

# George Washington Middle School

## Bullying Prevention Month- October 2023

### Calendar of Activities

October is National Bullying Prevention Month. National Bullying Prevention Month reminds us that students, parents, teachers, and school administrators all play a role in preventing acts of bullying. Positive change is possible and comes as we each begin to emphasize the importance of respect and inclusion for all.

#### Key Highlight of Planned Activities:

- [Daily Morning Announcements](#)
- [SEAL/Advisory Lessons](#)
- [Unity Day- Wednesday, October 18<sup>th</sup>](#)
- Bullying Prevention Raffle, Week of October 23<sup>rd</sup>
- [Spirit Week- Week of October 23<sup>rd</sup>](#)

#### *Daily Morning Announcements*

Each day, Principal Vinson will read each statement posted here promoting tolerance, acceptance, an appreciation for who we are as a school community, respect, and having compassion and empathy for others, along with a wide variety and tips which promotes having a healthy, bully free environment at our school. All announcements can be found [here](#).

Each week will have its own bullying prevention theme:

- Week 1- Tips for When you See Bullying
- Week 2- Tips for When you are Being Bullied
- Week 3- Tips for When you are Bullying Others
- Week 4- Tips for Address Cyberbullying
- Week 5- Tips to Show Respect and Appreciation for Others

#### *SEAL/Advisory Lessons*

Throughout the month of October, students will participate in a wide variety of SEAL advisory lessons. All SEAL advisory lessons can be found [here](#).

Such lessons include:

- Be a Buddy, Not a Bully!
- Being an Upstander and a Bystander
- Is it Cyberbullying?
- Friendship Bullying. Yes, it's a thing!
- Overcoming Bullying

### **Unity Day!**

Unity Day is an event created by PACER's National Bullying Prevention Center, to come together in one giant **ORANGE** message of hope and support. WEAR AND SHARE **ORANGE** to color our nation, and even the world, to visibly show that our society believes no child should ever experience bullying. Our school community will participate in Unity Day on Wednesday, October 18. Every student and staff member is strongly encouraged to wear **ORANGE** on this special day of unity!

More information about Unity Day can be found [here](#).

### ***Bullying Prevention Week***

Bullying Prevention Week encourages students to demonstrate anti-bullying behavior. When teachers and staff observe a student demonstrating such behavior, students will receive a raffle ticket. Students should turn in their raffle tickets to their respective grade level office. Each grade level office has a fish bowl labeled Bullying Prevention Week Raffle. Next Friday, October 27, the school counselors at each grade level will draw the lucky winners who will receive a Visa Gift Card provided by our PTA!

Some behaviors that could earn students a raffle ticket are:

- shutting it down when peers are teasing someone
- including others in activities
- supporting and encouraging others
- sticking up for others
- being kind, giving compliments or praise to others

### ***Bullying Prevention Spirit Week- Week of October 23<sup>rd</sup>***

To promote a sense of school pride and spirit during Bullying Prevention Month, the third week of October will be dedicated to a Bullying Prevention Spirit Week with each day having its own theme. Click [here](#) for the Bullying Prevention Spirit Week flier. Listed below are also the various themes for each respective day:

*Monday*- Put a Cap to Bullying (wear your favorite hat)

*Tuesday*- Put Bullying to Rest (wear your favorite pajamas)

*Wednesday*- We have too much Pride for Bullying! (wear our school colors, blue and/or yellow to show that you stand against bullying at our school)

*Thursday*- Stomp Out Bullying (where mismatched shoes)

*Friday*- Team Up Against Bullying (where your favorite team or school's jersey or shirt)