

Gateway Community Charters (GCC): Family & Community Resource Guide (2025-2026)



GATEWAY COMMUNITY CHARTERS: FAMILY & COMMUNITY RESOURCE GUIDE (2024-2025)

Purpose: The Family & Community Resource Guide is designed to connect families and community members within our district to local resources. The relevant resources contained within this guide are based on the Community Needs Assessment Report. Therefore, this guide will be revised annually to ensure that the Community Engagement Department at Gateway Community Charters proactively addresses the needs of our families and community members. For more assistance, please dial 2-1-1 or (916) 498-1000 or email info@211sacramento.org to receive further information about local resources.

Disclaimer: The information contained within the Family & Community Resource Guide is for general informational purposes only. Please note that the shared resources do not constitute legal or professional advice. Gateway Community Charters cannot guarantee that the organizations listed in the guide will aid our families and community members. THEREFORE, UNDER NO CIRCUMSTANCE SHALL GCC BE LIABLE FOR THE INFORMATION PROVIDED WITHIN THIS DOCUMENT.

GCC School Locations

School Name	Address	Contact info	Business Hours
Gateway Community Charters District Office	5112 Arnold Ave Suite A McClellan Park, CA 95652	Phone: (916) 286-5126 Website: https://www.gcccharters.org	Mon-Fri 8:00am-4:00pm
Community Collaborative Charter School (CCCS)	5715 Skvarla Ave McClellan Park, CA 95652	Phone: (916) 286-5161 Website: https://www.cccs-sacramento.org	Mon-Fri 8:00am-4:00pm
Community Collaborative Charter School (CCCS) West Sacramento	2945 Ramco West Sacramento, CA 95691	Phone: (916) 286-5161 Website: https://www.cccs-sacramento.org	Mon-Fri 8:00am-4:00pm
Community Collaborative Charter School (CCCS) Sac Youth Center	1901 Del Paso blvd Sacramento Ca, 95815	Phone: (916) 286-5161 Website: https://www.cccs-sacramento.org	Mon-Fri 8:00am-4:00pm
Community Outreach Academy Elementary School (COA)	5640 Dudley Blvd McClellan Park, CA 95652	Phone: (916) 286-5170 Website: https://www.gcccharters.org/	Mon-Fri 8:00am-4:00pm
Community Outreach Academy Middle School (COA)	3800 Bolivar Ave North Highlands, Ca 95660	Phone: (916) 286-1908 Website: https://www.coamiddle.org	Mon-Fri 8:00am-4:00pm
Empowering Possibilities International Charter School (EPIC)	2945 Ramco St #200 West Sacramento, CA 95691	Phone: (916) 286-1960 Website: https://www.epicib.org	Mon-Fri 8:00am-4:00pm
Futures High School	900 Grace Ave Sacramento, CA 95838	Phone: (916) 286-1902 Website: https://fhscharter.org	Mon-Fri 8:00am-4:00pm

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Sacramento Academic and Vocational Academy (SAVA) Power Inn	5330 Power Inn Rd Sacramento, CA 95820	Phone: (916) 387-8063 Website: https://www.savacharterschool.org	Mon-Fri 8:00am-4:00pm
Sacramento Academic and Vocational Academy (SAVA) Elk Grove	3141 Dwight Rd Elk Grove, CA 95758	Phone: (916) 428-3200 Website: https://www.savacharterschool.org	Mon-Fri 8:00am-4:00pm
Sacramento Academic and Vocational Academy (SAVA) SIM Center	6207 Logan St Sacramento, CA 95824	Phone: (916) 286-1940 Website: https://www.savacharterschool.org	Mon-Fri 8:00am-4:00pm
Sacramento Academic and Vocational Academy (SAVA) North Natomas	214 N Market Blvd Sacramento, CA 95834	Phone: (916) 286-1920 Website: https://www.savacharterschool.org	Mon-Fri 8:00am-4:00pm
Gateway International School (GIS)	900 Morse Ave Sacramento, CA 95864	Phone: (916) 286-1985 Website: https://www.gischarter.org	Mon-Fri 8:00am-4:00pm
Higher Learning Academy (HLA)	900 Grace Ave Sacramento, CA 95838	Phone: (916) 286-5183 Website: https://www.hlacharter.org	Mon-Fri 8:00am-4:00pm
Virtual Academy	5112 Arnold Ave McClellan Park, CA 9565	Phone: (916) 286-1915 Website: https://www.cccs-sacramento.org	Mon-Fri 8:00am-4:00pm

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Before making your phone call for a particular service, you may want to write down:

- **WHO** do you want to talk to?
- **WHAT** information do you want to know, or
- **WHY** do you need this service?
- **WHEN** are the services available?
- **REMEMBER** if this particular service is unable to assist you, can they make a referral to someone who can?
- **REMEMBER** to gather the name and contact information you need, for future reference.

Frequently Used Phone Numbers

Contact Info	Services Offered

Emergency Phone Numbers

Organization Name	Contact Info	Services Offered	Business Hours
Sacramento Police, Sheriff, & Fire, Department	Phone: 911	Serious injury, fire, crime in progress, ambulance	Mon-Sun 24 hours
Adult Protective Services	Phone: (916) 874-9377	Program dedicated to helping elders adults with disabilities	Mon-Fri 8:00am-5:00pm
CA Youth Crisis Line	Phone: (800) 843-5200	Free 24/7 confidential and anonymous hotline for youth	Mon-Sun 24 hours
Child Protective Services	Phone: (916) 875-5437	Report child abuse	Mon-Sun 24 hours
Sacramento County Emergency Child Abuse Reporting	Phone: (916) 875-5437	Report immediate child abuse	Mon-Sun 24 hours
Sacramento County Mental Health Crisis Line	Phone: (916) 875-1055	Individual/s experiencing mental health crisis	Mon-Sun 24 hours
Suicide Prevention Crisis Line	Phone: (916) 368-3111	Individual/s experiencing mental health crisis	Mon-Sun 24 hours
Poison Control	Phone: (1-800) 222-1222	Contact Poison Control right away if you suspect poisoning.	Mon-Sun 24 hours
National Domestic Violence Hotline	Phone: (1-800) 799-7233	Individual/s experiencing domestic violence	Mon-Sun 24 hours
Planned Parenthood Hotline:	Phone: (1-800) 230-7526	Individuals that have questions about pregnancy, birth control, plan B, STDs, and abortion	Mon-Sun 24 hours
Sacramento Crisis Nurseries	Phone: 1-800-780-2294	Parents can bring their children ages 0-5 to one of two Sacramento nurseries for emergency childcare services or overnight care during difficult times.	Mon-Sun 24 hours
Animal Control	Phone: 916-368-7387	Dangerous, loose or stray animals that may cause harm. Can dispatch staff to retrieve the animal.	Tues-Sun 12:00pm-5:00pm



Community Collaborative Charter School (CCCS)

Employment

Organization Name	Contact Info	Services Offered	Business Hours
Sacramento Works Job Center	Address: 5655 Hillsdale Blvd, Suite 8 Sacramento, CA 95842 Phone: (916) 263-4100	SETA Refugee Program, SETA Sacramento Works,	Mon-Fri 8:30am-4:30pm
Department of Human Assistance	Address: 5747 Watt Ave, North Highlands, CA 95660 Phone: (800) 560-0976	Subsidized Employment Program is a chance for Welfare to Work participants job training and experience through paid employment!	Mon-Fri 8:00am-4:00pm
Twin Rivers Adult School	Address: 5703 Skvarla Ave, McClellan Park, CA 95652 Phone: (916) 566-2785	Free Construction Program- Construction classes will be held at Vista Nueva High School on Monday, Tuesday, Wednesday and Thursdays from 3:00pm-5:00pm.	Mon-Fri 8:00am-4:00pm
BenefitsCal	Address: 1725 28TH ST Sacramento, CA 95816 Phone: (800) 560-0976	Medi-Cal provides free or low-cost health care to people who qualify, CalWORKs helps with cash to pay for rent, housing, food, clothing, medical payments, and utilities, CALFresh can help your family get access to healthy food.	Mon-Fri 8:00am-4:00pm

General Support Services

Organization Name	Contact Info	Services Offered	Business Hours
Department of Human Assistance	Address: 5747 Watt Ave North Highlands CA, 95660 Phone: 916-876-8000	Assistance with Cal-fresh, welfare, childcare, EBT, Medi-Cal, General Assistance	Mon-Fri 8:00am-4:00pm
Department of Motor Vehicles	Address: 5209 North Ave Carmichael Ca, 95608 Phone: 800-777-0133	Driver's license and ID's, Vehicle registration and Driver Education	Mon-Fri 8:00am-5:00pm
Employment Development Department: Youth Employment Opportunity Program	Address: 2901 50th Street Sacramento, CA 95817 Phone: (916) 227-0301	The Youth Employment Opportunity Program (YEOP) helps at-risk youth between the ages of 15 and 25	Mon-Fri 9:00am-4:00pm

Mental Health

Organization Name	Contact Info	Services Offered	Business Hours
La Familia Counseling Center, Inc	Address: 5523 34th St, Sacramento, CA 95820 Phone: 916-452-3601	Improve the quality of life for at-risk youth and families of diverse backgrounds by offering multicultural counseling, support and outreach. program offers free mental health services to Spanish/English speaking families.	Mon-Fri 8:30am-5:30pm
Mental Health Urgent Care Clinic	Address: 2130 Stockton Blvd building 300, Sacramento, CA 95817 Phone: (916) 520-2460	provides services on a voluntary, walk-in basis to Sacramento County residents of all ages who are experiencing a mental health	Mon-Sun 24 hours

Legal Services

Organization Name	Contact Info	Services Offered	Business Hours
University of the Pacific & McGeorge School of Law: Immigration Law Clinic	Address: 3200 Fifth Ave. Sacramento, CA 95817 Phone: (916) 340-6080	Low-income clients are provided legal assistance with immigration matters, including referrals, legal advice, form preparation, other brief assistance; direct representation in adjustment of status and naturalization matters, such as family petitions; NACARA and VAWA applications; citizenship applications.	Mon-Fri 10:00am-4:00pm
Sacramento Cultural & Linguistic Center	Address: 1610 Arden Way Sacramento, Ca 95815	Interpretation, Free of Charge Immigration Services, Free legal services, Refugee Resource and Referral, Referral to Emergency Food Services through SSIP Free Car Seat service through Birth & Beyond, Domestic Violence resources, Multi Lingual Vouchers and Bus Routes for SacRT, Counseling Referral and Resources	Mon-Fri 8:30am-5:00pm
Legal Services of Northern California	Address: 515 12th St, Sacramento, CA 95814 Phone: 916-551-2150 website: https://lsnc.net/	Legal help for housing, health, natural disaster, CalWORKs, CalFresh, unemployment and general assistance	Mon-Fri 8:30am-5:00pm
SHRA	Phone: 916-389-7877 or 1-800-500-4931	Fair housing and tenants helpline. Can answer basic questions regarding tenants rights.	Mon-Fri 8:00am-5:00pm

Health Clinics

Organization Name	Contact Info	Services Offered	Business Hours
McClellan family health clinic	Address: 5342 Dudley Blvd. McClellan Park Ca, 95652 Phone: (916) 561-7560	abortion, birth control, emergency contraception, gender affirming care, HIV services, pregnancy testing and planning, prenatal and postpartum services, std testing and treatment, sexual and reproductive concerns, vaccines and wellness & preventive care	Mon-Fri 7:30am-4:30pm
Planned parenthood, North Highlands Health Center	Address: 5700 Watt Ave North Highlands CA, 95660 Phone: 916-332-5715	Immediate care, adult primary care, child/adolescent care, dental care for children and adolescents, women's health including pregnancy, immunizations, behavioral health and prevention	Mon-Fri 8:00am-5:00pm
WellSpace Health-North Highlands Community health center and Birth & Beyond	Address: 6015 Watt Ave #2 North Highlands CA, 95660 Phone: 916-737-5555	Birth & Beyond Family Resource Center, Counseling & Prevention, Dental Care for Children & Adolescents Pediatrics	Mon-Fri 8:00am-5:00pm

Community Based Organizations

Organization Name	Contact Info	Services Offered	Business Hours
AmeriCorps NCCC Pacific Region	Address: 3427 Laurel ST McClellan Park CA, 95652 Phone: 800-942-2677	federal agency for national service and volunteerism. yo address the nation's most pressing challenges	Mon-Fri 9:00am-5:00pm

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Community Resource project	Address: 3628 Madison Ave, North Highlands, CA 95660 Phone: 916-567-5220	Provides health services, energy efficiency, and utility assistance	Mon-Fri 7:30am-4pm
Liberty Towers Youth Center	Address: 5229 Elkhorn Blvd. Sacramento CA, 95842 Phone: (916) 807-4903	Sunday school for children (1st-8th grade)	Sun 9:30am-1:00pm

Community Organizations

Organization Name	Contact Info	Services Offered	Business Hours
Capital Sports Center	Address: 5209 Luce Ave McClellan Park CA, 95652 Phone: 916-813-4600	40,000 square feet of versatile floor space, 25,000 square feet of meeting rooms. This location is ideal for large-scale events and sporting activities.	availability is based upon open reservation
Elica Resource Center	Address: 5735 Watt Ave Sacramento CA, 95660 Phone: (916) 454-2345 ext. 614	Health care visits, lab services, dental care, mental health services, podiatric care and case management	Mon-Fri 8:00am-4:30pm
Foothill Farms Little League	Address: 4799 Robert Frost Way Sacramento CA, 95842 Phone: 916-784-3355	Little league baseball for youth 3-15 yrs. of age. Prices vary based on age and division. \$90-\$180 per season	Please call to receive hours of operation
Hagginwood Community Center	Address: 3271 Marysville Blvd. Sacramento CA, 95815 Phone: 916-808-6439	Room rentals, amenities, Rec Express, Teen scene, hot spot, tai chi, Qi Gong, Senior Cafe, senior Big Bang Bingo, Senior tech time. Call for information and program details	Mon-Fri 9:00am-5:00pm
North Highlands Antelope Youth Soccer Club	Address: 7909 Walerga Rd 112 Antelope CA, 95843 Website: www.nhaysc.com/home	Youth soccer organization for youth ages 4-18 yrs. total cost per player is \$140 per season	Please call to receive hours of operation
North Highlands Community Center	Address: 6040 Watt Ave North Highlands CA, 95660 Phone: 916-332-7440	The facility offers the capacity to host community events	Mon-Fri 9:00am-4:30pm

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The House Athletics	Address: 200 N 16th ST Sacramento CA, 95811 Phone: 916-275-6693	Sports fitness training facility with groups and position specific opportunities. QB training, combine, lineman, batting cages, rugby and semi-private training.	Mon-Fri 6:00am-8:00pm
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Transportation

Organization Name	Contact Info	Services Offered	Business Hours
RydeFreeRT	Address: 1225 R Street Phone: 916-321-BUSS (2877).	The RydeFreeRT program offers fare-free transit for youth and students in grades TK through 12.	Mon-Fri 8:00am-5:00pm
Zipcar	Website: www.zipcar.com/join	App based car rental service, 24/7 access to sedans, SUV's, EV, and Cargo Vans. \$9 monthly membership fee. \$10 per hour or \$83 per day	Mon-Sun 24 hours
Sac Metro Air Quality District	Website: www.airquality.org/our-community-carshare	Free membership , available in certain areas only, reserve to run errands, go to appointments, and take local trips. Reserve up to 4 hours a day or 12 hours a week.	Mon-Fri 8:00am-5:00pm

Miscellaneous

Organization Name	Contact Info	Services Offered	Business Hours



Community Outreach Academy: Elementary School

Community Support Services

Organization Name	Contact Info	Services Offered	Business Hours
Sacramento Cultural & Linguistics Center – Nonprofit Service	Address: 5625 24th St, Sacramento CA 95822 Phone: (916) 421-1036	Low-Cost Translation Services, free of Charge Immigration Services, free legal services, referral to emergency food services, domestic violence resources, counseling referral and resources, refugee resource and referral	Mon-Fri 8:00am-4:30pm
Open Doors Inc	Address: 1111 Howe Ave Suite 125 Sacramento, CA 95825 Phone: (916) 492-2591	Provides resettlement case management, trauma counseling, housing service for refugees, provide immigration legal services (asylum application assistance, deportation relief, DACA and citizenship application), financial support through career pathways development	Mon-Fri 9:00am-4:30pm

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Slavic Community Center Inc.	Address: 4811 Chippendale Dr Suite 708, Sacramento CA Phone: (916) 633-5247	Immigration service, green card application/renewal, all immigrant and nonimmigrant visas assistance, U.S. Passport service assistance, legal assistance, notary services, translation services	Mon-Fri 9:00am-6:00pm
USA Learns	Website: https://www.usalearns.org/	Free online learning platform that teaches English skills to immigrants (students & parents)	Mon-Sun 24 hours
AmeriCorps NCCC Pacific Region	Address: 3427 Laurel St, McClellan Park, CA 95652 Phone: (800) 942-2677	federal agency for national service and volunteerism. yo address the nation's most pressing challenges	Mon-Fri 9:00am-5:00pm
Community Resource Project	Address: 250 Harris Avenue, Sacramento, CA 95838 Phone: (916) 567-5220	Assists families with health services, home energy efficiency, and home utilities	Mon-Sun 24 hours
Sacramento Food Bank and Family Services	Address: 1951 Bell Ave, Sacramento, CA 95838 Phone: (916) 456-1980	Assist families with food insecurities, free diapers immigrant legal services, refugee resettlement services, CalFresh application assistance	Mon-Fri 8:00am-4:00pm
Department of Motor Vehicles	Address: 5209 Ave, Carmichael, CA 95608 Phone: (800) 777-0133	Vehicle registration, driver's license, ID cards, driver education	Mon-Fri 8:00am-5:00pm

Health and Educational Resources

Organization Name	Contact Info	Services Offered	Business Hours
McClellan VA Clinic	Address: 5342 Dudley Blvd, McClellan Park, CA 95652 Phone: (916) 561-7400	Provides primary care, compensation pension exams, dental clinic, laboratory, mammography, optometry, pharmacy, physical therapy, radiology, and women's health services	Mon-Fri 7:30am-4:30pm

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Planned Parenthood, North Highlands Health Center	Address: 5700-Watt Ave, North Highlands, CA 95660 Phone: (916) 332-5715	Provides women health services, STD/STI services, emergency contraception, vaccine services, prenatal/postpartum services	Mon-Fri 8:00am-5:00pm
WellSpace Health North Highlands Community Health Center and Birth & Beyond	Address: 6015 Watt Ave Suite 2, North Highlands, CA 95660 Phone: (916) 737-5555	Family resources, counseling services, dental care for children & adolescents	Mon-Fri 8:00am-5:00pm
Department of Human Assistance	Address: 5747-Watt Ave, North Highlands, CA 95660 Phone: (800) 560-0976	Application Assistance with Cal-fresh, welfare, childcare, Medi-Cal	Mon-Fri 8:00am-4:00pm
Maira Toscano Prisakar: Licensed Family Marriage Therapist	Address: 5112 Arnold Ave Suite B, McClellan Park CA 95652 Phone: (916) 279-0292	Provides free mental services for students and families *staff members are not eligible for services	Mon-Fri 8:30am-5:00pm
Elica Resource Center	Address: 5735-Watt Ave, North Highlands, CA 95660 Phone: (916) 454-2345	Provides primary care, behavioral health, dental care	Mon-Fri 8:30am-4:00pm
California Learning Center	Address: 3400 Cottage Way Suite C, Sacramento CA Phone: (916) 486-2646	Provides homework support in person after school hours (math, reading, writing, study skills)	Mon-Thu 10:00am-9:00am
Homework Help	Phone: (916) 264-2920 Website: https://www.saclibrary.org/Education/Students-Educators/Homework-Help	Connect with an online tutor for free (services TK-12th), subjects offered math, English, History, science	Mon-Fri 10:00am-10:00pm
Khan Academy	Website: https://www.khanacademy.org/	Online learning platform that improve academic achievement (math, language arts, life skills, science, history)	Mon-Sun 24 hours



Community Outreach Academy: Middle School

Community Support Services

Organization Name	Contact Info	Services Offered	Business Hours
Sacramento Cultural & Linguistics Center- Nonprofit Services	Address: 5625 24th St, Sacramento, CA 95822 Phone: (916) 421-1036	Interpretation, Low-Cost Translation Services, Free of Charge Immigration Services, Free legal services,, Referral to Emergency Food Services through SSIP, Multi Lingual Vouchers and Bus Routes for SacRT Refugee Resource and Referral, Domestic Violence resources, Counseling Referral and Resources	Mon-Fri 8:00am-4:30pm

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Opening Doors Inc	Address: 1111 Howe Ave #125, Sacramento, CA 95825 Phone: (916) 492-2591	meet immigrants, refugees, and survivors of human trafficking wherever they are on their journey, supporting them as they work toward stable housing, financial security, overall wellness, and strong community connections.	Mon-Fri 9:00am-4:30pm
Language World Services Inc	Address: 2860 Gold Tailings Ct, Rancho Cordova, CA 95670 Phone: (916) 333-5247	Provides interpretation on site or over the phone (fee associated)	Mon-Fri 8:00am-5:00pm
Slavic Community Center Inc.	Address: 4811 Chippendale Dr Suite 708, Sacramento CA Phone: (916) 633-5247	Immigration service, green card application/renewal, all immigrant and nonimmigrant visas assistance, U.S. Passport service assistance, legal assistance, notary services, translation services	Mon-Fri 9:00am-6:00pm
USA Learns	Website: https://www.usalearns.org/	Free online learning platform that teaches English skills to immigrants (students, parents)	Mon-Sun 24 hours

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Sacramento Works Job Center – Hillsdale	Address: 5655 Hillsdale Blvd #8, Sacramento, CA 95842 Phone: (916) 263-4100	Employment Agency	Mon-Fri 8:30am-4:30pm
Employment Development Department	Website: https://edd.ca.gov/en/jobs	CalJobs Search engine	Mon-Fri 8:00am-5:00pm
Twin Rivers Adult School	Address: 5703 Skvarla Ave, McClellan Park, CA 95652 Phone: (916) 566-2785	Construction classes offered at Vista Nueva High School. For more info please contact Michelle Montiel (michelle.montiel@trused.net)	Mon-Thu 3:00pm-5:00pm
Highlands Community Charter School	Address: 1333 Grand Ave, Sacramento CA 95838 Phone: (916) 684-2283	Adult school that offered individuals high school diploma/GED and Career Technical Pathway (CTE)	Mon-Thu 3:00pm-5:00pm



Empowering Possibilities International Charter & CCCS (West Sac Campus)

Employment

Organization Name	Contact Info	Services Offered	Business Hours
La Cooperativa Campesina de California	Address: 1107 9th St #420, Sacramento, CA 95814 Phone: (916) 388-2220	Educational Programming for adults, Vocational and Career Training	Mon-Fri 8:00am-5:00pm
Yolo County Employment and Social Services	Address: 500 Jefferson Blvd Suite A100, West Sacramento, CA 95605 Phone: (916) 375-6290	employment assistance & food assistance	Mon-Fri 8:00am-4:00pm

General Support Services

Organization Name	Contact Info	Services Offered	Business Hours
California Department of Social Services	Address: 744 P St, Sacramento, CA 95814 Phone: (800) 952-5253	Cash Aid Programs for low income individuals and families - Including refugees, immigrants, survivors of human trafficking, domestic violence, and other serious crimes; and disaster	Mon-Fri 8:00am-5:00pm

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		victims. Food & Nutrition Programs that enhance your food budget and nutrition Child Services Services to help protect children and assist families Adult Services Care and assistance programs for adults	
Department of Human Assistance	Address: 3960 Research Drive Sacramento Ca, 95838 Phone: 916-648-0894 website: https://ha.saccounty.gov/Pages/default.aspx	Assistance with Cal-fresh, welfare, childcare, EBT, Medi-Cal, General Assistance	Mon-Fri 8:00am-4:00pm
Department of Motor Vehicles	Address: 4700 Broadway Sacramento Ca, 95820 Phone: 800-777-0133 website: www.dmv.ca.gov/portal/	Driver's license and ID's, Vehicle registration, Drivers Education	Mon-Fri 8:00am-5:00pm

Mental Health

Yolo county Health and Human Services	Address: 500 Jefferson BLVD #B160 West Sacramento Ca 95605 Phone: 916-375-6350	Mental health assessments and services	Mon-Fri 8:00am-4:00pm
Eagleview Psychiatric	Address: 428 J ST suite 400 Sacramento Ca, 95814 Phone: 916-999-1418	Online Psychiatric services, in person care, pediatric psychiatry and genetic testing	Mon-Sun 9:00am-6:0pm
Harbor Oaks Outpatient Behavioral Health Center	Address: 2945 Ramco St #180 West Sacramento, CA 95691 Phone: (916) 480-5101	Harbor Oaks offers outpatient programs for clients who have recently completed an inpatient hospital stay, or for those who are experiencing a decline in daily functioning due to mental or emotional distress	

Legal Services

Organization Name	Contact Info	Services Offered	Business Hours
Legal Services of Northern California	Address: 515 12th St, Sacramento, CA 95814 Phone: 916-551-2150 Website: https://lsnc.net/	Legal help for housing, health, natural disaster, CalWORKs, CalFresh, unemployment and general assistance	Mon-Fri 8:30am-5:00pm
Capital Pro Bono Inc	Address: 1860 Howe Avenue Sacramento, CA 95825 Phone: 916-5512102 Website: https://capitalprobono.org/	Conservatorships, Guardianships, Bankruptcy, consumer law, employment law, estate planning, family law and probate	
Sacramento Cultural & Linguistic Center	Address: 1610 Arden Way Sacramento, Ca 95815	Interpretation, Free of Charge Immigration Services, Free legal services, Refugee Resource and Referral, Referral to Emergency Food Services through SSIP Free Car Seat service through Birth & Beyond, Domestic Violence resources, Multi Lingual Vouchers and Bus Routes for SacRT, Counseling Referral and Resources	Mon-Fri 8:30am-5:00pm
University of the Pacific McGeorge School of Law	Address: 2925 34th street Sacramento Ca, 95817 Phone: 916-340-6080 Website: https://www.pacific.edu/law/legal-clinics/community-legal-services	Community legal clinics in the areas of Bankruptcy, elder & health, federal defenders, homeless advocacy, immigration law and prisoner civil rights.	Mon-Fri 8:30am-5:30pm
SHRA	Phone: Call 916-389-7877 or 1-800-500-4931	Fair housing and tenants helpline. Can answer basic questions regarding tenants rights.	Mon-Fri 8:00am-5:00pm

Health Clinics

Organization Name	Contact Info	Services Offered	Business Hours
Fine Harmony Health Center	Address: 515 Michigan Blvd. West Sacramento Ca, Phone: 916-371-0588	Call for information, website information unavailable	
John H Jones Community Clinic	Address: 500 Jefferson Blvd. #195 West Sacramento Ca, 95605	No website available, call for information, appointments or general information	
River Bend Medical Associates	Address: 2101 Stone Blvd. West Sacramento Ca, 95691 Phone: 916-371-4939 Website: www.rbmafamilydocs.com/	Offers a large variety of services categorized as Everyday Wellness, Chronic Condition Care and specialty medicine. Call for specifics	Mon-Fri 8:00am-5:00pm
Spring Medical Clinic	Address: 1355 Halyard dr #130 West Sacramento Ca, 95834 Phone: 916-265-6309 Website: www.springmedicalclinic.com/	Weight loss and health care services, b12 shots and TB testing	Mon-Fri 9:30am-5:30pm Sat 8:30am-2:00pm

Community Based Organizations

Organization Name	Contact Info	Services Offered	Business Hours
Collins Teen Center	Address: 1541 Merkley Ave West Sacramento Ca, 95691 Phone: 916-375-0681	Teen center for youth grades 7th - 12th. Parent permission required	Mon-Fri 1:45pm-5:30pm
Donate Life California	Address: 3940 Industrial Blvd. West Sacramento Ca, 95691 Phone: 866-797-2366 Website: www.donatelifecalifornia.org/	is the state-authorized nonprofit organization responsible for managing the organ, eye and tissue donor registry	
Rural Community Assistance Corp	Address: 3120 Freeboard Dr West Sacramento Ca, 95691 Phone: 916-447-2854 Website: www.rcac.org/	Serves Indigenous and rural communities through training, technical and financial assistance and advocacy. Major programs include Community economic development, community resilience and disaster planning,	

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		Environmental, Housing, Lending and indigenous communities	
Three Sisters Gardens	Address: 317 5th ST West Sacramento Ca, 95605 Phone: 916-291-8595 Website: www.3sistersgardens.com/	using urban agriculture to engage community members to get involved in creating a food system that is good for us and the environment. Urban gardening while donating a vast majority of the food grown	Mon-Sat 7:00am-4:00pm
Vida Family Health center	Address: 954 Sacramento Ave West Sacramento Ca, 95605 Phone: 916-914-2650 Website: www.communicarehc.org/vida/	Services include primary care, behavioral health, substance use services, dental care, perinatal care, pediatrics, sexual health, LGBTQ+ and Women's health	Mon-Fri 8:00am-5:00pm

Community Centers & Sports Leagues

Organization Name	Contact Info	Services Offered	Business Hours
Special Olympics of Northern California	Address: 1401 Halyard DR West Sacramento Ca, 95691 Phone: 916-375-1931 Website: www.sonc.org	Dedicated to promoting inclusion and empowering children and adults with intellectual disabilities, both on and off the field. Sports, health and wellness, schools, and athlete leadership	
The mighty rotary club of west Sacramento	Address: 1323 Terminal St West Sacramento Ca, 95691 Website: www.rotaryclubofwestsacramento.org/	The Rotary Club of West Sacramento is a service club dedicated to improving the lives of others both in our community and around the world. Rotary is a forum for community leaders who make decisions, influence policies and take actions that shape our community and beyond. Rotarians provide services in a variety of areas that address health care needs, hunger, poverty, illiteracy, disaster relief, environmental cleanups, and educational needs.	

GATEWAY COMMUNITY CHARTERS: FAMILY & COMMUNITY RESOURCE GUIDE (2024-2025)

West Sacramento Community Center	Address: 1075 W Capitol Ave West Sacramento Ca, 95691 Phone: 916-617-4620 Website: www.cityofwestsacramento.org/government/departments/parks-recreation	West Sacramento Parks & Recreation consists of four separate functions: a Parks Division, Recreation Division, Early Learning Services, and our Tree Program. The Parks Department provides recreation and leisure opportunities with its park facilities and recreation programming. These programs are designed to help local residents improve their overall health and quality of life.	Mon-Fri 8:00am-5:00pm
West Sacramento Girls Softball	Address: Anna St West Sacramento Ca, 95605 Website: www.westsacgirlssoftball.com/home	Girls' softball organization with teams from 8U to 14U	24/7
West Sacramento Little League	Address: P.O. BOX 155 West Sacramento Ca, 95691 Website: www.westsacll.org/	little league baseball for youth, registration information is available on website	
West Sacramento Recreation Center	Address: 2801 Jefferson Blvd. West Sacramento Ca, 95691 Phone: 916-617-4770 Website: www.cityofwestsacramento.org/government/departments/parks-recreation/recreation-center-pool	Operated by the city of west Sacramento, this facility has access to a pool, tennis and pickleball courts, youth/teen center, basketball courts, Rockwall, group exercise class along with cardio and strength groups	Mon-Fri 5:30am-9:30pm Sat-Sun 8:00am-8:00pm

Transportation

Organization Name	Contact Info	Services Offered	Business Hours
RydeFreeRT	Address: 1225 R Street (adjacent to the 13th Street Light Rail Station), Phone: 916-321-BUSS (2877).	The RydeFreeRT program offers fare-free transit for youth and students in grades TK through 12.	Mon-Fri 8:00am-5:00pm
Zipcar	www.zipcar.com/join	App based car rental service, 24/7 access to sedans, SUV's, EV, and Cargo Vans. \$9 monthly	Mon-Sun 24 hours

GATEWAY COMMUNITY CHARTERS: FAMILY & COMMUNITY RESOURCE GUIDE (2024-2025)

		membership fee. \$10 per hour or \$83 per day	
Sac Metro Air Quality District	www.airquality.org/our-community-carshare	Free membership , available in certain areas only, reserve to run errands, go to appointments, and take local trips. Reserve up to 4 hours a day or 12 hours a week.	Mon-Fri 8:00am-5:00pm

Education

Organization Name	Contact Info	Services Offered	Business Hours
Learn To Be	Website: https://www.learntobe.org/about-us	free online tutoring sessions	
Sacramento Public Library	Website: https://www.saclibrary.org/Education/Students-Educators/Homework-Help	Connect with a live tutor who can help students in Kindergarten through 12th grade with a variety of subjects including math, English, history and more. Tutors are available daily from 10 a.m. - 10 p.m. PT in English, Spanish, Cantonese, Mandarin, Vietnamese, and Tagalog. This resource is supported in whole or in part by funding provided by the State of California, administered by the California State Library.	
adoptaclassroom.org	Website: http://adoptaclassroom.org/	100% free for teachers. We do not take any fees from donations made to teachers. No specific fundraising goals or timelines. The funds teachers raise are theirs to use immediately, so teachers can order what they need, when they need it. Teachers have up to one year to spend their funds. Flexible funding for teachers. We	

GATEWAY COMMUNITY CHARTERS: FAMILY & COMMUNITY RESOURCE GUIDE (2024-2025)

		don't ask for project proposals from teachers when they crowdfund. Teachers can choose how to spend their funds in our marketplace every time they shop. Check out our list of vendors here. Most teachers are eligible. We serve PreK-12 teachers in K-12 public, private, and charter schools. Monthly giving. Donors can set up monthly contributions to their favorite teacher(s). This saves everyone time, and helps ensure teachers have funds they can count on.	
Supplyateacher.org	Address: 3400 Cottage Way, Suite C Sacramento, CA 95825 Phone: (916) 486-2646	Provides teachers with two large boxes filled with a semester's worth of essential school supplies. Your Supply A Teacher donation gives the most critically needed items to the teachers most in need across the country.	
USA Learns	Website: https://www.usalearns.org/student-registration		



Futures High School & CCCS (Sac Youth Center)

Employment

Organization Name	Contact Info	Services Offered	Business Hours
Lao Family Community Development, INC	Address: 3205 Hurley Way, Sacramento, CA 95864, Phone: (916) 359-2788 Website: https://lfcd.org/	Employment and Community Services for Disabled Populations, AJCC One-Stop Career Services for Youth and Adults, Refugee Employment and Resettlement and Placement Services, CalWORKs LEP, Victim Assistance Program and Joy of Living DV Housing, SMUD Energy Assistance for Low-Income Households, Supportive Services for Families, MHSA Prevention and Early Intervention Services, Health Promotion and Navigation Program, Highlands Community Charter and Technical Schools—ESL and High School for Adults; Early Childhood	Mon-Fri 8:30am-5:00pm

GATEWAY COMMUNITY CHARTERS: FAMILY & COMMUNITY RESOURCE GUIDE (2024-2025)

		Daycare; Clothing Closet, CAIRS Immigration Legal Services, Community Housing Board, Homeless to Transitional to Permanent Housing, and Navy Sea Cadet Corps Sacramento Division	
Twin Rivers Adult School	Address: 5703 Skvarla Ave, McClellan Park, CA 95652, Phone: (916) 566-2785 Website: https://www.tras.edu/	Free Construction Program- Construction classes will be held at Vista Nueva High School on Monday, Tuesday, Wednesday and Thursdays from 3:00pm-5:00pm.	Mon-Fri 8:00am-4:00pm
Greater Sacramento Urban League	Address: 3725 Marysville Blvd Sacramento Ca, 95838 Phone: 916-286-8600 Website: www.gsul.org	Support services relating to Careers and employment as well as Housing resources	Mon-Fri 9:00am-5:00pm
EDD Youth Employment Opportunity Program	Address: 2901 50th Street Sacramento, CA 95817 Julie Her Phone: (916) 227-0301	The Youth Employment Opportunity Program (YEOP) helps at-risk youth between the ages of 15 and 25, achieve their educational and vocational goals through a variety of specialized services.	

General Support Services

Organization Name	Contact Info	Services Offered	Business Hours
Department of Human Assistance	Address: 3960 Research Drive Sacramento Ca, 95838 Phone: 916-874-3100 Website: https://ha.saccounty.gov/Pages/default.aspx	Assistance with Cal-fresh, welfare, childcare, EBT, Medi-Cal, General Assistance	Mon-Fri 8:00am-4:00pm
Department of Motor Vehicles	Address: 4700 Broadway Sacramento Ca, 95820 Phone: 800-777-0133 Website: www.dmv.ca.gov/portal/	Drivers license and ID's, Vehicle registration, Drivers Education	Mon-Fri 8:00am-5:00pm

GATEWAY COMMUNITY CHARTERS: FAMILY & COMMUNITY RESOURCE GUIDE (2024-2025)

BenefitCal	Address: 1725 28TH ST SACRAMENTO, CA 95816, Phone: (800) 560-0976 Website: https://benefitscal.com/	Medi-Cal provides free or low-cost health care to people who qualify. It can help pay for doctor visits, hospital care, immunization (vaccines), pregnancy-related services, nursing home care, and other services. CalWORKs helps with cash to pay for rent, housing, food, clothing, medical payments, and utilities for families with at least one child in the home. CALFresh can help your family get access to healthy food. You can use CalFresh benefits at most grocery stores and even farmers markets to buy items such as bread, nuts, rice, and more.	24/7
Sacramento Employment and Training Agency,	Address: 925 Del Paso Blvd, Sacramento, CA 95815 Phone: 916-263-3800 Website: https://www.seta.net/	SETA Refugee Program, SETA Sacramento Works, SETA head start and child development	Mon-Fri 8:00am-5:00pm
Community Resource Project Inc	Address: 3628 Madison Ave, North Highlands, CA 95660, Phone: 916-326-5830 Website: https://www.communityresourceproject.org	WIC Program is a federal program designed to provide food to low-income pregnant, postpartum and breastfeeding women, infants and children until the age of 5. Weatherization Programs 1)Low-Income Home Energy Assistance Program, 2) Department of Energy Weatherization Assistance Program, 3) Low-Income Weatherization Program - Farmworker Component 2.0	Mon-Fri 8:00am-4:30pm
USA Learns	Website: https://www.usalearns.org/student-registration	Online English classes designed to prepare you for employment, teach job skills, prepare you for the citizenship test	

Mental Health

Organization Name	Contact Info	Services Offered	Business Hours
La Familia Counseling Center, Inc	Address: 5523 34th St, Sacramento, CA 95820 Phone: 916-452-3601 Website: https://lafcc.org/	Improve the quality of life for at-risk youth and families of diverse backgrounds by offering multicultural counseling, support and outreach services and programs to help families to overcome adversity, to become empowered, and to succeed in their lives. The Supporting Community Connections (SCC) program offers free mental health services to spanish/english speaking families.	Mon-Fri 8:30am-5:30pm
Pro Youth and Families	Address: 3780 Rosin Court., Suite 120 Sacramento, CA 95834 Phone: (916) 576-3300 Website: https://proyouthandfamilies.org/	PRO Youth & Families offers a diverse range of direct service programs, both in school and community-based settings. Programs include advocacy and civic engagement, mentoring, relationship skills, mental wellness, and substance misuse prevention.	Mon-Fri 9:00am-5:00pm

Legal Services

Organization Name	Contact Info	Services Offered	Business Hours
US Social Security Administration	Address: 825 Riverside Pkwy #1000, West Sacramento, CA 95605 Phone: (800) 772-1213	individuals must schedule an in person appointment in order to obtain their social security number card: please use like to access application https://www.ssa.gov/forms/ss-5.pdf	Mon-Fri 9:00am-4:00pm

GATEWAY COMMUNITY CHARTERS: FAMILY & COMMUNITY RESOURCE GUIDE (2024-2025)

Carmichael DMV: Driver License/ CA ID	Address: 5209 North Ave Carmichael, CA 95608 Phone: 1-800-777-0133	link to submit application: https://www.dmv.ca.gov/portal/driver-licenses-identification-cards/dl-id-online-app-edl-44/	Mon-Fri 8:00am-5:00pm
Sacramento Cultural & Linguistic Center	Address: 1610 Arden Way Sacramento Ca 95815	Interpretation, Free of Charge Immigration Services, Free legal services, Refugee Resource and Referral, Referral to Emergency Food Services through SSIP Free Car Seat service through Birth & Beyond, Domestic Violence resources, Multi Lingual Vouchers and Bus Routes for SacRT, Counseling Referral and Resources	Mon-Fri 8:30am-5:00pm
University of the Pacific McGeorge School of Law	Address: 2925 34th street Sacramento Ca, 95817 Phone: 916-340-6080 Website: https://www.pacific.edu/law/legal-clinics/community-legal-services	Community legal clinics in the areas of Bankruptcy, elder & health, federal defenders, homeless advocacy, immigration law and prisoner civil rights.	Mon-Fri 8:30am-5:30pm
Legal Services of Northern California	Address: 515 12th St, Sacramento, CA 95814 Phone: 916-551-2150 Website: https://lsnc.net/	Legal help for housing, health, natural disaster, CalWORKs, CalFresh, unemployment and general assistance	Mon-Fri 8:30am-5:00pm
SHRA	Phone: Call 916-389-7877 or 1-800-500-4931	Fair housing and tenants helpline. Can answer basic questions regarding tenants rights.	24/7

Health Clinics

Organization Name	Contact Info	Services Offered	Business Hours
Sacramento Family medical Clinic	Address: 3441 Marysville BLVD Sacramento Ca, 95838 Phone: 916-563-7200	Medi-Cal facility with general health care options, appointments necessary	Mon-Fri 8:00am-5:00pm

GATEWAY COMMUNITY CHARTERS: FAMILY & COMMUNITY RESOURCE GUIDE (2024-2025)

Sacramento Community Clinic- Del Paso	Address: 2200 Del Paso BLVD Sacramento Ca, 95815 Phone: 916-642-1867 Website: www.halocares.org/	services include, family medicine, dentistry, behavioral health, pediatric services, prenatal and postpartum care, women's health, dermatology, podiatry and acupuncture. Call for specifics and appointments.	Mon-Fri 8:00am-5:00pm
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Community Based Organizations

Organization Name	Contact Info	Services Offered	Business Hours
Brother 2 Brother	Address: 3730 Marysville Blvd, Sacramento Ca, 95838 Phone: 916-333-3544 Website: www.brother2brothermentoring.org	Brother to Brother is a community-based organization dedicated to assisting and engaging those individuals seeking to make positive life changes within our community. Through individually customized programs, we provide the structure and guidance necessary for self-correction.	Mon-Thurs 8:00am-5:00pm Friday 8:00pm-12:00am Saturday 12:00am-5:00pm
Neighborhood Wellness Foundation	Address: 3805 Clay Street Sacramento Ca, 95838 Website: www.neighborhoodwellness.org	Built on a foundation of trust and understanding, Neighborhood Wellness addresses chronic toxic stress, legacies of incarceration, poverty, violence, and drug addiction, and low educational attainment to improve lives and build resilience. Programs and services focus on addressing the root cause of our disparities and finding pathways to improve and grow.	Mon-Thurs 9:00am-4:00pm Friday 9:00am-12:00pm
Mutual Assistance Network	Address: 810 Grand Ave Sacramento Ca 95838 Phone: 916-567-9576 Website: www.mutualassistance.org	Pregnancy and parenting information for Black infant health and Birth & Beyond. Economic Development, youth	Mon-Fri 9:00am-5:00pm

GATEWAY COMMUNITY CHARTERS: FAMILY & COMMUNITY RESOURCE GUIDE (2024-2025)

		services, athletic fields via sports complex, parenting classes	
Sacramento Youth Center	Address: 1901 Del Paso BLVD Sacramento Ca, 95815 Phone: 916-248-1081 Website: www.sacyouthcenter.org	Mentoring, youth spaces, café, place to do community service, youth focused events and parent resources.	Mon-Fri 12:00pm-6:00pm
Volunteers of America	Address: 1001 Grand Ave Sacramento Ca, 95838 Phone: 916-929-1951 Website: www.voa-ncnn.org	Housing, emergency shelter, transitional housing, senior services, veteran services and employment services	
Sacramento Food Bank and Family Services	Address: 1951 Bell Ave Sacramento Ca, 95838 Phone: 916 456-1980 Website: www.sacramentofoodbank.org	Addressing food insecurities, locations, day(s), time(s) for food distribution	Mon-Fri 8:00am-4:00pm
Sacramento Area Community Garden Coalition	Address: 3611 Del Paso BLVD Sacramento Ca, 95838 Phone: 916-508-6025	serves all of Sacramento County - urban green spaces, community gardens and school gardens in the Sacramento area. Many times, low-income areas are directly served through this organization.	

Community Centers and Sports Leagues

Organization Name	Contact Info	Services Offered	Business Hours
Firehouse Community Center	Address: 810 Grand Ave Sacramento Ca 95838 Phone: 916-567-9576 Website: www.mutualassistance.org	Firehouse Cafe, Birth & Beyond, access to computers and printing	Mon-Fri 9:00am-5:00pm
Hagginwood Community Center	Address: 3271 Marysville Blvd. Sacramento Ca, 95815 Phone: 916-808-6439 Website: www.cityofsacramento.gov/ypce/community-centers/joe-mims-jr-hagginwood-ctr	Room rentals, amenities, Rec Express, Teen scene, hot spot, tai chi, Qi Gong, Senior Cafe, senior Big Bang Bingo, Senior tech time. Call for information and program details	Mon-Sat 9:00am-5:00pm
Robertson Community Center	Address: 3525 Norwood Ave Sacramento Ca 95838 Phone: 916-696-6689	Activity center for youth sports, athletic fields, youth and senior activities, room rentals available for private events.	Mon-Sat 9:00am-9:00pm

GATEWAY COMMUNITY CHARTERS: FAMILY & COMMUNITY RESOURCE GUIDE (2024-2025)

	Website: www.mutualassistance.org		
Grant Youth Sports	Address: 3730 Marysville Blvd Sacramento Ca, 95838 Phone: 916-333-3544 Website: www.brother2brothermentoring.org	Football & Basketball	Mon-Thurs 8:00am-5:00pm Friday 8:00pm-12:00am Saturday 12:00am-5:00pm
Sacramento Prince Hall Masonic Activity Center	Address: 3741 Altos Ave Sacramento Ca, 95838 Phone: 916-646-6180	Rental space for activities	Mon-Sat 9:00am-11:00pm

Transportation

Organization Name	Contact Info	Services Offered	Business Hours
RydeFreeRT	Address: 1225 R Street Sacramento, CA 95811 Phone: 916-321-BUSS (2877)	RydeFreeRT program offers fare-free transit for youth and students in grades TK through 12.	Mon-Fri 8:00am-5:00pm
Zipcar	Website: www.zipcar.com/join	App based car rental service, 24/7 access to sedans, SUV's, EV, and Cargo Vans. \$9 monthly membership fee. \$10 per hour or \$83 per day	Mon-Sun 24 hours
Sac Metro Air Quality District	Website: www.airquality.org/our-community-carshare	Free membership , available in certain areas only, reserve to run errands, go to appointments, and take local trips. Reserve up to 4 hours a day or 12 hours a week.	Mon-Fri 8:00am-5:00pm



Higher Learning Academy

Employment Services

Organization Name	Contact Info	Services Offered	Business Hours
Sacramento Works Job Center – Hillsdale	Address: 5655 Hillsdale Blvd Suite 8, Sacramento, CA 95842 Phone: (916) 626-4100 Website: http://sacramentoworks.org	Resources center for job and training opportunities	Mon-Fri 8:00am-4:30pm
Employment Development Department	Address: 722 Capitol Mall #5098, Sacramento, CA 95814 Phone: (866)333-4606 Website: https://edd.ca.gov/en/jobs	Website for job opportunities	Mon-Fri 8:00am-5:00pm
Highlands Community Charter School	Address: 1333 Grand Ave, Sacramento, CA 95838 Phone: (916) 844-2283 website: http://www.hccts.org	Offers adults the opportunities to obtain high school diploma/GED and CTE pathways	Mon-Fri 8:00am-5:00pm
Greater Sacramento Urban League	Address: 3725 Marysville Blvd, Sacramento CA, 95838 Phone: (916) 286-8600 Website: www.gsul.org	Offers career and employment services and housing resources	Mon-Fri 9:00am-5:00pm

General Support Services

Organization Name	Contact Info	Services Offered	Business Hours
Sacramento Cultural & Linguistics Center- Nonprofit Services	Address: 5625 24 th St, Sacramento, CA 95822 Phone: (916) 421-1036 Website: https://sclc.org	Offers low cost interpretation services, free immigration and legal services, emergency food resources, refugee, Domestic violence resource, counseling resources	Mon-Fri 8:00am-4:30pm
Open Door Inc	Address: 1111 Howe Ave Suite 125, Sacramento, Phone: (916) 649-2591 Website: https://openingdoorsinc.org	Offers refugee resources, career pathways, financial assistance, counseling services	Mon-Fri 9:00am-4:30pm
Language World Services Inc.	Address: 2860 Gold Tailings St, Rancho Cordova, CA 95670 Phone: 916) 333-5247 Website: https://languageworld.com	Offers interpretation support in person or over the phone (fee associated)	Mon-Fri 8:00am-5:00pm
Slavic Community Center Inc.	Address: 4811 Chippendale Dr Suite 708, Sacramento, CA 95841 Phone: (916) 633-5247 Website: https://www.slavicsacramento.org	Offers immigration services, immigration services, green card application and renewal application, Legal assistance, document translation, notary services	Mon-Fri 9:00am-6:00pm
Sacramento Food Bank and Family Services	Address: 1951 Bell Ave Sacramento CA, 95838 Phone: (916) 456-1980 Website: https://www.sacramentofoodbank.org	Support families with food insecurities	Mon-Fri 8:00am-4:00pm
Department of Human Assistance	Address: 3960 Research Drive, Sacramento CA, 95838 Phone: (916) 648-0894 Website: https://ha.saccounty.gov	Offers Medi-Cal, CAIFresh, and employment assistance	Mon-Fri 8:00am-4:00pm
Department of Motor Vehicles	Address: 4700 Broadway Sacramento Ca, 95820 Phone: (800) 777-0133 Website: www.dmv.ca.gov/portal/	driver license, CA ID, vehicle registration, educational resource	Mon-Fri 8:00am-4:00pm
USA Learns	website: https://www.usalearns.org/student-registration	Online English classes designed to prepare you for employment, teach	

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		job skills, prepare you for the citizenship test	
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Mental Health

Organization Name	Contact Info	Services Offered	Business Hours
La Familia Counseling Center, Inc	Address: 5523 34 th St, Sacramento, CA 95820 Phone: (916) 452-3601 Website:	Improve the quality of life for at-risk youth and families of diverse backgrounds by offering multicultural counseling, support and outreach services and programs to help families to overcome adversity, to become empowered, and to succeed in their lives. The Supporting Community Connections (SCC) program offers free mental health services to Spanish/English speaking families.	Mon-Fri 8:30-5:30pm
Pro Youth and Families	Address: 3780 Rosin Court., Suite 120 Sacramento, CA 95834 Phone: (916) 576-3300 Website: https://proyouthandfamilies.org/	PRO Youth & Families offers a diverse range of direct service programs, both in school and community-based settings. Programs include advocacy and civic engagement, mentoring, relationship skills, mental wellness, and substance misuse prevention.	Mon-Fri 9:00am-5:00pm

Legal Services

Organization Name	Contact Info	Services Offered	Business Hours
US Social Security Administration	Address: 825 Riverside Pkwy Suite1000, West Sacramento, CA 95605 Phone: (800) 772-1213 Website: https://www.ssa.gov/	individuals must schedule an in-person appointment in order to obtain their social security number card: please use like to access	Mon-Fri 9:00am-4:00pm

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		application https://www.ssa.gov/forms/ss-5.pdf	
Department of Motor Vehicles	Address: 5209 North Ave Carmichael, CA 95608 Phone: (800) 777-0133 Website: https://www.dmv.ca.gov/portal/field-office/carmichael/	driver license, CA ID, vehicle registration, educational resource	Mon-Fri 8:00am-5:00pm
Sacramento Cultural & Linguistic Center	Address: 1610 Arden Way Sacramento, Ca 95815	Interpretation, Free of Charge Immigration Services, Free legal services, Refugee Resource and Referral, Referral to Emergency Food Services through SSIP Free Car Seat service through Birth & Beyond, Domestic Violence resources, Multi Lingual Vouchers and Bus Routes for SacRT, Counseling Referral and Resources	Mon-Fri 8:30am-5:00pm
University of the Pacific McGeorge School of Law	Address: 2925 34th street Sacramento Ca, 95817 Phone: 916-340-6080 website: https://www.pacific.edu/law/legal-clinics/community-legal-services	Community legal clinics in the areas of Bankruptcy, elder & health, federal defenders, homeless advocacy, immigration law and prisoner civil rights.	Mon-Fri 8:30am-5:30pm
Legal Services of Northern California	Address: 515 12th St, Sacramento, CA 95814 Phone: 916-551-2150 website: https://lsnc.net/	Legal help for housing, health, natural disaster, CalWORKs, CalFresh, unemployment and general assistance	Mon-Fri 8:30am-5:00pm
SHRA	Phone: Call 916-389-7877 or 1-800-500-4931	Fair housing and tenants helpline. Can answer basic questions regarding tenants rights.	24/7

Health Clinics

Organization Name	Contact Info	Services Offered	Business Hours
Sacramento Family medical Clinic	Address: 3441 Marysville BLVD Sacramento Ca, 95838 Phone: 916-563-7200	Medi-Cal facility with general health care options, appoints necessary	Mon-Fri 8:00am-5:00pm
Sacramento Community Clinic- Del Paso	Address: 2200 Del Paso BLVD Sacramento Ca, 95815 Phone: 916-642-1867 website: www.halocares.org/	services include, family medicine, dentistry, behavioral health, pediatric services, prenatal and postpartum care, women's health, dermatology, podiatry and acupuncture. Call for specifics and appointments.	Mon-Fri 8:00am-5:00pm

Community Based Organizations

Organization Name	Contact Info	Services Offered	Business Hours
Brother 2 Brother	Address: 3730 Marysville Blvd, Sacramento Ca, 95838 Phone: 916-333-3544	Brother to Brother is a community based organization dedicated to assisting and engaging those individuals seeking to make positive life changes within our community. Through individually customized programs, we provide the structure and guidance necessary for self-correction.	Mon-Thurs 8:00am-5:00pm Friday 8:00pm-12:00am Saturday 12:00am-5:00pm
Neighborhood Wellness Foundation	Address: 3805 Clay Street Sacramento Ca, 95838 website: www.neighborhoodwellness.org	Built on a foundation of trust and understanding, Neighborhood Wellness addresses chronic toxic stress, legacies of incarceration, poverty, violence drug addiction, and low educational attainment to improve lives and build resilience. Programs and services focus on addressing the root cause of our disparities and finding pathways to improve and grow.	Mon-Thurs 9:00am-4:00pm Friday 9:00am-12:00pm

GATEWAY COMMUNITY CHARTERS: FAMILY & COMMUNITY RESOURCE GUIDE (2024-2025)

Greater Sacramento Urban League	Address: 3725 Marysville Blvd Sacramento Ca, 95838 Phone: 916-286-8600 website: www.gsul.org	Support services relating to Careers and employment as well as Housing resources	Mon-Thurs 9:00am-5:00pm
Mutual Assistance Network	Address: 810 Grand Ave Sacramento Ca 95838 Phone: 916-567-9576 website: www.mutualassistance.org	Pregnancy and parenting information for Black infant health and Birth & Beyond. Economic Development, youth services, athletic fields via sports complex, parenting classes	Mon-Fri 9:00am-5:00pm
Sacramento Youth Center	Address: 1901 Del Paso BLVD Sacramento Ca, 95815 Phone: 916-248-1081 website: www.sacyouthcenter.org	Mentoring, youth spaces, café, place to do community service, youth focused events and parent resources.	Mon-Fri 12:00pm-6:00pm
Volunteers of America	Address: 1001 Grand Ave Sacramento Ca, 95838 Phone: 916-929-1951 website: www.voa-ncnn.org	Housing, emergency shelter, transitional housing, senior services, veteran services and employment services	
Sacramento Area Community Garden Coalition	Address: 3611 Del Paso BLVD Sacramento Ca, 95838	serves all of Sacramento County - urban green spaces, community gardens and school gardens in the Sacramento area. Many times low income areas are directly served through this organization.	

Community Centers and Sports Leagues

Organization Name	Contact Info	Services Offered	Business Hours
Firehouse Community Center	Address: 810 Grand Ave Sacramento Ca 95838 Phone: 916-567-9576 website: www.mutualassistance.org	Firehouse Cafe, Birth & Beyond, access to computers and printing	Mon-Fri 9:00am-5:00pm
Hagginwood Community Center	Address: 3271 Marysville blvd Sacramento Ca, 95815 Phone: 916-808-6439 website: www.cityofsacramento.gov/ypce/community-centers/joe-mims-jr-hagginwood-ctr	Room rentals, amenities, Rec Express, Teen scene, hot spot, tai chi, Qi Gong, Senior cafe, senior Big Bang Bingo, Senior tech time. Call for information and program details	Mon-Sat 9:00am-5:00pm

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Robertson Community Center	Address: 3525 Norwood Ave Sacramento Ca 95838 Phone: 916-696-6689 website: www.mutualassistance.org	Activity center for youth sports, athletic fields, youth and senior activities, room rentals available for private events.	Mon-Sat 9:00am-9:00pm
Grant Youth Sports	Address: 3730 Marysville Blvd, Sacramento Ca, 95838 Phone: 916-333-3544 website: www.brother2brothermentoring.org	Football & Basketball	Mon-Thurs 8:00am-5:00pm Friday 8:00pm-12:00am Saturday 12:00am-5:00pm
Sacramento Prince Hall Masonic Activity Center	Address: 3741 Altos Ave Sacramento Ca, 95838 Phone: 916-646-6180	Rental space for activities	Mon-Sat 9:00am-11:00pm

Transportation

Organization Name	Contact Info	Services Offered	Business Hours
RydeFreeRT	Address: 1225 R Street Sacramento, CA 95811 Phone: 916-321-BUSS (2877)	RydeFreeRT program offers fare-free transit for youth and students in grades TK through 12.	Mon-Fri 8:00am-5:00pm
Zipcar	website: www.zipcar.com/join	App based car rental service, 24/7 access to sedans, SUV's, EV, and Cargo Vans. \$9 monthly membership fee. \$10 per hour or \$83 per day	Mon-Sun 24 hours
Sac Metro Air Quality District	website: www.airquality.org/our-community-carshare	Free membership , available in certain areas only, reserve to run errands, go to appointments, and take local trips. Reserve up to 4 hours a day or 12 hours a week.	Mon-Fri 8:00am-5:00pm



Gateway International School

Employment

Organization Name	Contact Info	Services Offered	Business Hours
Lao family community development inc	Address: 7171 Bowling Dr #1120 Sacramento Ca, 95823 Phone: 916-393-7501 website: www.lfcd.org/	Support organization that focuses on advancing education, careers, housing, and health and wellness for Californians	Mon-Fri 8:30am-5:00pm
Employment Development Department	Address: 722 Capitol Mall #5098 Sacramento, CA 95814 Phone: (866)333-4606 website: https://edd.ca.gov/en/jobs	Website for job opportunities	Mon-Fri 8:00am-5:00pm
Highlands Community Charter School	Address: 1333 Grand Ave, Sacramento, CA 95838 Phone: (916) 844-2283 website: http://www.hccts.org	Offers adults the opportunities to obtain high school diploma/GED and CTE pathways	Mon-Fri 8:00am-5:00pm
Greater Sacramento Urban League	Address: 3725 Marysville Blvd, Sacramento CA, 95838 Phone: (916) 286-8600 website: www.gsul.org	Offers career and employment services and housing resources	Mon-Thurs 9:00am-5:00pm

General Support Services

Organization Name	Contact Info	Services Offered	Business Hours
Department of Human Assistance	Address: 5747 Watt Ave North Highlands Ca, 95660 Phone: 916-876-8000 website: https://ha.saccounty.gov/Pages/default.aspx	Assistance with Cal-fresh, welfare, childcare, EBT, Medi-Cal, General Assistance	Mon-Fri 8:00am-4:00pm
Department of Motor Vehicles	Address: 4700 Broadway Sacramento Ca, 95820 Phone: 800-777-0133 website: www.dmv.ca.gov/portal/	Drivers license and ID's, Vehicle registration, Drivers Education	Mon-Fri 8:00am-5:00pm
Sacramento Food Bank & Family Services	Address: 1951 Bell Ave, Sacramento, CA 95838 Phone: 916-456-1980 website: http://www.sacramentofoodbank.org/	food assistance	Mon-Fri 8:00am-4:00pm
Folsom Cordova Community Partnership	Address: 10665 Coloma Road Ste. 200 Rancho Cordova, CA 95670	Parenting workshops, Stress Reduction Activities, Safety Net Services, Support Groups, Play Care, Parent Leadership Opportunities, Baby Showers, Juneteenth, Harvest Festival and other community events	Mon-Fri 8:00am-5:00pm

Mental Health

Organization Name	Contact Info	Services Offered	Business Hours
Sacramento Children's Home,	Address: 2750 Sutterville Rd, Sacramento, CA 95820 website: https://www.kidshome.org/what-we-do/counseling-center/ Phone: (916) 452-3981	Counseling Center	Mon-Fri 8:30am-5:00pm
Turning Point Community Programs	Address: 3440 Viking Dr Sacramento, CA 95827	THERAPEUTIC BEHAVIOR SERVICES (TBS) provides intensive in-home based services to youths	Mon-Fri 8:30am-5:00pm

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	website: https://www.tpcp.org/program/tbs/ Phone: (916) 364-8395	aged 0-21 and their families who are experiencing behavior difficulties which place the child at risk for psychiatric hospitalization or loss of housing placement. TBS services include behavioral analyses, plan development, and direct interventions with the child and caregivers around the behaviors that are placing the youth at risk. The goal of the program is to improve behaviors in the home to maintain housing placements and prevent hospitalization or residential stays.	
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Legal Services

Organization Name	Contact Info	Services Offered	Business Hours
Sacramento Cultural & Linguistic Center	Address: 1610 Arden Way Sacramento, Ca 95815	Interpretation, Free of Charge Immigration Services, Free legal services, Refugee Resource and Referral, Referral to Emergency Food Services through SSIP Free Car Seat service through Birth & Beyond, Domestic Violence resources, Multi Lingual Vouchers and Bus Routes for SacRT, Counseling Referral and Resources	Mon-Fri 8:30am-5:00pm
University of the Pacific McGeorge School of Law	Address: 2925 34th street Sacramento Ca, 95817 Phone: 916-340-6080 website: https://www.pacific.edu/law/legal-clinics/community-legal-services	Community legal clinics in the areas of Bankruptcy, elder & health, federal defenders, homeless advocacy, immigration law and prisoner civil rights.	Mon-Fri 8:30am-5:30pm
Legal Services of Northern California	Address: 515 12th St, Sacramento, CA 95814 Phone: 916-551-2150	Legal help for housing, health, natural disaster, CalWORKs,	Mon-Fri 8:30am-5:00pm

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	website: https://lsnc.net/	CalFresh, unemployment and general assistance	
SHRA	Phone: Call 916-389-7877 or 1-800-500-4931	Fair housing and tenants helpline. Can answer basic questions regarding tenants rights.	24/7

Health Clinics

Organization Name	Contact Info	Services Offered	Business Hours
Alta Mira Urgent Care	Address: 3033 El Camino Ave Sacramento Ca, 95821 Phone: 916-515-9194	No website information, call for more information and appointments	Mon-Fri 2:00pm-8:00pm
Sacramento Life Center	Address: 2316 Bell Executive Ln Sacramento Ca, 95825 Phone: 916-451-4357 website: www.saclife.org/	Women's health clinic offering free medical services and patient advocacy for pregnant women. Pregnancy testing, limited ultrasounds, options consultations, health exams, std testing, OB/GYN referral, baby needs center, vitamins, loss recovery and more	Mon-Fri 9:00am-4:00pm
Mercado Medical Group	Address: 1813 Professional Dr Sacramento Ca, 95825 Phone: 916-550-2488	Family medicine location, call for information and appointments	Mon-Sun 9:00am-4:00pm
Modern Medicine inc	Address: 4826 El Camino Ave Carmichael Ca, 95608 Phone: 916-481-5701	Family medicine location, call for information and appointments	
One Community Health	Address: 1442 Ethan Way Sacramento Ca, 95825 Phone: 916-443-3299 website: www.onecommunityhealth.com/	Walk in clinic, pharmacy, primary care, dental care, specialty services, behavioral health, laboratory, perinatal care, HIV programs, substance abuse programs, gender health services.	Tues/Thurs 10:00am-7:00pm Mon/Wed/Fri 8:00am-5:00pm

Community Based Organizations

Organization Name	Contact Info	Services Offered	Business Hours
Cal Voices	Address: 720 Howe Ave Sacramento Ca, 95825 Phone: 916-376-7736 website: www.calvoices.org/	Improving the lives of residents of Sacramento through advocacy, education, research, and culturally relevant services	Mon-Fri 8:30am-5:00pm
Compassion Planet	Address: 3407 Arden Way Sacramento Ca, 95825 Phone: 916-352-3050 website: www.compassionplanet.org/	Workforce Development, Basic Life Skills trainings, mental health coaching, Soft Skills Groups, Thumbs and Hands training, career related certifications, hire me next coaching	Mon-Fri 8:00am-6:00pm
Iranian American Cultural and Educational center	Address: 9000 Fulton Ave Sacramento Ca, 95825 Phone: 916-918-3098 website: www.iacec.org/	Support organization for migrant communities that celebrate cultural differences, providing education, fostering self care and promoting social integration	Mon-Fri 11:00am-5:00pm
Youth Development Network	Address: 2801 Arden way #661602 Sacramento Ca, 95825 Phone: 916-979-8673 website: www.ydnetwork.org/	Support network that offers customized development solutions to educational and business organizations so they can create a culture where people are encouraged to do their best	Tues-Fri 8:00am-6:00pm

Community Centers & Sports Leagues

Organization Name	Contact Info	Services Offered	Business Hours
Arcade Community Center	Address: 2427 Marconi Ave #103 Sacramento Ca, 95821 Phone: 514-8096 website: www.mutualassistance.org/	Pregnancy and parenting information for Black infant health and Birth & Beyond. Economic Development, youth services, parenting classes	Mon-Fri 9:00am-5:00pm
Swanston Community Center	Address: 2350 Northrop Ave Sacramento Ca, 95825 Phone: 916-333-6464	located in the mission oaks recreation and park district, the facility has spaces available for	

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	website: www.morpd.com/swanston-community-center	small business meetings, social gatherings, parties and weddings.	
Arden Park Soccer Club	Address: 1000 La Sierra Dr Sacramento Ca, 95864 website: www.apsoccer.org/	Recreational soccer league that is devoted to skill development and joy of the game. Age range is 4-18 yrs.	Mon-Sat 9:00am-5:00pm
Buffalo Chips running club	Address: P.O. Box 19908 Sacramento Ca, 95819 website: www.buffalochips.com/	Sacramento's oldest and largest running club. Runners of all abilities and age groups meet for group runs, speed and track workouts, run all distances from 5k to ultra marathons and enjoy regular social events	
JMG Tennis Academy	Address: 1220 Arden Hills Ln Sacramento Ca, 95864 Phone: 916-482-6111 website: www.jmgtennis.com/	JMG Tennis Academy was founded in 2011 and it is the elite tennis academy in the country for developing junior players. Over the years, the academy has produced multiple CHAMPIONS, Players from JMG have gone on to play at major Colleges. Led by Joseph Gilbert, who was awarded DEVELOPMENTAL COACH of the year by the Olympic Committee multiple times, players that started with JMG from young ages are having success on the ATP/WTA professional tour. As a result of JMGs strong accomplishments with many players reaching Grand Slam events and winning pro titles, we have added Pro set up to the Academy to complement the DEVELOPMENT side. The academy provides everything needed to develop players to their maximum potential.	Tues/Thurs/Fri/Sun 9:00am-5:00pm
Rio Del Oro Sports Club	Address: 119 Scripps dr Sacramento Ca, 95825 Phone: 916-696-8790	Sports club gives Sacramento, CA residents the opportunity to better themselves and reach their lofty	Mon-Fri 5:00am-10:00pm Sat-Sun

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	website: www.sparetimesportsclubs.com/clubs/rio-del-oro/	fitness goals. We offer personal trainers, small group training, group exercise classes, yoga, and a wide variety of sports programs, including tennis and pickleball.	7:00am-9:00pm
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Transportation

Organization Name	Contact Info	Services Offered	Business Hours
RydeFreeRT	Address: 1225 R Street Sacramento, CA 95811 Phone: 916-321-BUSS (2877)	RydeFreeRT program offers fare-free transit for youth and students in grades TK through 12.	Mon-Fri 8:00am-5:00pm
Zipcar	website: www.zipcar.com/join	App based car rental service, 24/7 access to sedans, SUV's, EV, and Cargo Vans. \$9 monthly membership fee. \$10 per hour or \$83 per day	Mon-Sun 24 hours
Sac Metro Air Quality District	website: www.airquality.org/our-community-carshare	Free membership , available in certain areas only, reserve to run errands, go to appointments, and take local trips. Reserve up to 4 hours a day or 12 hours a week.	Mon-Fri 8:00am-5:00pm

Miscellaneous or Educational

Organization Name	Contact Info	Services Offered	Business Hours
Highlands Community Charter School	Address: 9555 Folsom Blvd Suite E & F, Sacramento, CA 95827	high school diploma, English classes, CTE	Mon-Fri 9:00am-5:00pm
USA Learns	website: https://www.usalearns.org/student-registration		



Sacramento Academic and Vocational Academy-North Natomas

Employment

Organization Name	Contact Info	Services Offered	Business Hours
Prime Time Teen	website: https://www.cityofsacramento.gov/ypce/youth-employment/prime-time-teen	Prime Time Teen (PTT) is an eight-week interactive workforce readiness and skill development program for youth ages 13-17. community service project. All participants who meet attendance goals and participate in the youth-led community service project	

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Employment Development Department: Youth Employment Opportunity Program	Address: 2901 50th Street Sacramento, CA 95817 Phone: (916) 227-0301	The Youth Employment Opportunity Program (YEOP) helps at-risk youth between the ages of 15 and 25, achieve their educational and vocational goals through a variety of specialized services.	Mon-Fri 8:00am-5:00pm
Sacramento Works Job Center	Address: 5655 Hillsdale Blvd Sacramento, Phone: (916) 263-4100	SETA Refugee Program, SETA Sacramento Works,	Mon-Fri 8:30am-4:30pm

General Support Services

Organization Name	Contact Info	Services Offered	Business Hours
Department of Human Assistance	Address: 3960 Research Drive Sacramento Ca, 95838 Phone: 916-648-0894 website: https://ha.saccounty.gov/Pages/default.aspx	Assistance with Cal-fresh, welfare, childcare, EBT, Medi-Cal, General Assistance	Mon-Fri 8:00am-4:00pm
Department of Motor Vehicles	Address: 4700 Broadway Sacramento Ca, 95820 Phone: 800-777-0133 website: www.dmv.ca.gov/portal/	Driver's license and ID's, Vehicle registration, Drivers Education	Mon-Fri 8:00am-5:00pm
US Social Security Administration	Address: 825 Riverside Pkwy #1000, West Sacramento, CA 95605 Phone: (800) 772-1213 website: https://www.ssa.gov/forms/ss-5.pdf	individuals must schedule an in person appointment in order to obtain their social security number card: please use like to access application	Mon-Fri 9:00am-4:00pm
BenefitCal	Address: 1725 28TH ST SACRAMENTO, CA 95816, Phone: (800) 560-0976	Medi-Cal provides free or low-cost health care CalWORKs helps with cash to pay for rent, housing, food, clothing, medical payments. CALFresh can help your family get access to healthy food. You can use CalFresh benefits at most grocery stores	
Community Resource Project Inc	Address: 3628 Madison Ave North Highlands, CA 95660 Phone: 19163265830	WIC Program is designed to provide food to low-income pregnant, postpartum and	Mon-Fri 7:30am-4:00pm

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		breastfeeding women, infants and children until the age of 5. Weatherization Programs Low-Income Home Energy Assistance Program, Department of Energy Weatherization Assistance Program, 3) Low-Income Weatherization Program	
Sacramento Food Bank & Family Services	Address: 1951 Bell Ave Sacramento, CA 95838 Phone: 9164561980 website: https://www.sacramentofoodbank.org/find-food#googtrans(en en)	Access food distribution resources	Mon-Fri 8:00am-4:00pm

Mental Health

Organization Name	Contact Info	Services Offered	Business Hours
La Familia Counseling Center, Inc	Address: 5523 34th St, Sacramento, CA 95820	Improve the quality of life for at-risk youth and families of diverse backgrounds by offering multicultural counseling, support and outreach services and programs to help families to overcome adversity, to become empowered, and to succeed in their lives. The Supporting Community Connections (SCC) program offers free mental health services to spanish/english speaking families.	Mon-Fri 8:30am-5:30pm

Legal Services

Organization Name	Contact Info	Services Offered	Business Hours
Sacramento Cultural & Linguistic Center	Address: 1610 Arden Way Sacramento, Ca 95815	Interpretation, Free of Charge Immigration Services, Free legal services, Refugee Resource and Referral, Referral to Emergency Food Services through SSIP Free Car Seat service through Birth & Beyond, Domestic Violence resources, Multi Lingual Vouchers and Bus Routes for SacRT, Counseling Referral and Resources	Mon-Fri 8:30am-5:00pm
University of the Pacific McGeorge School of Law	Address: 2925 34th street Sacramento Ca, 95817 Phone: 916-340-6080 website: https://www.pacific.edu/law/legal-clinics/community-legal-services	Community legal clinics in the areas of Bankruptcy, elder & health, federal defenders, homeless advocacy, immigration law and prisoner civil rights.	Mon-Fri 8:30am-5:30pm
Legal Services of Northern California	Address: 515 12th St, Sacramento, CA 95814 Phone: 916-551-2150 website: https://lsnc.net/	Legal help for housing, health, natural disaster, CalWORKs, CalFresh, unemployment and general assistance	Mon-Fri 8:30am-5:00pm
SHRA	Phone: 1 916-389-7877 or 1-800-500-4931	Fair housing and tenants helpline. Can answer basic questions regarding tenants rights.	24/7

Health Clinics

Organization Name	Contact Info	Services Offered	Business Hours
Natomas Family Practice	Address: 2410 Del Paso Road Sacramento Ca, 95834 Phone: 916-928-0856	Family medicine, Senior Care, pediatric care, women's health,	Mon-Fri 8:00am-5:00pm

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	website: www.natomasfamilypractice.com/	weight loss, esthetics, health physicals and immunizations	
Natomas Urgent Care	Address: 4321 Truxel Road F4 Sacramento Ca, 95834 Phone: 916-947-9110 website: www.natomasurgentcare.com	Illness, injuries, physicals, medications, immunizations, x-rays, occupational health and lab tests	Mon-Sun 9:00am-8:00pm
Spring Medical Clinic	Address: 4030 Truxel Road B Sacramento Ca, 95834 Phone: 916-760-3764 website: www.springmedicalclinic.com/	Medical weight loss, b-12 shots, travel shots, TB tests, physicals and travel exams	Mon-Fri 9:30am-5:30pm Sat 8:30am-2:00pm
Well Space Health	Address: 4150 Truxel Road C Sacramento Ca, 95834 Phone: 916-515-1698 website: www.wellspacehealth.org/location/health-care-for-workmen-community-health-center	Immediate Care, Adult primary care, Child/Adolescent primary care, Dental care for children & Adolescents, women's health and pregnancy care, Immunizations, behavioral health and prevention	Call for details, schedule varies daily

Community Based Organizations

Organization Name	Contact Info	Services Offered	Business Hours
Asian Pacific Islander Public Affairs Association	Address: 4000 Truxel Road Sacramento Ca, 95834 Phone: 916-928-9988 website: www.apapa.org/	Volunteer driven organization hosting over 100 events a year. Advancing Asian Pacific Islander communities through increased leadership and civic engagement.	Mon-Fri 8:00am-4:30pm
El Hogar Community Services	Address: 3870 Rosin Ct #130 Sacramento Ca, 95834 Phone: 916-363-1553 website: www.elhogarinc.org/	Focused on mental health, homelessness and seniors	Mon-Fri 8:00am-4:00pm
Natomas Community Association	Address: 2701 Del Paso Road #140 Sacramento Ca, 95835 Phone: 916-910-0750 website: www.natomascommunity.org/	Community Association in Natomas that aims to improve the quality of life for the Natomas residents.	
North Natomas Jibe	Address: 1918 Del Paso Road Sacramento Ca, 95834 Phone: 916-419-9955 website: www.jibe.org	Nonprofit organization that makes it easier for the North Natomas Community to walk, bike, and use public transportation. offering Services,	Mon-Fri 8:30am-5:00pm

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		programs, education, and placemaking projects that are a community benefit, available to all North Natomas residents and businesses	
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Community Centers and Sports Leagues

Organization Name	Contact Info	Services Offered	Business Hours
ARC Natomas Center	Address: 2421 Del Paso Road Sacramento Ca, 95835 Phone: 916-485-6000 website: www.arc.losrios.edu/natomascenter	American River College satellite site	Mon-Thurs 8:00am-7:00pm Fri 8:00am-5:00pm
North Natomas Community Center	Address: 2631 New Market Drive Sacramento Ca, 95835 Phone: 916-808-5146 website: www.cityofsacramento.gov/ypce/community-centers/north-natomas-center	City operated community center with activities and rooms for private events	Call for schedules as it may vary
California Youth Soccer Association Cal North Soccer	Address: 2081 Arena BLVD #190 Sacramento Ca, 95834 Phone: 916-426-5437 website: www.calnorth.org	Local soccer league that offers soccer for all ages and skill levels. Extensive coaches' development and teams that play locally, regionally and nationally.	Mon-Fri 8:00am-5:00pm
Davis Sports Academy	Address: 1513 Sports Drive #400 Sacramento Ca, 95834 Phone: 916-692-8899 website: www.davissportsacademy.com	A center of excellence for baseball and softball instruction, where skill refinement and character building are seamlessly integrated into our training philosophy. Our academy is dedicated to the advancement of our athletes through focused skill development in all facets of the game	Call for schedules as it may vary

Transportation

Organization Name	Contact Info	Services Offered	Business Hours
RydeFreeRT	Address: 1225 R Street Sacramento, CA 95811 Phone: 916-321-BUSS (2877)	RydeFreeRT program offers fare-free transit for youth and students in grades TK through 12.	Mon-Fri 8:00am-5:00pm
Zipcar	website: www.zipcar.com/join	App based car rental service, 24/7 access to sedans, SUV's, EV, and Cargo Vans. \$9 monthly membership fee. \$10 per hour or \$83 per day	Mon-Sun 24 hours
Sac Metro Air Quality District	website: www.airquality.org/our-community-carshare	Free membership , available in certain areas only, reserve to run errands, go to appointments, and take local trips. Reserve up to 4 hours a day or 12 hours a week.	Mon-Fri 8:00am-5:00pm

Miscellaneous or Education

Organization Name	Contact Info	Services Offered	Business Hours
USA Learns	website: https://www.usalearns.org/student-registration		
Dating in high school	website: https://www.loveisrespect.org/	Tool kit for healthy relationships	
Twin Rivers Adult School	Address: 5703 Skvarla Ave McClellan Park, CA 95652 Phone: (916) 566-2785	Free Construction Program- Construction classes will be held at Vista Nueva High School on Monday, Tuesday, Wednesday and Thursdays from 3:00pm-5:00pm.	Mon-Fri 8:00am-4:00pm
National Coalition Against Domestic Violence	website: https://www.teens4healthyrelationships.org/	Take a Stand FOR Healthy Relationships: A Teen Dating Violence Prevention Curriculum	Mon-Sun 24 hours

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Math Tutoring Buddies Program- online	website: https://www.csus.edu/college/natural-sciences-mathematics/mathematics-statistics/math-activities.html	The Department of Mathematics & Statistics at Sacramento State is offering a new tutoring program for high school students. The mission of the Math Tutoring Buddies Program is to provide free, high-quality one-on-one tutoring to high school students in the local community that will enrich the learning opportunities for both university and middle/high school students. By providing individualized support in their math learning, this program aims to improve educational opportunities and outcomes and increase awareness of STEM higher education for middle and high school students who might otherwise not have access to these resources	Mon-Sun 24 hours
Homework Help	website: https://www.saclibrary.org/Education/Students-Educators/Homework-Help	Sacramento Public Library offers free online tutoring sessions for K-12th grade students that include math, English, history and more	Mon-Sun 24 hours
adoptaclassroom.org	website: www.adoptaclassroom.org/	100% free for teachers. We do not take any fees from donations made to teachers. No specific fundraising goals or timelines. The funds teachers raise are theirs to use immediately, so teachers can order what they need, when they need it. Teachers have up to one year to spend their funds. Flexible funding for teachers. We don't ask for project proposals from teachers when they	Mon-Sun 24 hours

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		crowdfund. Teachers can choose how to spend their funds in our marketplace every time they shop. Check out our list of vendors here. Most teachers are eligible. We serve PreK-12 teachers in K-12 public, private, and charter schools. Monthly giving. Donors can set up monthly contributions to their favorite teacher(s). This saves everyone time, and helps ensure teachers have funds they can count on.	
Supplyateacher.org	Address: 3400 Cottage Way Sacramento, CA 95825 Phone: (916) 486-2646	Provides teachers with two large boxes filled with a semester's worth of essential school supplies. Your Supply A Teacher donation gives the most critically needed items to the teachers most in need across the country.	
ACE Mentor CA Capital	website: https://www.acementor.org/affiliates/ca-capital/	Mentorship for students	Mon-Sun 24 hours
SAC Youth Center	Address: 1901 Del Paso Blvd, Sacramento, CA 95815 website: https://www.sacyouthcenter.org/	Mentorship for students	Mon-Fri 12:00pm-6:00pm
Improve Your Tomorrow	1901 Royal Oaks Dr, Sacramento, CA website: https://www.improveyourtomorrow.org/	Mentorship for students	Mon-Fri 9:00am-5:00pm
Khan Academy	website: https://www.khanacademy.org/	Its goal is to create a set of online tools that help educate students. The organization produces short video lessons.	Mon-Sun 24 hours



Sacramento Academic & Vocational Academy- Elk Grove

Employment

Organization Name	Contact Info	Services Offered	Business Hours
Sacramento Works Job Center	Address: 5655 Hillsdale Blvd, Suite 8 Sacramento, Ca Phone: (916) 263-4100	SETA Refugee Program, SETA Sacramento Works,	Mon-Fri 8:30am-4:30pm
Prime Time Teen	website: https://www.cityofsacramento.gov/ypce/youth-employment/prime-time-teen	Prime Time Teen (PTT) is an eight-week interactive workforce readiness and skill development program for youth ages 13-17. The program places an emphasis on engaging participants in the development of 21st Century workforce readiness skills and	registration changes season to season, host site determines day(s) and time(s)

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		the creation of a youth-led community service project. All participants who meet attendance goals and participate in the youth-led community service project will receive a Certificate of Completion along with a \$425 stipend. Participants must live within Sacramento City limits to participate.	
Employment Development Department: Youth Employment Opportunity Program	Address: 2901 50th Street Sacramento, CA 95817 Phone: (916) 227-0301	The Youth Employment Opportunity Program (YEOP) helps at-risk youth between the ages of 15 and 25, achieve their educational and vocational goals through a variety of specialized services.	

General Support Services

Organization Name	Contact Info	Services Offered	Business Hours
BenefitCal	Address: 9117 E Stockton Blvd, Elk Grove, CA 95624 Phone: (916) 685-5705	Medi-Cal provides free or low-cost health care to people who qualify. It can help pay for doctor visits, hospital care, immunization (vaccines), pregnancy-related services, nursing home care, and other services. CalWORKs helps with cash to pay for rent, housing, food, clothing, medical payments, and utilities for families with at least one child in the home. CALFresh can help your family get access to healthy food. You can use CalFresh benefits at most grocery stores and even farmers markets to buy	

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		items such as bread, nuts, rice, and more.	
Department of Human Assistance	Address: 2450 Florin Rd Sacramento Ca, 95822 Phone: 916-875-8100 website: https://ha.saccounty.gov/Pages/default.aspx	Assistance with Cal-fresh, welfare, childcare, EBT, Medi-Cal, General Assistance	Mon-Fri 8:00am-4:00pm
Department of Motor Vehicles	Address: 4700 Broadway Sacramento Ca, 95820 Phone: 800-777-0133 website: www.dmv.ca.gov/portal/	Drivers license and ID's, Vehicle registration, Drivers Education	Mon-Fri 8:00am-5:00pm

Mental Health

Organization Name	Contact Info	Services Offered	Business Hours
La Familia Counseling Center, Inc	Address: 5523 34th St, Sacramento, CA 95820 Phone: 916-452-3601 website: https://lafcc.org/	Improve the quality of life for at-risk youth and families of diverse backgrounds by offering multicultural counseling, support and outreach services and programs to help families to overcome adversity, to become empowered, and to succeed in their lives. The Supporting Community Connections (SCC) program offers free mental health services to Spanish/English speaking families.	Mon-Fri 8:30am-5:30pm
Mind path Health	Address: 9381 East Stockton BLVD #204 Elk Grove Ca, 95624 Phone: 916-567-7924 website: www.mindpath.com/location/sacramento/elk-grove/	Psychiatric evaluations, medication management and therapy	Mon-Fri 8:00am-5:00pm
Mindful health solutions	Address: 9245 Laguna springs dr #140 Elk Grove Ca, 95758 Phone: 844-867-8444 website: www.mindfulhealthsolutions.com/	Psychotherapy, medication Management, depression, OCD treatment, anxiety, child & adolescent psychiatry, ADHD treatment and bipolar disorder treatments	Mon-Fri 8:00am-6:00pm

Legal Services

Organization Name	Contact Info	Services Offered	Business Hours
Sacramento Cultural & Linguistic Center	Address: 1610 Arden Way Sacramento, Ca 95815	Interpretation, Free of Charge Immigration Services, Free legal services, Refugee Resource and Referral, Referral to Emergency Food Services through SSIP Free Car Seat service through Birth & Beyond, Domestic Violence resources, Multi Lingual Vouchers and Bus Routes for SacRT, Counseling Referral and Resources	Mon-Fri 8:30am-5:00pm
University of the Pacific McGeorge School of Law	Address: 2925 34th street Sacramento Ca, 95817 Phone: 916-340-6080 website: https://www.pacific.edu/law/legal-clinics/community-legal-services	Community legal clinics in the areas of Bankruptcy, elder & health, federal defenders, homeless advocacy, immigration law and prisoner civil rights.	Mon-Fri 8:30am-5:30pm
Legal Services of Northern California	Address: 515 12th St, Sacramento, CA 95814 Phone: 916-551-2150 website: https://lsnc.net/	Legal help for housing, health, natural disaster, CalWORKs, CalFresh, unemployment and general assistance	Mon-Fri 8:30am-5:00pm
SHRA	Phone: 916-389-7877 or 1-800-500-4931	Fair housing and tenants helpline. Can answer basic questions regarding tenants rights.	24/7

Health Clinics

Organization Name	Contact Info	Services Offered	Business Hours
Elk Grove Urgent Care	Address: 9045 Bruceville Road Elk Grove Ca,	Illness, Injuries, physicals, medications, immunizations,	Mon-Sun 9:00am-8:30pm

GATEWAY COMMUNITY CHARTERS: FAMILY & COMMUNITY RESOURCE GUIDE (2024-2025)

	Phone: 916-479-9110 website: www.elkgrove-urgentcare.com/	x-ray, occupational health and lab tests	
Sutter Walk In Care	Address: 4810 Elk Grove Blvd. Elk Grove Ca, 95757 Phone: 800-972-5547 website: www.sutterhealth.org/find-location/facility/elk-grove-walk-in-care	mental health, pregnancy and childbirth, imaging, pediatrics, orthopedics, cancer, heart and vascular care, dermatology, physical therapy, Ear Nose and throat, labs, Urology, neuroscience, and women's health	Mon-Sun 11:00am-7:00pm

Community Based Organizations

Organization Name	Contact Info	Services Offered	Business Hours
Valley Hi Family Resource Center	Address: 7000 Franklin BLVD #820 Sacramento Ca, 95823 Phone: 916-290-8281 website: https://valleyhifrc.com/our-services/	home visitations, Intervention Specialist, parenting classes.	Mon-Fri 8:30am-5:00pm
Chicks in Crisis	Address: 9455 E Stockton Blvd Elk Grove Ca, 95624 Phone: 916-896-0031 website: www.chicksincrisis.org/	prenatal care, parenting assistance, clothing, baby supplies, essentials, resources and appropriate referrals	Tues & Thurs 10:00am-4:00pm
Senior center of Elk Grove	Address: 8230 Civic Center Dr #140 Elk Grove Ca, 95757 Phone: 916-685-3160 website: www.thesceg.com/	Senior center with exercise classes, arts and crafts, dance classes, extracurriculars, games and supportive talk	Mon-Fri 8:00am-4:00pm
Elk Grove Adult Community Training	Address: 8810 Elk Grove blvd Elk Grove Ca, 95624 Phone: 916-685-7666 website: www.egact.org/		Mon-Fri 7:30am-4:00pm
Sacramento Asian Sports Foundation	Address: 9040 High Tech Ct Elk Grove Ca, 95758 Phone: 916-956-4584 website: www.sasfevents.org/	Multi purpose space that can accommodate various community and sporting events. Pickleball, volleyball, basketball and youth programs	Mon-Sun 9:00am-4:00pm
Mas Community and Youth center	Address: 3155 Dwight Rd Elk Grove Ca, 95758 Phone: 916-900-6111	Muslim American Society	Mon-Sun 12:00pm-9:00pm

	website: www.massacramento.org/mcyc/		
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Community Centers & Sports Leagues

Organization Name	Contact Info	Services Offered	Business Hours
Oasis Recreational center	Address: 8013 Poppy Ridge Rd Elk Grove Ca, 95757 website: www.cosumnescsd.gov/	Outdoor recreational space with adapted equipment, recreational programs and special events	Mon-Sun 7:00am-8:00pm
The Stonelake clubhouse	Address: 3000 Riparian Dr Elk Grove Ca, 95757 Phone: 916-714-9511		Mon-Sun 9:00am-9:00pm
Laguna Youth Baseball	Address: 5050 Laguna Blvd #112 Elk Grove Ca, 95758 website: www.lagunayouthbaseball.org/home	local youth baseball organization	Mon-Sun 8:00am-6:00pm
Elk Grove Soccer Club	Address: 9766 Waterman Rd #H Elk Grove Ca, 95624 Phone: 916-682-6500 website: www.elkgrovesoccer.com/	Soccer program for people 4-19 years of age. Both recreational and competitive.	Tues-Thurs 10:00am-4:00pm
Laguna Soccer Club	Phone: 916-684-7626	Call for information, website is unavailable	

Transportation

Organization Name	Contact Info	Services Offered	Business Hours
Sacramento Regional Transit		Route nearest to SAVA in Elk Grove- Route 113 .Free Fare Student (Grades K -12)	
Zipcar	website: www.zipcar.com/join	App based car rental service, 24/7 access to sedans, SUV's, EV, and Cargo Vans. \$9 monthly membership fee. \$10 per hour or \$83 per day	Mon-Sun 24 hours
Sac Metro Air Quality District	website: www.airquality.org/our-community-carshare	Free membership , available in certain areas only, reserve to run errands, go to appointments, and	Mon-Fri 8:00am-5:00pm

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		take local trips. Reserve up to 4 hours a day or 12 hours a week.	
RydeFreeRT	Address: 1225 R Street 916-321-BUSS (2877).	The RydeFreeRT program offers fare-free transit for youth and students in grades TK through 12.	Mon-Fri 8:00am-5:00pm

Miscellaneous or Educational

Organization Name	Contact Info	Services Offered	Business Hours
Twin Rivers Adult School	Address: 5703 Skvarla Ave, McClellan Park, CA 95652, Phone: (916) 566-2785	Free Construction Program- Construction classes will be held at Vista Nueva High School on Monday, Tuesday, Wednesday and Thursdays from 3:00pm-5:00pm.	Mon-Fri 8:00am-4:00pm
Elk Grove Adult and Community Education	Address: 8401 Gerber Rd, Sacramento, CA 95828 website: https://egace.egusd.net/	Services: high school diploma, GED, and Career Training Institute	Mon-Fri 8:00am-4:30pm
USA Learns	website: https://www.usalearns.org/student-registration		24/7
Homework Help	website: https://www.saclibrary.org/Education/Students-Educators/Homework-Help	Sacramento Public Library offers free online tutoring sessions for K-12th grade students that include math, English, history and more	24/7
Elk Grove Teen Center USA	Address: 8978 Elk Grove Blvd, Elk Grove, CA 95624 website: https://www.teencenterusa.com/	Mentoring program	Mon-Fri 3:00pm-6:00pm
Huntington Learning Center Elk Grove	Address: 9105 Bruceville Rd #4A, Elk Grove, CA 95758 website: https://huntingtonhelps.com/locations/elk-grove-ca?utm_medium=organic&utm_campaign=localmaps	service fee dependent on the student's needs. Services offered: math, science, reading, and writing; available in person and online. k-12th grade	Mon-Thurs 11:00am-7:00pm Fri 11:00am-5:00pm Sat 10:00am-2:00pm
GradePower Learning Elk Grove	Address: 9261 Laguna Springs Dr #120, Elk Grove, CA 95758 website: https://gradepowerlearning.com/pricing/	service fee dependent on the student's needs. Services offered: math, science, reading,	Mon-Thurs 10:00am-8:00pm Fri

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		and writing; available in person and online. k-12th grade	10:00am-6:00pm Sat 9:00am-2:00pm
Math Tutoring Buddies Program- online	website: https://www.csus.edu/college/natural-sciences-mathematics/mathematics-statistics/math-activities.html	The Department of Mathematics & Statistics at Sacramento State is offering a new tutoring program for high school students. The mission of the Math Tutoring Buddies Program is to provide free, high-quality one-on-one tutoring to middle/high school students. By providing individualized support in their math learning, this program aims to improve educational opportunities and outcomes and increase awareness of STEM higher education for middle and high school students	24/7



Sacramento Academic & Vocational Academy- SIM/Power Inn

Employment

Organization Name	Contact Info	Services Offered	Business Hours
Sacramento Job Corps Center	Address: 3100 Meadowview Rd, Sacramento, CA 95832 Phone: 19163940770 website: https://sacramento.jobcorps.gov/faqs#section1	Job Corps provides free career training and education for low-income 16- through 24-year-olds. Here, students get the experience they need to begin a career or apprenticeship, go on to college, or join the military. The best part? It's free.	Mon-Fri 8:00am-5:00pm
Sacramento Works Job Center and Training Center	Address: 5451 Lemon Hill Ave, Sacramento, CA 95824 Phone: 19164332620	SETA Refugee Program, SETA Sacramento Works,	Mon-Thurs 8:30am-4:30pm

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	website: http://sacramentoworks.org/		
Sacramento Works Job Center and Training Center	Address: 925 Del Paso Blvd, Sacramento, CA 95815 Phone: 9162633800 website: http://seta.net/	SETA Refugee Program, SETA Sacramento Works,	Mon-Thurs 8:30am-4:30pm
Prime Time Teen	website: https://www.cityofsacramento.gov/ypce/youth-employment/prime-time-teen	Prime Time Teen (PTT) is an eight-week interactive workforce readiness and skill development program for youth ages 13-17. The program places an emphasis on engaging participants in the development of 21st Century workforce readiness skills and the creation of a youth-led community service project. All participants who meet attendance goals and participate in the youth-led community service project will receive a Certificate of Completion along with a \$425 stipend. Participants must live within Sacramento City limits to participate.	registration changes season to season, host site determines day(s) and time(s)
Asian Resources inc	Address: 6270 Elder Creek rd Sacramento Ca, 95824 Phone: Phone: 916-454-1982 website: www.asianresources.org/	Pre-employment training, job placement, ESL classes, computer literacy	Mon-Fri 8:00am-4:30pm
Employment Development Department: Youth Employment Opportunity Program	Address: 2901 50th Street Sacramento, CA 95817 Phone: (916) 227-0301	The Youth Employment Opportunity Program (YEOP) helps at-risk youth between the ages of 15 and 25, achieve their educational and vocational goals through a variety of specialized services.	

General Support Services

Organization Name	Contact Info	Services Offered	Business Hours
BenefitCal	Address: 9117 E Stockton Blvd, Elk Grove, CA 95624 Phone: (916) 685-5705	Medi-Cal provides free or low-cost health care to people who qualify. It can help pay for doctor visits, hospital care, immunization (vaccines), pregnancy-related services, nursing home care, and other services. CalWORKs helps with cash to pay for rent, housing, food, clothing, medical payments, and utilities for families with at least one child in the home. CALFresh can help your family get access to healthy food. You can use CalFresh benefits at most grocery stores and even farmers markets to buy items such as bread, nuts, rice, and more.	
Sacramento Food Bank & Family Services, 1951 Bell Ave, Sacramento, CA 95838	Address: 1951 Bell Ave, Sacramento, CA 95838 Phone: 916-456-1980 website: http://www.sacramentofoodbank.org/	food assistance	Mon-Fri 8:00am-4:00pm
Department of Human Assistance	Address: 2450 Florin Rd Sacramento Ca, 95822 Phone: 916-875-8100 website: https://ha.saccounty.gov/Pages/default.aspx	Assistance with Cal-fresh, welfare, childcare, EBT, Medi-Cal, General Assistance	Mon-Fri 8:00am-4:00pm
Department of Motor Vehicles	Address: 4700 Broadway Sacramento Ca, 95820 Phone: 800-777-0133 website: www.dmv.ca.gov/portal/	Drivers license and ID's, Vehicle registration, Drivers Education	Mon-Fri 8:00am-5:00pm

Mental Health

Organization Name	Contact Info	Services Offered	Business Hours
La Familia Counseling Center, Inc	Address: 5523 34th St, Sacramento, CA 95820 Phone: 916-452-3601 website: https://lafcc.org/	Improve the quality of life for at-risk youth and families of diverse backgrounds by offering multicultural counseling, support and outreach services and programs to help families to overcome adversity, to become empowered, and to succeed in their lives. The Supporting Community Connections (SCC) program offers free mental health services to spanish/english speaking families.	Mon-Fri 8:30am-5:30pm
County of Sacramento Department of Health Services Mental Health Plan Medi-Cal Provider List	website: https://dhs.saccounty.gov/BHS/Documents/MHP-MediCal-Providers/LI-MHP-Medi-Cal-Provider-List-Large-Print.pdf		
A different path	Address: 4625 44th St Ste 33 Sacramento Ca, 95820 Phone: 916-395-5023 website: www.adifferentpath.info/	Counseling and psychotherapy for youth and adult 12 yrs and up	
Crestwood center	Address: 2600 Stockton blvd Sacramento Ca, 95817 Phone: 916-452-1431 website: www.crestwoodbehavioralhealth.com/	Recovery and mental health center	24/7

Legal Services

Organization Name	Contact Info	Services Offered	Business Hours
Sacramento Cultural & Linguistic Center	Address: 1610 Arden Way Sacramento, Ca 95815	Interpretation, Free of Charge Immigration Services, Free legal services, Refugee Resource and Referral, Referral to Emergency Food Services through SSIP Free Car Seat service through Birth & Beyond, Domestic Violence resources, Multi Lingual Vouchers and Bus Routes for SacRT, Counseling Referral and Resources	Mon-Fri 8:30am-5:00pm
University of the Pacific McGeorge School of Law	Address: 2925 34th street Sacramento Ca, 95817 Phone: 916-340-6080 website: https://www.pacific.edu/law/legal-clinics/community-legal-services	Community legal clinics in the areas of Bankruptcy, elder & health, federal defenders, homeless advocacy, immigration law and prisoner civil rights.	Mon-Fri 8:30am-5:30pm
Legal Services of Northern California	Address: 515 12th St, Sacramento, CA 95814 Phone: 916-551-2150 website: https://lsnc.net/	Legal help for housing, health, natural disaster, CalWORKs, CalFresh, unemployment and general assistance	Mon-Fri 8:30am-5:00pm
SHRA	Phone: 916-389-7877 or 1-800-500-4931	Fair housing and tenants helpline. Can answer basic questions regarding tenants rights.	24/7

Health Clinics

Organization Name	Contact Info	Services Offered	Business Hours
Sacramento community clinic	Address: 5524 Assembly Ct Sacramento CA, 95823 Phone: 916-642-1867	Clinic that offer family services, including Family medicine, dentistry, behavioral health,	Mon-Fri 8:00am-5:00pm

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	website: www.halocares.org/	pediatric Services, prenatal & postpartum care, women's health services, dermatology, podiatry, and acupuncture.	
Sacramento Family medical center	Address: 4241 Florin Rd Sacramento Ca, 95823 Phone: 916-391-2229		Mon-Fri 8:00am-5:00pm

Community Based Organizations

Organization Name	Contact Info	Services Offered	Business Hours
Folsom Cordova Community Partnership	Address: 10665 Coloma Road Ste. 200, Rancho Cordova, CA 95670	Parenting workshops, Stress Reduction Activities, Safety Net Services, Support Groups, play Care, Parent Leadership Opportunities, Baby Showers, Juneteenth, Harvest Festival and other community events	Mon-Fri 9:00am-5:00pm
916 Ink	Address: 3301 37th ave Sacramento Ca, 95824 Phone: 916-826-7323 website: www.916ink.org/	arts-based creative writing and literacy nonprofit that provides workshops and tutoring to transform Sacramento youth into strong readers, confident communicators, and published authors. Our programs increase literacy skills, improve vocabulary, teach empathy, positively impact social and emotional learning, and expand communication skills	Mon-Fri 9:00am-5:00pm
Acce Sacramento	Address: 4600 47th Ave #206 Sacramento Ca, 95824 Phone: 916-288-8829 website: www.acceaction.org/	a grassroots, member-led, statewide community organization working with more than 15,000 members across California. ACCE is dedicated to raising the voices of everyday Californians, neighborhood by neighborhood, to fight for the	Call for details

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		policies and programs we need to improve our communities and create a brighter future	
Lao Family Community Development	Address: 3205 Hurley Way Sacramento Ca, 95864 Phone: 916-359-2788 website: www.lfcd.org/	Resource agency for all, (not just Lao families) providing case management services, housing resources, access to health services, Financial services, education and employment	Mon-Fri 8:30am-5:00pm
Lu Mien Community services	Address: 5657 Stockton blvd Sacramento Ca, 95824 Phone: 916-383-3083 website: www.unitediumien.org/	Focused on the Mien community, they assist with translation services, access to community services, case management, youth services as well as culturally responsive programs that preserve the culture.	Mon-Fri 9:00am-5:00pm
Daughters of Zion Enterprises Inc	Address: 6489 47th st Sacramento Ca, 95823 Phone: 916-422-3875 website: www.dozenterpryz.org/	Youth focused mentoring, youth retreats, food and clothing distribution	call for details
Alchemist Community Development	Address: 4625 44th street Ste 33 Sacramento Ca, 95820 Phone: 916-204-8260 website: www.alchemistcdc.org/	Advocacy group focused on land, food and opportunities. Operator of 3 farmers markets with Cal-fresh access, food entrepreneurship courses, community gardens	
Fruitridge Community Collaborative	Address: 4625 44th st Sacramento Ca, 95820 Phone: 916-233-5153 website: www.fruitridgecc.com/	Organization dedicated to improving the quality of life for families in the area. programs, employment and events	
YXPlosion	Address: 7909 Walerga Rd ste 112 #274 Antelope Ca, 95834 Phone: 916-510-9384 www.yxpunite.com/	employment resources, essential items distribution, financial literacy, housing, health and wellness as well as business development	
Valley Hi family resource center	Address: 7000 Franklin blvd #820 Sacramento Ca, 95823 Phone: 916-290-8281 website: www.valleyhifrc.com/	Birth & Beyond home visitation, the village...African American parenting classes and home visitation, Resource specialists,	Mon-Fri 8:30am-5:00pm

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		cultural broker advocacy program, parenting classes, car seat safety, safe sleep baby and children play and learn groups	
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Community Centers & Sports Leagues

Organization Name	Contact Info	Services Offered	Business Hours
Boys and Girls club of greater Sacramento	Address: 5212 Lemon Hill Ave Sacramento Ca, Phone: 916-392-2582 website: www.bgcsac.org/	Youth club that operates programs and activities that focus on Academic and career success, Character and leadership, and healthy lifestyles.	Mon-Fri 12:00pm-6:00pm
Fruitridge community and aquatics center	Address: 4000 Fruitridge rd. Sacramento Ca, 95820 Phone: 916-422-7610 website: www.southgaterecandpark.net/parks-facilities/comm unity-centers/		Mon-Fri 9:00am-2:00pm
George Sims community center	Address: 6207 Logan st Sacramento Ca, 95824 Phone: 916-808-3761 website: www.cityofsacramento.gov/ypce/community-centers/ sim-center	Friday night hot spot, laptop lending, open gym (Monthly), Rec express, Senior fit & Fun, Teen scene. Tons of amenities, and premiere rental spaces.	Mon-Fri 8:00am-8:00pm Sat 8:00am-12:00pm
Sacramento Rugby	Address: 6900 Power Inn Rd Sacramento Ca, 95828 Phone: 916-812-6855 website: www.capitalsrugby.com/	Adult rugby team established in 1964 with weekly evening practice. rugby development for all ages.	
Capital city squares square dance club	Address: 4000 Franklin blvd Sacramento Ca, 95820 Phone: 916-718-4810 website: www.capitalcitysquares.org/	LGBTQ+ club, all are welcome. Offering low-cost square dance classes and series, social environment	Wed 6:30pm-9:00pm
Oak park community Center	Address: 342 Martin Luther King jr blvd Sacramento Ca, 85817 Phone: 916-808-6151 website:	Room reservations, tons of amenities. Rec Express, Teen scene, Hot spot, super Saturdays, Recreation station, youth	Mon-Fri 9:00am-8:00pm Sat 11:00am-3:00pm

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	www.cityofsacramento.gov/ypce/community-centers/oak-park-center	jamming gym basketball, ping pong, gym fitness, drum fit classes and senior room. See website for specifics and details.	
Maple Neighborhood center	Address: 3301 37th Ave Sacramento Ca, 95824 Phone: 916-210-8773 website: www.lafcc.org/	provides multicultural counseling, outreach and support services to low income, at-risk youth and families in Sacramento County	Mon-Fri 9:00am-5:30pm

Transportation

Organization Name	Contact Info	Services Offered	Business Hours
Sacramento Regional Transit		Route nearest to SAVA in Elk Grove- Route 113 .Free Fare Student (Grades K -12)	
Zipcar	website: www.zipcar.com/join	App based car rental service, 24/7 access to sedans, SUV's, EV, and Cargo Vans. \$9 monthly membership fee. \$10 per hour or \$83 per day	Mon-Sun 24 hours
Sac Metro Air Quality District	website: www.airquality.org/our-community-carshare	Free membership , available in certain areas only, reserve to run errands, go to appointments, and take local trips. Reserve up to 4 hours a day or 12 hours a week.	Mon-Fri 8:00am-5:00pm
RydeFreeRT	Address: 1225 R Street Phone: 916-321-BUSS (2877).	The RydeFreeRT program offers fare-free transit for youth and students in grades TK through 12.	Mon-Fri 8:00am-5:00pm

Miscellaneous or Educational

Organization Name	Contact Info	Services Offered	Business Hours
Elk Grove Adult Education School	Address: 9510 Elk Grove Florin Rd, Elk Grove, CA 95624	High School Diploma (HSD) High School Equivalency Prep	Mon-Fri 7:00am-4:00pm

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	Phone: 9166867717 website: https://egace.egusd.net/#	(GED or HiSET) Adult Basic Education (ABE)--Test Preparation English as a Second Language (ESL) Corrections Education	
USA Learns	website: https://www.usalearns.org/student-registration		
adoptaclassroom.org	website: http://adoptaclassroom.org/	100% free for teachers. We do not take any fees from donations made to teachers. No specific fundraising goals or timelines. The funds teachers raise are theirs to use immediately, so teachers can order what they need, when they need it.	
Supplyateacher.org	Address: 3400 Cottage Way, Suite C Sacramento, CA 95825 Phone: (916) 486-2646	Provides teachers with two large boxes filled with a semester's worth of essential school supplies.	
Professional Learning Registration System	website: https://proflearn.scoe.net/	Professional Develop events for teachers/staff	



Virtual Academy

Employment

Organization Name	Contact Info	Services Offered	Business Hours
Sacramento Works Job Center	Address: 5655 Hillsdale Blvd, Suite 8 Sacramento, CA 95842 Phone: (916) 263-4100	SETA Refugee Program, SETA Sacramento Works,	Mon-Fri 8:30am-4:30pm
Department of Human Assistance	Address: 5747 Watt Ave, North Highlands, CA 95660 Phone: (800) 560-0976	Subsidized Employment Program is a chance for Welfare to Work participants job training and experience through paid employment!	Mon-Fri 8:00am-4:00pm
Twin Rivers Adult School	Address: 5703 Skvarla Ave, McClellan Park, CA 95652 Phone: (916) 566-2785	Free Construction Program- Construction classes will be held at Vista Nueva High School on Monday, Tuesday, Wednesday and Thursdays from 3:00pm-5:00pm.	Mon-Fri 8:00am-4:00pm
BenefitsCal	Address: 1725 28TH ST Sacramento, CA 95816 Phone: (800) 560-0976	Medi-Cal provides free or low-cost health care to people who qualify, CalWORKs helps with cash to pay for rent, housing, food,	Mon-Fri 8:00am-4:00pm

		clothing, medical payments, and utilities, CALFresh can help your family get access to healthy food.	
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General Support Services

Organization Name	Contact Info	Services Offered	Business Hours
Department of Human Assistance	Address: 5747 Watt Ave North Highlands CA, 95660 Phone: 916-876-8000	Assistance with Cal-fresh, welfare, childcare, EBT, Medi-Cal, General Assistance	Mon-Fri 8:00am-4:00pm
Department of Motor Vehicles	Address: 5209 North Ave Carmichael Ca, 95608 Phone: 800-777-0133	Driver's license and ID's, Vehicle registration and Driver Education	Mon-Fri 8:00am-5:00pm
Employment Development Department: Youth Employment Opportunity Program	Address: 2901 50th Street Sacramento, CA 95817 Phone: (916) 227-0301	The Youth Employment Opportunity Program (YEOP) helps at-risk youth between the ages of 15 and 25	Mon-Fri 9:00am-4:00pm

Mental Health

Organization Name	Contact Info	Services Offered	Business Hours
La Familia Counseling Center, Inc	Address: 5523 34th St, Sacramento, CA 95820 Phone: 916-452-3601	Improve the quality of life for at-risk youth and families of diverse backgrounds by offering multicultural counseling, support and outreach. program offers free mental health services to Spanish/English speaking families.	Mon-Fri 8:30am-5:30pm
Mental Health Urgent Care Clinic	Address: 2130 Stockton Blvd building 300, Sacramento, CA 95817 Phone: (916) 520-2460	provides services on a voluntary, walk-in basis to Sacramento County residents of all ages who are experiencing a mental health	Mon-Sun 24 hours

Legal Services

Organization Name	Contact Info	Services Offered	Business Hours
University of the Pacific & McGeorge School of Law: Immigration Law Clinic	Address: 3200 Fifth Ave. Sacramento, CA 95817 Phone: (916) 340-6080	Low-income clients are provided legal assistance with immigration matters, including referrals, legal advice, form preparation, other brief assistance; direct representation in adjustment of status and naturalization matters, such as family petitions; NACARA and VAWA applications; citizenship applications.	Mon-Fri 10:00am-4:00pm
Sacramento Cultural & Linguistic Center	Address: 1610 Arden Way Sacramento, Ca 95815	Interpretation, Free of Charge Immigration Services, Free legal services, Refugee Resource and Referral, Referral to Emergency Food Services through SSIP Free Car Seat service through Birth & Beyond, Domestic Violence resources, Multi Lingual Vouchers and Bus Routes for SacRT, Counseling Referral and Resources	Mon-Fri 8:30am-5:00pm
Legal Services of Northern California	Address: 515 12th St, Sacramento, CA 95814 Phone: 916-551-2150 website: https://lsnc.net/	Legal help for housing, health, natural disaster, CalWORKs, CalFresh, unemployment and general assistance	Mon-Fri 8:30am-5:00pm
SHRA	Phone: 916-389-7877 or 1-800-500-4931	Fair housing and tenants helpline. Can answer basic questions regarding tenants rights.	Mon-Fri 8:00am-5:00pm

Health Clinics

Organization Name	Contact Info	Services Offered	Business Hours
McClellan family health clinic	Address: 5342 Dudley Blvd. McClellan Park Ca, 95652 Phone: (916) 561-7560	abortion, birth control, emergency contraception, gender affirming care, HIV services, pregnancy testing and planning, prenatal and postpartum	Mon-Fri 7:30am-4:30pm

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		services, std testing and treatment, sexual and reproductive concerns, vaccines and wellness & preventive care	
Planned parenthood, North Highlands Health Center	Address: 5700 Watt Ave North Highlands CA, 95660 Phone: 916-332-5715	Immediate care, adult primary care, child/adolescent care, dental care for children and adolescents, women's health including pregnancy, immunizations, behavioral health and prevention	Mon-Fri 8:00am-5:00pm
WellSpace Health-North Highlands Community health center and Birth & Beyond	Address: 6015 Watt Ave #2 North Highlands CA, 95660 Phone: 916-737-5555	Birth & Beyond Family Resource Center, Counseling & Prevention, Dental Care for Children & Adolescents Pediatrics	Mon-Fri 8:00am-5:00pm

Community Based Organizations

Organization Name	Contact Info	Services Offered	Business Hours
AmeriCorps NCCC Pacific Region	Address: 3427 Laurel ST McClellan Park CA, 95652 Phone: 800-942-2677	federal agency for national service and volunteerism. yo address the nation's most pressing challenges	Mon-Fri 9:00am-5:00pm
Community Resource project	Address: 3628 Madison Ave, North Highlands, CA 95660 Phone: 916-567-5220	Provides health services, energy efficiency, and utility assistance	Mon-Fri 7:30am-4pm
Liberty Towers Youth Center	Address: 5229 Elkhorn Blvd. Sacramento CA, 95842 Phone: (916) 807-4903	Sunday school for children (1st-8th grade)	Sun 9:30am-1:00pm
Capital Sports Center	Address: 5209 Luce Ave McClellan Park CA, 95652 Phone: 916-813-4600	40,000 square feet of versatile floor space, 25,000 square feet of meeting rooms. This location is ideal for large-scale events and sporting activities.	availability is based upon open reservation
Elica Resource Center	Address: 5735 Watt Ave Sacramento CA, 95660 Phone: (916) 454-2345 ext. 614	Health care visits, lab services, dental care, mental health services, podiatric care and case management	Mon-Fri 8:00am-4:30pm

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Foothill Farms Little League	Address: 4799 Robert Frost Way Sacramento CA, 95842 Phone: 916-784-3355	Little league baseball for youth 3-15 yrs. of age. Prices vary based on age and division. \$90-\$180 per season	Please call to receive hours of operation
Hagginwood Community Center	Address: 3271 Marysville Blvd. Sacramento CA, 95815 Phone: 916-808-6439	Room rentals, amenities, Rec Express, Teen scene, hot spot, tai chi, Qi Gong, Senior Cafe, senior Big Bang Bingo, Senior tech time. Call for information and program details	Mon-Fri 9:00am-5:00pm
North Highlands Antelope Youth Soccer Club	Address: 7909 Walerga Rd 112 Antelope CA, 95843 Website: www.nhaysc.com/home	Youth soccer organization for youth ages 4-18 yrs. total cost per player is \$140 per season	Please call to receive hours of operation
North Highlands Community Center	Address: 6040 Watt Ave North Highlands CA, 95660 Phone: 916-332-7440	The facility offers the capacity to host community events	Mon-Fri 9:00am-4:30pm
The House Athletics	Address: 200 N 16th ST Sacramento CA, 95811 Phone: 916-275-6693	Sports fitness training facility with groups and position specific opportunities. QB training, combine, lineman, batting cages, rugby and semi-private training.	Mon-Fri 6:00am-8:00pm

Transportation

Organization Name	Contact Info	Services Offered	Business Hours
RydeFreeRT	Address: 1225 R Street Phone: 916-321-BUSS (2877).	The RydeFreeRT program offers fare-free transit for youth and students in grades TK through 12.	Mon-Fri 8:00am-5:00pm
Zipcar	Website: www.zipcar.com/join	App based car rental service, 24/7 access to sedans, SUV's, EV, and Cargo Vans. \$9 monthly membership fee. \$10 per hour or \$83 per day	Mon-Sun 24 hours
Sac Metro Air Quality District	Website: www.airquality.org/our-community-carshare	Free membership , available in certain areas only, reserve to run errands, go to appointments, and take local trips. Reserve up to 4 hours a day or 12 hours a week.	Mon-Fri 8:00am-5:00pm