

Packing List for Biking and Camping in Texas

Requirements	Suggestions
2-3 pairs of shorts for cycling	<i>Ideally bike shorts. Chafing is a real thing. We will provide one additional pair of bike shorts per student.</i>
3 close fitting shirts for cycling	<i>Ideally bike jerseys with pockets to carry snacks. Please avoid tank tops.</i>
Shoes for cycling	<i>These should be either firm soled shoes that are relatively narrow and flat.</i>
4-5 pairs of socks	<i>Include a pair of warm socks for sleeping</i>
I waterproof rain jacket and rain pants	<i>You need a real waterproof jacket and real waterproof pants for this camping tour. These are not optional items! By "real" we mean vinyl or rubber rain gear. These items will be for keeping cyclists dry and warm, not necessarily for riding in for any length of time.</i> <i>The test for real rain gear is if you can stand in the shower and still stay dry. Windbreakers will work for about five minutes until they leave cyclists soaked to the bone.</i>
I fleece or sweatshirt	<i>One that fits closely enough to bike in</i>
A helmet	<i>If you do not have one, we can find one for you. Local bike shops are great places to buy them.</i>
Cycling gloves	<i>While not a necessity, kids have always wanted them for these trips, so highly recommended.</i>
A water bottle	<i>That fits in a bike water bottle cage</i>
4 changes of undergarments	<i>Consider those that will be comfortable when riding a bike</i>
Pair of long underwear, leggings, or tights	<i>That you can wear below clothes on cool days</i>
Pajamas	<i>Might want warmer ones for chillier nights</i>
4 changes of clothes	<i>You don't want to sit out with your bike clothes after we get to the campsites, so bring clothes that are comfortable.</i>
I long sleeved shirt	
I pair of long pants	
Regular shoes	<i>You will need to change out of your biking shoes. I would recommend something very comfortable.</i>
I swimsuit	<i>You never know when you might want to take a dip</i>
Small backpack	<i>For easy access to things you might need during the ride that will be carried in the van</i>
Headlamp or flashlight	<i>Camp gets dark and this is needed to get around the site and read at night</i>

Optional	
Arm and leg warmers	<i>They make these for cycling. They are nice to have for the chillier mornings</i>

Sandals	
Sunglasses	
Camp coffee mug	