

- “28 Days To A Client” -

The Real War Mode Day Plan + Report.

	Priority Level	Task List For The Day (Set Tasks That Make Progress Towards MY Goals)
1. ☒ / ☐	1 ▾	Watch the AMA call ☒
2. ☒ / ☐	1 ▾	Watch Andrew's review call ☒
3. ☒ / ☐	1 ▾	Watch 1 lesson from TRW course
4. ☒ / ☐	1 ▾	Outreach to 20 prospects
5. ☒ / ☐	1 ▾	Workout
6. ☒ / ☐	1 ▾	Freevalue to 1 prospect
7. ☒ / ☐	1 ▾	200 pushups
8. ☒ / ☐	1 ▾	pray
9. ☒ / ☐	2 ▾	Review copy
10. ☒ / ☐	2 ▾	Improve outreach
11. ☒ / ☐	2 ▾	
12. ☒ / ☐	2 ▾	
13. ☒ / ☐	2 ▾	
14. ☒ / ☐	3 ▾	
15. ☒ / ☐	3 ▾	
16. ☒ / ☐	3 ▾	
17. ☒ / ☐	3 ▾	
18. ☒ / ☐	3 ▾	
19. ☒ / ☐	3 ▾	
20. ☒ / ☐	3 ▾	

Day Number: 1

Date: 17/03/23

Start Of The Day - Time: 7:00

	 3 Things That I Am Excited To Have In The Future? 
1.	First client
2.	10k per month
3.	Muscular body

Hour-By-Hour **Tracking:**

[Track+Measure=Improve]

 Task:	 Task = Set The Task That I Intend To Complete This Hour?
 Intention:	 Intention = What Is My Plan Of Action To Complete This Task For This Hour?
 Reflection:	 Reflection = Did I Complete This Task For This Hour? If Not, Then Why?

My War Mode Words:

1. I Am Acting With No Limits To My Abilities!

2. I Am Being All That I Can Be, Every Hour And Every Day!

3. Every Word I Am Saying And Thought I Am Thinking Is Positive!

4. I Am Being Enthusiastic About Completing Each Task!

5. I Am The Best Copywriter In The World!

**(Delete Any Boxes Below That Are Before
The Time That You Start Your Day In Your
Own Copy)**

\$ 7 am: Task \$	Wakeup and watch AMA + 20 pushups
🔔 Intention 🔔	
✍️ Reflection ✍️	

\$ 8 am: Task \$	Andrew's review call
🔔 Intention 🔔	
✍️ Reflection ✍️	

\$ 9 am: Task \$	Outreach
🔔 Intention 🔔	
✍️ Reflection ✍️	

\$ 10 am: Task \$	Outreach
🔔 Intention 🔔	

 Reflection 	
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 11 am: Task 	Outreach
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 Intention 	
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 Reflection 	
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 12 am: Task 	Outreach
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 Intention 	
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 Reflection 	
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 1 pm: Task 	Outreach
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 Intention 	
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 Reflection 	
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 2 pm: Task 	Outreach + 40 pushups
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 Intention 	
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 Reflection 	
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\$ 3 pm: Task \$	Watch a course from the real world + 20 pushups
🔔 Intention 🔔	
✍️ Reflection ✍️	

\$ 4 pm: Task \$	Go to temple and prayed
🔔 Intention 🔔	
✍️ Reflection ✍️	

\$ 5 pm: Task \$	Additional lessons from bootcamp
🔔 Intention 🔔	
✍️ Reflection ✍️	

\$ 6 pm: Task \$	Review copy and improve outreach
🔔 Intention 🔔	
✍️ Reflection ✍️	

\$ 7 pm: Task \$	Outreach
🔔 Intention 🔔	
✍️ Reflection ✍️	

\$ 8 pm: Task \$	Freevalue for 1 prospect + 20 pushups
🔔 Intention 🔔	
✍️ Reflection ✍️	

\$ 9 pm: Task \$	Outreach
🔔 Intention 🔔	
✍️ Reflection ✍️	

\$ 10 pm: Task \$	Outreach + 20 pushups
🔔 Intention 🔔	
✍️ Reflection ✍️	

\$ 11 pm: Task \$	Outreach + 20 pushups
🔔 Intention 🔔	

 Reflection 	
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 12 pm: Task	Outreach
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 Intention 	
--	--

 Reflection 	
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End-Of-The-Day Report:



 What Did I Learn Today? 

 What Do I Plan To Do Differently Tomorrow? 
Improve in saving time

 What Do I Plan To Do The Same Tomorrow? 
Keep the same focus throughout the day

 Who Do I Need To Update, Contact, Ask A Question To, And Share Feedback With? 

 What Tasks Were Left Undone? 

Brain Dump: