

1. **Title of the program**
: Certificate Course on Essentials of Growing Microgreens

2. **Name of the Coordinator/s** : P.Sara
3. **Organizing Department/Cell** : Department of Botany
4. **Date & Duration** : 36 hrs
5. **Number of participants** : 32
6. **Funding source** :

7. **Objective of the Program** :

To introduce the participants with novel microgreens technology and their unique nutritional composition, comprehensive scientific and practical understanding about the technology of growing microgreens.

To sensitize and popularize microgreens & novel products among the health-conscious consumers.

8. **Summary report of the program along with their outcome**

The students were taught the theoretical and practical aspects on how to grow variety microgreens. The course outlined all the essentials needed to grow microgreens & even on the economical aspects of growing the greens.

9. **Outcome**

At the end of the course, the students will be able to:

- Enjoy the fun and easy way to grow microgreens
- Know the different types of herbs and their growth requirements
- Acquire the knowledge in regular maintenance and propagation of herbs
- Learn about common pest & diseases and their management
- Skills in harvesting & preservation of herbs

BROCHURE
Certificate Course on the Essentials of Growing Microgreens

(Entrepreneurial Skill Development Program)

Module I

Introduction – History of microgreens, What are microgreens? Differences between sprouts and microgreens, Why grow your greens? , popular microgreens

Module II

Prerequisites and Methods of microgreen growing, harvesting , Post harvesting storage and what to do with leftovers

Module III

Nutritional value of microgreens and dietary tips

Module IV

Diseases, Pest issues, food safety

Module V 4 hrs

Economic

Considerations

Marketing your greens, Pricing- End Product and cost of production

Assignment: Grow Your Greens, Prepare a dish and post a photo (16 hrs)

Quiz

Certificate

Platform : Google Classroom, Offline & Online Session

- STUDENTS LIST OF ENROLLMENT :**

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- **EVALUATION/Assessment Procedure for the program:**

Students were evaluated based on objective quiz & assignment submitted.

- **CERTIFICATES FOR STUDENTS : Sample Attached**

PRINCIPAL