

Glenbard South HS Virtual Freshman Focus Schedule (20-21)

Freshman Focus Guide for Presenters

Week	P.O.G Unit & SEL	Competency A Glenbard Graduate...	Lesson Title	Department	Presenters support person	Committee	Zoom Hosts Goal/Purpose
1 8/19	Shows Raider Pride (Self-Management) What is		Freshman Focus? PBIS Introduction What is it?	Admin Taff Nielsen Steve Govertsen	Melissa Pero Sandy Coughlin Jose Jaramillo Caicina Linette		• Explain Freshman Focus • PBIS Introduction • Learn the fight song- o
2 8/26 Is	Self-Empower ed (Self-Management) Raider Resources		How do I get help? • Academic resources • SE	resources, Student Services Student Services	Jose Jaramillo Britt Hanson Jenny Pacheco	None Needed Caicina Linette • Who do I go to for	help? • Where do I go for help? • What are my resources?
3	9/2 Is Self-Empower ed (Self-Awareness)			Growth Mindset Math Erica Hearn Elizabeth Tilley Caicina Jones Caicina Linette • Growth vs. Fixed Mindset •	Self Advocacy What if I don't succeed?		
4				9/9 No Freshman Focus, Labor Day Shortened Week			
5	9/16 Embraces Diversity (Social-Awareness)		Embracing Diversity Social Studies Ruben Rodriguez	Sarah Block Gina Hamann	Caicina Jones Caicina Linette • Defining Culture		ion of differences Appreciation/celebrat

ss) • Raiders are Better Together • I can learn from others who

are different from me

<https://www.mynamemystory.org/stories.html>

	Decision-Making)	academic choices?	Britt Hanson Asynchronous	
6 9/23 SAT Day	Uses Critical Thinking (Responsible Decision-Making) How do I manage my time?	Academic Honesty. FACS Wade Hardtke Julie Fonda	- o Pomodoro - o More Pomodoro	
7 9/30 Uses Critical Thinking (Responsible	Do I make responsible	English Candace Vickers Linette Chaloka Cindy Demos	Linette Caicina Britt • Time Management • Resources:	responsibly • Scenarios to Discuss
8 10/7 Collaborates	(Relationship Skills) Connecting Socially while Physically Distancing Student Services Caicina Jones Britt	Hanson Nicole vs. Physical Distancing Fleming None needed Caicina Linette • Social Distancing	• Discussion Questions 9 10/14 Collaborates	(Relationship Skills) Jaramillo/Britt Hanson Science Sarah Lottino Asynchronous Cynthia Morain Jose • Follow-up
10 11 10/28 PT Conferences	10/21 Communicates (Relationship Skills) Active	Listening Fine Arts Liz Hutchinson Britt Hanson Caicina Linette • Discussion Questions SpEd Louise Loewer Jason Younglove	strengths	11/11
18 11/4 Embraces Diversity (Social Awareness)	Creates (Self-Management) Overcoming Self-Doubt		Britt Hanson Asynchronous • Stress Management • Quiet Time/Study Time • Overcoming self-doubt, building on	14 11/18 15
	Stress Management	Social Studies Britt Hanson Brian Wojtun Jon Bergin Britt Hanson Asynchronous	13	College and Career College and Career What are my

options after high school?	school?		Caicina Linette	Caicina Linette	
	School	School		• Intro to Naviance •	• Career Clusters
What are my options after high	Counseling	Counseling	Counselors Linette	Career Clusters	
		Counselors Linette			

11/25 Thanksgiving Recess

16		(Self-Managemen t)	School		
12/9		What is my 4 year plan?	Counseling		
	19			Kristen Carroll Caicina	
				Jones Caicina Linette	
17	12/16	How do I study: Creating a Study Plan	Special Education	• 4 Year Plan	
12/2	College and Career		Counselors Linette	• Credits	• Steps for creating a study plan
			Caicina Linette	• GPA	
	Creates			• Study Skills	• Organizing study space
		FINALS			

Freshman Focus Zoom Links

- Freshman Focus 1 (Host=Caicina)
- <https://glenbard.zoom.us/j/82526020617> •
- Freshman Focus 2 (Host=Linette)
- <https://glenbard.zoom.us/j/84977475991>

How can I stay focused?

- Digital Distractions and Digital Footprint

Communication Healthy dialogue- how to have a conversation with your peers and teachers. Edpuzzle

Video playlist of short, Edpuzzle tutorials:

<https://www.youtube.com/playlist?list=PLKI8fZYdu71G9SRdhkKaD9Y8AO1c8rb80>