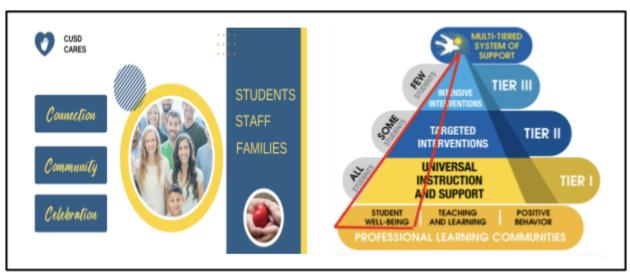
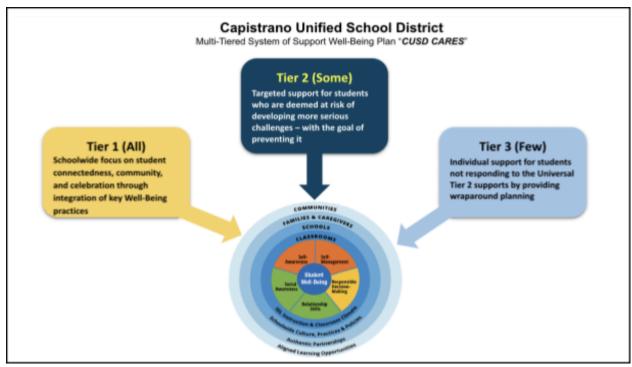
#### **CUSD CARES ~ Cal Prep Academy**

#### Purpose

Goal: Effectively support all students' and staff's well-being and have a positive impact on student outcomes by intentionally developing "connections, a sense of community, and regular opportunities for celebration"

- Connection: Creating a school environment where students feel connected to their peers and the adults on campus through meaningful, daily interactions
- Community: Establishing an inclusive school community by developing a sense of safety and belonging for students, staff, and parents, through events, programs, and organizations
- Celebration: Highlighting the uniqueness of students and staff through moments that acknowledge their contributions and achievements





# CUSD CARES ~ Cal Prep Academy Multi-tiered System of Support (MTSS): Well-Being

## <u>Tier 1 - Universal (All Students)</u>: Schoolwide focus on student connectedness, community, and celebration through integration of key "Well-Being" practices:

- Weekly "Well-being Check-in" during Homeroom
- "You Belong Here" attendance campaign
- Partnership with Futureology with opportunities for high school students to access Futureology support
- Five Star system for encouraging student participation in activities
- Counselor support through Second Step and Cultural Proficiency Lessons
- Positive Behavior Support Tier 1 Strategies and Interventions
- Cal Prep
  - Weekly welcome during Homeroom
  - Intentional welcome for all new students and staff
    - New student orientation and 3 week in-person training and support
  - o Staff and students participate in spirit activities and other school events
    - HS: activities teacher guides monthly events (promoted on website and weekly newsletter, during Homeroom and weekly online announcements)
    - Weekly Homeroom Activities slide
    - Student Representatives on School Site Council
  - o PBIS, academic, and extracurricular student recognitions
    - PBIS presentation (virtual)
    - PBIS 5-star for HS
    - PBIS Student Expectations (Posters, Student Learner Outcomes)
    - PBIS rewards (student café and student activities)

## <u>Tier 2 - Targeted (Some Students)</u>: <u>Targeted support for students who are at risk of developing</u> <u>more significant challenges</u>

- Staff Mentors Homeroom Teachers
- Targeted group counseling (Counselors & Intervention Specialists)
- Referral to counselor
- Restorative Practices
- Weekly In-Person Homeroom support
- Positive Behavior Support Tier 2 strategies and interventions
- Cal Prep examples:
  - Weekly check-ins with Homeroom Teacher
  - Group discussions (Counselor)
  - Student-Family-Site collaboration
  - o Student Cafe Welcoming work space for all Cal Prep students

#### <u>Tier 3 - Intensive</u>: Individual and intentional support for students not responding to the <u>Tier 2</u> supports by providing comprehensive planning and services

- Individual 1:1 Counseling
- District Support Team (counselors, psychologists, High School Family Lead Administrators, and District Staff)
- County and outside mental health referral (with parent consent)
- Partnership with family, health provider, and school site team
- Cal Prep examples:
  - Frequent, calendared Individual meetings with mentor, counselor, or administrator
  - Home visits
    - o Individual discussions (Counselor)
    - Student-Family-Site-District collaboration