

RELENTLESS---TOUGH---PASSIONATE---TOGETHER

We shoot the basketball **A LOT!** We have a series of competitive drills we do with our guys in the off-season, pre-season and during the season. Guys can challenge these records anytime they would like. We keep an updated whiteboard in our varsity locker room with drill names, records, and their scores. Below each drill will have the name, rules, and record. Feel free to try and beat them!

Minute Shooting Drills: two person drill. One shooter, one rebounder. Catch + shoot + make as many 3's as you can in the given time period. We do 2:00, 3:00, 4:00, 5:00

2:00 3's- 30 makes, Caiden Nicol

3:00 3's- 42 makes, Camdon Tuttle

4:00 3's- 47 makes, Camdon Tuttle

5:00 3's- 59 makes, Camdon Tuttle

Klay Thompson Shooting: one shooter. May have multiple rebounders. 5 spots around the perimeter (corner, wing, top, wing, corner). Catch + shoot + make as many 3's as you can. Once you miss two shots in a row at one spot you must move on to the next spot.

Klay Thompson Shooting- 134 makes, Camdon Tuttle

5 Spot 2 in a Row: One shooter. No more than two rebounders. 5 spots around the perimeter (corner, wing, top, wing, corner). Catch + shoot + make as many 3's as you can. Shooter must make two shots in a row before moving on to the next spot. Complete as many spots as you can in 2:00 minutes

5 Spot 2 in a Row- Camdon Tuttle, 14 spots

5 Spot Partner Shooting: One shooter. One rebounder. 5 spots around the perimeter (corner, wing, top, wing, corner). Catch + shoot + make as many 3's as you can. One shooter will shoot at one spot for 1:00 minute while the other partner rebounds for 1:00. When 1:00 is up, switch shooters. Keep track of your individual makes

5 Spot Partner Shooting- Caiden Nicol, 64 makes



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5 Spot 3's +1: One shooter. May have multiple rebounders. 5 spots around the perimeter (corner, wing, top, corner). Catch + shoot + make as many 3's as you can. Start in either corner. Shooter will shoot two 3's at one spot before moving on to the next spot. When the shooter gets to the opposite corner they will shoot two 3's in the corner ending their first trip. They will then shoot one 3 at each spot coming back around the perimeter, starting in the corner where they finished their first trip. The max number of makes you can get is 15

5 Spot 3's + 1- Luke Jackson, 14 makes

44 Point Game: One shooter. No rebounders. 7 Spots around the perimeter (corner, wing, elbow, top, elbow, wing, corner). Start in either corner. Shooter will dribble in and shoot a layup, next shot will be a mid-range pull-up (PU), last shot will be a 3. Scoring: layups = 1 point, PU= 2 points, 3=3 points. Once the shooter is done with all 7 spots they will shoot two free throws (FT) for one point a piece. Max score of shots around perimeter = 42 points 2 FT's = 1 point a piece

44 Point Game- Camdon Tuttle, 38 points

3 Man 2 Ball: Three shooters, two basketballs. No set spots around the perimeter, but all shots must be from 3. Catch + shoot + make as many 3's as possible. You will shoot, follow your own shot, get the rebound, and kick it to the shooter without a ball. You will then go spot up for your own shot. Complete this process for 4:00 minutes

3 Man 2 Ball Shooting- Camdon Tuttle, Maddux Hall, Dawson Finfrock, 44 makes

