

Pronouns: she/her

Ali Silcox

School Counselor, MA, LPC, NCC

970-384-5735 || asilcox@rfschools.com ||

Pronouns: she/her



CMS needs basketball coaches for 7th grade boys and girls!

Boys start Oct. 13th

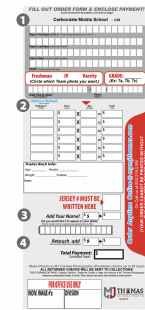
Girls start Dec. 8th

There is a stipend available

Please contact Jason Kreiling

kreiling@rfschools.com

970-384-5729



TEAM PHOTOS on Thursday, Sept 18

- 7th volleyball at 2:45 in the gym
- 8th volleyball in the gym 3:20
- Football on the game field 3:45
- XC meet in foyer, location tbd 4:15

Order [Digitally](#) or Paper Copies will also be available



Dear Parents,

Attached you will find a hyperlinked PDF of our Sport Picture Day Flyer. Click anywhere on the PDF and it will take you directly to our online ordering page. You can also access the online ordering portal by going to www.mymjthomas.com and entering our event code (**Event Code C30**). You can also print this order form and attach a check or cash and bring it in on picture day!

Coach Stroud shared some cross country photos and times from their Eagle Valley XC Invitational on Saturday, Sept. 6



Results:

Girls 3K - 87 runners

Nevee Campbell, 11th, 14:03.9
Julia Hunt, 46th, 17:12

Boys 3K - 110 runners

Cooper Hunt, 23rd, 12:56.1
Everett Conklin, 44th, 14:07.8

Jason Kreiling

CMS STEM Teacher & Athletic Director

kreiling@rfschools.com

Connect with CMS

- ☐ **Monday, September 22nd**, the Director of Admissions from the **Colorado Rocky Mountain School**, will be at CMS during lunch to meet with any 8th grade students who are interested in learning more about CRMS.

Any and all 8th grade students are invited and can sign up by telling Mr. Logan during lunch next week.





**NOW ACCEPTING
APPLICATIONS
FOR FALL 2026**

- ☐ [Homework Help](#) offered most Thursdays after school
3:15-4:00, FREE this year!
[Register Here](#) or in front office

This is an after school support on **Thursdays from 3:15-4:00 pm** for students who need extra help with homework. This program is free this year, and families can sign up by completing a paper registration form found at our front desk or by [registering online](#).

District News

- ☐ RFSD School **Meal Menus** [HERE](#) or click calendars below.

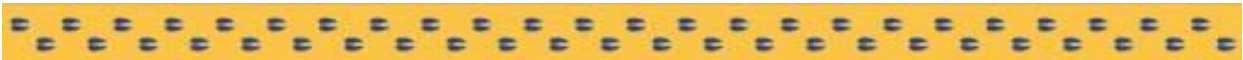
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September 2025

Carbondale Middle School

Breakfast

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Lunch Day	12 • Breakfast Pizza • Whole Grain Cereal • Assorted Milk • Select Fresh Fruit • Apple Juice	3 • Strawberry Waffle • Whole Grain Cereal • Assorted Milk • Select Fresh Fruit	4 • Egg & Cream Cheese • Whole Grain Cereal • Assorted Milk • Select Fresh Fruit	13 • Breakfast Burrito • Whole Grain Cereal • Assorted Milk • Select Fresh Fruit • Orange Juice
8 • Blueberry Muffin • Whole Grain Cereal • Assorted Milk • Select Fresh Fruit • Apple Juice	9 • Breakfast Pizza • Whole Grain Cereal • Assorted Milk • Select Fresh Fruit • Apple Juice	10 • Ham & Cheese Croissant • Whole Grain Cereal • Assorted Milk • Select Fresh Fruit	11 • Mini Croci • Whole Grain Cereal • Assorted Milk • Select Fresh Fruit	12 • Egg & Cheese Slider • Whole Grain Cereal • Assorted Milk • Select Fresh Fruit • Orange Juice
15 • Chocolate Muffin • Whole Grain Cereal • Assorted Milk • Select Fresh Fruit • Apple Juice	16 • Breakfast Pizza • Whole Grain Cereal • Assorted Milk • Select Fresh Fruit • Apple Juice	17 • Strawberry Waffle • Whole Grain Cereal • Assorted Milk • Select Fresh Fruit	18 • Egg & Cream Cheese • Whole Grain Cereal • Assorted Milk • Select Fresh Fruit	19 • Breakfast Burrito • Whole Grain Cereal • Assorted Milk • Select Fresh Fruit • Orange Juice
22 • Blueberry Muffin • Whole Grain Cereal • Assorted Milk • Select Fresh Fruit • Apple Juice	23 • Breakfast Pizza • Whole Grain Cereal • Assorted Milk • Select Fresh Fruit • Apple Juice	24 • Ham & Cheese Croissant • Whole Grain Cereal • Assorted Milk • Select Fresh Fruit	25 • Mini Croci • Whole Grain Cereal • Assorted Milk • Select Fresh Fruit	26 • Egg & Cheese Slider • Whole Grain Cereal • Assorted Milk • Select Fresh Fruit • Orange Juice
29 • Chocolate Muffin • Whole Grain Cereal • Assorted Milk • Select Fresh Fruit • Apple Juice	30 • Breakfast Pizza • Whole Grain Cereal • Assorted Milk • Select Fresh Fruit • Apple Juice	Menu Options: • PT Chocolate M&S • FT W&S M&S		



Community Partnerships



WHY CHOOSE US?
Roaring Fork Cycling is the premier cycling program in the valley, offering an unparalleled experience for riders of all levels. As the only program that provides **FREE** (just a \$45 admin fee) for **12 sessions**, we give young riders the experience to develop skills on the trails. We even have **bikes and helmets to borrow**.
Whether teaching basics or teaching advanced, our expert coaches create a dynamic and supportive environment where youth can grow. This Fall, our goal is a **50/50 ratio** of boys and girls, fostering inclusivity and fun while building confidence and a love for the sport. Roaring Fork Cycling is where the next generation of riders starts off!

Learn More:

www.roaringforkcycling.org

Two Wheels, Endless Possibilities



Roaring Fork Cycling

Scout Troop 242 Sample Calendar


Weekly Meetings Thursdays 7 pm
Scout Cabin, El Jebel
Boys Ages 11-17

January: Dinner fundraiser at the Aspen Elk Lodge	February: Klondike Derby	March: Nordic / Alpine Ski Day
April: Fruita Mountain Bike	May: Service Projects	June: Scout Camp
July: National Youth Leadership Training	August: Raft trip	September: Camporee Campout
October: Moab Mountain Bike	November: Merit Badges	December: Hut Trip

Kevin Heath, Scoutmaster
970-379-0922

Learn more:
troop242.org

Join:
beascout.scouting.org



troop242.org

Join:

beascout.scouting.org



Aspen Supports Kids (ASK)

WHAT IS AVSC ASK?	¿QUÉ ES AVSC ASK?
What: Youth learn to ski and snowboard in a fun and safe environment.	Qué: Aprende a esqui y hacer snowboard en un ambiente divertido y seguro.
Who: Kids 3.5 years old – 12th grade.	Quié: Niños de 3.5 años a 12 grado.
Where: Buttermilk, Snowmass, Highlands, and Aspen.	Dónde: Buttermilk, Snowmass, Highlands y Aspen.
Cost: Prices vary. \$150 deposit. Scholarships available for 1st – 12th grade.	Costo: Precios varían. Depósito de \$150. Becas disponibles para 1 a 12 grado.
Equipment: Season equipment scholarships for 1st – 12th grade available.	Equipo: Becas de equipo de temporada para 1 – 12 grado disponibles.
Transportation: Free chaperoned buses from Glenwood, Carbondale, and El Jebel to Buttermilk and Snowmass. 1st – 12th grade, based on availability.	Transporte: Autobuses con acompañante gratuitos desde Glenwood, Carbondale y El Jebel a Buttermilk y Snowmass, 1ª a 12ª grado.
Registration: Online or in-person starting Sunday, Aug. 24, 5pm	Inscripción: En línea o en persona a partir de las 5:00 p. m. del 24 de agosto.

LEARN MORE
APRENDE MÁS
www.teamavsc.org

QUESTIONS IN ENGLISH?
Contact Meredith Ewell
Meredith.Ewell@teamavsc.org
970.265.5101

¿PREGUNTAS EN ESPAÑOL?
Contacta con Regina Linares
Regina.Linares@teamavsc.org
970.265.5101



Aspen Valley Ski & Snowboard Club opens registration Sunday, August 24, at 5pm.

www.teamavsc.org



Bill Koch Youth Ski League (BKYSL)

WHAT IS AVSC BKYSL?	¿QUÉ ES AVSC BKYSL?
What: Youth learn to Nordic ski in a fun and safe environment.	Qué: Aprende a esqui nórdico en un ambiente divertido y seguro.
Who: Kids ages 5-10 years old.	Quié: Niños de 5 a 10 años.
Where: Aspen, Basalt, and Carbondale	Dónde: Aspen, Basalt y Carbondale
Cost: Prices vary. Equipment and program fee scholarships available	Costo: Los precios varían. equipo y cuota del programa becas disponibles
Equipment: Rentals available through Ute Mountaineer	Equipo: Alquileres disponibles a través de Ute Mountaineer.
Registration: Online or in-person until Oct. 1st	Inscripción: En línea o en persona.

LEARN MORE
APRENDE MÁS
www.teamavsc.org

QUESTIONS IN ENGLISH?
Contact Meredith Ewell
Meredith.Ewell@teamavsc.org
970.265.5101

¿PREGUNTAS EN ESPAÑOL?
Contacta con Regina Linares
Regina.Linares@teamavsc.org
970.265.5101



www.teamavsc.org

MAROON BELLES VOLLEYBALL TRYOUTS
13U-17U TEAMS

13U (8th-7th Graders)
SUN, SEP 21, 2025, 2:00-4:00 PM

14U (8th Graders)
SUN, SEP 21, 2025, 5:00-7:00 PM

15U (9th Graders)
17U 11th Graders, MB & OH only
18U Team is filled-no tryouts!
SUN, OCT 5, 2025, 3:00-5:00 PM

LOCATION:
Riverview K8, Glenwood Springs, CO

COST:
\$40 Non-Refundable Tryout Fee

FOR MORE DETAILS & TO REGISTER
WWW.MAROONBELLES.COM

FENCING CLASSES
Go for the Gold!

Beginner Classes in September and November!

Explore's fun and safe Olympic sport with classes in Aspen and Glenwood Springs! All equipment provided, no experience necessary. Ages 7-14 welcome. Financial assistance available. Individual beginner lesson packages available for students outside the age-range or that need alternate times/dates. Get more info and register online at:

RoaringForkFC.com/beginners
Greg Domashovetz | hello@roaringforkfc.com | 970.924.0459

[Roaring ForkFC.com/beginners](http://RoaringForkFC.com/beginners)

COLORADO EXTREME

CARBONDALE

COLORADO EXTREME HOCKEY!

[Click here to register](#)
Learn to Skate - 14u

Lessons with Jimmy Byrne

Since 2002, "KFV kids" (age 5 to 85) have been learning piano and acoustic guitar with Jimmy -- and loving it! Also, Adults and Teens are discovering their instrument and voice.

Come to Jimmy's "Biggie Studio" in Carbondale for an extraordinary learning experience and HAVE FUN!
JimmyByrne@PiaCo.com - PiaPiano@aol.com

AND ABOUT "MY STUDENT" SCHOLARSHIPS

*Music is a gift which keeps on giving
Let us grow a world of music makers.*

PERFORMING ARTS
CARBONDALE MIDDLE SCHOOL

GRADES 5-8
Sept 29th - Dec 9th
Mondays and Tuesdays
3:25-4:55 p.m.

Educator and entertainment professional, Quincy Gray, welcomes young performers to Carbondale Middle School, to explore the art of storytelling in the spirit of Broadway's Jukebox musical theater genre. Jukebox musicals include stage acting, singing and dancing to scores or pop songs, by some of today's most iconic musicians. Shows like 'Motown,' 'Rock of Ages,' 'Juliet' & 'Hell's Kitchen.' Jukebox musicals give modern shows a refreshing new life onstage.

In his youth, Quincy acted in community plays, and studied theater at CalArts as a teen. He then trained in dance at The Millennium Dance Complex in Los Angeles. As an adult, he studied the Meisner acting technique in Santa Monica, California. Quincy has been credited as an assistant director for Hollywood productions - he's made commercials, music videos, television series, and films.

Participants in the ACCESS AfterSchool performing arts workshops will learn the fundamentals of live musical theater. They will explore scene and monologue acting, as well as sing, and dance to hit songs. Lastly, students will learn social cooperation as a castmate, and stage a musical theater showcase. You're encouraged to 'Seize the Day!' and sign your child up for this dynamic after-school experience. We'll nurture your students' talents, and foster good character, social skills and confidence. See you on stage, under 'All of the Lights.'

alonra@accessafterschool.org
970.291.5437

<https://www.danceinitiative.org/events>

DANCE INITIATIVE
KIDS'/TEENS' BREAKDANCE CLASSES
SEPTEMBER 9 - DECEMBER 17

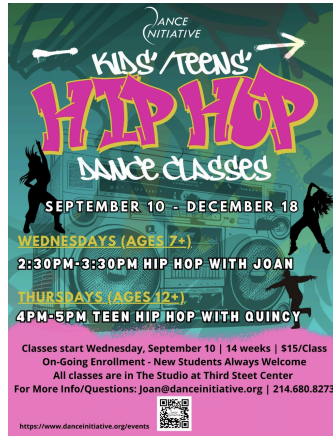
TUESDAYS
4PM-5PM *ADVANCED BREAKING WITH JOH
*FOR STUDENTS WHO HAVE TAKEN 5+ CLASSES WITH JOH

WEDNESDAYS (AGES 7+)
3:45PM-4:45PM BREAKING WITH JOH

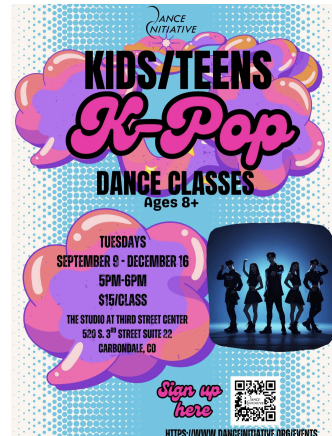
Classes start Tuesday, September 9 | 14 weeks | \$15/Class
On-Going Enrollment - New Students Always Welcome
All classes are in The Studio at Third Street Center
For More Info/Questions: Joan@danceinitiative.org | 214.680.8273

<https://www.danceinitiative.org/events>

<https://www.danceinitiative.org/events>



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<https://www.danceinitiative.org/events>



**NOW ACCEPTING APPLICATIONS
FOR FALL 2026**



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