

What do you like to do? List as many things as possible.

How can these things help make a positive change in the world?



Here is a list of prompting questions that can help you explore your passions, values, and interests:

1. What activities make you lose track of time?

2. What subjects or topics do you enjoy learning about the most?

3. What are your natural talents or skills?

4. What do you feel deeply passionate about?

5. What issues or causes in the world do you care about?

6. What activities or hobbies bring you joy and fulfillment?

7. What problems or challenges do you want to help solve?

8. What are your favorite books, movies, or stories, and why do they resonate with you?

9. What are your proudest achievements or moments in your life so far, and what made them special?

10. What do you envision yourself doing in the future that excites you?

11. What kind of impact or difference do you want to make in the lives of others?

12. What values and principles are most important to you?

13. Who are your role models, and what qualities do you admire in them?

14. What are your strengths and how can you use them to benefit others?

15. What activities or interests make you feel confident and empowered?