# Gateway Community Charters (GCC): Family & Community Resource Guide (2025-2026)



















**Purpose**: The Family & Community Resource Guide is designed to connect families and community members within our district to local resources. The relevant resources contained within this guide are based on the Community Needs Assessment Report. Therefore, this guide will be revised annually to ensure that the Community Engagement Department at Gateway Community Charters proactively addresses the needs of our families and community members. For more assistance, please dial 2-1-1 or (916) 498-1000 or email info@211sacramento.org to receive further information about local resources.

**Disclaimer:** The information contained within the Family & Community Resource Guide is for general informational purposes only. Please note that the shared resources do not constitute legal or professional advice. Gateway Community Charters cannot guarantee that the organizations listed in the guide will aid our families and community members. THEREFORE, UNDER NO CIRCUMSTANCE SHALL GCC BE LIABLE FOR THE INFORMATION PROVIDED WITHIN THIS DOCUMENT.

## **GCC School Locations**

School Name	Address	Contact info	<b>Business Hours</b>
Gateway Community Charters	5112 Arnold Ave Suite A McClellan	Phone: (916) 286-5126	Mon-Fri
District Office	Park, CA 95652	Website: https://www.gcccharters.org	8:00am-4:00pm
Community Collaborative	5715 Skvarla Ave	<b>Phone:</b> (916) 286-5161	Mon-Fri
Charter School (CCCS)	McClellan Park, CA 95652	Website: https://www.cccs-sacramento.org	8:00am-4:00pm
Community Collaborative	2945 Ramco	<b>Phone:</b> (916) 286-5161	Mon-Fri
Charter School (CCCS) West Sacramento	West Sacramento, CA 95691	Website: https://www.cccs-sacramento.org	8:00am-4:00pm
Community Collaborative	1901 Del Paso blvd	<b>Phone:</b> (916) 286-5161	Mon-Fri
Charter School (CCCS)	Sacramento Ca, 95815	Website: https://www.cccs-sacramento.org	8:00am-4:00pm
Sac Youth Center			_
Community Outreach Academy	5640 Dudley Blvd	<b>Phone:</b> (916) 286-5170	Mon-Fri
Elementary School (COA)	McClellan Park, CA 95652	Website: https://www.gcccharters.org/	8:00am-4:00pm
Community Outreach Academy	3800 Bolivar Ave	<b>Phone:</b> (916) 286-1908	Mon-Fri
Middle School (COA)	North Highlands, Ca 95660	Website: https://www.coamiddle.org	8:00am-4:00pm
Empowering Possibilities	2945 Ramco St #200	Phone: (916) 286-1960	Mon-Fri
International Charter	West Sacramento, CA 95691	Website: https://www.epicib.org	8:00am-4:00pm
School (EPIC)			_
Futures High School	900 Grace Ave	Phone: (916) 286-1902	Mon-Fri
	Sacramento, CA 95838	Website: https://fhscharter.org	8:00am-4:00pm

Sacramento Academic and Vocational Academy (SAVA) Power Inn	5330 Power Inn Rd Sacramento, CA 95820	Phone: (916) 387-8063 Website: https://www.savacharterschool.org	Mon-Fri 8:00am-4:00pm
Sacramento Academic and Vocational Academy (SAVA) Elk Grove	3141 Dwight Rd Elk Grove, CA 95758	Phone: (916) 428-3200 Website: https://www.savacharterschool.org	Mon-Fri 8:00am-4:00pm
Sacramento Academic and Vocational Academy (SAVA) SIM Center	6207 Logan St Sacramento, CA 95824	Phone: (916) 286-1940 Website: https://www.savacharterschool.org	Mon-Fri 8:00am-4:00pm
Sacramento Academic and Vocational Academy (SAVA) North Natomas	214 N Market Blvd Sacramento, CA 95834	Phone: (916) 286-1920 Website: https://www.savacharterschool.org	Mon-Fri 8:00am-4:00pm
Gateway International School (GIS)	900 Morse Ave Sacramento, CA 95864	Phone: (916) 286-1985 Website: https://www.gischarter.org	Mon-Fri 8:00am-4:00pm
Higher Learning Academy (HLA)	900 Grace Ave Sacramento, CA 95838	Phone: (916) 286-5183 Website: https://www.hlacharter.org	Mon-Fri 8:00am-4:00pm
Virtual Academy	5112 Arnold Ave McClellan Park, CA 9565	Phone: (916) 286-1915 Website: https://www.cccs-sacramento.org	Mon-Fri 8:00am-4:00pm

## **Table of Contents**

Emergency Phone Numbers	6
Community Collaborative Charter School	7-12
Community Outreach Academy (COA) Elementary School	13-15
Community Outreach Academy (COA) Middle School	16-18
Empowering Possibilities International Charter (EPIC) & CCCS (West Sac Campus)	19-26
Futures High School & CCCS (Sac Youth Center)	27-34
Higher Learning Academy (HLA)	35-41
Gateway International School (GIS)	42-48
Sacramento Academic Vocational Academy (SAVA) North Natomas	49-57
Sacramento Academic Vocational Academy (SAVA) Elk Grove	58-65
Sacramento Academic Vocational Academy (SAVA) SIM & Power Inn	66-75
GCC Virtual Academy	76-80

#### Before making your phone call for a particular service, you may want to write down:

- WHO do you want to talk to?
- WHAT information do you want to know, or
- WHY do you need this service?
- WHEN are the services available?
- REMEMBER if this particular service is unable to assist you, can they make a referral to someone who can?
- **REMEMBER** to gather the name and contact information you need, for future reference.

#### **Frequently Used Phone Numbers**

Contact Info	Services Offered

## **Emergency Phone Numbers**

Organization Name	Contact Info	Services Offered	<b>Business Hours</b>
Sacramento Police, Sheriff, & Fire, Department	Phone: 911	Serious injury, fire, crime in progress, ambulance	Mon-Sun 24 hours
Adult Protective Services	<b>Phone:</b> (916) 874-9377	Program dedicated to helping elders adults with disabilities	Mon-Fri 8:00am-5:00pm
CA Youth Crisis Line	<b>Phone:</b> (800) 843-5200	Free 24/7 confidential and anonymous hotline for youth	Mon-Sun 24 hours
Child Protective Services	<b>Phone:</b> (916) 875-5437	Report child abuse	Mon-Sun 24 hours
Sacramento County Emergency Child Abuse Reporting	<b>Phone:</b> (916) 875-5437	Report immediate child abuse	Mon-Sun 24 hours
Sacramento County Mental Health Crisis Line	<b>Phone:</b> (916) 875-1055	Individual/s experiencing mental health crisis	Mon-Sun 24 hours
Suicide Prevention Crisis Line	<b>Phone:</b> (916 )368-3111	Individual/s experiencing mental health crisis	Mon-Sun 24 hours
Poison Control	<b>Phone:</b> (1-800) 222-1222	Contact Poison Control right away if you suspect poisoning.	Mon-Sun 24 hours
National Domestic Violence Hotline	<b>Phone:</b> (1-800) 799-7233	Individual/s experiencing domestic violence	Mon-Sun 24 hours
Planned Parenthood Hotline:	<b>Phone:</b> (1-800) 230-7526	Individuals that have questions about pregnancy, birth control, plan B, STDs, and abortion	Mon-Sun 24 hours
Sacramento Crisis Nurseries	Phone: 1-800-780-2294	Parents can bring their children ages 0-5 to one of two Sacramento nurseries for emergency childcare services or overnight care during difficult times.	Mon-Sun 24 hours
Animal Control	<b>Phone:</b> 916-368-7387	Dangerous, loose or stray animals that may cause harm. Can dispatch staff to retrieve the animal.	Tues-Sun 12:00pm-5:00pm



# **Community Collaborative Charter School (CCCS)**

## **Employment**

Organization Name	Contact Info	Services Offered	<b>Business Hours</b>
Sacramento Works Job Center	Address: 5655 Hillsdale Blvd, Suite 8	SETA Refugee Program, SETA	Mon-Fri
	Sacramento, CA 95842	Sacramento Works,	8:30am-4:30pm
	<b>Phone:</b> (916) 263-4100		-
Department of Human Assistance	Address: 5747 Watt Ave, North	Subsidized Employment Program	Mon-Fri
	Highlands, CA 95660	is a chance for Welfare to Work	8:00am-4:00pm
	<b>Phone:</b> (800) 560-0976	participants job training and	
		experience through paid	
		employment!	
Twin Rivers Adult School	Address: 5703 Skvarla Ave, McClellan	Free Construction Program-	Mon-Fri
	Park, CA 95652	Construction classes will be held	8:00am-4:00pm
	<b>Phone:</b> (916) 566-2785	at Vista Nueva High School on	
		Monday, Tuesday, Wednesday and	
		Thursdays from 3:00pm-5:00pm.	
BenefitsCal	Address:1725 28TH ST	Medi-Cal provides free or	Mon-Fri
	Sacramento, CA 95816	low-cost health care to people who	8:00am-4:00pm
	<b>Phone:</b> (800) 560-0976	qualify, CalWORKs helps with	
		cash to pay for rent, housing, food,	
		clothing, medical payments, and	
		utilities, CALFresh can help your	
		family get access to healthy food.	

## **General Support Services**

Organization Name	Contact Info	Services Offered	<b>Business Hours</b>
Department of Human	Address: 5747 Watt Ave North Highlands CA, 95660	Assistance with Cal-fresh,	Mon-Fri
Assistance	<b>Phone:</b> 916-876-8000	welfare, childcare, EBT,	8:00am-4:00pm
		Medi-Cal, General	
		Assistance	
Department of Motor Vehicles	Address: 5209 North Ave Carmichael Ca, 95608	Driver's license and ID's,	Mon-Fri
	<b>Phone:</b> 800-777-0133	Vehicle registration and	8:00am-5:00pm
		Driver Education	
Employment Development	Address: 2901 50th Street Sacramento, CA 95817	The Youth Employment	Mon-Fri
Department: Youth	<b>Phone:</b> (916) 227-0301	Opportunity Program	9:00am-4:00pm
Employment Opportunity		(YEOP) helps at-risk youth	
Program		between the ages of 15 and	
		25	

## **Mental Health**

Organization Name	Contact Info	Services Offered	<b>Business Hours</b>
La Familia Counseling Center,	Address: 5523 34th St,	Improve the quality of life	Mon-Fri
Inc	Sacramento, CA 95820	for at-risk youth and families	8:30am-5:30pm
	<b>Phone:</b> 916-452-3601	of diverse backgrounds by	
		offering multicultural	
		counseling, support and	
		outreach.	
		program offers free mental	
		health services to	
		Spanish/English speaking	
		families.	
Mental Health Urgent Care	Address: 2130 Stockton Blvd building 300,	provides services on a	Mon-Sun
Clinic	Sacramento, CA 95817	voluntary, walk-in basis to	24 hours
	<b>Phone:</b> (916) 520-2460	Sacramento County residents	
		of all ages who are	
		experiencing a mental health	

## **Legal Services**

Organization Name	Contact Info	Services Offered	<b>Business Hours</b>
University of the Pacific &	Address: 3200 Fifth Ave. Sacramento, CA 95817	Low-income clients are	Mon-Fri
McGeorge School of Law:	<b>Phone:</b> (916) 340-6080	provided legal assistance	10:00am-4:00pm
Immigration Law Clinic		with immigration matters,	-
		including referrals, legal	
		advice, form preparation,	
		other brief assistance; direct	
		representation in adjustment	
		of status and naturalization	
		matters, such as family	
		petitions; NACARA and	
		VAWA applications;	
		citizenship applications.	
Sacramento Cultural &	Address: 1610 Arden Way	Interpretation, Free of	Mon-Fri
Linguistic Center	Sacramento, Ca 95815	Charge Immigration	8:30am-5:00pm
		Services, Free legal services,	-
		Refugee Resource and	
		Referral, Referral to	
		Emergency Food Services	
		through SSIP	
		Free Car Seat service	
		through Birth & Beyond,	
		Domestic Violence	
		resources, Multi Lingual	
		Vouchers and Bus Routes for	
		SacRT, Counseling Referral	
		and Resources	
Legal Services of Northern	Address: 515 12th St,	Legal help for housing,	Mon-Fri
California	Sacramento, CA 95814	health, natural disaster,	8:30am-5:00pm
	<b>Phone:</b> 916-551-2150	CalWORKs, CalFresh,	
	website: <a href="https://lsnc.net/">https://lsnc.net/</a>	unemployment and general	
		assistance	
SHRA	<b>Phone:</b> 916-389-7877 or 1-800-500-4931	Fair housing and tenants	Mon-Fri
		helpline. Can answer basic	8:00am-5:00pm
		questions regarding tenants	
		rights.	

## **Health Clinics**

Organization Name	Contact Info	Services Offered	<b>Business Hours</b>
McClellan family health clinic	Address: 5342 Dudley Blvd.	abortion, birth control,	Mon-Fri
	McClellan Park Ca, 95652	emergency contraception,	7:30am-4:30pm
	<b>Phone:</b> (916) 561-7560	gender affirming care, HIV	
		services, pregnancy testing	
		and planning, prenatal and postpartum services, std	
		testing and treatment, sexual	
		and reproductive concerns,	
		vaccines and wellness &	
		preventive care	
Planned parenthood, North	Address: 5700 Watt Ave	Immediate care, adult	Mon-Fri
Highlands Health Center	North Highlands CA, 95660	primary care,	8:00am-5:00pm
	<b>Phone:</b> 916-332-5715	child/adolescent care, dental	1
		care for children and	
		adolescents, women's health	
		including pregnancy,	
		immunizations, behavioral	
		health and prevention	
WellSpace Health-North	Address: 6015 Watt Ave #2	Birth & Beyond	Mon-Fri
Highlands Community health	North Highlands CA, 95660	Family Resource	8:00am-5:00pm
center and Birth & Beyond	<b>Phone:</b> 916-737-5555	Center, Counseling	
		& Prevention,	
		Dental Care for	
		Children &	
		Adolescents	
		Pediatrics	

## **Community Based Organizations**

<b>Organization Name</b>	Contact Info	Services Offered	<b>Business Hours</b>
AmeriCorps NCCC Pacific	Address: 3427 Laurel ST	federal agency for national	Mon-Fri
Region	McClellan Park CA, 95652	service and volunteerism. yo	9:00am-5:00pm
	<b>Phone:</b> 800-942-2677	address the nation's most	-
		pressing challenges	

Community Resource project	Address: 3628 Madison Ave,	Provides health services,	Mon-Fri
	North Highlands, CA 95660	energy efficiency, and utility	7:30am-4pm
	<b>Phone:</b> 916-567-5220	assistance	
Liberty Towers Youth Center	Address: 5229 Elkhorn Blvd.	Sunday school for children	Sun
	Sacramento CA, 95842	(1st-8th grade)	9:30am-1:00pm
	<b>Phone:</b> (916) 807-4903		_

## **Community Organizations**

Organization Name	Contact Info	Services Offered	<b>Business Hours</b>
Capital Sports Center	Address: 5209 Luce Ave	40,000 square feet of	availability is based upon
	McClellan Park CA, 95652	versatile floor space, 25,000	open reservation
	<b>Phone:</b> 916-813-4600	square feet of meeting	
		rooms. This location is ideal	
		for large-scale events and	
Elica Resource Center	Address: 5735 Watt Ave	sporting activities.  Health care visits, lab	Mon-Fri
Effica Resource Center	Sacramento CA, 95660	services, dental care, mental	8:00am-4:30pm
	<b>Phone:</b> (916) 454-2345 ext. 614	health services, podiatric	8.00am-4.30pm
	1 Hone: (710) 434-2343 Cat. 014	care and case management	
Foothill Farms Little League	Address: 4799 Robert Frost Way	Little league baseball for	Please call to receive hours of
	Sacramento CA, 95842	youth 3-15 yrs. of age. Prices	operation
	<b>Phone:</b> 916-784-3355	vary based on age and	
		division. \$90-\$180 per	
		season	
Hagginwood Community	Address: 3271 Marysville Blvd.	Room rentals, amenities, Rec	Mon-Fri
Center	Sacramento CA, 95815	Express, Teen scene, hot	9:00am-5:00pm
	<b>Phone:</b> 916-808-6439	spot, tai chi, Qi Gong, Senior	
		Cafe, senior Big Bang	
		Bingo, Senior tech time. Call	
		for information and program	
N. d. H. 11. 1 A 4.1	A I I 7000 W 1 D 1112	details	DI 11.4 : 1 . C
North Highlands Antelope	Address: 7909 Walerga Rd 112	Youth soccer organization	Please call to receive hours of
Youth Soccer Club	Antelope CA, 95843 <b>Website:</b> www.nhaysc.com/home	for youth ages 4-18 yrs. total cost per player is \$140 per	operation
	WWW.IIIIaysc.com/noille	season	
North Highlands Community	Address: 6040 Watt Ave	The facility offers the	Mon-Fri
Center	North Highlands CA, 95660	capacity to host community	9:00am-4:30pm
	<b>Phone:</b> 916-332-7440	events	7.00 <b>u</b> m 1.50pm

The House Athletics	Address: 200 N 16th ST	Sports fitness training	Mon-Fri
	Sacramento CA, 95811	facility with groups and	6:00am-8:00pm
	<b>Phone:</b> 916-275-6693	position specific	
		opportunities. QB training,	
		combine, lineman, batting	
		cages, rugby and	
		semi-private training.	

## **Transportation**

Organization Name	Contact Info	Services Offered	<b>Business Hours</b>
RydeFreeRT	Address: 1225 R Street	The RydeFreeRT program	Mon-Fri
	Phone: 916-321-BUSS (2877).	offers fare-free transit for	8:00am-5:00pm
		youth and students in grades	
		TK through 12.	
Zipcar	Website: www.zipcar.com/join	App based car rental service,	Mon-Sun
		24/7 access to sedans,	24 hours
		SUV's, EV, and Cargo Vans.	
		\$9 monthly membership fee.	
		\$10 per hour or \$83 per day	
Sac Metro Air Quality District	Website: www.airquality.org/our-community-carshare	Free membership, available	Mon-Fri
		in certain areas only, reserve	8:00am-5:00pm
		to run errands, go to	
		appointments, and take local	
		trips. Reserve up to 4 hours a	
		day or 12 hours a week.	

## **Miscellaneous**

Organization Name	Contact Info	Services Offered	<b>Business Hours</b>



# **Community Outreach Academy: Elementary School**

#### **Community Support Services**

Organization Name	Contact Info	Services Offered	<b>Business Hours</b>
Sacramento Cultural &	Address: 5625 24th St,	Low-Cost Translation	Mon-Fri
Linguistics Center – Nonprofit	Sacramento CA 95822	Services, free of Charge	8:00am-4:30pm
Service	<b>Phone:</b> (916) 421-1036	Immigration Services, free	1
		legal services, referral to	
		emergency food services,	
		domestic violence resources,	
		counseling referral and	
		resources, refugee resource	
		and referral	
Open Doors Inc	Address: 1111 Howe Ave Suite 125	Provides resettlement case	Mon-Fri
	Sacramento, CA 95825	management, trauma	9:00am-4:30pm
	<b>Phone:</b> (916) 492-2591	counseling, housing service	-
		for refugees, provide	
		immigration legal services	
		(asylum application	
		assistance, deportation relief,	
		DACA and citizenship	
		application), financial	
		support through career	
		pathways development	

Slavic Community Center Inc.	Address: 4811 Chippendale Dr Suite 708,	Immigration service, green	Mon-Fri
	Sacramento CA	card application/renewal, all	9:00am-6:00pm
	<b>Phone:</b> (916) 633-5247	immigrant and nonimmigrant	
		visas assistance, U.S.	
		Passport service assistance,	
		legal assistance, notary	
		services, translation services	
USA Learns	Website: https://www.usalearns.org/	Free online learning platform	Mon-Sun
		that teachers English skills to	24 hours
		immigrants (students &	
		parents)	
AmeriCorps NCCC Pacific	Address: 3427 Laurel St,	federal agency for national	Mon-Fri
Region	McClellan Park, CA 95652	service and volunteerism. yo	9:00am-5:00pm
	<b>Phone</b> : (800) 942-2677	address the nation's most	
		pressing challenges	
Community Resource Project	Address: 250 Harris Avenue,	Assists families with health	Mon-Sun
	Sacramento, CA 95838	services, home energy	24 hours
	<b>Phone</b> : (916) 567-5220	efficiency, and home utilities	
Sacramento Food Bank and	Address: 1951 Bell Ave,	Assist families with food	Mon-Fri
Family Services	Sacramento, CA 95838	insecurities, free diapers	8:00am-4:00pm
	<b>Phone:</b> (916) 456-1980	immigrant legal services,	
		refugee resettlement	
		services, CalFresh	
		application assistance	
Department of Motor Vehicles	Address: 5209 Ave,	Vehicle registration, driver's	Mon-Fri
	Carmichael, CA 95608	license, ID cards, driver	8:00am-5:00pm
	<b>Phone:</b> (800) 777-0133	education	

## **Health and Educational Resources**

<b>Organization Name</b>	Contact Info	Services Offered	<b>Business Hours</b>
McClellan VA Clinic	Address: 5342 Dudley Blvd,	Provides primary care,	Mon-Fri
	McClellan Park, CA 95652	compensation pension	7:30am-4:30pm
	<b>Phone:</b> (916) 561-7400	exams, dental clinic,	
		laboratory, mammography,	
		optometry, pharmacy,	
		physical therapy, radiology,	
		and women's health services	

Planned Parenthood, North	Address: 5700-Watt Ave,	Provides women health	Mon-Fri
Highlands Health Center	North Highlands, CA 95660	services, STD/STI services,	8:00am-5:00pm
	<b>Phone:</b> (916) 332-5715	emergency contraception,	-
		vaccine services,	
		prenatal/postpartum services	
WellSpace Health North	Address: 6015 Watt Ave Suite 2,	Family resources, counseling	Mon-Fri
Highlands Community Health	North Highlands, CA 95660	services, dental care for	8:00am-5:00pm
Center and Birth & Beyond	<b>Phone:</b> (916) 737-5555	children & adolescents	
Department of Human	Address: 5747-Watt Ave,	Application Assistance with	Mon-Fri
Assistance	North Highlands, CA 95660	Cal-fresh, welfare, childcare,	8:00am-4:00pm
	<b>Phone:</b> (800) 560-0976	Medi-Cal	
Maira Toscano Prisakar:	Address: 5112 Arnold Ave Suite B,	Provides free mental services	Mon-Fri
Licensed Family Marriage	McClellan Park CA 95652	for students and families	8:30am-5:00pm
Therapist	<b>Phone:</b> (916) 279-0292	*staff members are not	
		eligible for services	
Elica Resource Center	Address: 5735-Watt Ave,	Provides primary care,	Mon-Fri
	North Highlands, CA 95660	behavioral health, dental care	8:30am-4:00pm
	<b>Phone:</b> (916) 454-2345		
California Learning Center	Address: 3400 Cottage Way Suite C,	Provides homework support	Mon-Thu
	Sacramento CA	in person after school hours	10:00am-9:00am
	<b>Phone:</b> (916) 486-2646	(math, reading, writing,	
		study skills)	
Homework Help	<b>Phone:</b> (916) 264-2920	Connect with an online tutor	Mon-Fri
	Website:	for free (services TK-12th),	10:00am-10:00pm
	https://www.saclibrary.org/Education/Students-Educators/	subjects offered math,	
	Homework-Help	English, History, science	
Khan Academy	Website: https://www.khanacademy.org/	Online learning platform that	Mon-Sun
		improve academic	24 hours
		achievement (math, language	
		arts, life skills, science,	
		history)	



# **Community Outreach Academy: Middle School**

#### **Community Support Services**

Organization Name	Contact Info	Services Offered	<b>Business Hours</b>
Sacramento Cultural &	Address: 5625 24th St,	Interpretation, Low-Cost	Mon-Fri
Linguistics Center- Nonprofit	Sacramento, CA 95822	Translation Services, Free of	8:00am-4:30pm
Services	<b>Phone:</b> (916) 421-1036	Charge Immigration Services,	1
		Free legal services,, Referral to	
		Emergency Food Services	
		through SSIP, Multi Lingual	
		Vouchers and Bus Routes for	
		SacRT Refugee Resource and	
		Referral, Domestic Violence	
		resources, Counseling Referral	
		and Resources	

Opening Doors Inc	Address: 1111 Howe Ave #125, Sacramento, CA 95825 Phone: (916) 492-2591	meet immigrants, refugees, and survivors of human trafficking wherever they are on their journey, supporting them as they work toward stable housing, financial security, overall wellness, and strong community connections.	Mon-Fri 9:00am-4:30pm
Language World Services Inc	Address: 2860 Gold Tailings Ct, Rancho Cordova, CA 95670 Phone: (916) 333-5247	Provides interpretation on site or over the phone (fee associated)	Mon-Fri 8:00am-5:00pm
Slavic Community Center Inc.	Address: 4811 Chippendale Dr Suite 708, Sacramento CA Phone: (916) 633-5247	Immigration service, green card application/renewal, all immigrant and nonimmigrant visas assistance, U.S. Passport service assistance, legal assistance, notary services, translation services	Mon-Fri 9:00am-6:00pm
USA Learns	Website: https://www.usalearns.org/	Free online learning platform that teachers English skills to immigrants (students, parents)	Mon-Sun 24 hours

Sacramento Works Job Center  – Hillsdale	Address: 5655 Hillsdale Blvd #8, Sacramento, CA 95842 Phone: (916) 263-4100	Employment Agency	Mon-Fri 8:30am-4:30pm
Employment Development Department	Website: https://edd.ca.gov/en/jobs	CalJobs Search engine	Mon-Fri 8:00am-5:00pm
Twin Rivers Adult School	Address: 5703 Skvarla Ave, McClellan Park, CA 95652 Phone: (916) 566-2785	Construction classes offered at Vista Nueva High School. For more info please contact Michelle Montiel (michelle.montiel@trused.net)	Mon-Thu 3:00pm-5:00pm
Highlands Community Charter School	Address: 1333 Grand Ave, Sacramento CA 95838 Phone: (916) 684-2283	Adult school that offered individuals high school diploma/GED and Career Technical Pathway (CTE)	Mon-Thu 3:00pm-5:00pm





# Empowering Possibilities International Charter & CCCS (West Sac Campus)

#### **Employment**

<b>Organization Name</b>	Contact Info	Services Offered	<b>Business Hours</b>
La Cooperativa Campesina de California	<b>Address:</b> 1107 9th St #420, Sacramento, CA 95814 <b>Phone:</b> (916) 388-2220	Educational Programming for adults, Vocational and Career Training	Mon-Fri 8:00am-5:00pm
Yolo County Employment and Social Services	Address: 500 Jefferson Blvd Suite A100, West Sacramento, CA 95605 Phone: (916) 375-6290	employment assistance & food assistance	Mon-Fri 8:00am-4:00pm

#### **General Support Services**

<b>Organization Name</b>	Contact Info	Services Offered	<b>Business Hours</b>
California Department of	Address: 744 P St,	Cash Aid Programs for low	Mon-Fri
Social Services	Sacramento, CA 95814	income individuals and families -	8:00am-5:00pm
	<b>Phone:</b> (800) 952-5253	Including refugees, immigrants,	
		survivors of human trafficking,	
		domestic violence, and other	
		serious crimes; and disaster	

		victims. Food & Nutrition Programs that enhance your food budget and nutrition	
		Child Services Services to help protect children and assist families	
		Adult Services Care and assistance programs for adults	
Department of Human	Address: 3960 Research Drive	Assistance with Cal-fresh,	Mon-Fri
Assistance	Sacramento Ca, 95838 <b>Phone</b> : 916-648-0894	welfare, childcare, EBT, Medi-Cal, General Assistance	8:00am-4:00pm
	website: https://ha.saccounty.gov/Pages/default.aspx	Medi-Cai, General Assistance	
Department of Motor Vehicles	Address: 4700 Broadway	Driver's license and ID's, Vehicle	Mon-Fri
	Sacramento Ca, 95820	registration, Drivers Education	8:00am-5:00pm
	<b>Phone:</b> 800-777-0133		
	website: www.dmv.ca.gov/portal/		

## **Mental Health**

Yolo county Health and Human Services	Address: 500 Jefferson BLVD #B160 West Sacramento Ca 95605 Phone: 916-375-6350	Mental health assessments and services	Mon-Fri 8:00am-4:00pm
Eagleview Psychiatric	Address: 428 J ST suite 400 Sacramento Ca, 95814 Phone: 916-999-1418	Online Psychiatric services, in person care, pediatric psychiatry and genetic testing	Mon-Sun 9:00am-6:0pm
Harbor Oaks Outpatient Behavioral Health Center	Address: 2945 Ramco St #180 West Sacramento, CA 95691 Phone: (916) 480-5101	Harbor Oaks offers outpatient programs for clients who have recently completed an inpatient hospital stay, or for those who are experiencing a decline in daily functioning due to mental or emotional distress	

## **Legal Services**

Organization Name	Contact Info	Services Offered	<b>Business Hours</b>
Legal Services of Northern California	Address: 515 12th St, Sacramento, CA 95814 Phone: 916-551-2150 Website: https://lsnc.net/	Legal help for housing, health, natural disaster, CalWORKs, CalFresh, unemployment and general assistance	Mon-Fri 8:30am-5:00pm
Capital Pro Bono Inc	Address: 1860 Howe Avenue Sacramento, CA 95825 Phone: 916-5512102 Website: https://capitalprobono.org/	Conservatorships, Guardianships, Bankruptcy, consumer law, employment law, estate planning, family law and probate	
Sacramento Cultural & Linguistic Center	Address: 1610 Arden Way Sacramento, Ca 95815	Interpretation, Free of Charge Immigration Services, Free legal services, Refugee Resource and Referral, Referral to Emergency Food Services through SSIP Free Car Seat service through Birth & Beyond, Domestic Violence resources, Multi Lingual Vouchers and Bus Routes for SacRT, Counseling Referral and Resources	Mon-Fri 8:30am-5:00pm
University of the Pacific McGeorge School of Law	Address:2925 34th street Sacramento Ca, 95817 Phone: 916-340-6080 Website: https://www.pacific.edu/law/legal-clinics/community-legal-services	Community legal clinics in the areas of Bankruptcy, elder & health, federal defenders, homeless advocacy, immigration law and prisoner civil rights.	Mon-Fri 8:30am-5:30pm
SHRA	<b>Phone:</b> Call 916-389-7877 or 1-800-500-4931	Fair housing and tenants helpline. Can answer basic questions regarding tenants rights.	Mon-Fri 8:00am-5:00pm

## **Health Clinics**

<b>Organization Name</b>	Contact Info	Services Offered	<b>Business Hours</b>
Fine Harmony Health Center	Address: 515 Michigan Blvd.	Call for information, website	
	West Sacramento Ca,	information unavailable	
	<b>Phone:</b> 916-371-0588		
John H Jones Community	Address: 500 Jefferson Blvd. #195	No website available, call for	
Clinic	West Sacramento Ca, 95605	information, appointments or	
		general information	
River Bend Medical	Address: 2101 Stone Blvd.	Offers a large variety of services	Mon-Fri
Associates	West Sacramento Ca, 95691	categorized as Everyday	8:00am-5:00pm
	<b>Phone:</b> 916-371-4939	Wellness, Chronic Condition Care	
	Website: www.rbmafamilydocs.com/	and specialty medicine. Call for	
		specifics	
Spring Medical Clinic	Address: 1355 Halyard dr #130	Weight loss and health care	Mon-Fri
	West Sacramento Ca, 95834	services, b12 shots and TB testing	9:30am-5:30pm
	<b>Phone:</b> 916-265-6309		Sat
	Website: www.springmedicalclinic.com/		8:30am-2:00pm

## **Community Based Organizations**

Organization Name	Contact Info	Services Offered	<b>Business Hours</b>
Collins Teen Center	Address: 1541 Merkley Ave	Teen center for youth grades 7th -	Mon-Fri
	West Sacramento Ca, 95691	12th. Parent permission required	1:45pm-5:30pm
	<b>Phone:</b> 916-375-0681		
Donate Life California	Address: 3940 Industrial Blvd.	is the state-authorized nonprofit	
	West Sacramento Ca, 95691	organization responsible for	
	<b>Phone:</b> 866-797-2366	managing the organ, eye and	
	Website: www.donatelifecalifornia.org/	tissue donor registry	
Rural Community Assistance	Address: 3120 Freeboard Dr	Serves Indigenous and rural	
Corp	West Sacramento Ca, 95691	communities through training,	
	<b>Phone:</b> 916-447-2854	technical and financial assistance	
	Website: www.rcac.org/	and advocacy. Major programs	
		include Community economic	
		development, community	
		resilience and disaster planning,	

		Environmental, Husing, Lending	
		and indigenous communities	
Three Sisters Gardens	Address: 317 5th ST	using urban agriculture to engage	Mon-Sat
	West Sacramento Ca, 95605	community members to get	7:00am-4:00pm
	<b>Phone:</b> 916-291-8595	involved in creating a food system	
	Website: www.3sistersgardens.com/	that is good for us and the	
		environment. Urban gardening	
		while donating a vast majority of	
		the food grown	
Vida Family Health center	Address: 954 Sacramento Ave	Services include primary care,	Mon-Fri
	West Sacramento Ca, 95605	behavioral health, substance use	8:00am-5:00pm
	<b>Phone:</b> 916-914-2650	services, dental care, perinatal	
	Website: www.communicarehc.org/vida/	care, pediatrics, sexual health,	
		LGBTQ+ and Women's health	

## **Community Centers & Sports Leagues**

Organization Name	Contact Info	Services Offered	<b>Business Hours</b>
Special Olympics of Northern	Address: 1401 Halyard DR	Dedicated to promoting inclusion	
California	West Sacramento Ca, 95691	and empowering children and	
	<b>Phone:</b> 916-375-1931	adults with intellectual	
	Website: www.sonc.org	disabilities, both on and off the	
		field. Sports, health and wellness,	
		schools, and athlete leadership	
The mighty rotary club of west	Address: 1323 Terminal St	The Rotary Club of West	
Sacramento	West Sacramento Ca, 95691	Sacramento is a service club	
	Website: www.rotaryclubofwestsacramento.org/	dedicated to improving the lives	
		of others both in our community	
		and around the world. Rotary is a	
		forum for community leaders who	
		make decisions, influence policies	
		and take actions that shape our	
		community and beyond. Rotarians	
		provide services in a variety of	
		areas that address health care	
		needs, hunger, poverty, illiteracy,	
		disaster relief, environmental	
		cleanups, and educational needs.	

West Sacramento Community	Address: 1075 W Capitol Ave	West Sacramento Parks &	Mon-Fri
Center	West Sacramento Ca, 95691	Recreation consists of four	8:00am-5:00pm
	<b>Phone:</b> 916-617-4620	separate functions: a Parks	
	Website:	Division, Recreation Division,	
	www.cityofwestsacramento.org/government/departmen	Early Learning Services, and our	
	ts/parks-recreation	Tree Program. The Parks	
		Department provides recreation	
		and leisure opportunities with its	
		park facilities and recreation	
		programming. These programs	
		are designed to help local	
		residents improve their overall	
		health and quality of life.	
West Sacramento Girls	Address: Anna St	Girls' softball organization with	24/7
Softball	West Sacramento Ca, 95605	teams from 8U to 14U	
	Website: www.westsacgirlssoftball.com/home		
West Sacramento Little	Address: P.O. BOX 155	little league baseball for youth,	
League	West Sacramento Ca, 95691	registration information is	
	Website: www.westsacll.org/	available on website	
West Sacramento Recreation	Address: 2801 Jefferson Blvd.	Operated by the city of west	Mon-Fri
Center	West Sacramento Ca, 95691	Sacramento, this facility has	5:30am-9:30pm
	<b>Phone:</b> 916-617-4770	access to a pool, tennis and	Sat-Sun
	Website:	pickleball courts, youth/teen	8:00am-8:00pm
	www.cityofwestsacramento.org/government/departmen	center, basketball courts,	
	ts/parks-recreation/recreation-center-pool	Rockwall, group exercise class	
		along with cardio and strength	
		groups	

## **Transportation**

Organization Name	Contact Info	Services Offered	<b>Business Hours</b>
RydeFreeRT	Address: 1225 R Street	The RydeFreeRT program offers	Mon-Fri
	(adjacent to the 13th Street Light Rail Station),	fare-free transit for youth and	8:00am-5:00pm
	<b>Phone:</b> 916-321-BUSS (2877).	students in grades TK through 12.	
Zipcar	www.zipcar.com/join	App based car rental service, 24/7	Mon-Sun
		access to sedans, SUV's, EV, and	24 hours
		Cargo Vans. \$9 monthly	

		membership fee. \$10 per hour or	
		\$83 per day	
Sac Metro Air Quality District	www.airquality.org/our-community-carshare	Free membership, available in	Mon-Fri
		certain areas only, reserve to run	8:00am-5:00pm
		errands, go to appointments, and	
		take local trips. Reserve up to 4	
		hours a day or 12 hours a week.	

## **Education**

Organization Name	Contact Info	Services Offered	<b>Business Hours</b>
Learn To Be	Website: https://www.learntobe.org/about-us	free online tutoring sessions	
Sacramento Public Library	Website: https://www.saclibrary.org/Education/Students-Educato rs/Homework-Help	Connect with a live tutor who can help students in Kindergarten through 12th grade with a variety of subjects including math, English, history and more. Tutors are available daily from 10 a.m 10 p.m. PT in English, Spanish, Cantonese, Mandarin, Vietnamese, and Tagalog. This resource is supported in whole or in part by funding provided by the State of California, administered	
adoptaclassroom.org	Website: http://adoptaclassroom.org/	by the California State Library.  100% free for teachers. We do not take any fees from donations made to teachers.  No specific fundraising goals or timelines. The funds teachers raise are theirs to use immediately, so teachers can order what they need, when they need it. Teachers have up to one year to spend their funds.  Flexible funding for teachers. We	

		don't ask for project proposals from teachers when they crowdfund. Teachers can choose how to spend their funds in our marketplace every time they shop. Check out our list of vendors here. Most teachers are eligible. We serve PreK-12 teachers in K-12 public, private, and charter schools. Monthly giving. Donors can set up monthly contributions to their	
		up monthly contributions to their favorite teacher(s). This saves	
		everyone time, and helps ensure teachers have funds they can count on.	
Supplyateacher.org	Address: 3400 Cottage Way, Suite C Sacramento, CA 95825 Phone: (916) 486-2646	Provides teachers with two large boxes filled with a semester's worth of essential school supplies. Your Supply A Teacher donation gives the most critically needed items to the teachers most in need across the country.	
USA Learns	Website: https://www.usalearns.org/student-registration		



# **Futures High School & CCCS (Sac Youth Center)**

#### **Employment**

<b>Organization Name</b>	Contact Info	Services Offered	<b>Business Hours</b>
Lao Family Community	Address: 3205 Hurley Way,	Employment and Community	Mon-Fri
Development, INC	Sacramento, CA 95864,	Services for Disabled	8:30am-5:00pm
-	<b>Phone</b> : (916) 359-2788	Populations, AJCC One-Stop	_
	Website: https://lfcd.org/	Career Services for Youth and	
		Adults, Refugee Employment and	
		Resettlement and Placement	
		Services, CalWORKs LEP,	
		Victim Assistance Program and	
		Joy of Living DV Housing,	
		SMUD Energy Assistance for	
		Low-Income Households,	
		Supportive Services for Families,	
		MHSA Prevention and Early	
		Intervention Services, Health	
		Promotion and Navigation	
		Program, Highlands Community	
		Charter and Technical	
		Schools—ESL and High School	
		for Adults; Early Childhood	

		Daycare; Clothing Closet, CAIRS Immigration Legal Services, Community Housing Board, Homeless to Transitional to Permanent Housing, and Navy Sea Cadet Corps Sacramento Division	
Twin Rivers Adult School	Address: 5703 Skvarla Ave, McClellan Park, CA 95652, Phone: (916) 566-2785 Website: https://www.tras.edu/	Free Construction Program- Construction classes will be held at Vista Nueva High School on Monday, Tuesday, Wednesday and Thursdays from 3:00pm-5:00pm.	Mon-Fri 8:00am-4:00pm
Greater Sacramento Urban League	Address: 3725 Marysville Blvd Sacramento Ca, 95838 Phone: 916-286-8600 Website: www.gsul.org	Support services relating to Careers and employment as well as Housing resources	Mon-Fri 9:00am-5:00pm
EDD Youth Employment Opportunity Program	Address: 2901 50th Street Sacramento, CA 95817 Julie Her Phone: (916) 227-0301	The Youth Employment Opportunity Program (YEOP) helps at-risk youth between the ages of 15 and 25, achieve their educational and vocational goals through a variety of specialized services.	

## **General Support Services**

<b>Organization Name</b>	Contact Info	Services Offered	<b>Business Hours</b>
Department of Human Assistance	Address: 3960 Research Drive Sacramento Ca, 95838 Phone: 916-874-3100 Website: https://ha.saccounty.gov/Pages/default.aspx	Assistance with Cal-fresh, welfare, childcare, EBT, Medi-Cal, General Assistance	Mon-Fri 8:00am-4:00pm
Department of Motor Vehicles	Address: 4700 Broadway Sacramento Ca, 95820 Phone: 800-777-0133 Website: www.dmv.ca.gov/portal/	Drivers license and ID's, Vehicle registration, Drivers Education	Mon-Fri 8:00am-5:00pm

BenefitCal	Address: 1725 28TH ST SACRAMENTO, CA 95816, Phone: (800) 560-0976 Website: https://benefitscal.com/	Medi-Cal provides free or low-cost health care to people who qualify. It can help pay for doctor visits, hospital care, immunization (vaccines), pregnancy-related services, nursing home care, and other services. CalWORKs helps with cash to pay for rent, housing, food, clothing, medical payments, and utilities for families with at least one child in the home. CALFresh can help your family get access to healthy food. You can use CalFresh benefits at most grocery stores and even farmers markets to buy items such as bread, nuts, rice, and more.	24/7
Sacramento Employment and Training Agency,	Address: 925 Del Paso Blvd, Sacramento, CA 95815 Phone: 916-263-3800 Website: https://www.seta.net/	SETA Refugee Program, SETA Sacramento Works, SETA head start and child development	Mon-Fri 8:00am-5:00pm
Community Resource Project Inc	Address: 3628 Madison Ave, North Highlands, CA 95660, Phone: 916-326-5830 Website: https://www.communityresourceproject.org	WIC Program is a federal program designed to provide food to low-income pregnant, postpartum and breastfeeding women, infants and children until the age of 5. Weatherization Programs 1)Low-Income Home Energy Assistance Program, 2)  Department of Energy Weatherization Assistance Program, 3) Low-Income Weatherization Program - Farmworker Component 2.0	Mon-Fri 8:00am-4:30pm
USA Learns	Website: https://www.usalearns.org/student-registration	Online English classes designed to prepare you for employment, teach job skills, prepare you for the citizenship test	

## **Mental Health**

Organization Name	Contact Info	Services Offered	<b>Business Hours</b>
La Familia Counseling Center, Inc	Address: 5523 34th St, Sacramento, CA 95820 Phone: 916-452-3601 Website: https://lafcc.org/	Improve the quality of life for at-risk youth and families of diverse backgrounds by offering multicultural counseling, support and outreach services and programs to help families to overcome adversity, to become empowered, and to succeed in their lives. The Supporting	Mon-Fri 8:30am-5:30pm
		Community Connections (SCC) program offers free mental health services to spanish/english speaking families.	
Pro Youth and Families	Address: 3780 Rosin Court., Suite 120 Sacramento, CA 95834 Phone: (916) 576-3300 Website: https://proyouthandfamilies.org/	PRO Youth & Families offers a diverse range of direct service programs, both in school and community-based settings.  Programs include advocacy and civic engagement, mentoring, relationship skills, mental wellness, and substance misuse prevention.	Mon-Fri 9:00am-5:00pm

## **Legal Services**

<b>Organization Name</b>	Contact Info	Services Offered	<b>Business Hours</b>
US Social Security Administration	Address: 825 Riverside Pkwy #1000, West Sacramento, CA 95605 Phone: (800) 772-1213	individuals must schedule an in person appointment in order to obtain their social security number card: please use like to access application https://www.ssa.gov/forms/ss-5.p	Mon-Fri 9:00am-4:00pm

Carmichael DMV: Driver License/ CA ID	Address: 5209 North Ave Carmichael, CA 95608	link to submit application: https://www.dmv.ca.gov/portal/dri	Mon-Fri 8:00am-5:00pm
License/ CA ID	Phone: 1-800-777-0133	ver-licenses-identification-cards/d	8.00am-3.00pm
	1 Hone. 1 600 777 6133	1-id-online-app-edl-44/	
Sacramento Cultural &	Address: 1610 Arden Way	Interpretation, Free of Charge	Mon-Fri
Linguistic Center	Sacramento Ca 95815	Immigration Services, Free legal	8:30am-5:00pm
		services, Refugee Resource and	
		Referral, Referral to Emergency	
		Food Services through SSIP	
		Free Car Seat service through	
		Birth & Beyond, Domestic	
		Violence resources, Multi Lingual	
		Vouchers and Bus Routes for	
		SacRT, Counseling Referral and	
		Resources	
University of the Pacific	Address: 2925 34th street	Community legal clinics in the	Mon-Fri
McGeorge School of Law	Sacramento Ca, 95817	areas of Bankruptcy, elder &	8:30am-5:30pm
	<b>Phone:</b> 916-340-6080	health, federal defenders,	
	Website:	homeless advocacy, immigration	
	https://www.pacific.edu/law/legal-clinics/community-le	law and prisoner civil rights.	
	gal-services		
Legal Services of Northern	Address: 515 12th St,	Legal help for housing, health,	Mon-Fri
California	Sacramento, CA 95814	natural disaster, CalWORKs,	8:30am-5:00pm
2	<b>Phone</b> : 916-551-2150	CalFresh, unemployment and	5.2 5 <b>5.</b> 0 0 <b>p</b>
	Website: https://lsnc.net/	general assistance	
		8	
SHRA	<b>Phone</b> : Call 916-389-7877 or 1-800-500-4931	Fair housing and tenants helpline.	24/7
		Can answer basic questions	
		regarding tenants rights.	

## **Health Clinics**

Organization Name	Contact Info	Services Offered	<b>Business Hours</b>
Sacramento Family medical	Address: 3441 Marysville BLVD	Medi-Cal facility with general	Mon-Fri
Clinic	Sacramento Ca, 95838	health care options, appointments	8:00am-5:00pm
	<b>Phone:</b> 916-563-7200	necessary	_

Sacramento Community	Address: 2200 Del Paso BLVD	services include, family medicine,	Mon-Fri
Clinic- Del Paso	Sacramento Ca, 95815	dentistry, behavioral health,	8:00am-5:00pm
	<b>Phone:</b> 916-642-1867	pediatric services, prenatal and	
	Website: www.halocares.org/	postpartum care, women's health,	
		dermatology, podiatry and	
		acupuncture. Call for specifics	
		and appointments.	

## **Community Based Organizations**

Organization Name	Contact Info	Services Offered	<b>Business Hours</b>
Brother 2 Brother	Address: 3730 Marysville Blvd, Sacramento Ca, 95838 Phone: 916-333-3544 Website: www.brother2brothermentoring.org	Brother to Brother is a community-based organization dedicated to assisting and engaging those individuals seeking to make positive life changes within our community. Through individually customized programs, we provide the structure and guidance necessary for self-correction.	Mon-Thurs 8:00am-5:00pm Friday 8:00pm-12:00am Saturday 12:00am-5:00pm
Neighborhood Wellness Foundation	Address: 3805 Clay Street Sacramento Ca, 95838 Website: www.neighborhoodwellness.org	Built on a foundation of trust and understanding, Neighborhood Wellness addresses chronic toxic stress, legacies of incarceration, poverty, violence, and drug addiction, and low educational attainment to improve lives and build resilience. Programs and services focus on addressing the root cause of our disparities and finding pathways to improve and grow.	Mon-Thurs 9:00am-4:00pm Friday 9:00am-12:00pm
Mutual Assistance Network	Address: 810 Grand Ave	Pregnancy and parenting information for Black infant	Mon-Fri
	Sacramento Ca 95838 <b>Phone</b> : 916-567-9576	health and Birth & Beyond.	9:00am-5:00pm
	Website: www.mutualassistance.org	Economic Development, youth	

		services, athletic fields via sports complex, parenting classes	
Sacramento Youth Center	Address: 1901 Del Paso BLVD	Mentoring, youth spaces, café,	Mon-Fri
	Sacramento Ca, 95815	place to do community service,	12:00pm-6:00pm
	<b>Phone</b> : 916-248-1081	youth focused events and parent	
	Website: www.sacyouthcenter.org	resources.	
Volunteers of America	Address: 1001 Grand Ave	Housing, emergency shelter,	
	Sacramento Ca, 95838	transitional housing, senior	
	<b>Phone</b> : 916-929-1951	services, veteran services and	
	Website: www.voa-ncnn.org	employment services	
Sacramento Food Bank and	Address: 1951 Bell Ave	Addressing food insecurities,	Mon-Fri
Family Services	Sacramento Ca, 95838	locations, day(s), time(s) for food	8:00am-4:00pm
	<b>Phone</b> : 916 456-1980	distribution	
	Website: www.sacramentofoodbank.org		
Sacramento Area Community	Address: 3611 Del Paso BLVD	serves all of Sacramento County -	
Garden Coalition	Sacramento Ca, 95838	urban green spaces, community	
	<b>Phone</b> : 916-508-6025	gardens and school gardens in the	
		Sacramento area. Many times,	
		low-income areas are directly	
		served through this organization.	

## **Community Centers and Sports Leagues**

Organization Name	Contact Info	Services Offered	<b>Business Hours</b>
Firehouse Community Center	Address: 810 Grand Ave	Firehouse Cafe, Birth & Beyond,	Mon-Fri
	Sacramento Ca 95838	access to computers and printing	9:00am-5:00pm
	<b>Phone</b> : 916-567-9576		
	Website: www.mutualassistance.org		
Hagginwood Community	Address: 3271 Marysville Blvd.	Room rentals, amenities, Rec	Mon-Sat
Center	Sacramento Ca, 95815	Express, Teen scene, hot spot, tai	9:00am-5:00pm
	<b>Phone</b> : 916-808-6439	chi, Qi Gong, Senior Cafe, senior	
	Website:	Big Bang Bingo, Senior tech time.	
	www.cityofsacramento.gov/ypce/community-centers/jo	Call for information and program	
	e-mims-jr-hagginwood-ctr	details	
Robertson Community Center	Address: 3525 Norwood Ave	Activity center for youth sports,	Mon-Sat
	Sacramento Ca 95838	athletic fields, youth and senior	9:00am-9:00pm
	<b>Phone</b> : 916-696-6689	activities, room rentals available	
		for private events.	

	Website: www.mutualassistance.org		
Grant Youth Sports	Address: 3730 Marysville Blvd Sacramento Ca, 95838 Phone: 916-333-3544 Website: www.brother2brothermentoring.org	Football & Basketball	Mon-Thurs 8:00am-5:00pm Friday 8:00pm-12:00am Saturday 12:00am-5:00pm
Sacramento Prince Hall	Address: 3741 Altos Ave	Rental space for activities	Mon-Sat
Masonic Activity Center	Sacramento Ca, 95838		9:00am-11:00pm
	<b>Phone</b> : 916-646-6180		

## **Transportation**

<b>Organization Name</b>	Contact Info	Services Offered	<b>Business Hours</b>
RydeFreeRT	Address: 1225 R Street	RydeFreeRT program offers	Mon-Fri
	Sacramento, CA 95811	fare-free transit for youth and	8:00am-5:00pm
	<b>Phone</b> : 916-321-BUSS (2877)	students in grades TK through 12.	
Zipcar	Website: www.zipcar.com/join	App based car rental service, 24/7	Mon-Sun
		access to sedans, SUV's, EV, and	24 hours
		Cargo Vans. \$9 monthly	
		membership fee. \$10 per hour or	
		\$83 per day	
Sac Metro Air Quality District	Website: www.airquality.org/our-community-carshare	Free membership, available in	Mon-Fri
		certain areas only, reserve to run	8:00am-5:00pm
		errands, go to appointments, and	
		take local trips. Reserve up to 4	
		hours a day or 12 hours a week.	



# **Higher Learning Academy**

#### **Employment Services**

Organization Name	<b>Contact Info</b>	Services Offered	<b>Business Hours</b>
Sacramento Works Job Center –	Address: 5655 Hillsdale Blvd Suite 8,	Resources center for job and	Mon-Fri
Hillsdale	Sacramento, CA 95842	training opportunities	8:00am-4:30pm
	<b>Phone:</b> (916) 626-4100		
	Website: http://sacramentoworks.org		
Employment Development	Address: 722 Capitol Mall #5098,	Website for job opportunities	Mon-Fri
Department	Sacramento, CA 95814		8:00am-5:00pm
	<b>Phone:</b> (866)333-4606		
	Website: https://edd.ca.gov/en/jobs		
Highlands Community Charter	Address: 1333 Grand Ave,	Offers adults the opportunities to	Mon-Fri
School	Sacramento, CA 95838	obtain high school diploma/GED	8:00am-5:00pm
	<b>Phone:</b> (916) 844-2283	and CTE pathways	
	website: http://www.hccts.org		
Greater Sacramento Urban League	Address: 3725 Marysville Blvd,	Offers career and employment	Mon-Fri
	Sacramento CA, 95838	services and housing resources	9:00am-5:00pm
	<b>Phone:</b> (916) 286-8600		
	Website: www.gsul.org		

## **General Support Services**

Organization Name	Contact Info	Services Offered	<b>Business Hours</b>
Sacramento Cultural & Linguistics Center- Nonprofit Services	Address: 5625 24th St, Sacramento, CA 95822 Phone: (916) 421-1036 Website: https://sclc.org	Offers low cost interpretation services, free immigration and legal services, emergency food resources, refugee, Domestic violence resource, counseling resources	Mon-Fri 8:00am-4:30pm
Open Door Inc	Address: 1111 Howe Ave Suite 125, Sacramento, Phone: (916) 649-2591 Website: https://openingdoorsinc.org	Offers refugee resources, career pathways, financial assistance, counseling services	Mon-Fri 9:00am-4:30pm
Language World Services Inc.	Address: 2860 Gold Tailings St, Rancho Cordova, CA 95670 Phone: 916) 333-5247 Website: https://languageworld.com	Offers interpretation support in person or over the phone (fee associated)	Mon-Fri 8:00am-5:00pm
Slavic Community Center Inc.	Address: 4811 Chippendale Dr Suite 708, Sacramento, CA 95841 Phone: (916) 633-5247 Website: https://www.slavicsacramento.org	Offers immigration services, immigration services, green card application and renewal application, Legal assistance, document translation, notary services	Mon-Fri 9:00am-6:00pm
Sacramento Food Bank and Family Services	Address: 1951 Bell Ave Sacramento CA, 95838 Phone: (916) 456-1980 Website: https://www.sacramentofoodbank.org	Support families with food insecurities	Mon-Fri 8:00am-4:00pm
Department of Human Assistance	Address: 3960 Research Drive, Sacramento CA, 95838 Phone: (916) 648-0894 Website: https://ha.saccounty.gov	Offers Medi-Cal, CAlFresh, and employment assistance	Mon-Fri 8:00am-4:00pm
Department of Motor Vehicles	Address: 4700 Broadway Sacramento Ca, 95820 Phone: (800) 777-0133 Website: www.dmv.ca. gov/portal/	driver license, CA ID, vehicle registration, educational resource	Mon-Fri 8:00am-4:00pm
USA Learns	website: https://www.usalearns.org/student-registration	Online English classes designed to prepare you for employment, teach	

	job skills, prepare you for the citizenship test	
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## **Mental Health**

Organization Name	Contact Info	Services Offered	<b>Business Hours</b>
La Familia Counseling Center, Inc	Address: 5523 34 <sup>th</sup> St,	Improve the quality of life for at-risk	Mon-Fri
	Sacramento, CA 95820	youth and families of diverse	8:30-5:30pm
	<b>Phone:</b> (916) 452-3601	backgrounds by offering	
		multicultural counseling, support and	
	Website:	outreach services and programs to	
		help families to overcome adversity,	
		to become empowered, and to	
		succeed in their lives. The	
		Supporting Community Connections	
		(SCC) program offers free mental	
		health services to Spanish/English	
		speaking families.	
Pro Youth and Families	Address: 3780 Rosin Court., Suite 120	PRO Youth & Families offers a	Mon-Fri
	Sacramento, CA 95834	diverse range of direct service	9:00am-5:00pm
	<b>Phone:</b> (916) 576-3300	programs, both in school and	
		community-based settings. Programs	
	Website:	include advocacy and civic	
	https://proyouthandfamilies.org/	engagement, mentoring, relationship	
		skills, mental wellness, and substance	
		misuse prevention.	

# **Legal Services**

Organization Name	Contact Info	Services Offered	<b>Business Hours</b>
US Social Security Administration	Address: 825 Riverside Pkwy	individuals must schedule an	Mon-Fri
	Suite 1000, West Sacramento, CA 95605	in-person appointment in order to	9:00am-4:00pm
	<b>Phone:</b> (800) 772-1213	obtain their social security number	-
	Website: https://www.ssa.gov/	card: please use like to access	

		application https://www.ssa.gov/forms/ss-5.pdf	
Department of Motor Vehicles	Address: 5209 North Ave Carmichael, CA 95608 Phone: (800) 777-0133 Website: https://www.dmv.ca.gov/portal/field-offic e/carmichael/	driver license, CA ID, vehicle registration, educational resource	Mon-Fri 8:00am-5:00pm
Sacramento Cultural & Linguistic Center	Address: 1610 Arden Way Sacramento, Ca 95815	Interpretation, Free of Charge Immigration Services, Free legal services, Refugee Resource and Referral, Referral to Emergency Food Services through SSIP Free Car Seat service through Birth & Beyond, Domestic Violence resources, Multi Lingual Vouchers and Bus Routes for SacRT, Counseling Referral and Resources	Mon-Fri 8:30am-5:00pm
University of the Pacific McGeorge School of Law	Address: 2925 34th street Sacramento Ca, 95817 Phone: 916-340-6080 website: https://www.pacific.edu/law/legal-clinics/ community-legal-services	Community legal clinics in the areas of Bankruptcy, elder & health, federal defenders, homeless advocacy, immigration law and prisoner civil rights.	Mon-Fri 8:30am-5:30pm
Legal Services of Northern California	Address: 515 12th St, Sacramento, CA 95814 Phone: 916-551-2150 website: https://lsnc.net/	Legal help for housing, health, natural disaster, CalWORKs, CalFresh, unemployment and general assistance	Mon-Fri 8:30am-5:00pm
SHRA	<b>Phone:</b> Call 916-389-7877 or 1-800-500-4931	Fair housing and tenants helpline. Can answer basic questions regarding tenants rights.	24/7

# **Health Clinics**

Organization Name	Contact Info	Services Offered	<b>Business Hours</b>
Sacramento Family medical Clinic	Address: 3441 Marysville BLVD	Medi-Cal facility with general health	Mon-Fri
	Sacramento Ca, 95838 <b>Phone:</b> 916-563-7200	care options, appoints necessary	8:00am-5:00pm
Sacramento Community Clinic- Del	Address: 2200 Del Paso BLVD	services include, family medicine,	Mon-Fri
Paso	Sacramento Ca, 95815	dentistry, behavioral health, pediatric	8:00am-5:00pm
	<b>Phone:</b> 916-642-1867	services, prenatal and postpartum	
	website: www.halocares.org/	care, women's health, dermatology,	
		podiatry and acupuncture. Call for	
		specifics and appointments.	

# **Community Based Organizations**

Organization Name	Contact Info	Services Offered	<b>Business Hours</b>
Brother 2 Brother	Address: 3730 Marysville Blvd,	Brother to Brother is a community	Mon-Thurs
	Sacramento Ca, 95838	based organization dedicated to	8:00am-5:00pm
	<b>Phone:</b> 916-333-3544	assisting and engaging those	Friday
		individuals seeking to make positive	8:00pm-12:00am
		life changes within our community.	Saturday
		Through individually customized	12:00am-5:00pm
		programs, we provide the structure	
		and guidance necessary for	
		self-correction.	
Neighborhood Wellness	Address: 3805 Clay Street	Built on a foundation of trust and	Mon-Thurs
Foundation	Sacramento Ca, 95838	understanding, Neighborhood	9:00am-4:00pm
	website: www.neighborhoodwellness.org	Wellness addresses chronic toxic	Friday
		stress, legacies of incarceration,	9:00am-12:00pm
		poverty, violence drug addiction, and	
		low educational attainment to	
		improve lives and build resilience.	
		Programs and services focus on	
		addressing the root cause of our	
		disparities and finding pathways to	
		improve and grow.	

Greater Sacramento Urban League	Address: 3725 Marysville Blvd	Support services relating to Careers	Mon-Thurs
	Sacramento Ca, 95838	and employment as well as Housing	9:00am-5:00pm
	<b>Phone:</b> 916-286-8600	resources	
	website: www.gsul.org		
Mutual Assistance Network	Address: 810 Grand Ave	Pregnancy and parenting information	Mon-Fri
	Sacramento Ca 95838	for Black infant health and Birth &	9:00am-5:00pm
	<b>Phone</b> : 916-567-9576 website:	Beyond. Economic Development,	
	www.mutualassistance.org	youth services, athletic fields via	
		sports complex, parenting classes	
Sacramento Youth Center	Address: 1901 Del Paso BLVD	Mentoring, youth spaces, café, place	Mon-Fri
	Sacramento Ca, 95815	to do community service, youth	12:00pm-6:00pm
	<b>Phone:</b> 916-248-1081 website:	focused events and parent resources.	
	www.sacyouthcenter.org		
Volunteers of America	Address: 1001 Grand Ave	Housing, emergency shelter,	
	Sacramento Ca, 95838	transitional housing, senior services,	
	<b>Phone:</b> 916-929-1951	veteran services and employment	
	website: www.voa-ncnn.org	services	
Sacramento Area Community	Address: 3611 Del Paso BLVD	serves all of Sacramento County -	
Garden Coalition	Sacramento Ca, 95838	urban green spaces, community	
		gardens and school gardens in the	
		Sacramento area. Many times low	
		income areas are directly served	
		through this organization.	

# **Community Centers and Sports Leagues**

Organization Name	Contact Info	Services Offered	<b>Business Hours</b>
Firehouse Community Center	Address: 810 Grand Ave	Firehouse Cafe, Birth & Beyond,	Mon-Fri
	Sacramento Ca 95838	access to computers and printing	9:00am-5:00pm
	<b>Phone:</b> 916-567-9576		-
	website: www.mutualassistance.org		
Hagginwood Community Center	Address: 3271 Marysville blvd	Room rentals, amenities, Rec	Mon-Sat
	Sacramento Ca, 95815	Express, Teen scene, hot spot, tai	9:00am-5:00pm
	<b>Phone:</b> 916-808-6439	chi, Qi Gong, Senior cafe, senior	-
	website:	Big Bang Bingo, Senior tech time.	
	www.cityofsacramento.gov/ypce/community-	Call for information and program	
	centers/joe-mims-jr-hagginwood-ctr	details	

Robertson Community Center	Address: 3525 Norwood Ave Sacramento Ca 95838 Phone: 916-696-6689 website: www.mutualassistance.org	Activity center for youth sports, athletic fields, youth and senior activities, room rentals available for private events.	Mon-Sat 9:00am-9:00pm
Grant Youth Sports	Address: 3730 Marysville Blvd, Sacramento Ca, 95838 Phone: 916-333-3544 website: www.brother2brothermentoring.org	Football & Basketball	Mon-Thurs 8:00am-5:00pm Friday 8:00pm-12:00am Saturday 12:00am-5:00pm
Sacramento Prince Hall Masonic Activity Center	Address: 3741 Altos Ave Sacramento Ca, 95838 Phone: 916-646-6180	Rental space for activities	Mon-Sat 9:00am-11:00pm

# $\underline{Transportation}$

Organization Name	Contact Info	Services Offered	<b>Business Hours</b>
RydeFreeRT	Address: 1225 R Street	RydeFreeRT program offers fare-free	Mon-Fri
	Sacramento, CA 95811	transit for youth and students in	8:00am-5:00pm
	<b>Phone:</b> 916-321-BUSS (2877)	grades TK through 12.	
Zipcar	website: www.zipcar.com/join	App based car rental service, 24/7	Mon-Sun
		access to sedans, SUV's, EV, and	24 hours
		Cargo Vans. \$9 monthly membership	
		fee. \$10 per hour or \$83 per day	
Sac Metro Air Quality District	website:	Free membership, available in	Mon-Fri
	www.airquality.org/our-community-carsha	certain areas only, reserve to run	8:00am-5:00pm
	re	errands, go to appointments, and take	
		local trips. Reserve up to 4 hours a	
		day or 12 hours a week.	



# **Gateway International School**

#### **Employment**

Organization Name	Contact Info	Services Offered	<b>Business Hours</b>
Lao family community	Address: 7171 Bowling Dr #1120	Support organization that focuses on	Mon-Fri
development inc	Sacramento Ca, 95823	advancing education, careers,	8:30am-5:00pm
_	<b>Phone:</b> 916-393-7501	housing, and health and wellness for	
	website: www.lfcd.org/	Californians	
Employment Development	Address: 722 Capitol Mall #5098	Website for job opportunities	Mon-Fri
Department	Sacramento, CA 95814		8:00am-5:00pm
_	<b>Phone:</b> (866)333-4606		_
	website: https://edd.ca.gov/en/jobs		
Highlands Community Charter	Address: 1333 Grand Ave,	Offers adults the opportunities to	Mon-Fri
School	Sacramento, CA 95838	obtain high school diploma/GED and	8:00am-5:00pm
	<b>Phone:</b> (916) 844-2283	CTE pathways	_
	website: http://www.hccts.org		
Greater Sacramento Urban League	Address: 3725 Marysville Blvd,	Offers career and employment	Mon-Thurs
_	Sacramento CA, 95838	services and housing resources	9:00am-5:00pm
	<b>Phone:</b> (916) 286-8600		-
	website:www.gsul.org		

# **General Support Services**

Organization Name	Contact Info	Services Offered	<b>Business Hours</b>
Department of Human Assistance	Address: 5747 Watt Ave	Assistance with Cal-fresh, welfare,	Mon-Fri
	North Highlands Ca, 95660	childcare, EBT, Medi-Cal, General	8:00am-4:00pm
	<b>Phone:</b> 916-876-8000	Assistance	
	website:		
	https://ha.saccounty.gov/Pages/default.aspx		
Department of Motor Vehicles	Address: 4700 Broadway	Drivers license and ID's, Vehicle	Mon-Fri
	Sacramento Ca, 95820	registration, Drivers Education	8:00am-5:00pm
	<b>Phone:</b> 800-777-0133		
	website: www.dmv.ca.gov/portal/		
Sacramento Food Bank & Family	Address: 1951 Bell Ave,	food assistance	Mon-Fri
Services	Sacramento, CA 95838		8:00am-4:00pm
	<b>Phone:</b> 19164561980		
	website:		
	http://www.sacramentofoodbank.org/		
Folsom Cordova Community	Address: 10665 Coloma Road Ste. 200	Parenting workshops, Stress	Mon-Fri
Partnership	Rancho Cordova, CA 95670	Reduction Activities, Safety Net	8:00am-5:00pm
		Services, Support Groups, Play Care,	
		Parent Leadership Opportunities,	
		Baby Showers, Juneteenth, Harvest	
		Festival and other community events	

# **Mental Health**

<b>Organization Name</b>	Contact Info	Services Offered	<b>Business Hours</b>
Sacramento Children's Home,	Address: 2750 Sutterville Rd,	Counseling Center	Mon-Fri
	Sacramento, CA 95820		8:30am-5:00pm
	website:		
	https://www.kidshome.org/what-we-do/co		
	unseling-center/		
	<b>Phone</b> : (916) 452-3981		
Turning Point Community	Address: 3440 Viking Dr	THERAPEUTIC BEHAVIOR	Mon-Fri
Programs	Sacramento, CA 95827	SERVICES (TBS) provides intensive	8:30am-5:00pm
		in-home based services to youths	

website:	aged 0-21 and their families who are	
https://www.tpcp.org/program/tbs/	experiencing behavior difficulties	
<b>Phone:</b> (916) 364-8395	which place the child at risk for	
	psychiatric hospitalization or loss of	
	housing placement. TBS services	
	include behavioral analyses, plan	
	development, and direct interventions	
	with the child and caregivers around	
	the behaviors that are placing the	
	youth at risk. The goal of the	
	program is to improve behaviors in	
	the home to maintain housing	
	placements and prevent	
	hospitalization or residential stays.	

# **Legal Services**

Organization Name	Contact Info	Services Offered	<b>Business Hours</b>
Sacramento Cultural & Linguistic	Address: 1610 Arden Way	Interpretation, Free of Charge	Mon-Fri
Center	Sacramento, Ca 95815	Immigration Services, Free legal	8:30am-5:00pm
		services, Refugee Resource and	
		Referral, Referral to Emergency	
		Food Services through SSIP	
		Free Car Seat service through Birth	
		& Beyond, Domestic Violence	
		resources, Multi Lingual Vouchers	
		and Bus Routes for SacRT,	
		Counseling Referral and Resources	
University of the Pacific McGeorge	Address: 2925 34th street	Community legal clinics in the areas	Mon-Fri
School of Law	Sacramento Ca, 95817	of Bankruptcy, elder & health,	8:30am-5:30pm
	<b>Phone:</b> 916-340-6080	federal defenders, homeless	
	website:	advocacy, immigration law and	
	https://www.pacific.edu/law/legal-clinics/c	prisoner civil rights.	
	ommunity-legal-services		
Legal Services of Northern	Address: 515 12th St,	Legal help for housing, health,	Mon-Fri
California	Sacramento, CA 95814	natural disaster, CalWORKs,	8:30am-5:00pm
	<b>Phone:</b> 916-551-2150		

	website: <a href="https://lsnc.net/">https://lsnc.net/</a>	CalFresh, unemployment and general	
		assistance	
SHRA	<b>Phone:</b> Call 916-389-7877 or	Fair housing and tenants helpline.	24/7
	1-800-500-4931	Can answer basic questions regarding	
		tenants rights.	

# **Health Clinics**

Organization Name	Contact Info	Services Offered	<b>Business Hours</b>
Alta Mira Urgent Care	Address: 3033 El Camino Ave	No website information, call for	Mon-Fri
	Sacramento Ca, 95821	more information and appointments	2:00pm-8:00pm
	<b>Phone:</b> 916-515-9194		
Sacramento Life Center	Address:2316 Bell Executive Ln	Women's health clinic offering free	Mon-Fri
	Sacramento Ca, 95825	medical services and patient	9:00am-4:00pm
	<b>Phone</b> : 916-451-4357	advocacy for pregnant women.	
	website: www.saclife.org/	Pregnancy testing, limited	
		ultrasounds, options consultations,	
		health exams, std testing, OB/GYN	
		referral, baby needs center, vitamins,	
		loss recovery and more	
Mercado Medical Group	Address: 1813 Professional Dr	Family medicine location, call for	Mon-Sun
	Sacramento Ca, 95825	information and appointments	9:00am-4:00pm
	<b>Phone</b> : 916-550-2488		
Modern Medicine inc	Address: 4826 El Camino Ave	Family medicine location, call for	
	Carmichael Ca, 95608	information and appointments	
	<b>Phone:</b> 916-481-5701		
One Community Health	Address: 1442 Ethan Way	Walk in clinic, pharmacy, primary	Tues/Thurs
	Sacramento Ca, 95825	care, dental care, specialty services,	10:00am-7:00pm
	<b>Phone:</b> 916-443-3299	behavioral health, laboratory,	Mon/Wed/Fri
	website: www.onecommunityhealth.com/	perinatal care, HIV programs,	8:00am-5:00pm
		substance abuse programs, gender	_
		health services.	

# **Community Based Organizations**

Organization Name	Contact Info	Services Offered	<b>Business Hours</b>
Cal Voices	Address: 720 Howe Ave	Improving the lives of residents of	Mon-Fri
	Sacramento Ca, 95825	Sacramento through advocacy,	8:30am-5:00pm
	<b>Phone:</b> 916-376-7736	education, research, and culturally	
	website: www.calvoices.org/	relevant services	
Compassion Planet	Address: 3407 Arden Way	Workforce Development, Basic Life	Mon-Fri
	Sacramento Ca, 95825	Skills trainings, mental health	8:00am-6:00pm
	<b>Phone:</b> 916-352-3050	coaching, Soft Skills Groups,	
	website: www.compassionplanet.org/	Thumbs and Hands training, career	
		related certifications, hire me next	
		coaching	
Iranian American Cultural and	Address: 9000 Fulton Ave	Support organization for migrant	Mon-Fri
Educational center	Sacramento Ca, 95825	communities that celebrate cultural	11:00am-5:00pm
	<b>Phone:</b> 916-918-3098	differences, providing education,	
	website: www.iacec.org/	fostering self care and promoting	
		social integration	
Youth Development Network	<b>Address:</b> 2801 Arden way #661602	Support network that offers	Tues-Fri
	Sacramento Ca, 95825	customized development solutions to	8:00am-6:00pm
	<b>Phone:</b> 916-979-8673	educational and business	
	website: www.ydnetwork.org/	organizations so they can create a	
		culture where people are encouraged	
		to do their best	

# **Community Centers & Sports Leagues**

Organization Name	Contact Info	Services Offered	<b>Business Hours</b>
Arcade Community Center	Address: 2427 Marconi Ave #103 Sacramento Ca, 95821 Phone: 514-8096 website: www.mutualassistance.org/	Pregnancy and parenting information for Black infant health and Birth & Beyond. Economic Development, youth services, parenting classes	Mon-Fri 9:00am-5:00pm
Swanston Community Center	Address: 2350 Northrop Ave Sacramento Ca, 95825 <b>Phone</b> : 916-333-6464	located in the mission oaks recreation and park district, the facility has spaces available for	

	website:	small business meetings, social	
	www.morpd.com/swanston-community-center	gatherings, parties and weddings.	
Arden Park Soccer Club	Address: 1000 La Sierra Dr	Recreational soccer league that is	Mon-Sat
	Sacramento Ca, 95864	devoted to skill development and	9:00am-5:00pm
	website: www.apsoccer.org/	joy of the game. Age range is 4-18	
		yrs.	
Buffalo Chips running club	Address: P.O. Box 19908	Sacramento's oldest and largest	
	Sacramento Ca, 95819	running club. Runners of all	
	website: www.buffalochips.com/	abilities and age groups meet for	
		group runs, speed and track	
		workouts, run all distances from 5k	
		to ultra marathons and enjoy regular	
		social events	
JMG Tennis Academy	Address: 1220 Arden Hills Ln	JMG Tennis Academy was founded	Tues/Thurs/Fri/Sun
	Sacramento Ca, 95864	in 2011 and it is the elite tennis	9:00am-5:00pm
	<b>Phone</b> : 916-482-6111	academy in the country for	
	website: www.jmgtennis.com/	developing junior players. Over the	
		years, the academy has produced	
		multiple CHAMPIONS, Players	
		from JMG have gone on to play at	
		major Colleges. Led by Joseph	
		Gilbert, who was awarded	
		DEVELOPMENTAL COACH of	
		the year by the Olympic Committee	
		multiple times, players that started	
		with JMG from young ages are	
		having success on the ATP/WTA	
		professional tour. As a result of	
		JMGs strong accomplishments with	
		many players reaching Grand Slam	
		events and winning pro titles, we have added Pro set up to the	
		Academy to complement the	
		DEVELOPMENT side. The	
		academy provides everything	
		needed to develop players to their	
		maximum potential.	
Rio Del Oro Sports Club	Address: 119 Scripps dr	Sports club gives Sacramento, CA	Mon-Fri
Rio Dei Oio spoits Ciuo	Sacramento Ca, 95825	residents the opportunity to better	5:00am-10:00pm
	<b>Phone:</b> 916-696-8790	themselves and reach their lofty	Sat-Sun
	1 110110- 210-070-0770	memberves and reach their folly	Sai-Suii

website:	fitness goals. We offer personal	7:00am-9:00pm
www.sparetimesportsclubs.com/clubs/rio-del-o	trainers, small group training, group	
ro/	exercise classes, yoga, and a wide	
	variety of sports programs,	
	including tennis and pickleball.	
	exercise classes, yoga, and a wide	
	variety of sports programs,	
	including tennis and pickleball.	

# $\textbf{T} \underline{\textbf{ransportation}}$

Organization Name	Contact Info	Services Offered	<b>Business Hours</b>
RydeFreeRT	Address: 1225 R Street	RydeFreeRT program offers	Mon-Fri
	Sacramento, CA 95811	fare-free transit for youth and	8:00am-5:00pm
	<b>Phone:</b> 916-321-BUSS (2877)	students in grades TK through 12.	
Zipcar	website: www.zipcar.com/join	App based car rental service, 24/7	Mon-Sun
		access to sedans, SUV's, EV, and	24 hours
		Cargo Vans. \$9 monthly	
		membership fee. \$10 per hour or	
		\$83 per day	
Sac Metro Air Quality District	website:	Free membership, available in	Mon-Fri
	www.airquality.org/our-community-carshare	certain areas only, reserve to run	8:00am-5:00pm
		errands, go to appointments, and	
		take local trips. Reserve up to 4	
		hours a day or 12 hours a week.	

# **Miscellaneous or Educational**

Organization Name	Contact Info	Services Offered	<b>Business Hours</b>
Highlands Community Charter	Address: 9555 Folsom Blvd Suite E & F,	high school diploma, English	Mon-Fri
School	Sacramento, CA 95827	classes, CTE	9:00am-5:00pm
USA Learns	website:		
	https://www.usalearns.org/student-registration		



# Sacramento Academic and Vocational Academy-North <u>Natomas</u>

#### **Employment**

Organization Name	Contact Info	Services Offered	<b>Business Hours</b>
Prime Time Teen	website:	Prime Time Teen (PTT) is an	
	https://www.cityofsacramento.gov/ypce/youth-emp	eight-week interactive workforce	
	loyment/prime-time-teen	readiness and skill development	
		program for youth ages 13-17.	
		community service project. All	
		participants who meet attendance	
		goals and participate in the	
		youth-led community service	
		project	

Employment Development	Address: 2901 50th Street	The Youth Employment	Mon-Fri
Department: Youth Employment	Sacramento, CA 95817	Opportunity Program (YEOP)	8:00am-5:00pm
Opportunity Program	<b>Phone:</b> (916) 227-0301	helps at-risk youth between the	
		ages of 15 and 25, achieve their	
		educational and vocational goals	
		through a variety of specialized	
		services.	
Sacramento Works Job Center	Address: 5655 Hillsdale Blvd	SETA Refugee Program, SETA	Mon-Fri
	Sacramento,	Sacramento Works,	8:30am-4:30pm
	<b>Phone:</b> (916) 263-4100		

# **General Support Services**

Organization Name	Contact Info	Services Offered	<b>Business Hours</b>
Department of Human	Address: 3960 Research Drive	Assistance with Cal-fresh,	Mon-Fri
Assistance	Sacramento Ca, 95838	welfare, childcare, EBT,	8:00am-4:00pm
	<b>Phone:</b> 916-648-0894	Medi-Cal, General Assistance	
	website: https://ha.saccounty.gov/Pages/default.aspx		
Department of Motor Vehicles	Address: 4700 Broadway	Driver's license and ID's, Vehicle	Mon-Fri
	Sacramento Ca, 95820	registration, Drivers Education	8:00am-5:00pm
	<b>Phone:</b> 800-777-0133		
	website: www.dmv.ca.gov/portal/		
US Social Security	Address: 825 Riverside Pkwy #1000,	individuals must schedule an in	Mon-Fri
Administration	West Sacramento, CA 95605	person appointment in order to	9:00am-4:00pm
	<b>Phone:</b> (800) 772-1213	obtain their social security	
	website: https://www.ssa.gov/forms/ss-5.pdf	number card: please use like to	
		access application	
BenefitCal	Address: 1725 28TH ST	Medi-Cal provides free or	
	SACRAMENTO, CA 95816,	low-cost health care CalWORKs	
	<b>Phone:</b> (800) 560-0976	helps with cash to pay for rent,	
		housing, food, clothing, medical	
		payments. CALFresh can help	
		your family get access to healthy	
		food. You can use CalFresh	
		benefits at most grocery stores	
Community Resource Project	Address: 3628 Madison Ave	WIC Program is designed to	Mon-Fri
Inc	North Highlands, CA 95660	provide food to low-income	7:30am-4:00pm
	<b>Phone:</b> 19163265830	pregnant, postpartum and	

		breastfeeding women, infants and children until the age of 5.  Weatherization Programs  Low-Income Home Energy  Assistance Program, Department of Energy Weatherization  Assistance Program, 3)  Low-Income Weatherization  Program	
Sacramento Food Bank & Family Services	Address: 1951 Bell Ave Sacramento, CA 95838 Phone: 19164561980 website: https://www.sacramentofoodbank.org/find-food#goog trans(en en)	Access food distribution resources	Mon-Fri 8:00am-4:00pm

# **Mental Health**

Organization Name	Contact Info	Services Offered	<b>Business Hours</b>
La Familia Counseling Center,	Address: 5523 34th St,	Improve the quality of life for	Mon-Fri
Inc	Sacramento, CA 95820	at-risk youth and families of	8:30am-5:30pm
		diverse backgrounds by offering	
		multicultural counseling, support	
		and outreach services and	
		programs to help families to	
		overcome adversity, to become	
		empowered, and to succeed in	
		their lives. The Supporting	
		Community Connections (SCC)	
		program offers free mental health	
		services to spanish/english	
		speaking families.	

# **Legal Services**

<b>Organization Name</b>	Contact Info	Services Offered	<b>Business Hours</b>
Sacramento Cultural & Linguistic Center	Address: 1610 Arden Way Sacramento, Ca 95815	Interpretation, Free of Charge Immigration Services, Free legal services, Refugee Resource and Referral, Referral to Emergency Food Services through SSIP Free Car Seat service through Birth & Beyond, Domestic Violence resources, Multi Lingual Vouchers and Bus Routes for SacRT, Counseling Referral and Resources	Mon-Fri 8:30am-5:00pm
University of the Pacific McGeorge School of Law	Address: 2925 34th street Sacramento Ca, 95817 Phone: 916-340-6080 website: https://www.pacific.edu/law/legal-clinics/community-legal-services	Community legal clinics in the areas of Bankruptcy, elder & health, federal defenders, homeless advocacy, immigration law and prisoner civil rights.	Mon-Fri 8:30am-5:30pm
Legal Services of Northern California	Address: 515 12th St, Sacramento, CA 95814 Phone: 916-551-2150 website: https://lsnc.net/	Legal help for housing, health, natural disaster, CalWORKs, CalFresh, unemployment and general assistance	Mon-Fri 8:30am-5:00pm
SHRA	<b>Phone:</b> 1 916-389-7877 or 1-800-500-4931	Fair housing and tenants helpline. Can answer basic questions regarding tenants rights.	24/7

# **Health Clinics**

Organization Name	Contact Info	Services Offered	<b>Business Hours</b>
Natomas Family Practice	Address: 2410 Del Paso Road	Family medicine, Senior Care,	Mon-Fri
	Sacramento Ca, 95834	pediatric care, women's health,	8:00am-5:00pm
	<b>Phone:</b> 916-928-0856		_

	website: www.natomasfamilypractice.com/	weight loss, esthetics, health	
		physicals and immunizations	
Natomas Urgent	Address: 4321 Truxel Road F4	Illness, injuries, physicals,	Mon-Sun
Care	Sacramento Ca, 95834	medications, immunizations,	9:00am-8:00pm
	<b>Phone:</b> 916-947-9110	x-rays, occupational health and	-
	website: www.natomasurgentcare.com	lab tests	
Spring Medical Clinic	Address: 4030 Truxel Road B	Medical weight loss, b-12 shots,	Mon-Fri
	Sacramento Ca,95834	travel shots, TB tests, physicals	9:30am-5:30pm
	<b>Phone:</b> 916-760-3764	and travel exams	Sat
	website: www.springmedicalclinic.com/		8:30am-2:00pm
Well Space Health	Address: 4150 Truxel Road C	Immediate Care, Adult primary	Call for details, schedule
_	Sacramento Ca, 95834	care, Child/Adolescent primary	varies daily
	<b>Phone:</b> 916-515-1698	care, Dental care for children &	
	website:	Adolescents, women's health and	
	www.wellspacehealth.org/location/health-care-for-wo	pregnancy care, Immunizations,	
	men-community-health-center	behavioral health and prevention	

#### **Community Based Organizations**

<b>Organization Name</b>	Contact Info	Services Offered	<b>Business Hours</b>
Asian Pacific Islander Public	Address: 4000 Truxel Road	Volunteer driven organization	Mon-Fri
Affairs Association	Sacramento Ca, 95834	hosting over 100 events a year.	8:00am-4:30pm
	<b>Phone:</b> 916-928-9988	Advancing Asian Pacific Islander	_
	website: www.apapa.org/	communities through increased	
		leadership and civic engagement.	
El Hogar Community Services	Address: 3870 Rosin Ct #130	Focused on mental health,	Mon-Fri
	Sacramento Ca, 95834	homelessness and seniors	8:00am-4:00pm
	<b>Phone:</b> 916-363-1553		
	website: www.elhogarinc.org/		
Natomas Community	Address: 2701 Del Paso Road #140	Community Association in	
Association	Sacramento Ca, 95835	Natomas that aims to improve the	
	<b>Phone:</b> 916-910-0750	quality of life for the Natomas	
	website: www.natomascommunity.org/	residents.	
North Natomas Jibe	Address: 1918 Del Paso Road	Nonprofit organization that	Mon-Fri
	Sacramento Ca, 95834	makes it easier for the North	8:30am-5:00pm
	<b>Phone:</b> 916-419-9955	Natomas Community to walk,	
	website: www.jibe.org	bike, and use public	
		transportation. offering Services,	

	programs, education, and	
	placemaking projects that are a	
	community benefit, available to	
	all North Natomas residents and	
	businesses	

# **Community Centers and Sports Leagues**

Organization Name	Contact Info	Services Offered	<b>Business Hours</b>
ARC Natomas Center	Address: 2421 Del Paso Road	American River College satellite	Mon-Thurs
	Sacramento Ca, 95835	site	8:00am-7:00pm
	<b>Phone:</b> 916-485-6000		Fri
	website: www.arc.losrios.edu/natomascenter		8:00am-5:00pm
North Natomas Community	Address: 2631 New Market Drive	City operated community center	Call for schedules as it may
Center	Sacramento Ca, 95835	with activities and rooms for	vary
	<b>Phone:</b> 916-808-5146	private events	_
	website:	_	
	www.cityofsacramento.gov/ypce/community-centers/		
	north-natomas-center		
California Youth Soccer	Address: 2081 Arena BLVD #190	Local soccer league that offers	Mon-Fri
Association Cal North Soccer	Sacramento Ca, 95834	soccer for all ages and skill	8:00am-5:00pm
	<b>Phone:</b> 916-426-5437	levels. Extensive coaches'	
	website: www.calnorth.org	development and teams that play	
		locally, regionally and nationally.	
Davis Sports Academy	Address: 1513 Sports Drive #400	A center of excellence for	Call for schedules as it may
	Sacramento Ca, 95834	baseball and softball instruction,	vary
	<b>Phone:</b> 916-692-8899	where skill refinement and	
	website: www.davissportsacademy.com	character building are seamlessly	
		integrated into our training	
		philosophy. Our academy is	
		dedicated to the advancement of	
		our athletes through focused skill	
		development in all facets of the	
		game	

# **Transportation**

Organization Name	Contact Info	Services Offered	<b>Business Hours</b>
RydeFreeRT	Address: 1225 R Street	RydeFreeRT program offers	Mon-Fri
	Sacramento, CA 95811	fare-free transit for youth and	8:00am-5:00pm
	<b>Phone:</b> 916-321-BUSS (2877)	students in grades TK through	
		12.	
Zipcar	website: www.zipcar.com/join	App based car rental service,	Mon-Sun
		24/7 access to sedans, SUV's,	24 hours
		EV, and Cargo Vans. \$9 monthly	
		membership fee. \$10 per hour or	
		\$83 per day	
Sac Metro Air Quality District	website: www.airquality.org/our-community-carshare	Free membership, available in	Mon-Fri
		certain areas only, reserve to run	8:00am-5:00pm
		errands, go to appointments, and	
		take local trips. Reserve up to 4	
		hours a day or 12 hours a week.	

## **Miscellaneous or Education**

<b>Organization Name</b>	Contact Info	Services Offered	<b>Business Hours</b>
USA Learns	website:		
	https://www.usalearns.org/student-registration		
Dating in high school	website: https://www.loveisrespect.org/	Tool kit for healthy relationships	
Twin Rivers Adult School	Address: 5703 Skvarla Ave	Free Construction Program-	Mon-Fri
	McClellan Park, CA 95652	Construction classes will be held	8:00am-4:00pm
	<b>Phone:</b> (916) 566-2785	at Vista Nueva High School on	
		Monday, Tuesday, Wednesday	
		and Thursdays from	
		3:00pm-5:00pm.	
National Coalition Against	website: https://www.teens4healthyrelationships.org/	Take a Stand FOR Healthy	Mon-Sun
Domestic Violence		Relationships: A Teen Dating	24 hours
		Violence Prevention Curriculum	

Math Tutoring Buddies	website:	The Department of Mathematics	Mon-Sun
Program- online	https://www.csus.edu/college/natural-sciences-mathe	& Statistics at Sacramento State	24 hours
_	matics/mathematics-statistics/math-activities.html	is offering a new tutoring	
		program for high school students.	
		The mission of the Math Tutoring	
		Buddies Program is to provide	
		free, high-quality one-on-one	
		tutoring to high school students	
		in the local community that will	
		enrich the learning opportunities	
		for both university and	
		middle/high school students. By	
		providing individualized support	
		in their math learning, this	
		program aims to improve	
		educational opportunities and	
		outcomes and increase awareness	
		of STEM higher education for	
		middle and high school students	
		who might otherwise not have	
		access to these resources	), G
Homework Help	website:	Sacramento Public Library offers	Mon-Sun
	https://www.saclibrary.org/Education/Students-Educa	free online tutoring sessions for	24 hours
	tors/Homework-Help	K-12th grade students that include math, English, history	
		, , ,	
adoptaclassroom.org	website: www.adoptaclassroom.org/	and more	Mon-Sun
adoptaciassiooni.org	website. www.adoptaciassioom.org/	100% free for teachers. We do	24 hours
		not take any fees from donations	24 nours
		made to teachers.	
		No specific fundraising goals or	
		timelines. The funds teachers	
		raise are theirs to use	
		immediately, so teachers can	
		order what they need, when they	
		need it. Teachers have up to one	
		year to spend their funds.	
		Flexible funding for teachers. We	
		don't ask for project proposals	
		from teachers when they	

		crowdfund. Teachers can choose	
		how to spend their funds in our	
		marketplace every time they	
		shop. Check out our list of	
		vendors here.	
		Most teachers are eligible. We	
		serve PreK-12 teachers in K-12	
		public, private, and charter	
		schools.	
		Monthly giving. Donors can set	
		up monthly contributions to their	
		favorite teacher(s). This saves	
		everyone time, and helps ensure	
		teachers have funds they can	
		count on.	
Supplyateacher.org	Address: 3400 Cottage Way	Provides teachers with two large	
3 MAT 3 MATERIAL S	Sacramento, CA 95825	boxes filled with a semester's	
	<b>Phone:</b> (916) 486-2646	worth of essential school	
		supplies. Your Supply A Teacher	
		donation gives the most critically	
		needed items to the teachers most	
		in need across the country.	
ACE Mentor CA Capital	website:	Mentorship for students	Mon-Sun
Tiel Wenter err capital	https://www.acementor.org/affiliates/ca-capital/	Tremeramp for students	24 hours
SAC Youth Center	Address: 1901 Del Paso Blvd,	Mentorship for students	Mon-Fri
Site foun conte	Sacramento, CA 95815	Tremeramp for students	12:00pm-6:00pm
	website: https://www.sacyouthcenter.org/		12.00рш 0.00рш
Improve Your Tomorrow	1901 Royal Oaks Dr,	Mentorship for students	Mon-Fri
	Sacramento, CA		9:00am-5:00pm
	website: https://www.improveyourtomorrow.org/		,
Khan Academy	website: https://www.khanacademy.org/	Its goal is to create a set of online	Mon-Sun
1111411 1 104401119	ozsiece neeps www.mianaeaciny.org	tools that help educate students.	24 hours
		The organization produces short	2. 110415
		video lessons.	
		video lessons.	



# Sacramento Academic & Vocational Academy- Elk Grove

#### **Employment**

<b>Organization Name</b>	Contact Info	Services Offered	<b>Business Hours</b>
Sacramento Works Job Center	Address: 5655 Hillsdale Blvd, Suite 8	SETA Refugee Program, SETA	Mon-Fri
	Sacramento, Ca	Sacramento Works,	8:30am-4:30pm
	<b>Phone:</b> (916) 263-4100		
Prime Time Teen	website: https://www.cityofsacramento.gov/ypce/youth-emplo yment/prime-time-teen	Prime Time Teen (PTT) is an eight-week interactive workforce readiness and skill development program for youth ages 13-17. The program places an emphasis on engaging participants in the development of 21st Century workforce readiness skills and	registration changes season to season, host site determines day(s) and time(s)

		the creation of a youth-led	
		community service project. All	
		participants who meet attendance	
		goals and participate in the	
		youth-led community service	
		project will receive a Certificate	
		of Completion along with a \$425	
		stipend. Participants must live	
		within Sacramento City limits to	
		participate.	
Employment Development	Address: 2901 50th Street	The Youth Employment	
Department: Youth Employment	Sacramento, CA 95817	Opportunity Program (YEOP)	
Opportunity Program	<b>Phone:</b> (916) 227-0301	helps at-risk youth between the	
		ages of 15 and 25, achieve their	
		educational and vocational goals	
		through a variety of specialized	
		services.	

# **General Support Services**

Organization Name	Contact Info	Services Offered	<b>Business Hours</b>
BenefitCal	Address: 9117 E Stockton Blvd,	Medi-Cal provides free or	
	Elk Grove, CA 95624	low-cost health care to people	
	<b>Phone:</b> (916) 685-5705	who qualify. It can help pay for	
		doctor visits, hospital care,	
		immunization (vaccines),	
		pregnancy-related services,	
		nursing home care, and other	
		services. CalWORKs helps with	
		cash to pay for rent, housing,	
		food, clothing, medical	
		payments, and utilities for	
		families with at least one child in	
		the home. CALFresh can help	
		your family get access to healthy	
		food. You can use CalFresh	
		benefits at most grocery stores	
		and even farmers markets to buy	

		items such as bread, nuts, rice,	
		and more.	
Department of Human	Address: 2450 Florin Rd	Assistance with Cal-fresh,	Mon-Fri
Assistance	Sacramento Ca, 95822	welfare, childcare, EBT,	8:00am-4:00pm
	<b>Phone:</b> 916-875-8100	Medi-Cal, General Assistance	-
	website: https://ha.saccounty.gov/Pages/default.aspx		
Department of Motor Vehicles	Address: 4700 Broadway	Drivers license and ID's, Vehicle	Mon-Fri
	Sacramento Ca, 95820	registration, Drivers Education	8:00am-5:00pm
	<b>Phone:</b> 800-777-0133		_
	website: www.dmv.ca.gov/portal/		

# **Mental Health**

<b>Organization Name</b>	Contact Info	Services Offered	<b>Business Hours</b>
La Familia Counseling Center, Inc	Address: 5523 34th St, Sacramento, CA 95820 Phone: 916-452-3601 website: https://lafcc.org/	Improve the quality of life for at-risk youth and families of diverse backgrounds by offering multicultural counseling, support and outreach services and programs to help families to overcome adversity, to become empowered, and to succeed in their lives. The Supporting Community Connections (SCC) program offers free mental health services to Spanish/English speaking families.	Mon-Fri 8:30am-5:30pm
Mind path Health	Address: 9381 East Stockton BLVD #204 Elk Grove Ca, 95624 Phone: 916-567-7924 website: www.mindpath.com/location/sacramento/elk-grove/	Psychiatric evaluations, medication management and therapy	Mon-Fri 8:00am-5:00pm
Mindful health solutions	Address: 9245 Laguna springs dr #140 Elk Grove Ca, 95758 Phone: 844-867-8444 website: www.mindfulhealthsolutions.com/	Psychotherapy, medication Management, depression, OCD treatment, anxiety, child & adolescent psychiatry, ADHD treatment and bipolar disorder treatments	Mon-Fri 8:00am-6:00pm

# **Legal Services**

Organization Name	Contact Info	Services Offered	<b>Business Hours</b>
Sacramento Cultural & Linguistic Center	Address: 1610 Arden Way Sacramento, Ca 95815	Interpretation, Free of Charge Immigration Services, Free legal services, Refugee Resource and Referral, Referral to Emergency Food Services through SSIP Free Car Seat service through Birth & Beyond, Domestic Violence resources, Multi Lingual Vouchers and Bus Routes for SacRT, Counseling Referral and Resources	Mon-Fri 8:30am-5:00pm
University of the Pacific McGeorge School of Law	Address: 2925 34th street Sacramento Ca, 95817 Phone: 916-340-6080 website: <a href="https://www.pacific.edu/law/legal-clinics/community-legal-services">https://www.pacific.edu/law/legal-clinics/community-legal-services</a>	Community legal clinics in the areas of Bankruptcy, elder & health, federal defenders, homeless advocacy, immigration law and prisoner civil rights.	Mon-Fri 8:30am-5:30pm
Legal Services of Northern California	Address: 515 12th St, Sacramento, CA 95814 Phone: 916-551-2150 website: https://lsnc.net/	Legal help for housing, health, natural disaster, CalWORKs, CalFresh, unemployment and general assistance	Mon-Fri 8:30am-5:00pm
SHRA	<b>Phone:</b> 916-389-7877 or 1-800-500-4931	Fair housing and tenants helpline. Can answer basic questions regarding tenants rights.	24/7

## **Health Clinics**

<b>Organization Name</b>	Contact Info	Services Offered	<b>Business Hours</b>
Elk Grove Urgent Care	Address: 9045 Bruceville Road	Illness, Injuries, physicals,	Mon-Sun
	Elk Grove Ca,	medications, immunizations,	9:00am-8:30pm

	<b>Phone:</b> 916-479-9110	x-ray, occupational health and lab	
	website: www.elkgrove-urgentcare.com/	tests	
Sutter Walk In Care	Address: 4810 Elk Grove Blvd.	mental health, pregnancy and	Mon-Sun
	Elk Grove Ca, 95757	childbirth, imaging, pediatrics,	11:00am-7:00pm
	<b>Phone:</b> 800-972-5547	orthopedics, cancer, heart and	
	website:	vascular care, dermatology,	
	www.sutterhealth.org/find-location/facility/elk-grove-	physical therapy, Ear Nose and	
	walk-in-care	throat, labs, Urology,	
		neuroscience, and women's	
		health	

# **Community Based Organizations**

Organization Name	Contact Info	Services Offered	<b>Business Hours</b>
Valley Hi Family Resource	Address: 7000 Franklin BLVD #820	home visitations, Intervention	Mon-Fri
Center	Sacramento Ca, 95823	Specialist, parenting classes.	8:30am-5:00pm
	<b>Phone:</b> 916-290-8281		_
	website: https://valleyhifrc.com/our-services/		
Chicks in Crisis	Address: 9455 E Stockton Blvd	prenatal care, parenting	Tues & Thurs
	Elk Grove Ca, 95624	assistance, clothing, baby	10:00am-4:00pm
	<b>Phone:</b> 916-896-0031	supplies, essentials, resources and	
	website: www.chicksincrisis.org/	appropriate referrals	
Senior center of Elk Grove	Address: 8230 Civic Center Dr #140	Senior center with exercise	Mon-Fri
	Elk Grove Ca, 95757	classes, arts and crafts, dance	8:00am-4:00pm
	<b>Phone:</b> 916-685-3160	classes, extracurriculars, games	
	website: www.thesceg.com/	and supportive talk	
Elk Grove Adult Community	Address: 8810 Elk Grove blvd		Mon-Fri
Training	Elk Grove Ca, 95624		7:30am-4:00pm
	<b>Phone:</b> 916-685-7666		
	website: www.egact.org/		
Sacramento Asian Sports	Address: 9040 High Tech Ct	Multi purpose space that can	Mon-Sun
Foundation	Elk Grove Ca, 95758	accommodate various community	9:00am-4:00pm
	<b>Phone:</b> 916-956-4584	and sporting events. Pickleball,	
	website: www.sasfevents.org/	volleyball, basketball and youth	
		programs	
Mas Community and Youth	Address: 3155 Dwight Rd	Muslim American Society	Mon-Sun
center	Elk Grove Ca, 95758		12:00pm-9:00pm
	<b>Phone:</b> 916-900-6111		

website: www.massacramento.org/mcyc/		
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# **Community Centers & Sports Leagues**

Organization Name	Contact Info	Services Offered	<b>Business Hours</b>
Oasis Recreational center	Address: 8013 Poppy Ridge Rd	Outdoor recreational space with	Mon-Sun
	Elk Grove Ca, 95757	adapted equipment, recreational	7:00am-8:00pm
	website: www.cosumnescsd.gov/	programs and special events	
The Stonelake clubhouse	Address: 3000 Riparian Dr		Mon-Sun
	Elk Grove Ca, 95757		9:00am-9:00pm
	<b>Phone:</b> 916-714-9511		
Laguna Youth Baseball	Address: 5050 Laguna Blvd #112	local youth baseball organization	Mon-Sun
	Elk Grove Ca, 95758		8:00am-6:00pm
	website: www.lagunayouthbaseball.org/home		
Elk Grove Soccer Club	Address: 9766 Waterman Rd #H	Soccer program for people 4-19	Tues-Thurs
	Elk Grove Ca, 95624	years of age. Both recreational	10:00am-4:00pm
	<b>Phone:</b> 916-682-6500	and competitive.	
	website: www.elkgrovesoccer.com/		
Laguna Soccer Club	Phone: 916-684-7626	Call for information, website is	
		unavailable	

# $\underline{Transportation}$

Organization Name	Contact Info	Services Offered	<b>Business Hours</b>
Sacramento Regional Transit		Route nearest to SAVA in Elk	
		Grove- Route 113 .Free Fare	
		Student (Grades K -12)	
Zipcar	website: www.zipcar.com/join	App based car rental service,	Mon-Sun
		24/7 access to sedans, SUV's,	24 hours
		EV, and Cargo Vans. \$9 monthly	
		membership fee. \$10 per hour or	
		\$83 per day	
Sac Metro Air Quality District	website: www.airquality.org/our-community-carshare	Free membership, available in	Mon-Fri
		certain areas only, reserve to run	8:00am-5:00pm
		errands, go to appointments, and	

		take local trips. Reserve up to 4 hours a day or 12 hours a week.	
RydeFreeRT	Address: 1225 R Street 916-321-BUSS (2877).	The RydeFreeRT program offers fare-free transit for youth and students in grades TK through 12.	Mon-Fri 8:00am-5:00pm

## **Miscellaneous or Educational**

Organization Name	Contact Info	Services Offered	<b>Business Hours</b>
Twin Rivers Adult School	Address: 5703 Skvarla Ave, McClellan Park, CA 95652, Phone: (916) 566-2785	Free Construction Program- Construction classes will be held at Vista Nueva High School on Monday, Tuesday, Wednesday and Thursdays from 3:00pm-5:00pm.	Mon-Fri 8:00am-4:00pm
Elk Grove Adult and Community Education	Address: 8401 Gerber Rd, Sacramento, CA 95828 website: https://egace.egusd.net/	Services: high school diploma, GED, and Career Training Institute	Mon-Fri 8:00am-4:30pm
USA Learns	website: https://www.usalearns.org/student-registration		24/7
Homework Help	website: https://www.saclibrary.org/Education/Students-Educ ators/Homework-Help	Sacramento Public Library offers free online tutoring sessions for K-12th grade students that include math, English, history and more	24/7
Elk Grove Teen Center USA	Address: 8978 Elk Grove Blvd, Elk Grove, CA 95624 website: https://www.teencenterusa.com/	Mentoring program	Mon-Fri 3:00pm-6:00pm
Huntington Learning Center Elk Grove	Address: 9105 Bruceville Rd #4A, Elk Grove, CA 95758 website: https://huntingtonhelps.com/locations/elk-grove-ca?u tm_medium=organic&utm_campaign=localmaps	service fee dependent on the student's needs. Services offered: math, science, reading, and writing; available in person and online. k-12th grade	Mon-Thurs 11:00am-7:00pm Fri 11:00am-5:00pm Sat 10:00am-2:00pm
GradePower Learning Elk Grove	Address: 9261 Laguna Springs Dr #120, Elk Grove, CA 95758 website: https://gradepowerlearning.com/pricing/	service fee dependent on the student's needs. Services offered: math, science, reading,	Mon-Thurs 10:00am-8:00pm Fri

		and writing; available in person	10:00am-6:00pm
		and online. k-12th grade	Sat
			9:00am-2:00pm
Math Tutoring Buddies	website:	The Department of Mathematics	24/7
Program- online	https://www.csus.edu/college/natural-sciences-mathe	& Statistics at Sacramento State	
	matics/mathematics-statistics/math-activities.html	is offering a new tutoring	
		program for high school	
		students. The mission of the	
		Math Tutoring Buddies Program	
		is to provide free, high-quality	
		one-on-one tutoring to	
		middle/high school students. By	
		providing individualized support	
		in their math learning, this	
		program aims to improve	
		educational opportunities and	
		outcomes and increase	
		awareness of STEM higher	
		education for middle and high	
		school students	



# Sacramento Academic & Vocational Academy- SIM/Power Inn

#### **Employment**

Organization Name	Contact Info	Services Offered	<b>Business Hours</b>
Sacramento Job Corps Center	Address: 3100 Meadowview Rd,	Job Corps provides free career	Mon-Fri
	Sacramento, CA 95832	training and education for	8:00am-5:00pm
	<b>Phone:</b> 19163940770	low-income 16- through	
	website:	24-year-olds. Here, students get	
	https://sacramento.jobcorps.gov/faqs#section1	the experience they need to	
		begin a career or apprenticeship,	
		go on to college, or join the	
		military. The best part? It's free.	
Sacramento Works Job Center	Address: 5451 Lemon Hill Ave,	SETA Refugee Program, SETA	Mon-Thurs
and Training Center	Sacramento, CA 95824	Sacramento Works,	8:30am-4:30pm
	<b>Phone:</b> 19164332620	·	•

	website: http://sacramentoworks.org/		
Sacramento Works Job Center	Address: 925 Del Paso Blvd,	SETA Refugee Program, SETA	Mon-Thurs
and Training Center	Sacramento, CA 95815	Sacramento Works,	8:30am-4:30pm
	<b>Phone:</b> 19162633800		
	website: http://seta.net/		
Prime Time Teen	website:	Prime Time Teen (PTT) is an	registration changes season to
	https://www.cityofsacramento.gov/ypce/youth-emplo	eight-week interactive workforce	season, host site determines
	yment/prime-time-teen	readiness and skill development	day(s) and time(s)
		program for youth ages 13-17.	
		The program places an emphasis	
		on engaging participants in the	
		development of 21st Century	
		workforce readiness skills and	
		the creation of a youth-led	
		community service project. All	
		participants who meet	
		attendance goals and participate	
		in the youth-led community	
		service project will receive a	
		Certificate of Completion along	
		with a \$425 stipend. Participants	
		must live within Sacramento	
		City limits to participate.	
Asian Resources inc	Address: 6270 Elder Creek rd	Pre-employment training, job	Mon-Fri
	Sacramento Ca, 95824	placement, ESL classes,	8:00am-4:30pm
	<b>Phone:</b> Phone: 916-454-1982	computer literacy	
	website: www.asianresources.org/		
Employment Development	Address: 2901 50th Street	The Youth Employment	
Department: Youth Employment	Sacramento, CA 95817	Opportunity Program (YEOP)	
Opportunity Program	<b>Phone:</b> (916) 227-0301	helps at-risk youth between the	
		ages of 15 and 25, achieve their	
		educational and vocational goals	
		through a variety of specialized	
		services.	

# **General Support Services**

Organization Name	Contact Info	Services Offered	<b>Business Hours</b>
BenefitCal	Address: 9117 E Stockton Blvd,	Medi-Cal provides free or	
	Elk Grove, CA 95624	low-cost health care to people	
	<b>Phone:</b> (916) 685-5705	who qualify. It can help pay for	
		doctor visits, hospital care,	
		immunization (vaccines),	
		pregnancy-related services,	
		nursing home care, and other	
		services. CalWORKs helps with	
		cash to pay for rent, housing,	
		food, clothing, medical	
		payments, and utilities for	
		families with at least one child in	
		the home. CALFresh can help	
		your family get access to healthy	
		food. You can use CalFresh	
		benefits at most grocery stores	
		and even farmers markets to buy	
		items such as bread, nuts, rice,	
		and more.	
Sacramento Food Bank &	Address: 1951 Bell Ave,	food assistance	Mon-Fri
Family Services, 1951 Bell Ave,	Sacramento, CA 95838		8:00am-4:00pm
Sacramento, CA 95838	<b>Phone:</b> 916-456-1980		
	website: http://www.sacramentofoodbank.org/		
Department of Human	Address: 2450 Florin Rd	Assistance with Cal-fresh,	Mon-Fri
Assistance	Sacramento Ca, 95822	welfare, childcare, EBT,	8:00am-4:00pm
	<b>Phone:</b> 916-875-8100	Medi-Cal, General Assistance	
	website: https://ha.saccounty.gov/Pages/default.aspx		
Department of Motor Vehicles	Address: 4700 Broadway	Drivers license and ID's, Vehicle	Mon-Fri
_	Sacramento Ca, 95820	registration, Drivers Education	8:00am-5:00pm
	<b>Phone:</b> 800-777-0133		-
	website: www.dmv.ca.gov/portal/		

#### **Mental Health**

Organization Name	Contact Info	Services Offered	<b>Business Hours</b>
La Familia Counseling Center,	Address: 5523 34th St,	Improve the quality of life for	Mon-Fri
Inc	Sacramento, CA 95820	at-risk youth and families of	8:30am-5:30pm
	<b>Phone:</b> 916-452-3601	diverse backgrounds by offering	
	website: https://lafcc.org/	multicultural counseling, support	
		and outreach services and	
		programs to help families to	
		overcome adversity, to become	
		empowered, and to succeed in	
		their lives. The Supporting	
		Community Connections (SCC)	
		program offers free mental	
		health services to	
		spanish/english speaking	
		families.	
County of Sacramento	website:		
Department of Health Services	https://dhs.saccounty.gov/BHS/Documents/MHP-Me		
Mental Health Plan Medi-Cal	diCal-Providers/LI-MHP-Medi-Cal-Provider-List-La		
Provider List	rge-Print.pdf		
A different path	<b>Address:</b> 4625 44th St Ste 33	Canceling and psychotherapy for	
	Sacramento Ca, 95820	youth and adult 12 yrs and up	
	<b>Phone:</b> 916-395-5023		
	website: www.adifferentpath.info/		
Crestwood center	Address: 2600 Stockton blvd	Recovery and mental health	24/7
	Sacramento Ca, 95817	center	
	<b>Phone</b> : 916-452-1431		
	website: www.crestwoodbehavioralhealth.com/		

# **Legal Services**

Organization Name	Contact Info	Services Offered	<b>Business Hours</b>
Sacramento Cultural & Linguistic Center	Address: 1610 Arden Way Sacramento, Ca 95815	Interpretation, Free of Charge Immigration Services, Free legal services, Refugee Resource and Referral, Referral to Emergency Food Services through SSIP Free Car Seat service through Birth & Beyond, Domestic Violence resources, Multi Lingual Vouchers and Bus Routes for SacRT, Counseling Referral and Resources	Mon-Fri 8:30am-5:00pm
University of the Pacific McGeorge School of Law	Address: 2925 34th street Sacramento Ca, 95817 Phone: 916-340-6080 website: <a href="https://www.pacific.edu/law/legal-clinics/community-legal-services">https://www.pacific.edu/law/legal-clinics/community-legal-services</a>	Community legal clinics in the areas of Bankruptcy, elder & health, federal defenders, homeless advocacy, immigration law and prisoner civil rights.	Mon-Fri 8:30am-5:30pm
Legal Services of Northern California	Address: 515 12th St, Sacramento, CA 95814 Phone: 916-551-2150 website: https://lsnc.net/	Legal help for housing, health, natural disaster, CalWORKs, CalFresh, unemployment and general assistance	Mon-Fri 8:30am-5:00pm
SHRA	<b>Phone:</b> 916-389-7877 or 1-800-500-4931	Fair housing and tenants helpline. Can answer basic questions regarding tenants rights.	24/7

# **Health Clinics**

Organization Name	Contact Info	Services Offered	<b>Business Hours</b>
Sacramento community clinic	Address: 5524 Assembly Ct	Clinic that offer family services,	Mon-Fri
	Sacramento CA, 95823	including Family medicine,	8:00am-5:00pm
	<b>Phone:</b> 916-642-1867	dentistry, behavioral health,	_

	website: www.halocares.org/	pediatric Services, prenatal & postpartum care, women's health services, dermatology, podiatry, and acupuncture.	
Sacramento Family medical center	Address: 4241 Florin Rd Sacramento Ca, 95823 Phone: 916-391-2229		Mon-Fri 8:00am-5:00pm

#### **Community Based Organizations**

Organization Name	Contact Info	Services Offered	<b>Business Hours</b>
Folsom Cordova Community	Address: 10665 Coloma Road Ste. 200,	Parenting workshops, Stress	Mon-Fri
Partnership	Rancho Cordova, CA 95670	Reduction Activities, Safety Net	9:00am-5:00pm
		Services, Support Groups, play	
		Care, Parent Leadership	
		Opportunities, Baby Showers,	
		Juneteenth, Harvest Festival and	
		other community events	
916 Ink	Address: 3301 37th ave	arts-based creative writing and	Mon-Fri
	Sacramento Ca, 95824	literacy nonprofit that provides	9:00am-5:00pm
	<b>Phone:</b> 916-826-7323	workshops and tutoring to	
	website: www.916ink.org/	transform Sacramento youth into	
		strong readers, confident	
		communicators, and published	
		authors. Our programs increase	
		literacy skills, improve	
		vocabulary, teach empathy,	
		positively impact social and	
		emotional learning, and expand	
		communication skills	
Acce Sacramento	<b>Address:</b> 4600 47th Ave #206	a grassroots, member-led,	Call for details
	Sacramento Ca, 95824	statewide community	
	<b>Phone:</b> 916-288-8829	organization working with more	
	website: www.acceaction.org/	than 15,000 members across	
		California. ACCE is dedicated to	
		raising the voices of everyday	
		Californians, neighborhood by	
		neighborhood, to fight for the	

		policies and programs we need to improve our communities and create a brighter future	
Lao Family Community Development	Address: 3205 Hurley Way Sacramento Ca, 95864 Phone: 916-359-2788 website: www.lfcd.org/	Resource agency for all, (not just Lao families) providing case management services, housing resources, access to health services, Financial services, education and employment	Mon-Fri 8:30am-5:00pm
Lu Mien Community services	Address: 5657 Stockton blvd Sacramento Ca, 95824 Phone: 916-383-3083 website: www.unitediumien.org/	Focused on the Mien community, they assist with translation services, access to community services, case management, youth services as well as culturally responsive programs that preserve the culture.	Mon-Fri 9:00am-5:00pm
Daughters of Zion Enterprises Inc	Address: 6489 47th st Sacramento Ca, 95823 Phone: 916-422-3875 website: www.dozenterpryz.org/	Youth focused mentoring, youth retreats, food and clothing distribution	call for details
Alchemist Community Development	Address: 4625 44th street Ste 33 Sacramento Ca, 95820 Phone: 916-204-8260 website: www.alchemistcdc.org/	Advocacy group focused on land, food and opportunities. Operator of 3 farmers markets with Cal-fresh access, food entrepreneurship courses, community gardens	
Fruitridge Community Collaborative	Address: 4625 44th st Sacramento Ca, 95820 Phone: 916-233-5153 website: www.fruitridgecc.com/	Organization dedicated to improving the quality of life for families in the area. programs, employment and events	
YXPlosion	Address: 7909 Walerga Rd ste 112 #274 Antelope Ca, 95834 Phone: 916-510-9384 www.yxpunite.com/	employment resources, essential items distribution, financial literacy, housing, health and wellness as well as business development	
Valley Hi family resource center	Address: 7000 Franklin blvd #820 Sacramento Ca, 95823 Phone: 916-290-8281 website: www.valleyhifrc.com/	Birth & Beyond home visitation, the villageAfrican American parenting classes and home visitation, Resource specialists,	Mon-Fri 8:30am-5:00pm

	cultural broker advocacy	
	program, parenting classes, car	
	seat safety, safe sleep baby and	
	children play and learn groups	

# **Community Centers & Sports Leagues**

Organization Name	Contact Info	Services Offered	<b>Business Hours</b>
Boys and Girls club of greater	Address: 5212 Lemon Hill Ave	Youth club that operates	Mon-Fri
Sacramento	Sacramento Ca,	programs and activities that	12:00pm-6:00pm
	Phone: 916-392-2582	focus on Academic and career	
	website: www.bgcsac.org/	success, Character and	
		leadership, and healthy lifestyles.	
Fruitridge community and	Address: 4000 Fruitridge rd.	illestyles.	Mon-Fri
aquatics center	Sacramento Ca, 95820		9:00am-2:00pm
uquunos center	<b>Phone:</b> 916-422-7610		3.00 <b>u</b> m <b>2.</b> 00pm
	website:		
	www.southgaterecandpark.net/parks-facilities/comm		
	unity-centers/		
George Sims community center	Address: 6207 Logan st	Friday night hot spot, laptop	Mon-Fri
	Sacramento Ca, 95824	lending, open gym (Monthly),	8:00am-8:00pm
	<b>Phone:</b> 916-808-3761	Rec express, Senior fit & Fun,	Sat
	website:	Teen scene. Tons of amenities,	8:00am-12:00pm
	www.cityofsacramento.gov/ypce/community-centers/	and premiere rental spaces.	
	sim-center		
Sacramento Rugby	Address: 6900 Power Inn Rd	Adult rugby team established in	
	Sacramento Ca, 95828	1964 with weekly evening	
	<b>Phone:</b> 916-812-6855	practice. rugby development for	
	website: www.capitalsrugby.com/	all ages.	
Capital city squares square dance	Address: 4000 Franklin blvd	LGBTQ+ club, all are welcome.	Wed
club	Sacramento Ca, 95820	Offering low-cost square dance	6:30pm-9:00pm
	<b>Phone:</b> 916-718-4810	classes and series, social	
	website: www.capitalcitysquares.org/	environment	М. Б.
Oak park community Center	Address: 342 Martin Luther King jr blvd	Room reservations, tons of	Mon-Fri
	Sacramento Ca, 85817	amenities. Rec Express, Teen	9:00am-8:00pm
	<b>Phone:</b> 916-808-6151	scene, Hot spot, super Saturdays,	Sat
	website:	Recreation station, youth	11:00am-3:00pm

	www.cityofsacramento.gov/ypce/community-centers/	jamming gym basketball, ping	
	oak-park-center	pong, gym fitness, drum fit	
		classes and senior room. See	
		website for specifics and details.	
Maple Neighborhood center	Address: 3301 37th Ave	provides multicultural	Mon-Fri
	Sacramento Ca, 95824	counseling, outreach and support	9:00am-5:30pm
	<b>Phone:</b> 916-210-8773	services to low income, at-risk	_
	website: www.lafcc.org/	youth and families in	
		Sacramento County	

# $\underline{Transportation}$

Organization Name	Contact Info	Services Offered	<b>Business Hours</b>
Sacramento Regional Transit		Route nearest to SAVA in Elk	
		Grove- Route 113 .Free Fare	
		Student (Grades K -12)	
Zipcar	website: www.zipcar.com/join	App based car rental service,	Mon-Sun
		24/7 access to sedans, SUV's,	24 hours
		EV, and Cargo Vans. \$9 monthly	
		membership fee. \$10 per hour or	
		\$83 per day	
Sac Metro Air Quality District	website:	Free membership, available in	Mon-Fri
	www.airquality.org/our-community-carshare	certain areas only, reserve to run	8:00am-5:00pm
		errands, go to appointments, and	
		take local trips. Reserve up to 4	
		hours a day or 12 hours a week.	
RydeFreeRT	Address: 1225 R Street	The RydeFreeRT program offers	Mon-Fri
	<b>Phone:</b> 916-321-BUSS (2877).	fare-free transit for youth and	8:00am-5:00pm
		students in grades TK through	
		12.	

## **Miscellaneous or Educational**

Organization Name	Contact Info	Services Offered	<b>Business Hours</b>
Elk Grove Adult Education	Address: 9510 Elk Grove Florin Rd,	High School Diploma (HSD)	Mon-Fri
School	Elk Grove, CA 95624	High School Equivalency Prep	7:00am-4:00pm

	<b>Phone:</b> 9166867717	(GED or HiSET)	
	website: https://egace.egusd.net/#	Adult Basic Education	
		(ABE)Test Preparation	
		English as a Second Language	
		(ESL)	
		Corrections Education	
USA Learns	website:		
	https://www.usalearns.org/student-registration		
adoptaclassroom.org	website: http://adoptaclassroom.org/	100% free for teachers. We do	
		not take any fees from donations	
		made to teachers.	
		No specific fundraising goals or	
		timelines. The funds teachers	
		raise are theirs to use	
		immediately, so teachers can	
		order what they need, when they	
		need it.	
Supplyateacher.org	Address: 3400 Cottage Way, Suite C	Provides teachers with two large	
	Sacramento, CA 95825	boxes filled with a semester's	
	<b>Phone:</b> (916) 486-2646	worth of essential school	
	, ,	supplies.	
Professional Learning	website: https://proflearn.scoe.net/	Professional Develop events for	
Registration System		teachers/staff	



# **Virtual Academy**

#### **Employment**

Organization Name	Contact Info	Services Offered	<b>Business Hours</b>
Sacramento Works Job Center	Address: 5655 Hillsdale Blvd, Suite 8	SETA Refugee Program, SETA	Mon-Fri
	Sacramento, CA 95842	Sacramento Works,	8:30am-4:30pm
	<b>Phone:</b> (916) 263-4100		
Department of Human Assistance	Address: 5747 Watt Ave, North	Subsidized Employment Program	Mon-Fri
	Highlands, CA 95660	is a chance for Welfare to Work	8:00am-4:00pm
	<b>Phone:</b> (800) 560-0976	participants job training and	
		experience through paid	
		employment!	
Twin Rivers Adult School	Address: 5703 Skvarla Ave, McClellan	Free Construction Program-	Mon-Fri
	Park, CA 95652	Construction classes will be held	8:00am-4:00pm
	<b>Phone:</b> (916) 566-2785	at Vista Nueva High School on	
		Monday, Tuesday, Wednesday and	
		Thursdays from 3:00pm-5:00pm.	
BenefitsCal	Address:1725 28TH ST	Medi-Cal provides free or	Mon-Fri
	Sacramento, CA 95816	low-cost health care to people who	8:00am-4:00pm
	<b>Phone:</b> (800) 560-0976	qualify, CalWORKs helps with	
		cash to pay for rent, housing, food,	

clothing, medical paymer	its, and
utilities, CALFresh can he	elp your
family get access to health	y food.

# **General Support Services**

Organization Name	Contact Info	Services Offered	<b>Business Hours</b>
Department of Human Assistance	Address: 5747 Watt Ave North Highlands CA, 95660	Assistance with Cal-fresh, welfare, childcare, EBT, Medi-Cal, General	Mon-Fri 8:00am-4:00pm
	Phone: 916-876-8000	Assistance	
Department of Motor Vehicles	Address: 5209 North Ave Carmichael Ca, 95608	Driver's license and ID's, Vehicle registration and Driver Education	Mon-Fri 8:00am-5:00pm
	Phone: 800-777-0133	TIV 1 F 1	М. Б.
Employment Development Department: Youth	Address: 2901 50th Street Sacramento, CA 95817	The Youth Employment Opportunity Program (YEOP)	Mon-Fri 9:00am-4:00pm
Employment Opportunity Program	<b>Phone:</b> (916) 227-0301	helps at-risk youth between the ages of 15 and 25	

# **Mental Health**

Organization Name	Contact Info	Services Offered	<b>Business Hours</b>
La Familia Counseling Center,	Address: 5523 34th St,	Improve the quality of life for	Mon-Fri
Inc	Sacramento, CA 95820	at-risk youth and families of	8:30am-5:30pm
	<b>Phone:</b> 916-452-3601	diverse backgrounds by offering	
		multicultural counseling, support	
		and outreach.	
		program offers free mental health	
		services to Spanish/English	
		speaking families.	
Mental Health Urgent Care	Address: 2130 Stockton Blvd building 300,	provides services on a voluntary,	Mon-Sun
Clinic	Sacramento, CA 95817	walk-in basis to Sacramento	24 hours
	<b>Phone:</b> (916) 520-2460	County residents of all ages who	
		are experiencing a mental health	

# **Legal Services**

Organization Name	Contact Info	Services Offered	<b>Business Hours</b>
University of the Pacific & McGeorge School of Law: Immigration Law Clinic	<b>Address:</b> 3200 Fifth Ave. Sacramento, CA 95817 <b>Phone:</b> (916) 340-6080	Low-income clients are provided legal assistance with immigration matters, including referrals, legal advice, form preparation, other brief assistance; direct representation in adjustment of status and naturalization matters, such as family petitions; NACARA and VAWA applications; citizenship applications.	Mon-Fri 10:00am-4:00pm
Sacramento Cultural & Linguistic Center	Address: 1610 Arden Way Sacramento, Ca 95815	Interpretation, Free of Charge Immigration Services, Free legal services, Refugee Resource and Referral, Referral to Emergency Food Services through SSIP Free Car Seat service through Birth & Beyond, Domestic Violence resources, Multi Lingual Vouchers and Bus Routes for SacRT, Counseling Referral and Resources	Mon-Fri 8:30am-5:00pm
Legal Services of Northern California	Address: 515 12th St, Sacramento, CA 95814 Phone: 916-551-2150 website: https://lsnc.net/	Legal help for housing, health, natural disaster, CalWORKs, CalFresh, unemployment and general assistance	Mon-Fri 8:30am-5:00pm
SHRA	<b>Phone:</b> 916-389-7877 or 1-800-500-4931	Fair housing and tenants helpline. Can answer basic questions regarding tenants rights.	Mon-Fri 8:00am-5:00pm

# **Health Clinics**

Organization Name	<b>Contact Info</b>	Services Offered	<b>Business Hours</b>
McClellan family health clinic	Address: 5342 Dudley Blvd.	abortion, birth control, emergency	Mon-Fri
	McClellan Park Ca, 95652	contraception, gender affirming care,	7:30am-4:30pm
	<b>Phone:</b> (916) 561-7560	HIV services, pregnancy testing and	
		planning, prenatal and postpartum	

		services, std testing and treatment, sexual and reproductive concerns, vaccines and wellness & preventive care	
Planned parenthood, North Highlands Health Center	Address: 5700 Watt Ave North Highlands CA, 95660 <b>Phone:</b> 916-332-5715	Immediate care, adult primary care, child/adolescent care, dental care for children and adolescents, women's health including pregnancy, immunizations, behavioral health and prevention	Mon-Fri 8:00am-5:00pm
WellSpace Health-North Highlands Community health center and Birth & Beyond	Address: 6015 Watt Ave #2 North Highlands CA, 95660 <b>Phone:</b> 916-737-5555	Birth & Beyond Family Resource Center, Counseling & Prevention, Dental Care for Children & Adolescents Pediatrics	Mon-Fri 8:00am-5:00pm

# **Community Based Organizations**

Organization Name	Contact Info	Services Offered	<b>Business Hours</b>
AmeriCorps NCCC Pacific	Address: 3427 Laurel ST	federal agency for national service	Mon-Fri
Region	McClellan Park CA, 95652 <b>Phone:</b> 800-942-2677	and volunteerism. yo address the nation's most pressing challenges	9:00am-5:00pm
Community Resource project	Address: 3628 Madison Ave,	Provides health services, energy	Mon-Fri
	North Highlands, CA 95660 <b>Phone:</b> 916-567-5220	efficiency, and utility assistance	7:30am-4pm
Liberty Towers Youth Center	Address: 5229 Elkhorn Blvd.	Sunday school for children (1st-8th	Sun
	Sacramento CA, 95842	grade)	9:30am-1:00pm
	<b>Phone:</b> (916) 807-4903		
Capital Sports Center	Address: 5209 Luce Ave	40,000 square feet of versatile floor	availability is based upon open
	McClellan Park CA, 95652	space, 25,000 square feet of meeting	reservation
	<b>Phone:</b> 916-813-4600	rooms. This location is ideal for	
		large-scale events and sporting	
		activities.	
Elica Resource Center	Address: 5735 Watt Ave	Health care visits, lab services,	Mon-Fri
	Sacramento CA, 95660	dental care, mental health services,	8:00am-4:30pm
	<b>Phone:</b> (916) 454-2345 ext. 614	podiatric care and case management	

Foothill Farms Little League	Address: 4799 Robert Frost Way Sacramento CA, 95842	Little league baseball for youth 3-15 yrs. of age. Prices vary based on age	Please call to receive hours of operation
	<b>Phone:</b> 916-784-3355	and division. \$90-\$180 per season	
Hagginwood Community	Address: 3271 Marysville Blvd.	Room rentals, amenities, Rec	Mon-Fri
Center	Sacramento CA, 95815	Express, Teen scene, hot spot, tai	9:00am-5:00pm
	<b>Phone:</b> 916-808-6439	chi, Qi Gong, Senior Cafe, senior	
		Big Bang Bingo, Senior tech time.	
		Call for information and program	
		details	
North Highlands Antelope	Address: 7909 Walerga Rd 112	Youth soccer organization for youth	Please call to receive hours of
Youth Soccer Club	Antelope CA, 95843	ages 4-18 yrs. total cost per player is	operation
	Website: www.nhaysc.com/home	\$140 per season	
North Highlands Community	Address: 6040 Watt Ave	The facility offers the capacity to	Mon-Fri
Center	North Highlands CA, 95660	host community events	9:00am-4:30pm
	<b>Phone:</b> 916-332-7440		-
The House Athletics	Address: 200 N 16th ST	Sports fitness training facility with	Mon-Fri
	Sacramento CA, 95811	groups and position specific	6:00am-8:00pm
	<b>Phone:</b> 916-275-6693	opportunities. QB training, combine,	_
		lineman, batting cages, rugby and	
		semi-private training.	

# **Transportation**

Organization Name	Contact Info	Services Offered	<b>Business Hours</b>
RydeFreeRT	Address: 1225 R Street	The RydeFreeRT program offers	Mon-Fri
	<b>Phone:</b> 916-321-BUSS (2877).	fare-free transit for youth and	8:00am-5:00pm
		students in grades TK through 12.	
Zipcar	Website: www.zipcar.com/join	App based car rental service, 24/7	Mon-Sun
		access to sedans, SUV's, EV, and	24 hours
		Cargo Vans. \$9 monthly	
		membership fee. \$10 per hour or	
		\$83 per day	
Sac Metro Air Quality District	Website: www.airquality.org/our-community-carshare	Free membership, available in certain areas only, reserve to run errands, go to appointments, and take local trips. Reserve up to 4 hours a day or 12 hours a week.	Mon-Fri 8:00am-5:00pm