

1. All goodness flows from you, because you have been pulled back to your spiritual roots, the essence of your being.
2. Although it exists beyond the sun, the moon, the stars and even your greatest dreams, you are not afraid to enter God's world.
3. Although you see the conflict, you do not get caught up in it. Instead, you transform the situation and remain ever ready to help.
4. As a child of God, you direct the love in your heart to three simple tasks - uplift, be merciful and forgive.
5. As a silent observer of life you are sincere, slow to judge, and able to respond openly and thoughtfully.
6. As an enlightened being who cooperates with all souls, you express the beauty of your heart by giving freely and fully.
7. As an enlightened being, you know that God sees only your perfection. You see others as God sees you.
8. Balancing both your time and energy, you fly with the wings of zeal and enthusiasm.
9. Because of your loving, sweet and cooperative nature, you are very valuable to everyone
10. Because you always maintain pure, clean and elevated intentions, you receive love and respect from the hearts of people.
11. Because you are able to govern your inner world, you are able to overcome any form of negativity.
12. Because you do not see flaws in others, your heart is like a diamond, flawless.
13. Because you have such a deep beauty within, you can reveal the personality of God.
14. Because you keep the inner resources of peace, love and happiness, you remain unaffected by negativity.
15. Because you keep your mind busy helping unhappy and distressed souls, you benefit yourself and also remove the sorrow of the unhappy ones.
16. Because you maintain spiritual silence, you are able to focus your heart and mind on the One.
17. Because you perform elevated and charitable actions, you lead a future life of happiness and peace.
18. Because you place the welfare of humanity first, you come first as a true world leader.
19. Because you recognize that silence heals, you are awakened to the truth and begin the process of renewal.
20. Because you recognize yourself as 'Om shanti', you create the strength to remain centered and peaceful no matter what the surroundings.
21. Because you remain close to the One, you are inspired to make the self worthy by fulfilling your potential and sharing the fruits with others.

22. Because you stabilize your mind in the silent space of God's remembrance, you receive His cooperation in all you do.
23. Because you stay in spiritual silence, you position your heart and mind in readiness for communication with the One.
24. Because you understand true love, you understand everything.
25. Because your every step is filled with dignity and integrity, you pioneer a path towards a world where honor rules.
26. Because your thoughts emerge from the inner qualities of the soul - truth, peace, love, happiness and power - you live a life that is pure and energizing.
27. By accepting the sweetness of pure love from God, you serve others with the fullness of your healed heart.
28. By being ever-ready, your courage to face obstacles propels you to greatness
29. By changing the limited "mine" into "Yours", you free yourself from all worry and remain a carefree emperor.
30. By claiming the gift of self-respect from God, you are able to donate the gifts of purity and peace to the world.
31. By deepening all relationships with the Father, you heighten the sweetness of your life.
32. By deepening your love for God with every breath, you strengthen the power to change with every step.
33. By filling your thoughts with wisdom and your heart with love, you maintain clarity in all situations, not reacting to what is on the outside but responding to what is true.
34. By giving regard to everyone's ideas, you contribute to a world where harmony rules.
35. By going within, disconnecting from harmful habits, connecting to your inner spiritual resources, and then reconnecting with external life, you find yourself personally empowered in a lasting way.
36. By having good wishes and pure feelings towards every soul, you harmonize with everyone and remain free from obstacles.
37. By keeping your mind free from waste thoughts, you keep in your awareness pure thoughts of remembrance of God.
38. By leaning only on God, you develop the ability to provide support to souls without robbing them of their independence.
39. By letting go of the past, you allow yourself to enjoy the present and all of its gifts.
40. By letting go of your desire for recognition, you are free to value others.
41. By letting God's wisdom guide you, you discover the greatness within yourself and the beauty within others.
42. By making God the light of your life, your life becomes a beacon of hope in the world.

43. By remaining close to God and distant from doubt, you obtain the heights of joy and the depths of understanding.
44. By remaining stable in your original pure thoughts, all other thoughts are automatically silenced and your mind becomes peaceful.
45. By remaining stable on the throne of self-respect, you provide leadership and support in the task of global harmony.
46. By serving with a true heart, you attract an ocean of blessings, a golden future and - most precious of all, the Love of God.
47. By staying in remembrance of the Father, you experience victory in overcoming challenges.
48. By taking time to enjoy moments of solitude, you make time your friend.
49. By understanding the art of letting go, you maintain a constant hold on peace.
50. By walking in the company of God, you become a friend of humanity.
51. Each day you take the medicine of pure thoughts and this does wonders for your inner well-being.
52. Every step you take is filled with the deep belief that truth is meant to be lived, not just spoken.
53. From your golden heart, good wishes and pure feelings overflow.
54. God dwells in your heart, and you dwell in God's Heart. Through this close companionship, you attain all treasures.
55. God's love awakens within you genuine feelings of kindness that find expression in quiet acts of benevolence.
56. God's love gives you the ability to see behind the masks and beneath the fears to the beautiful light in every heart.
57. God's love polishes you into a living diamond, with a heart that is perfect in love and flawless in appreciating others.
58. God's love polishes you into a precious jewel who shines with the commitment to honor others through the lens of your deepest values.
59. God's love transforms you into a healer of hearts, touching others through your vision of acceptance and feelings of mercy.
60. If you lose courage, you remember the Father in the form of a Friend, and receive His cooperation.
61. If you remain in a deep state of soul consciousness, in happiness and in peace, you can glorify God's name.
62. In every step you reveal the grace of an angel, the dignity of a king and the innocence of a child.

63. In God's Love, your inner beauty blossoms with the awareness of how loving, loved and lovable you are.
64. In silence, you return to the roots, and even more to the seed, to the beginning. You return to God, to the self and the true relationship.
65. In silence, you step within and connect with your eternal self, and in that place of unblemished tranquility, you renew and see new possibilities.
66. In stillness you hear the message of truth beating in your heart - that you are a special, precious and eternal being of brilliant light and lightness.
67. In the cocoon of peaceful feelings, you transform doubt into hope, regrets into understanding, and the past into a golden future.
68. In the light of your accepting nature others find the courage to cultivate their own beauty.
69. In the light of your love, friendships flourish, pure thoughts take root, and noble intentions rule.
70. In the link of love with One lies all the virtues and powers I need to make myself complete.
71. In the link of love with One, I have finished all my limited desires and remain totally content.
72. In the silent link of love with One, you renew and see new possibilities.
73. In the silent link of love with the One you awaken and become fully conscious of Truth.
74. In true silence, your original spiritual blueprints of love, peace and truth emerge and are experienced as personal realities.
75. In your calming presence, souls come to understand there is never a question of blame.
76. In your forgiving nature one finds the power to accept the past, decorate the present and transform the future.
77. In your mind lies the greatest gift to humanity - the power of peace.
78. In your presence others feel as valuable as a jewel, as lovely as an angel, and as light as a pearl held in the Ocean of Love.
79. In your presence, friendships flourish, pure thoughts take root and noble intentions rule.
80. In your respectful vision souls discover the safety to grow beyond their past into their future.
81. In your supportive presence, souls rediscover the power to believe in themselves and their ability to succeed.
82. Inspired by your dignity, souls find the path to reclaim their own self-respect.
83. Just as a lotus flower blooms in stagnant waters, you find beauty within yourself, hope and capacity for happiness, even in your murkiest moments.

84. Keeping your attitude fresh and new in every situation you always see and nurture unlimited possibilities.
85. Knowing that wasteful thoughts do not allow you to experience happiness, you remove those thoughts and maintain pure thoughts. In this way, your face remains constantly cheerful.
86. Knowing the value of your patience, waste thoughts never steal your precious time
87. Like a blossomed flower, you envelop the hearts of others in the sweet fragrance of acceptance.
88. Like a mother, my link of love with One helps me and comforts me when I fall.
89. Like a swan, your mind only picks up that which is useful, good and clean.
90. Like your Father, you are a truly royal soul who fills every breath with pure feelings of benevolence.
91. May you be a lucky star who always remains ever-present face to face with God.
92. No matter where you are living physically, in your heart the Father is always with you, and this is why He is called the Comforter of Hearts.
93. On the journey back to a state of innocence, you have acquired a stage of compassion.
94. Only in silence can everything that has true and eternal value be known.
95. Others discover the beauty of their own worth in the mirror of your acceptance and gentle presence.
96. Rather than seek unity through the removal of differences, you nurture harmony through the reinforcement of specialties.
97. Silence fills you with the power to think less and give more.
98. Stable in your self-respect, you allow only good thoughts to decorate your mind
99. The example of your life inspires others to fill their every act with integrity, and their every thought with purity.
100. The goodness and beauty of your nature is one of the greatest hopes for the world.
101. The link of love binds me to the One; this is not a bondage of sorrow, but one of everlasting happiness.
102. The link of love I share with One becomes a sample of my connection with all the souls of the world. We are all bound by the common thread of brotherhood - we are children of the one Father.
103. The link of love with One becomes a fortress to protect you from the storms of life.
104. The link of love with One re-emerges my original qualities of peace, truth and bliss.
105. The love of God makes difficult things easy.
106. The love of the Father, the Comforter of Hearts is visible in your heart.
107. The power of truth thrives in the pure love of your heart, enabling you to walk beside God and dance with angels.

108. The power of your faith enables you to see beauty in change, hope in uncertainty, and possibilities on every horizon.
109. The secret of your happiness is to let self-respect light the way in all you do.
110. The soul is the master of the mind, and so you order your mind to have only those thoughts you wish to have.
111. The sparkle of love from God is visible in your eyes and in your cheerful face; you share this love with everyone.
112. The star of fortune sparkles on your forehead.
113. The sweetness and simplicity of your presence can penetrate the hardest soil to plant the seed of peace.
114. The truth and beauty which beats in your heart captures the loyalty of God and the certainty of a golden future.
115. The wisdom in your heart guides you to be loving at times of misunderstanding, benevolent at times of scarcity and forgiving at times of change.
116. The world is your garden from which you remove weeds of doubt and replace them with seeds of hope, knowing they will bear fruits of peace, love and success.
117. The world may shake around you, but you remain protected in the purity and power of God's Love.
118. Through complete honesty you discover the strength to let go of what damages the heart, and the gentleness to hold on to what heals.
119. Through the depth of your own spiritual effort, you have developed manners of kindness that restore grace to the world.
120. Through the dignity of your silence, you express a profound love and regard for all souls.
121. Through the lightness of your mind and generosity of your heart, you become a natural protector of peace.
122. Through your good wishes, seeds of peace find their way deep into the hearts and minds of others.
123. Through your mind and heart you generously distribute gifts of peace, harmony and love.
124. Through your noble acts, others come to understand what true beauty is.
125. Through your powerfully positive attitude, dreams and visions sprout wings with which to fly.
126. Through your practice of meditation, you attain stability at its deepest level, flying free of everything while keeping your feet firmly on the ground.
127. Through your royal presence, souls receive a vision of one who is brave of heart and truthful in nature.

128. Through your understanding attitude you speak to the deepest feelings in the heart - without saying a word.
129. Through your vision of unity, you surround the world with thoughts of peace.
130. Throughout the day, you practice stabilizing yourself in the stage of a point of light, and so you remain free from wasteful thoughts.
131. When any situation comes in front of you, you keep the determination to put a stop to all wasteful thoughts.
132. When God needs an instrument with courage, wisdom and love - He turns to you.
133. When the mind is in a deep state of quietness and stillness there is happiness
134. When you maintain courage and self-respect, you receive God's help to face any challenge that comes before you.
135. When you remain courageous and remember God from your heart, you receive his love-full cooperation.
136. When your whole being is in silence, your spiritual heart can receive and absorb the light and love of the Source.
137. Whenever you begin a task you first sow the seed of determined thought and that definitely bears fruit.
138. Where others may react, you choose to understand - enabling you to serve as an ambassador for true change.
139. Where there is no hope, you bring the power of mercy, the light of understanding and the vision of a better world.
140. Wherever conflict arises, instead of reacting, you remember the True Peacemaker and thereby change the atmosphere.
141. With faith, you remain a detached observer and continue to watch every scene that passes before you, remaining completely stable.
142. With love as your teacher and truth as your guide, you become a builder of a better world.
143. With the courage of a lion and the sweetness of a dove, you create pathways of peace.
144. With the knowledge that a better world is just a thought away, your soothing presence can heal hearts.
145. With the Ocean of Love as your teacher, you learn to show compassion - not through pity - but through empowerment.
146. With the power of yoga - your connection with the Father, you pass the difficult tests that come before you. You make this effort over a long period of time, and so you are victorious.
147. With zeal and enthusiasm, you keep the determination to let go of any weakness by taking help from God.

148. You accumulate inner riches by understanding that true value can only be held by an honest heart.
149. You achieve success because you go beyond the desire for recognition and leave behind the need to be 'right'.
150. You achieve your goals quickly and easily by moving along with patience and accuracy.
151. You act like a lighthouse at times of darkness and despair, revealing the path to a better way and a brighter day.
152. You are a carefree emperor who maintains your pure pride and dignity. You have given all your worries to the Father.
153. You are a child of God, one who is full of strength, virtue, and wisdom.
154. You are a child with an honest heart who constantly fulfills the responsibility of God's love.
155. You are a compassionate soul who plants seeds of forgiveness in the past of others
156. You are a constant companion of Truth, enabling you to grow beyond that which is temporary and root in that which is eternal.
157. You are a constant example and inspire others.
158. You are a constantly burning lamp who lights up the whole world.
159. You are a contented soul who constantly spreads waves of contentment.
160. You are a courageous soul who recognizes that whatever you face will become wings with which to fly.
161. You are a fearless soul who learns to adjust, understanding that change is the only constant in our lives.
162. You are a fortunate soul whose face is constantly cheerful.
163. You are a jewel of contentment who makes others content and spreads the sparkle of contentment.
164. You are a jewel of good wishes who adorns the future of humanity with hope and kindness.
165. You are a kind soul who sweetens every interaction generously with feelings of regard.
166. You are a light-hearted soul who focuses on solutions rather than problems, on the possibilities rather than the probabilities.
167. You are a loving child who constantly remains merged in the love of the One Father.
168. You are a Master of your mind and put a full stop to all wasteful thoughts with your elevated thoughts.
169. You are a Master who has tightened the reins of your mind by keeping your mind busy, and so you have finished wasteful thoughts.
170. You are a mature soul who is able to accommodate in a flexible and generous way. Your acceptance allows freedom and growth in yourself and others.

171. You are a mature soul who lets nothing come between you and another, except love and regard.
172. You are a mature soul who recognizes that peace is not a state of mind but a way of life.
173. You are a member of God's family - this means you are one who has good wishes and feelings of benevolence for everyone.
174. You are a peaceful soul who converts the self-respect within into a source of love for all.
175. You are a powerful soul because you recognize that power, in its true sense, is to be in charge of your own character.
176. You are a powerful soul who is filled with all the treasures of happiness.
177. You are a pure hearted soul who allows your true potential to emerge through the practice of going within.
178. You are a pure soul whose inner beauty blossoms in the awareness of how loved you are by God.
179. You are a serene soul who naturally radiates peace to the world.
180. You are a silent observer of life - because of this, you are sincere, slow to judge, and able to respond openly and thoughtfully
181. You are a silent soul who can hear the subtle heartbeat of God's Love.
182. You are a soul who does not wait for happy endings, but creates them with the power of a generous heart.
183. You are a soul who has faith and so you receive spiritual power and success.
184. You are a soul who takes great delight in discovering the wonder of every moment.
185. You are a soul who walks in silence, dances to the sound of peace and thereby learns how angels fly.
186. You are a source of joy who laughs from the heart, enabling others to heal the deepest sorrow.
187. You are a sparkling star of God's constellation.
188. You are a special soul who easily destroys obstacles with the generosity of your overflowing heart.
189. You are a special soul who has no desire for recognition, having recognized your unique place in God's Heart.
190. You are a special soul whom God reveals to the world at the time when true beauty needs to be understood.
191. You are a special soul with a special role, by virtue of possessing a peace-filled mind and the heart of an angel.
192. You are a successful soul who has finished wasteful thoughts with determination.

193. You are a sweet soul who understands that love can see beyond misunderstandings.
194. You are a truly powerful soul who lives by the highest values of peace, love, truth and joy under all circumstances.
195. You are a unique soul who beautifies the world with the power of love.
196. You are a victorious jewel who conquers the Heart of God through your honesty, courage and truthfulness.
197. You are a victorious soul who celebrates the ceremony of finishing wasteful thoughts.
198. You are a victorious star who is a conqueror of the vices: Lust, anger, greed, ego, and attachment do not touch you.
199. You are a wise soul who applies patience and humility to the seed of every action.
200. You are a wise soul who conquers obstacles - not with force or rejection - but with love and acceptance.
201. You are a wise soul who entrusts their heart to Divine Care, such that every breath, word and deed is colored by peace.
202. You are a wise soul who knows that in order to move forward one must first move inward.
203. You are a wise soul who recognizes that the most important journey in life is the journey within - to the truth of who you really are.
204. You are a wise soul who recognizes that the simplest path to peace is through the Heart of God.
205. You are a wise soul who understands that opposition is not, in fact opposing, but giving an opportunity to learn new lessons.
206. You are a wise soul who understands that the price of freedom is to live by your highest principles.
207. You are a wise soul who understands that the seed of change flourishes in the soil of acceptance and the light of forgiveness.
208. You are a wise soul who understands that you cannot move forward by looking backwards.
209. You are a world benefactor who pays attention to the tension of the self and finishes the tension of the world.
210. You are able to keep your intellect undisturbed regardless of the scene in front of you because of the spiritual power you receive from God.
211. You are able to order your mind in a second and so you become the Master.
212. You are acquiring a pure and sharp intellect through God's remembrance; this enables you to understand people, events, and situations in the right perspective.
213. You are always like a lotus and remain beyond temporary attractions.
214. You are an angel who flies on the wings of God's love and spreads peace to the world.

215. You are an angel who sees beyond boundaries and limitations, to the shared destiny of this world.
216. You are an elevated soul who makes intense effort to reach your stage of perfection.
217. You are an embodiment of total success who uses the elevated treasure of time in a worthwhile way for the benefit of the self and others.
218. You are an especially beloved child of God who swings in the swings of happiness and love.
219. You are an ever healthy, wealthy and happy soul.
220. You are an image of support who is an instrument to bring about the world of happiness.
221. You are an introverted soul who speaks with peace, walks with humility, and understands with love.
222. You are calm to the core, enabling you to serve as a sanctuary of peace for others.
223. You are constantly colored with God's color by keeping Him as your Companion and thereby make every thought and moment worthwhile.
224. You are doubly nonviolent.
225. You are like a rose - though you sit amongst thorns, you spread the fragrance of divinity and peace.
226. You are like a seed - you have protected your secret of creation from all adversities and grow only when the time is ripe, the situation congenial and when nature is ready to nurture you. You realize that time is now.
227. You are not afraid of obstacles, and in fact, you welcome them, because they make you experienced.
228. You are one who always remains balanced: You do not give up courage and do not give in to weaknesses.
229. You are one who constantly pleases the Lord with a true heart.
230. You are one who constantly remains an equal companion of God.
231. You are one who constantly remains stable in the experience of the sparkling light on the forehead.
232. You are one who constantly uplifts other souls.
233. You are one who develops spiritual power through your simple, clean, pure thoughts.
234. You are one who finds a solution to every problem and so experiences success.
235. You are one who finishes the storm of wasteful thoughts in a second with your power of concentration.
236. You are one who gives others the experience of sweetness and cheerfulness through your face.
237. You are one who has finished arrogance of the body through self-respect.

238. You are one who has good wishes and pure feelings for every soul.
239. You are one who is tireless, humble and a constantly burning lamp.
240. You are one who makes determination your companion; you experience success because you always keep the Father in front of you.
241. You are one who never loses courage, and so you receive God's help.
242. You are one who puts a full stop to the past and claims the fortune of the future.
243. You are one who shows wonders with your constant elevated thoughts.
244. You are one who uses the right consciousness at the right time and so you obtain the right results.
245. You are one with the virtue of flexibility. You change problems into solutions.
246. You are the Master of your mind; you concentrate your mind on the soul, the point of light, and thereby keep your mind stable.
247. You are wealthy beyond measure because your heart is filled with contentment.
248. You attract the company of angels - because you are one.
249. You attract the respect of others because of your willingness to cooperate completely in creating positive outcomes.
250. You brighten the world with your silent heroism and genuine humility.
251. You change problems into solutions, and weak hearted souls into those who have hope.
252. You change your life by recognizing your weaknesses and facing the shadows within with honesty and acceptance.
253. You communicate compassion to others by virtue of your ability to empower.
254. You create your fortune by paying attention to using time and thoughts in a worthwhile way over a long period of time.
255. You decorate the temple of your mind and heart with the idols of the divine virtues; you are free from attachment, free from greed, free from fear, patient and egoless, because these are your divine qualities.
256. You dedicate the immense power of your mind towards decorating every moment with peace and love.
257. You do not remain alone, but instead, you keep the Father, the Comforter of Hearts, constantly settled in your heart.
258. You donate virtues through your sweet and inspiring words.
259. You dwell on positive thoughts of peace, purity and love, and so you create a positive atmosphere.
260. You easily attract success through your determination to never forget who you are and what you value.
261. You emerge the original peace of the self - a peace that is innate and divine - through silence.

262. You empower others to stand for what they believe in rather than fall before what they fear.
263. You empower what you see in others, because you only see what is positive: The goodness and virtues inside them.
264. You encourage your mind to be like a lotus flower; although you acknowledge the pains of the world, you allow them to slide off of you as dirt slides off the waxy outer layer of the lotus.
265. You envelop the world in thoughts of peace, enabling others to let go of their blindness and recognize their goodness.
266. You experience the happiness and bliss of having attained fortune from God; this constantly emerges from your heart.
267. You face life with faith that there is victory in every situation.
268. You garland others with the garland of love and cooperation from your heart, and they garland you with a garland of blessings.
269. You give your burdens and worries to the Father and live a carefree life, remaining in your stage of pure pride, dignity and intoxication.
270. You greet those who oppose you with open arms, knowing they bring gifts to help you grow.
271. You hand over your worries to the Father and put an end to wasteful thoughts and so you remain carefree.
272. You have a deep-rooted sense of dignity which seeks to make things right rather than prove others wrong.
273. You have a generous heart that nurtures every thought with the hope that all should benefit.
274. You have a happy heart that can pump humor into any situation.
275. You have a heart of gold that draws others close to peace, by remaining distant from any desire for return.
276. You have a mind that is kind because you are always conscious of your original self—pure, peaceful, blissful and benevolent.
277. You have a rare and beautiful condition of the heart that enables you to understand all and judge none.
278. You have attained stability at its deepest level, flying free of everything, but having two feet firmly on the ground.
279. You have feelings of mercy and benevolence, even for those who are weak.
280. You have finished carelessness and remain careful and carefree
281. You have given all your worries to the Father, and so you remain carefree.

282. You have handed over the consciousness of "mine" to the Father, and so you remain carefree, recognizing that in this world, nothing truly belongs to us.
283. You have let of ego and attachments and so you are able to fly as a free bird.
284. You have made happiness and peace your natural nature.
285. You have made pure wishes and good feelings your natural nature.
286. You have received God's blessing: When you take one step of courage, you will receive many steps of His help.
287. You have such a large heart that you can forgive and forget forever.
288. You have the ability to provide support to souls without robbing them of their independence.
289. You have the ability to remain true to your values no matter how others behave - You practice your values quietly.
290. You have the determination in your heart that no matter what happens or what you have to tolerate, you have to become an embodiment of solutions.
291. You have the determination in your heart that no matter what happens or what you have to tolerate, you have to become an embodiment of solutions
292. You have the gift of faith because of your belief in God, the self and the strength that lies within
293. You have the gift of faith because you have belief in God, the self and the strength that lies within. This faith is the seed of your victory.
294. You have the inner resources of peace, love and happiness, and so you remain unaffected by negativity.
295. You have the innocence of a child, and the wisdom to protect that.
296. You have the intoxication that with God at your side, victory is your birthright.
297. You have the power to understand the needs of others, making you an image of support.
298. You have the sensitivity to see behind the masks and beneath the fears to the beauty within every heart.
299. You have the specialty of a peaceful nature and so you radiate peace to the world.
300. You have the strength to let go of what damages the heart, and the gentleness to hold on to what heals.
301. You have the unique ability to see the value of every moment, the power of every thought and the beauty of every soul.
302. You hold on to your self-respect and thereby empower yourself and others
303. You hold the power to discern because of your ability to assess any situation with clarity and confidence.

304. You infuse every moment of your life with a love for Truth, and every thought with a love for God.
305. You keep a balance between a true heart and a clever head.
306. You keep a readymade stock of positive and elevated thoughts, and so you are never consumed by negativity.
307. You keep the courage in front of God to give up your wasteful thoughts, and so you receive a thousand fold help.
308. You keep your head empty of negativity and your heart clean. The angel within you remains free and is a constant giver of blessings.
309. You keep your heart so clean it can win the trust of a child and the company of angels.
310. You keep your intellect undisturbed regardless of the scene in front of you because you have God's powers.
311. You know that the thought in which you are absorbed becomes your world, and so you absorb your mind in the thought of God.
312. You let go of the past, and so you are able to fly.
313. You let the past be the past and do not keep it in your heart. In this way, you are able to stay light and happy.
314. You maintain a constant hold on peace, through understanding the subtle art of letting go.
315. You maintain pure thoughts and good wishes for others. You are like a spiritual angel.
316. You maintain the balance of responding to situations with a cool head and to people with a warm heart.
317. You maintain the enthusiasm that no matter what situations come in front of you, instead of the situations, you will keep the Father in front of you.
318. You make the temple of your mind very bright and clear, that is completely pure, so you can go to your very lovely bright and clear Paradise.
319. You never allow your zeal and enthusiasm to decrease under any circumstances, and so you constantly move forward.
320. You never have subtle feelings of dislike for any soul because you always remember that soul is your brother.
321. You order your companion - the mind - with love, and so you become a conqueror of your mind.
322. You paint hues of integrity and dignity onto the canvas of your life, creating a master-peace that inspires others.
323. You perform the dance of harmonizing your nature with those of others, and so everyone remains light with you.
324. You radiate the beauty of a peaceful mind and healthy heart.

325. You reach your own goodness by seeing only good in others and in situations – because of this practice, your own well-being rises
326. You receive an injection of power from God because you meet with Him in silence.
327. You recognize that the power of purity removes the sorrow of the whole world; this has become your aim.
328. You recognize that the seeds of positive thoughts, when sown in an area of uneasiness, can sprout into a field of pure vibrations.
329. You remain calm internally and externally because you dwell on the Supreme.
330. You remain carefree because you put a full stop in one second to wasteful thoughts.
331. You remain in the world, but above the world, so that while fulfilling your duties and responsibilities, you experience the stage of liberation in life.
332. You remain set on your seat of a master almighty authority and so the powers you need come to you at the right time.
333. You see through God's Eyes and feel through God's Heart, enabling you to appreciate the value of every soul.
334. You speak with such sincerity that your words penetrate closed ears and unlock broken hearts.
335. You spread peace and happiness into the atmosphere through your pure and elevated thoughts.
336. You stabilize yourself in the highest and holiest stage of self-respect like God.
337. You succeed in life because you play by the rules of peace, love and harmony.
338. You transform the world with the magic of your peaceful attitude
339. You understand that you cannot meet God through sound, and so, in silence you create the practical experience of union.
340. You uplift others through your words, deeds and power of pure thoughts
341. You use God's power to protect your mind from getting stuck in the cyclone of wasteful or negative thoughts.
342. Your authentic presence nurtures the longing for truth that lives in the heart of every soul
343. Your capacity to forgive and forget reveals you have the heart of an angel.
344. Your deep serenity comes from peace and from knowing your eternal relationship with God.
345. Your enthusiastic nature can sweeten a sour mood and elevate a falling star.
346. Your eyes are filled with the beauty of being blind to judgment, insightful towards others and open to new possibilities.
347. Your face is like a mirror reflecting your inner world. You share your beauty and help others to be close to God.

348. Your face radiates with a serenity that can cool an angry mind and melt a frozen heart.
349. Your faith is the seed of your victory and the foundation of making the impossible possible
350. Your flying stage reveals that you have unlocked the true meaning of a promise - loving yourself as much as God loves you.
351. Your forgiving nature enables others to perceive the greatness within themselves, the benevolence of God, and the beauty of the future.
352. Your golden heart perfectly fits inside God's Heart, molding it into a powerful beacon of true love.
353. Your happiness never disappears because you constantly serve others with your cheerful face.
354. Your heart is a sacred space which can hold jewels of truth and the utmost regard for others.
355. Your heart is clean it can win the trust of a child and the Company of God.
356. Your heart is decorated with the brilliance of God's Company which can be seen through the radiance of your sweet nature.
357. Your heart is filled with a deep-rooted sense of dignity which seeks to make things right rather than prove others wrong.
358. Your heart is filled with only the pure desire of being lost in the love of One
359. Your heart is molded gently and patiently by the Hands of God into a perfect vessel to hold the light of truth.
360. Your heart is so clean, that it can win the trust of a child and the Company of God.
361. Your heart of gold attracts a wealth of blessings and the Ocean of Love.
362. Your heart overflows with a love for humanity, making you the perfect instrument for God's Task.
363. Your heart overflows with feelings of kindness that soothe the minds of others and heals the heart of the world.
364. Your heart remains full, not with regrets for the past, but with the value of the present.
365. Your honest actions and words diffuse conflict and reveal pure spiritual values to the world
366. Your life has become a compass which always points towards true peace.
367. Your love can free any heart from the cage of the past with the key of acceptance.
368. Your love of peace is surpassed only by your love for God.
369. Your natural nature of remaining loving and detached builds an imperishable bridge between your heart and God's.

370. Your open heart embraces what seems unforgivable in an ocean of love that is unconditional.
371. Your open heart provides accommodations to those needing peace, refuge to those needing mercy and inspiration to those needing courage.
372. Your patience and maturity are timeless treasures, which are valued beyond measure for their depth and rarity.
373. Your power of tolerance comes from your understanding that all souls have forgotten God's love.
374. Your pure love transcends all differences, transmits understanding, and transforms limited perspectives
375. Your simplicity allows you to remain content with everything and everyone
376. Your spiritual connection with God enables you to go beyond any negative situation or relationship.